

MOVING FORWARD IN THE WILL-TO-GOOD

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Introduction to the series of outlines "Will-to-Good"

The following meditation outlines are given to the subjective workers, those who are helping the planetary evolution, by their thought, their deeds and their being. They know that their thoughts infuse their being and create their becoming. These outlines may be used as guideline or inspiration; they are tracing the progression of a group gathered under the name of the will-to-good. These outlines assume to locate oneself firmly at the level of the mind - and not base oneself on belief-, to work for others - and not only to study -, and to have surmounted some glamour.

Indeed, readers may alter these outlines, which are only forms, knowing that these changes must be balanced, studied carefully under the eye of the soul. These outlines are conditioned by their original country and historically marked: however, they are depicting an advance in the line of spiritual will.

HYSTORY: BIRTH OF THE ASSOCIATION

The association "Will-to-Good" (recalled as WTG in the following) is born following one hour of meditation on the parvis Notre-Dame in Paris, for the festival of the Group of world servers in December 1984. The association was furthering the work of the French association for Goodwill which functioned 12 years from 1973 to 1985.

The expression goodwill has already become lukewarm, and some friends from Belgium told about the "bobonne volonté" [goody-willy]. Thus we searched for a neat, string and stimulating title. This search for a new line has been made by a group of observers in training who worked for dissipating glamour - first the glamour of irresponsibility then the glamour of fear of death -. This group ensured the transfer of the old association (goodwill) to the new one (Will-to-Good).

Statutes were signed on the 16th of November 1985 in the beginning of the afternoon (probable time 3h40 pm); this gives a solar sign Scorpio and a rising sign Aries. Goals were general:

- to reveal man's nature
- to increase the will-to serve
- to acknowledge synthesis

The group meets at the full moon, with a talk allocution prepared by one of its members and the new moon when the 10 seed-groups of servers will be first studied; the observers group meets once a month on its own every month.

People participating to the full moon meeting were many with the association for goodwill (20 to 40 sometimes) these meetings were sustained by the radiation of Odette le Manchec. People will come less (7 to 12) after a move in a populous street, the recognition of the youth of the new team and the new energetic orientation.

In parallel, on Fridays some exercises were designed for contemplating and meditating; a group took place around the emblem described beneath. This group called itself Self-schooling (Toward the source of consciousness) and maintained its monthly meetings until 2013.

BASES OF THE WORK

The association work is based on the books of Alice Bailey, of Agni Yoga, as well as on the work of Martin Muller. Two members of the association are translating and publishing the books of Agni Yoga, they create a slideshow with paintings of Nicholas Roerich. In this line, two symbols guided the association: the sign of Peace presented by N. Roerich (3 red dots in a red circle on a white background) and the emblem of illumination (3 dots red, blue, green in a luminous blue circle).

Gradually, some days of pondering are setting down; first a day of inspiration at the end of June or beginning of July, a day of decision (or orientation) broadening the scope of the general assembly near the full moon of Aquarius, plus a day of regulation, close to the full moon of Libra or sometimes Scorpio.

After 12 years of probation and the temporary retirement of some people, a cycle ends, the keynote of the year 1997 is thus "Renewal" and, so, a new impulse is felt at the nearing of the year 2000 and of the impact of Shamballa. Thus, after, 30 years of use of the full moon outline, a new outline is designed by the group - 9 active members - then a new outline for the new moon. A crisis occurs in 1998, with the departure of several members and the election of a president – a woman - whose 1st Ray personality is aligned on the goals of the association. Thus the first note of the new cycle is "Tension of awakening", it is asked to every member to practice the yearly outline at least every Sunday, some are practicing this meditation everyday.

In 1985, close after the creation of the association, the president goes 10 days in Darjeeling. In 1997, he goes again there in order to prepare a collective trip in 2000, but at the full moon of Aries, in 2000, only a couple will go in this high place and will live a magnificent moment of alignment in Observatory Hill.

Alice Bailey gave to the world the Great Invocation in 1945 and Robert Gerard (from Los Angeles) suggested a more inclusive version: the World invocation in 1981, then officially in 1988. Gradually in the line of the first Ray, has been designed a creative affirmation with sentences registered in London. The group used first both formulas, then around the year 2000, used only the affirmation. Motives are clear, though they are discovered little by little:

- No political personality can any more talk about the race of men
- To mention evil in a sacred formula contributes to support it
- An assertion expresses and stimulates the development of will.
-

LIST OF KEYNOTES

Since 1993, a yearly day is oriented on a theme, the keynote of the year.

1993: Work with Fire

1994: Dynamic will-to-Peace

1995: Tolerance –Understanding – Compassion

1996: Will-to act in the light of the soul

1997: Renewal

1998: Tension of Awakening

The outline is then assiduously practiced and changed according to the yearly keynote.

1999: Abstraction – Affirmation -Peace

2000: Thou – Breath - Fire

2001: To initiate

2002: To be the source of the Law

2003: Life of Spirit

2004: Intense magnetic impregnation

2005: Implanting synthesis

2006: Spirit-Fire in the Intense

2007: Spirit asserts itself

2008: Implanting the fire of peace

2009: Affirming the One in all

2010: Will – Life

2011: Affirm the life of Spirit

2012: Thy dynamic Will

2013: Let us move forward in the will

SENDING

Here is the succession of the meditation outlines. We repeat, it is wise to use them carefully, and to change them with still more prudence care. Only a naive idealism would push to begin by the end neglecting the premises and preparatory stages, which strengthen, spiritual desire in mistakes and feeds glamour. These outlines have been provoked by limitations and possibilities of the group, going along the thought of the time. Thus in 1985, rays were only studied concretely by a few groups (among them the group of Robert Gerard in Los Angeles); Odette Le Manchec initiated the study of rules

for group initiation in the group so-called of the Alps, and the first repercussions of this assimilation appeared only around 1998, several years after.

Year 1998: TENSION OF AWAKENING

Hello to you all

Our trio of orientation suggests these few lines to use as milestones in our progression

TENSION

SOME APPROACHES AND DEFINITIONS

Push of life, (of the seed which is germinating)

Force, which tightens (as a cord of violin)

1st aspect of the movement: its motive force (electric tension producing the current)

Source of expression as in the ternary: Intention / Tension /Extension

The intention is the hidden directional content, the extension is the external expression, tension is the source of expression, mediating between the hidden background and the visible expression

Will remains at the back - abstract- of this ternary

Will inspires, tension exerts itself.

" the esoteric signification of tension (as far as I can explain it by limiting words)is "focussed immovable Will"" R5:45

The tension of awakening is the trend or force which pushes us to awaken. It is to try to see the new at the Eastern Horizon where the center is awakened to a new part of the sky. The Source –sun calls the being which, in return, tends to awaken by a kind of inner push.

In astrology, it is the rising point, direction pointed out by the soul.

TRAJECTORY OF IMPLANTATION

"right tension is the identification of brain and soul with the will aspect, and the preservation of this identification – unchanged and immovable – no matter the circumstances and the difficulties." R5:45

"1. That of Will, strength or power, through the medium of the head center. This is the energy of the spiritual man, and comes directly from the Monad, via the soul. Up to the third initiation however, all that the disciple needs to grasp is that the will aspect of the soul should control the personality, via the mental [Page 195] body to the head center. When this is the case the thousand-petalled lotus begins to function. The line of this stream of force is:

Monad.

Atma. Spiritual will.

The inner circle of petals in the egoic lotus, the will petals.

The mental body.

The head center in the etheric body.

The nervous system and brain." Treatise on White Magic:194-5

TENSION and goodwill ... WILL TO GOOD

"Love governs the Way into the life of the Hierarchy and is the foundation for all approach to, and appreciation and acceptance of truth.

Will governs the Way into Shamballa and is the foundation for all approach to, appreciation and identification with Being. This developed will expresses itself as tension, esoterically understood." R5:46

"in all the teaching given to the aspirant and to the disciple ... the emphasis has been upon the "point of light" ...

We now, however, pass on to another expression and to the next development in the life of the initiate, which is learning to work from a "point of tension" ... Now men can pass on into the clear cold light and firm there begin to hold that point of tension which will be evocative of the needed "understanding will-to-move forward" along the line of human will-to-good ...

The point of tension is found when the dedicated will of the personality is brought into touch with the will of the Spiritual Triad. ...

Ideas are formless and are in effect points of energy, outward moving in order eventually to express some "intention" of the divine creating Logos. When the initiate grasps this and identifies himself with it, his goodwill expands into the will-to-good." R5:49-50"

PETALS AND JEWEL

"Each circle of petals becomes, as evolution proceeds, likewise active, and revolves around the central Jewel, so that we have, not only the activity of the living points or the deva lives within the petal circumference, but likewise the unified activity of each tier of the threefold lotus. At a specific stage in evolution, prior to the opening of the central veiling bud, the three tiers of petals-, considered as a unit, begin to revolve, so that the entire lotus appears to be in motion. At the final stages the central circle of petals opens, revealing that which is hid, and revolves around the Jewel, only in a contrary direction to the rapidly circulating lotus. ...

The Jewel itself remains occultly static, and does not circulate. It is a point of peace; it pulsates rhythmically as does the heart of an, and from it ray forth eight streams of living fire ..."

CF:1118 (see also CF:708)

What does mean tension?

Movement of the petals – energies of the conscious Self-?

Rotation of the whole? Pulsation of the jewel?

Is tension an effort to express, a return upon oneself toward the intention, then eventually a pulsation?

FROM THE ONE TO THE THREE, TO **NINE**, THEN TO THE CIRCLE

"It should be noted here that when we are considering the transmission of energy through alignment and through the forming of certain triangles, it is always in connection with the energy of the first aspect. It deals with the transmission of electric fire. It is important to bear this in mind, as it preserves the analogy between the macrocosm and the microcosm with accuracy."

CF:1153

TENSION, EXTENSION

"The key to this realization, little as you may think it, is **Intensity**. Intensity, or **working from a point of tension**, brings in the flood-tide of revelation, and it is then possible for a disciple to learn in one short day what might otherwise take months and even years to learn. **Tension, when focused rightly, is the great releasing Power**. So many disciples focus tension wrongly and release energy in the wrong direction and (if I might so inadequately express it) from the wrong location. Right tension is brought about first by correct orientation; this necessitates a true sense of values and freedom from those minor preoccupations which produce extension instead of tension. If you are (to give a very usual illustration) preoccupied with your physical condition, you will not experience the tension which will make you a magnetic center of power and love; if you are preoccupied with the failures of other people or with their ideas about you, you will again fail to experience the tension which releases. You would find it of value to discover where your "extensions" are and then retreat inward to the point of tension from which you can consciously and effectively direct soul energy."

... The majority of disciples are not even 60 per cent effective because their points of tension are scattered all over the personality and are not focused where the point of individual tension should be. Each has to discover that point of spiritual tension for himself."

DINA1:734-5

"The point of tension is found when the dedicated will of the personality is brought in touch with the will of the spiritual Triad."

R5:49-50

"The reason that disciples are not sensitive to the Master, to the life of the Ashram and to each other is that they are extended and not tense; they are working and living on the periphery of consciousness and not at the center. Their service, therefore, is partial; their

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consecration is weak and they are overwhelmed by inertia, by lack of interest in others and by many preoccupations with the form side of life" DINA1:735

A correct orientation requires a right sense of values

Which is our sense of values? Is it right?

Do we orient ourselves to what matters?

Let us ask the question individually in the silence of the soul (2 mn) then as an association Will-to-Good (2 mn)

What are our extensions (tension outside of us)? How reach a point of tension? individually (2 mn) then as an association Will-to-Good (2 mn)

Meditative outline "Tension of awakening"

This meditation is composed of 2 parts, separated by a silence and some taking notes. It lasts quite long (20 to 30 minutes).

The 3 rows of 3 petals make 9, or the 3 sub-aspects of the 3 aspects make 9.

1/ align one self on the center of consciousness

3 OM, one rather aloud, one OM in listening others, one silent OM

Visualize the activities of the Self, or petals of the Lotus

Approach the jewel of fire in the center, as an electric blue dot

Pre-sense Spirit

Visualize the tension of the Real which is unfolding, the passing from the One, to the Three, then to the 3 rows of 3 making nine.

The nine answer to the One, drawing the circle of the Whole.

Visualize the transformations which will happen

A continuous OM

2/ Unite with the planetary group, it is aligning to the Sun (the planetary soul) then toward the Great Bear (including the planetary Monad).

The lotus rotates, the fiery jewel pulsates.

Tension, tension of awakening.

From the One, tension is passing to the 3 which become 9.

Visualize the spiritual activity of the planetary group

See the spreading of this tension.

Visualize the place of the subjective group "Will-to-Good"

Which role is it playing? What does require this tension?

Search inspiration in 3 words or a sentence

Spread awakening in the One consciousness by the 3 aspects present in every being.

Say together "Light, Love, Will"

or the affirmation of the Whole

From the point of Emergence within the Mind of Space

Light streams forth into the minds of all,

Light infuses the world.

OM

From the point of Oneness within the Heart of Space

Love streams forth into the hearts of all,

Love rejuvenates the world.

OM

From the point of Tension within the Fire of Space

Will inspires the efforts of all,

Will affirms the world.

OM

From all centers of the Circle of the One Life

Radiation of Love and Light intensifies

All manifest the world's Beauty

Light, Love and Will transfigure the world, now.

OM

A continuous OM

Tension of awakening (short)

Personal alignment, group alignment

On an indigo background (symbolizing the whole) a red dot with its rays around streaking space (symbolizing tension).

We ponder

To the 1st aspect: Will, Power

To the 2nd aspect: Awakening, love, Wisdom (3 mn)

We search for a symbol representing the tension of awakening

We send out this symbol toward the world servers

Then the underlying energy: tension of awakening

OM

REMARKS

When the inner fire circulates through each center, and when the Kundalini rises in spirals from vertex to vertex, intensification grows increases in 3 directions. The intensification focuses the light of consciousness of the Higher Self in the 3 lower vehicles. It carries on the light downward, broadening its contact on the 3 pales of the 3 worlds.

Intensification brings lower the fire of the threefold spirit in the causal body, it provokes the unification of the higher and the lower attracting the spiritual life until the causal body disappears entirely consumed by the two fires, higher and lower, and this life becomes part of the equipment, the equipment of the monad or Spirit.

The will-to-Good is then the final initiation to the monadic life.

The eye of Shiva, the third eye, is fully used in the magical work when the monadic aspect, the will aspect, is controlling completely.

An outline for the FULL MOON

designed together in 1998

ALIGNMENT:

3 OM of alignment and group fusion. OM, OM, OM. We are linking to the triangles, (pause) to the world servers (pause) to the world subjective group (pause).

"I am one with my group brothers and all I have is theirs.

May the love which is in my soul pour forth to them.

May the strength which is in me lift and aid them.

May the thoughts which my soul creates reach and encourage them."

VISUALIZATION

We are linking to the planetary Heart (pause), to the planetary Source of life (pause), to the core of the universal awareness, the One sustaining space.

The energy of the 7 stars of the Great Bear is transmitted through the constellation of ... and the planetary group is now open to this impact, enabling the grounding of the Plan on Earth. (3 minutes)

HIGHER INTERLUDE

Centered in the light of the planetary Heart, we keep the illumined mind turned to ward the infusion of the cosmic Ray of Christ energy.

Which part of the Plan is stimulated now? (3 minutes)

PONDERING

We ponder on the keynote of the sign:

" "

PRECIPITATION

The Rays of Spirit, transmitted by the activating constellation, are expressing in light, Love and Will-to-Good. They infuse the Heart of the Sun (pause), the planetary source of life (pause), the planetary Heart (pause), the world servers (pause), men and women of goodwill (pause), humanity (pause), planetary etheric centers (pause, and the whole etheric network.

In its turn, the Earth radiates in space. (3 minutes)

LOWER INTERLUDE

Amidst the subjective group, we are saying

"In the center of all Love I stand;

From that center I, the soul, will outward move;

From that center I, the one who serves, will work.

May the love of the divine Self be shed abroad

In my heart, through my group, and throughout the world."

We ask inspiration for grasping in a sentence of r a few words

What is the incentive note resounding now in the Great Ashram? (pause)

What is the incentive note resounding now in the Will-to-good ashram? (pause)

What is the incentive note resounding now in the subjective group? (pause)

What is the need of the soul of our physical group? (pause)

What is the need of our aligned personality? (pause)

We visualize the service or activity to undertake now (3 minutes).

DISTRIBUTION

We visualize the triangles supported by our association

Darjeeling – Geneva – London, spreading out through the soul of France, Paris- Lyon-Toulouse, Los Angeles – Montreal – Paris, Montreal – Paris- Moscow.

Using the words that are close to us, we assert our intention to take part in the evolution
A continuous OM

Introductory texts

Our galactic neighborhood (for the full moon)

3 major constellations exert a profound influence on our solar system: they are the Great Bear, the Pleiades, and Sirius. They represent the will to be or 1st aspect. The zodiacal constellations, 12 in number, express the will-to-love of 2nd aspect. The planets represent the energetic centers of the solar system and express the will-to-know or 3rd aspect.

The 7 stars of the Great Bear embody the planetary monads or sources of the 7 Rays. The zodiacal constellations, representing the spiritual Triad, are transmitting the Rays inflow. The sun is embodying the soul of the solar system; the Earth represents the planetary personality and the moon the mind, illumined during the full moon.

Whereas the planetary initiation draws near, the Earth takes its place in the line of its divine prototype in the Great Bear and the subjective group aligns itself in this spiritual inflow, thus inscribing itself in our galactic neighborhood. We are thus brought to work in a more dynamic way and to polarize, assimilate and spread out more spiritual ill, pure reason and abstract mind, going along the pure consciousness as it is expressing on our planet.

It is in working with the subjective group that we'll take place in it and achieve a greater service, answering thus to the necessities of the time.

Our place with the Earth (at the new moon)

The 7 stars of the Great Bear are the source of the 7 Rays, psychic qualities of the Logos-Principle. The zodiacal constellations transmit the will-to-love (with the quality of one or other Ray). The full moon is marking the apogee of the cycle, the maximum light; the new moon marks the obscuration, the beginning of the cycle. At that moment, the moon is located between the sun and the earth, the Moon-mind veils the sun-soul and the Earth- Personality can see only the dark face of the mind, it must go to the Presence, direct knowledge, Space. The new moon is thus marking the link with the spiritual Triad. It is only in uniting with the whole of the planet –objective and subjective – that we can serve as relay for the grounding of Spirit, contribute tot the seedling of the note of the new cycle and initiate it rightly in our environment.

An outline for the NEW MOON

United with the planetary network,
We turn toward the galaxy,
Receptive to the spiritual inflow.

We ponder to the inspiration received at the full moon and to its implantation in the subjective group. (2 minutes)

We ponder about the planetary needs, which are soliciting the world service.
(pause of 2 minutes).

We ponder about the way the rays of the previous constellation may transfer to the rays of the constellation to come.

- by their ciphers and keynotes - (pause of 5 minutes)

We are then receptive to the implantation of Spirit, as space is seedling the planet, during that new moon. (pause of 3 minutes).

As a conscious network, we unite the spiritual inflow

With the planetary, human, social activity.

We take note of the ideas which are coming to us (pause of 3 minutes).

We ask inspiration (3 words, one sentence)

- for the world service
- for the subjective group (among it the association)
- for our life as a service (pause)

The impulse of the heart supports the development of these qualities
And we are visualizing their implantation.

With the Sound which produces consciousness, we send out a continuous OM.

Aries: 1,7	Taurus: 4	Gemini: 2	Cancer: 3,7
Leo: 1, 5	Virgo: 2, 6	Libra: 3	Scorpio: 4
Sagittarius: 4,5,6	Capricorn: 1,3,7	Aquarius: 5	Pisces: 2, 6

Aries: I come forth and from the plane of mind I rule

Taurus: I see, and when the eye is opened, all is illumined

Gemini: I recognize my other self and in the waning of that self I grow and glow

Cancer: I build a lighted house and therein dwell

Leo: I am That and That am I

Virgo: I am the Mother and the Child, I God. I matter am.

Libra: I choose the way that leads between the two great lines of force

Scorpio: Warrior I am, and from the battle I emerge triumphant

Sagittarius: I see the goal. I reach the goal and see another

Capricorn: Lost am I in light supernal, yet on that light I turn my back

Aquarius: Water of life am I, poured forth for thirsty men

Pisces: I leave the Father's Home and turning back, I save

Dissipating glamour with a laser beam

Preamble

An observers in training group worked since 1984 in order to dissipate a glamour. The group designed an outline for dissipating the glamour in flowing the indications of the book Glamour, a world problem. Later the laws of Observers were discovered [Peace means action]. In 1996, we learnt that one could cleanse the deposits on the cathedral walls with a laser beam. The group was handing enough the spiritual will for sending a coherent beam of attention, and that intensified the work.

As often, the necessity of service was preceding our move forward in consciousness.

The first glamour was the fear of death; it was followed in 2006 by the glamour of avidity, a basis of capitalism and search for profit. This outline was practiced then every week; the booklet 'Invitation to observe' resumed what we learnt.

Outline for dissipating the glamour of avidity

Presence

Group of observers

Tune into the descending current at the top of the head

To the current of giving to the world (center of the sternum)

And to the current stimulating the affective sensitivity (basis of the sternum).

Open the centers in making the cross of the Christ.

We look one another right in the eyes in naming us by our first name.

We unite with all who work for dissipating the glamour of avidity.

We make a crystal, fusing the light of matter, the light of the mind and the light of the soul, under the incitation of the One Self.

This is accomplished as a group.

We seal this alignment with an Om.

The spiritual will orients our attention to the relation of being to having

With the will, our light resounds unto the sensitive level, purifying all relation from being to having (process of exchange and fusion with the affective links).

We work in 3 stages, related to the 3 centers of awakening which remain synchronous

"The power of our coherent light prevents the appearance of the glamour of avidity

The power of our coherent light prevents the glamour to influence human being

The power of our coherent light abstracts the life animating the glamour."

With creative imagination, we see all facets of the human hologram accept this opening to Reality.

Retiring to the Source in 3 great conscious breathings

The attention turns toward its source: Spirit.

Spirit observes the sphere of the self with its contents and opinions

This sphere is obliterated in the renewed uprising

The Sound disintegrates the husks and vivifies the human

In relation with all observers, part of the One Self, we enunciate an Om

"So let it be, and let us go on in Presence and Truth."

Note:

For the glamour of fear of death, our attention turns toward anticipation and the notion of cycle.

Year 1999 ABSTRACTION - AFFIRMATION -PEACE

An outline for the Will-to-Good

Words in a stage of the outline are there for lighting the meaning of the stage, and are as many support points; they are thus to be shortened or changed if necessary. What matters is the energetic canvas.

Alignment

Search for "that which has its center in oneself"

Fusion with the subjective group

Visualize the illumined consciousness as a white disc

Pre-sense the Presence as a blue indigo space

Visualize the Presence about to emerge in the center of the disc.

The transcending One

One, Be-ness, Space, Will-to-be

"Darkness is pure spirit"

The transmitting One

The will-to-love attracts magnetically the substance: the electric light springs forth on the indigo background

Will-to-act: a sound, note or direction emerge.

"Will is synthesis in action"

Transmit the Will which sustains the Good, as a pure idea.

The transforming One

We integrate the subjective movement "Abstraction, Affirmation, Peace"

This spur transforms my life

This stimulus vibrates amidst the group of servers

Visualize the changes which happen

"The will-to-good is the magnetic seed of the future".

The transfiguring One

See the will of the soul support the activities

(see the activities that we support, vivified by the 3 aspects, then our own activities)

"Everything is infused with Spirit"

Affirmation of the Whole

The formula we choose

Variant alternative

The transfiguring One

See the will of the soul support the activities

(see the activities that we support, vivified by the 3 aspects)

Say

"Good infuses my thought life, my will supports the Good.

Good infuses my relational life, my will supports the Good.

Good infuses all my activity, my will supports the Good."

Year 2000 THOU – BREATH - FIRE

"Thou - Breath – Fire" in practice

Words in a stage of the outline are there for lighting the meaning of the stage, and are as many support points; they are thus to be shortened or changed if necessary. What matters is the energetic canvas.

Alignment

A OM

Search for "that which has its center in oneself"

Fusion with the subjective group

Visualize the illumined consciousness as a white disc on an indigo background

The Presence is about to emerge in the center of the disc.

The transcending One "Thou"

Divine Being, realized perfection, ... "Thou"

The transmitting One, "Breath"

The breath of the will ruling on the High Places (the Ashram)

Inflow of the sign of Peace

This Breath infuses the subjective medium and carries all along

This Breath vitalizes the Good

The transforming One, "Fire"

Fire of space, fire of Spirit, fire of thought, fire of the heart

The fire of the Logos stimulates all units of consciousness, human spirit

The transfiguring One

The will of the soul supports all builders

Stimulate Love and intelligence in selfless beings

Grounding

Visualize the activities we are supporting (of which the subjective group)

Visualize our aligned life, infused with this Fire

Mantra: "Thou, thou guide me and inspire me

Breath vitalizes the Good in me and in others

Fire purifies my thought

Fire renews my activity

Fire radiate in my relationships"

We ponder: "What is my intention of service in the ashram?

How to incarnate it in the outer world?"

Affirmation of the Whole

We affirm the Breath which has come from Thou and which is transmitted through Fire

Nous affirmons le Souffle venu de Toi, qui se transmet avec Feu.

SHORT OUTLINE

Alignment on the Presence

Unite with the planetary Heart by a silent OM

Turn toward the planetary Source of Life

Shamballa, Thou, Life

The will-to-good is pouring down from Shamballa

It is instilling the will and the good in the units of life

This breath vitalizes Good, it exhales and inspires.

Fire of spirit, the will-to-good transforms the ashram, the subjective group.

The Will-to-Good stimulates the servers

Transfigure the altruistic consciousness's and thus the planet.

Creative affirmation, with a OM between each stanza.

Variant of the end of March: "THOU, BREATH, FIRE"

In each paragraph, choose some sentences.

Alignment

An OM

Search for "that which has its center in oneself"

Fusion with the subjective group

Visualize the illumined consciousness as a white disc on an indigo background

The Presence is about to emerge in the center of the disc.

The transcending One "Thou"

Divine Being, realized perfection, ... "Thou"

The transmitting One, "Breath"

The breath of the will ruling on the High Places (the Ashram)

Inflow of the sign of Peace

This Breath infuses the subjective medium and carries all along

This Breath vitalizes the Good

The transforming One, "Fire"

Fire of space, fire of Spirit,

At the core of all units, fire abstracts and affirms

Fire goes down unto the point of the 3rd wave of life (the human spirit)

Fire streams forth within the human Spirit.

The transfiguring One

The will of the soul stimulates love and intelligence of mankind

The illumined will enhances the human center

Implantation

Visualize the activities we are supporting (of which the subjective group)

Visualize our aligned life, infused with this Fire

Mantra: "Thou, thou guide me and inspire me
Breath vitalizes the Good in me and in others
Fire purifies my thought
Fire renews my activity
Fire radiate in my relationships"

Share it with the human kingdom

We ponder: "What is my intention of service in the ashram?"

How to incarnate in the outer world?"

Affirmation of the Whole

We affirm the Breath which has come from Thou and which is transmitted through Fire

Emphasize the will which sustains the Light which is streaming forth in the minds of all

Year 2001 TO INITIATE

Words in a stage of the outline are there for lighting the meaning of the stage, and are as many support points; they are thus to be shortened or changed if necessary. What matters is the energetic canvas.

Preliminary Breathing

Inhale 7 seconds while thinking "Receptivity to inspiration"

Keep 7 seconds the inhaled breath

Exhale during 7 seconds

Will-to-Good, TO INITIATE with the planetary LIFE

1. Approach of the Presence

- a. departure basis : alignment, the four of us, ashram, Presence, Thou
- b. intention (what is initiated now?)
or search of a new sense of Presence
- c. initiate the contact

2. Revelation of the Vision (Polarization)

- a. stabilization – infusion
- b. initiate the understanding
- c. the role in the whole is revealed

3. Implementing the action (precipitation)

- a. initiate the spreading out: "I outward move"
- b. visualize the planetary activity: "The will-to-Good vitalizes the planet"
- c. ponder about the actions necessary for the world service
about the activities which we support, to our activities, to our life

Affirmation of the whole

(Sign of Peace) the living transcending stimulus, is inscribed in the illumined substance

Remarks:

Service beings with Presence, the will-to-Good then the subjective group (recognition of the One within others), the triangles, then the individual activities

Study of the paths

Study underlines the correspondence

1. The 9 paths, the cosmic Way, Transcending, Being
2. The 7 ashrams, Spiritual, Love –Wisdom, the One Consciousness
3. The 10 seed-groups, activity or service, Knowledge

1. The 9 Paths draw the red circle. It is the Divine, represented by a circle.
2. Spirit-Matter can be represented by a line or a triangle pointing out the differentiation. The group as translation of the One in the many is essential. What is the goal of the collective effort? Subjective world expressing being.
3. Differentiation is emphasized, yet each remains sustained by the One of Being and guided by the inner voice in the Heart.

The ADVAITA-VEDANTA relates the Absolute to Sat-Chit-Ananda, Being, - Awakening - Bliss

Being is 1. «I am That I am », the Monad.

2. « I am That », the attraction of the One Consciousness,

3. « I am », the individualized personality.

Awakening is 1. Spirit, Opening of the One

2. Perception, Truth, pure Reason, pure consciousness

3. Consciousness of This and That, thought, reasoning, and feeling

Bliss is 1. Felicity, Beatitude, rapture of reunified Substance

2. Joy, note of the soul

3. Well-being, pleasure, satisfaction

DINA2 p 4 insists « Give to each other real love in the times that lie ahead, for it is the fusing and illuminating element in the life of the disciple. ». p 5

the activity of the heart (the heart center) is necessary to bring about (p6) « A group of disciples must be distinguished, as I already told you, by pure reason which will steadily supersede motive, merging eventually into the will aspect of the Monad, its major aspect. It is, technically speaking, Shamballa in direct relation with Humanity.»

We are studying for seedling the human mind (the mind of disciples first). We must take care thus of our thoughts, but we could as well take notes and write a report after our meetings, the tape recorder will help us.

« All detailed, outer forms are expressions of some subjective significance... These "foci of significance" carry a note, a vibration and a symbolic aspect » DINA2:10

Finally this extract could light up us in our study (DINA2:14):

« Understanding is the secret behind all power to achieve identification with any form of divine expression; understanding is one of the prime factors in producing revelation, and this is one of the paradoxes of occultism. ... In the life of the spirit, understanding is a necessary predisposing cause of revelation. I would ask you to ponder on this, bracing yourself for revelation, through a deep understanding of the initiator in yourself.»

Year 2002 BEING THE SOURCE OF THE LAW

Two outlines of preparatory alignment

1/ Go up along the spine (DINA 2:129)

a) Go to the focus of the soul

Raise the consciousness into the head

Carry the thought upward, go through the astral and mental body to the soul

Fuse the personality consciousness and the soul consciousness

b) Adopt the attitude of the observer

Examine the etheric body

Throw soul energy downward at the base of the spine (4 orange petals),

Raise slowly the soul energy passing by the sacred center (lilac)

 The solar plexus (pink with some green)

 The heart (flaming golden)

 The throat center (silver blue)

 The ajna center (pink and yellow, blue and purple)

 The crown center (golden or silver white petals)

c) Ponder about the link with the Triad and the monad, spark of life.

2/ Light up the Christmas tree (awareness centers of Martin Muller)

a) Locate your self in the galactic space, pure, free of any object, radiate to the maximum, then radiate ten times stronger: pure Being

Become solar being, radiating to the planet

Become human Being –vertical crystal – on the planet

Human Being is infused with solar being, which breathes in galactic being, until integration

b) Attune successively to the 3 **A** aspects: stimulus, incentive

then to **U**: taking shape, organizing receptivity

then to **M**: implementation, externalization

instill in the head **Aa**: pure will (at the top of the head, descending current)

Au: inner world (center of the forehead, horizontal wave)

Am: diffusion, abstract thought (back of the head, forward)

In the chest **Ua**: thought impulse (center of the sternum, laser beam)

Uu: feeling or registered perception (basis of the sternum, horizontal)

Um: expression, formulation (top of the sternum)

In the basin **Ma**: will to manifest (fundament, upward current)

Mu: coordination (above the pubis, horizontal)

Mm: cinematic, movement, hara center, below the navel)

c) Feel the 3 '**a**' as 3 direct penetrating currents

 the 3 '**u**' as horizontal radiations

 the 3 '**m**' as streams or rivulets pouring out

d) Light up the Christmas tree (all the centers under the incentive of galactic space)

It is true adult or real Being

Set it in the person or behavior or apparent adult

Outline: WILL-TO-GOOD, TO BE THE SOURCE OF THE LAW

a) Alignment (3 mn)

The body relaxed, the spine raises erect unto the top of the head

Presence, Life, Spirit

Orient to the Whole (logos, Principle, Being)

Align on the cosmic Way, that which underlies the Presence

 Especially on the cosmic Path which is being studied

Align on the focus: the Source of the Law (Spirit, Being, Monad)

Initiate the contact

Assn "Will-to-Good"

b) Pondering (5 minutes)

Choose a law, ponder on its applications (effects in matter)

In our behavior, in society, and the subjective world

Then

What does he wants? What is the purpose?

c) Identification (3 minutes)

Be the source (contact)

Vitalize (to will) the Law

- Support of one's entire being the Law = expression of a Will –

Distribution (5 minutes)

d) Be the source of the law of attraction

the One soul radiates through our triangles

e) Be the will-to-Good (That which wants the Good)

Implant it in the world

Proclaim the individual affirmation (the one each of us has chosen)

f) Take part in the law of synthesis

(visualize the sign of peace)

g) Creative affirmation

Notes:

- The outline starts from the source, turns outward, then with this understanding (polarization) raises in abstraction to the Source and asserts the law.

- Give to "Your morning meditation a brief and yet potent character, it can best be described by the following words: Alignment. Dedication. Directed thought. Recognition of the Plan. Clear-cut realization. Steady Will. For you, meditation is an assuming of an attitude and its preservation throughout the work of the day."

Here are four stages "related to your life theme,."

"Begin always with the fourth or final stage and work through to the first:

1. You live with the idea and you constructively embody it.

This is being or realization.

2. The purpose becomes your purpose and your will is, therefore, the will of the Plan. Towards this higher will, your personal will is steadily directed.

Orientation

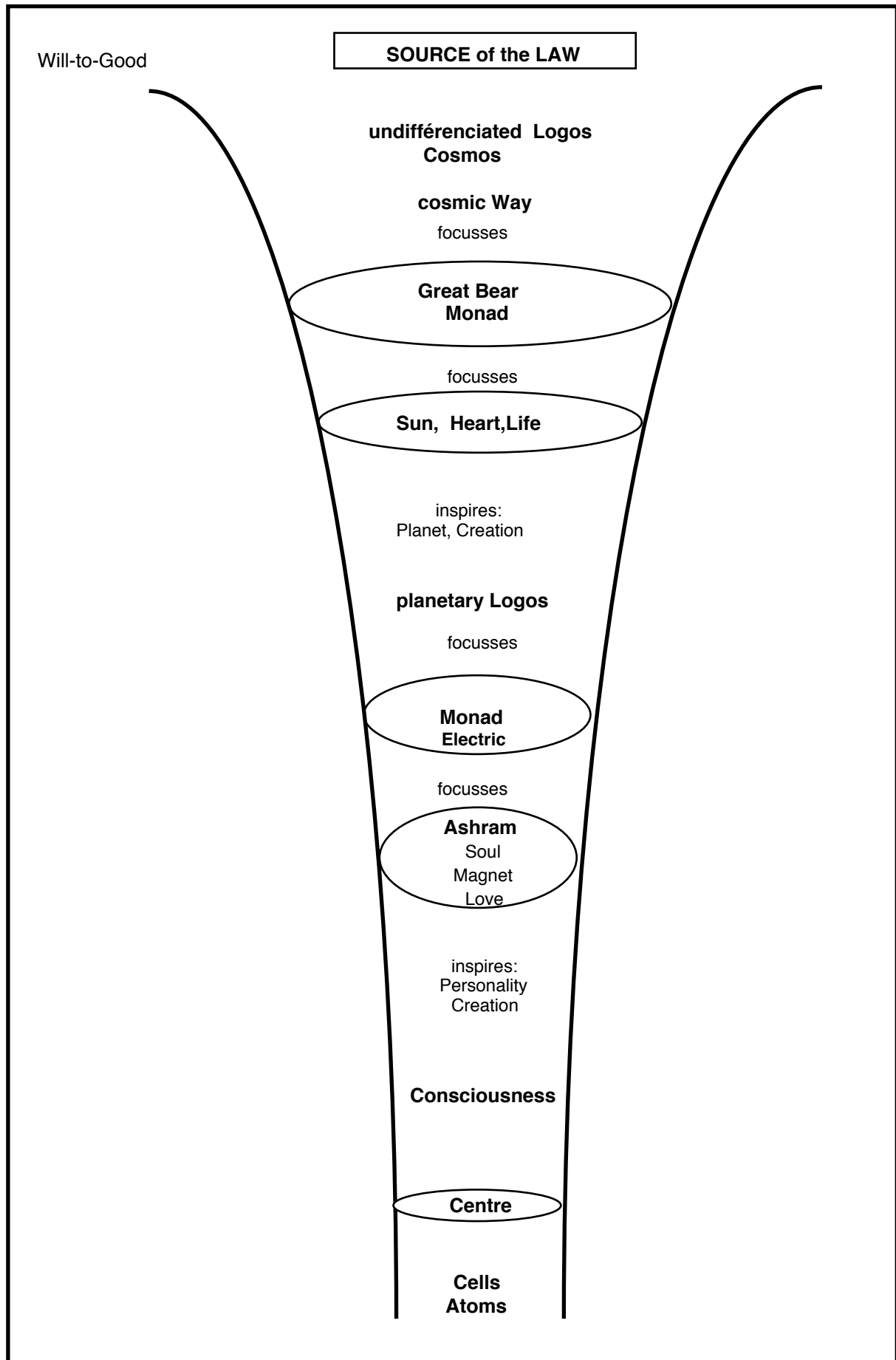
3. This "qualifies" your life in the three worlds and you become potently characterized by the quality of the unfolding Plan. Upon this quality you must meditate.

Infusion

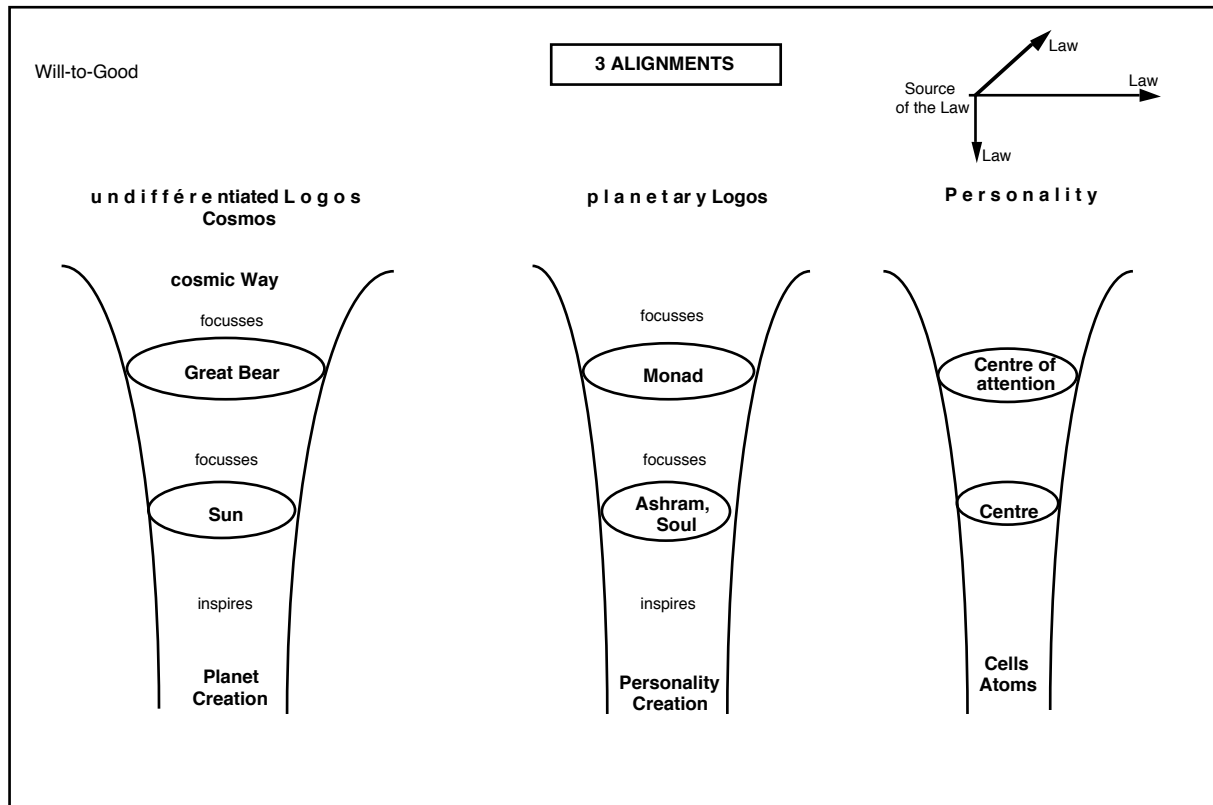
4. Realization of the nature, the purpose and the quality of the Plan to which it is your purpose to contribute. This conditions the form which your work will take.

Expression

Adapted from DINA1:160



Assn "Will-to-Good"



Year 2003

LIFE OF SPIRIT

Presence

Support the circle of our brothers which work for expressing the spiritual will (triangles, group triangles, Will groups...)

Transfer to Being (by a word of power or another means)

Make resound a dual chord: Ashram = indigo circle, plenitude of Being

Shamballa = red circle, Transcendence

Identification to the whole

Take part to That which sustains the Cosmos

Affirm the grounding of the cosmic Way in the planetary crown center

Affirm the planetary purpose (thought of the Logos)

Affirm the will to achieve, Will-to-Good

Affirm the distribution of life through the kingdoms (beginning by the 7th, the solar lives, monads, the 6th the planetary lives, the Triads, the souls, the human kingdom ...)

Life circulates

Distribution according to the solar Logos, the One Self.

It proclaims the

- Law of vibration producing Adi, electric vibration
- Law of cohesion producing the One, electric light
- Law of disintegration producing the spiritual will, electric sound
- Law of magnetic mastery producing the pure Reason, electric color, Truth

Visualize these 4 ethers as embedded spheres.

Take part in the divine Will or central Life

Distribution within the ashram,

Integrate the ashramic circle

Unite with the realized Being at the center

As Him (Her), Will (the Good), Love (as Him), as Him envision the Plan

Take part in the ashramic life (3 minutes)

Distribution in the 3 worlds of human evolution

The fire of space stimulates (along the Plan) mental substance and the illumination of the soul

Support the action for the common Good

Visualize the action or concrete project (individual end group), its life program

Make resound the fire of abnegation

Ponder to the questions

How can the human being approach the life of spirit? (3 minutes)

How, as human beings, can we conceive the actual cycle? (3 minutes)

Send out the thoughts in space

Take part to the life of the servers group, creative selfless life

In the circle of the whole, make vibrate the 3 dots of life: central life, ashramic life, creative selfless life

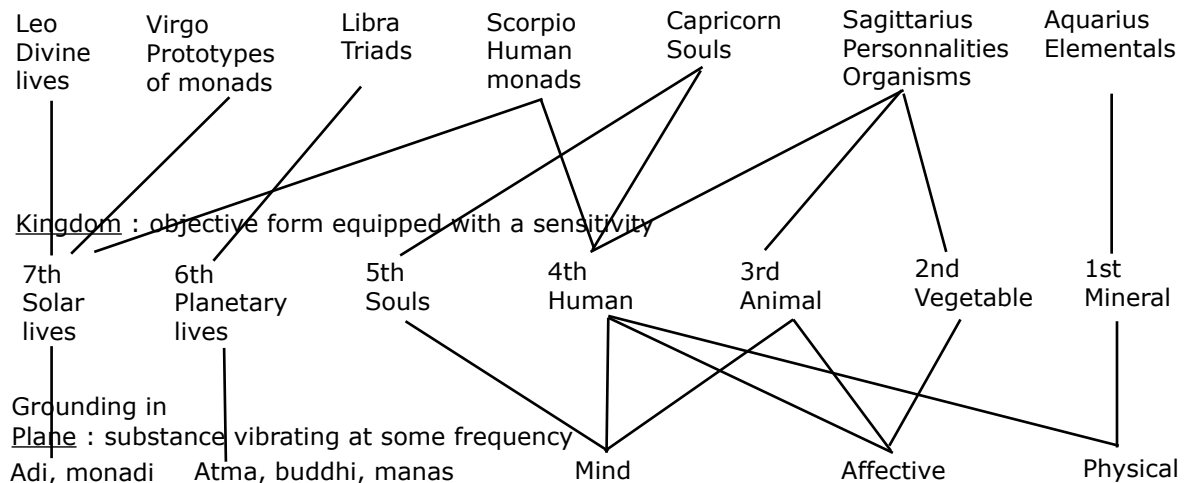
Assert: "Fire of spirit, living fire, thou animates us "

7 poles in the meditation

Pole	Plan	Law	Theme of meditation
1. Planetary Logos 1.1	Cosmic mind	Law of synthesis	Purpose
2. Instigators of Purpose 1.2	Cosmic Feeling Motivating	Law of synthesis	Promote the Purpose
3. Shambhala 1.3	Cosmic vital, Adi Inspires the breath of life	Law of synthesis	Embodies the Purpose
4. Divine Contemplative 2.1	(monadi and) atma Guardians of Life, of Will	? Law of synthesis and attraction? Source of invocation and evocation	Reservoir of energies, bring about the Plan
5. Hierarchy 2.2	Atma, buddhi, manas	Law of attraction, mental telepathy	Thee Plan Pure consciousness
6. Servers group 2.3	Illumined mind	invocation	Problem of humanity Civilisation
7. Humanity 3.1	Mind (3 worlds)	Thought, creation	Create their own world

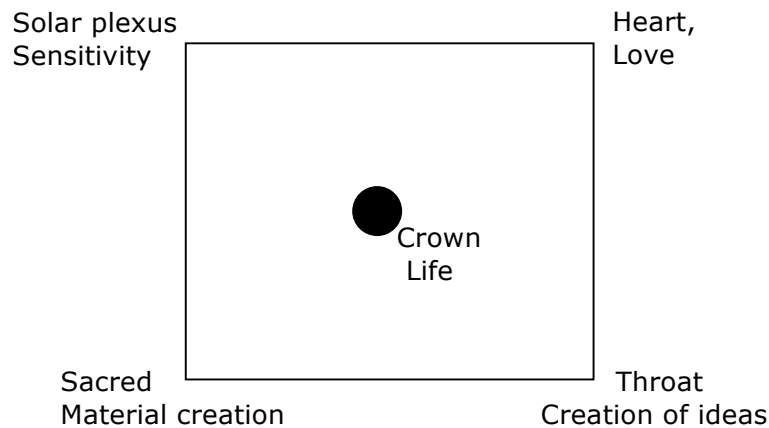
Hierarchies and kingdoms

Hierarchy : seeds of life, agents of attraction



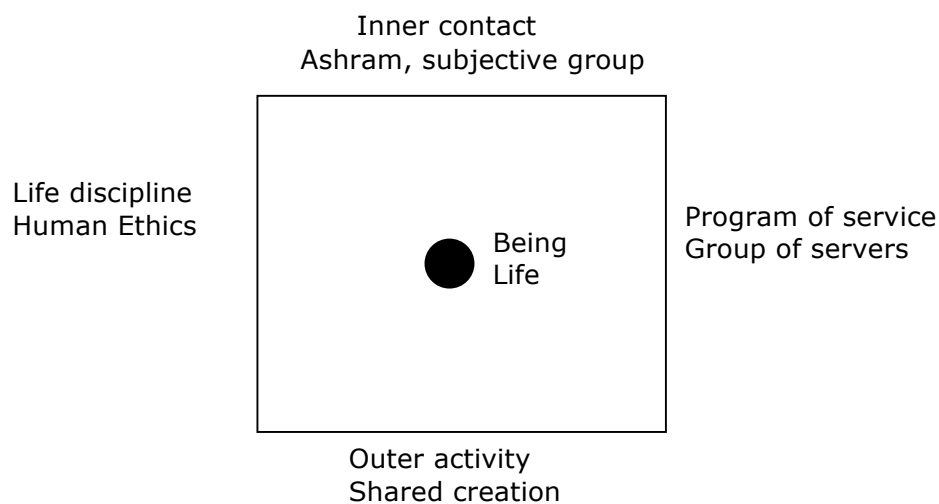
The dot in the center of the square

Planetary forces are five in number and can be represented as such



Shambhala sustains thus and stimulates both polarities: spirit and matter at the same time.

In our approach of Shambhalla or Life, here is a basis of training



Origin of this outline

After several indications, DINA2:252-256, 261, DINA2:520 and R5 rule 7,
The received orientation aims to Shambhalla or an open questioning on Being, Cosmos ...
To will, who will? Will or tension to be
Abnegation, Sacrifice, Symbolize the whole, ab-negation, to negate what?
Shambhalla, center of life, Source of purpose, teaching

Vision and view

What is the vision of the ashram?

The 3 words are perceived by the vision of the mind

The formula 1 (DINA2:262) talks about 3 eyes, among f them the eye of vision.

The third Path (CF:1272-3), which is beyond our reach, describes 3 eyes (in a different meaning and order). We may be inspired with it

- the eyes who look outward, turquoise blue (blue and green), those of world servers
"Eyes which look from here to there" "outward turned" "turquoise blue"

- the eyes who look inward and keep the forms, sapphire blue, the ashram eyes
"The eye that sees" "The eye is inward turned" "sapphire blue"

- the indigo eyes who look upward , it is the view of the Logos
"indigo" upward turned"

The formula 3 says

"The monad is to the planetary Logos what the third eye is to man" DINA2:369

The square and the colors

The square reminds the formula 4 said of "the sun over the square" which is guiding the creative process. "a square or oblong, composed of a kaleidoscopic mass of inchoate colours... Superimposed upon this square is a radiant sun with a penumbra composed of the seven prismatic colours" (DINA2:305). The inchoate colors describe the life of forms or minor builders in the substance.

The circle may be the chromatic circle = causal body

These colors may be projected by the white Source (either buddhi or atma = the program), it is the polarization level of the ashram.

Monads (or units of Rays) are the divine consciousness or the Self. The seven compose the electric light in its entirety, as the Self is Will, Love, Intelligence...

The dot in the square relates too to the diagram on DINA2:275 where 8 lines link the center to the four sides and the four angles. What do mean these lines?

Fire

"This Be-ness is symbolised in the Secret Doctrine under two aspects. On the one hand, absolute abstract Space representing bare subjectivity, the one thing which no human mind can either exclude from any conception, or conceive of by itself. On the other, absolute Abstract Motion representing Unconditioned Consciousness. ... symbolised by the Great Breath ... Just as pre-cosmic Ideation is the root of all individual consciousness [symbolised by a vertical line in a circle] , so pre-cosmic Substance [symbolised by an horizontal line in a circle] is the substratum of matter in the various grades of its differentiation. ...

But just as the opposites poles of subject and object, spirit and matter are but aspects of the One Unity in which they are synthesized, so, in the manifested universe, there is "that" which links spirit to matter, subject to object. ... called Fohat [or Fire]

It is the "bridge" by which the "Ideas" existing in the " Divine Thought" are impressed on cosmic substance as the "laws of Nature". Fohat is thus the dynamic energy of cosmic ideation; or regarding form the other side, it is the intelligent medium, the guiding power of all manifestation." Secret Doctrine 1 p14-16

Thou animates us

The electric Fire is Spirit in Itself, independent from the 5 planes of hierarchical expression. Thus the electric fire does not animate in the strict sense, it underlies the solar fire which animates that is puts in movement. The electric Fire gives life, the pulsation of the One in the All who are one. But the expression " Fire of spirit, living fire, thou animates us " is stimulating and refers to the Treatise on Cosmic Fire [:602-7] evoking "Agni as actuating fire ".

To Affirm

When we say "affirm" or "assert" as in the word of Power of the 1st Ray - this does mean that contact is fully realized, we affirm as a existing, latent fact, of which we are only partially aware. Our consciousness turns toward this fact – Purpose, cosmic Way, ... - and gradually becomes used to this fact, it is searching to discover it and – with time, realizes it.

It is postulating the existence, exploring the impression, sustaining the approach of contact and finally strengthen by resounding or participation.

Disintegration

It is the cessation of form, this means literally to get out the integer number. In the downward sense, it is starting from the One toward the many, scattering and breaking in pieces; in the rising sense it is making the many disappear to go toward the small numbers, then the triad, for remaining in the One.

The law ruling the substance

Of course, the law does not produce the substance, it attracts a kind of substance or infuses it, equipping it with properties which manifest to us as such or such substance: the One, the pure reason or the spiritual will. The image of the transistor is useful here: the basic current (conditioned) does exist and the emitting current (or stimulating) modulates the outer current, which we observe.

Note for the reader

You may have noticed that some expressions are partially false. They were stimulating and provocative. Repetition and admiration are prone to provoke a smooth observation but questioning helps to awake the spark of Spirit.

Year 2004 INTENSE MAGNETIC IMPREGNATION

Outline: Will-to-good, intense magnetic impregnation

Sign of Peace

Unite with the group which implements the spiritual will
Transfer to Being
Resound with the ashram: plenitude of Being (blue circle)
Resound to the Source of the Law: transcendence (red circle)

Identification with the Whole

Take part to that which sustains the cosmos
Pre-sense (explore) the absolute Reality (dark background of the white disc)
Pre-sense the third Logos: Ideation, Breath – vertical diameter in the circle)
Pre-sense the second Logos: Spirit – Matter, Life – horizontal diameter –
Pre-sense the first Logos: the Precursor, Transcending - dot in the circle –
Perceive the three Logoï in the absolute Reality ("that whom naught can be said")

Identification to the One self

Search for the link between the 1st Logos and the law of synthesis (and being Will)
And the will which conquers death (affirms the synthetic thought of the Logos) – unity
Search for the link between the 2nd Logos and the law of attraction (and being Love)
And the will which brings fulfillment – duality
Search for the link between the 3rd Logos and the law of least action (and being intelligence) and the will which conditions life – triplicity
Integrate these 3 wills, Take part in the divine will, will-to-Good

Participation to the ashram

Integrate the circle of our brothers
Unite to the realized Being at the center
Vibrate with the law of synthesis (in relation with the Will which asserts victory)
Vibrate with the law of attraction (Spirit)
Vibrate with the law of least action (the Plan)
Take part in the ashramic life

Participation to the creative altruistic life

Unite with the group of world servers
Vibrate amidst it with the la-w of synthesis
Vibrate with the law of attraction
Vibrate with the law of least action
Think and love with them, create in a line of service
Take part to the creative altruistic life

Recreating one self

Instill in one self the transforming One (the immutable being a the center of the process)
Make vibrate the law of synthesis (in accordance with the real being)
Make vibrate the law of attraction (according to the Self)
Make vibrate the law of least action (according to the Plan)
Visualize the activity
Support by the sound or an inner OM

Distribution

Take again place within "the One whom naught can be said"
Vibrate with the 3 Logoï
Say "Stimulus – Fire, Magnet – Fire, Substance – fire, AUM"

Daily meditation (brief outline):

Will to Good, Intense Magnetic impregnation

Alignment

Group fusion (the four of us and the other ashramic workers)

Emblem of illumination

Indigo blue circle (ashram)

Red circle (3 awakened spirits)

Sign of Peace

The three Logoï

Say "Stimulus, Magnet, Substance, Fire, AUM"

Install the vibration

Notes :

General remark

This outline is based upon the 3 red dots within the red circle, representing the 3 aspects of the logoic personality. "Agni as actuating fire ...He is the three fold Logos in a subjective sense." (CF:606)

Meditation is the major creative agent on the planet. The union with Brahma by the vertical diameter in a circle eases the building of the bridge in linking the higher and the lower, the abstract to the concrete. Thus this outline is useful to several levels of meditants.

We can only work with the 3 Logoï in accepting first the Mother – substance, that means to begin by being receptive (to being), this is symbolized by the background and the circle.

Vishnu symbolized by the horizontal diameter can be approached at several levels, mainly even: radiation of the soul, buddhi, monadi for some.

Progression from one year to another

The previous outline, Life of Spirit, was based on the 3 colored dots – red, blue, green – in the red circle. The mystical part was focused in the alignment and the union with the realized Being at the center of the ashram; each participation to a focus of life was both receptive and emitting. Thought was stimulated in the questions.

This outline is based on the sign of peace, the 3 aspects stimulating the whole in all its facets at several levels. The mystical part is manifested in the "Pre-sense the Logoï", pondering being developed about the link between the Logoï, the Wills and the Laws. The Wills are used here as directions of the Logos, they are an incentive, a instigation, emitted by the Real and imprinting in the substance. We go along this impression until our personality and our activity.

Laws

The law of economy is also called the law of least action, this name is more openly related to the will which conditions Life.

Law of economy (personal): care to envision the environment or the situation in a large scope, in order to not fortify the personal bubble or husk.

The 3 cosmic laws are the expression of the 3 Logoï in substance or their mode of action. The 3 Wills are the use of the laws by the Self, (That which communes with itself). Why does It use these laws? Whence comes the law of evolution? From the purpose and the law of karma (coming from Sirius or the law of cosmic fixation).

Rule 7

The rule 7 has guided dual chord, here is an adaptation a bit less mystical

Masters: sparks of loving life

Chohans: dots of living intensity – where love has resorbed itself-

"Let the group emits its note and thus evoke response from these inner foci where are moving dots of living intensity. They are no longer men as are the sparks of loving life,

but having resorbed love through intensity they have linked themselves with the great Council, in the highest Secret Place. Let the group sound a dual chord, reverberating in the halls where move the parks of loving life, but finding pause and prolongation within these radiant halls where move the Lights which carry out the Will of the Whole".

(R5:21)

Creative altruistic Life

The law of synthesis vibrates with the red color. The law of attraction (toward the Self) with the Blue. It is the dominant note of the servers. This life is thus linked with the emblem of illumination.

Transfer from the blue to the red

Merge within space (indigo blue), plenitude of Being, absorption in the One, intense awakening. Transfer to that which founds space. Behind the star and the night blue, tension of being, transcendence, source of the law.

Absolute Reality

The absolute Reality is the Presence which will be revealed at the next initiation, then at the monadic level, it is the cosmic Way.

Threefold Will of the One Self

Outline

Join to the Self, That which communes with Itself

- Resound with the 1st Logos, in Oneself

That - I will

The will affirms the Purpose of existence, the thought of the Self who takes a body

- Resound with the 2nd Logos in Oneself

That is One, is loving

The intention attracts realization

The Self achieves its destiny

- Resound with the 3rd Logos in Oneself

It is thinking itself

It founds the necessary action for the Experiment: the radiation Spirit – Matter arises, Purpose is implemented: evolution.

- These 3 wills compose the divine Will, sustaining the Will-to-Good

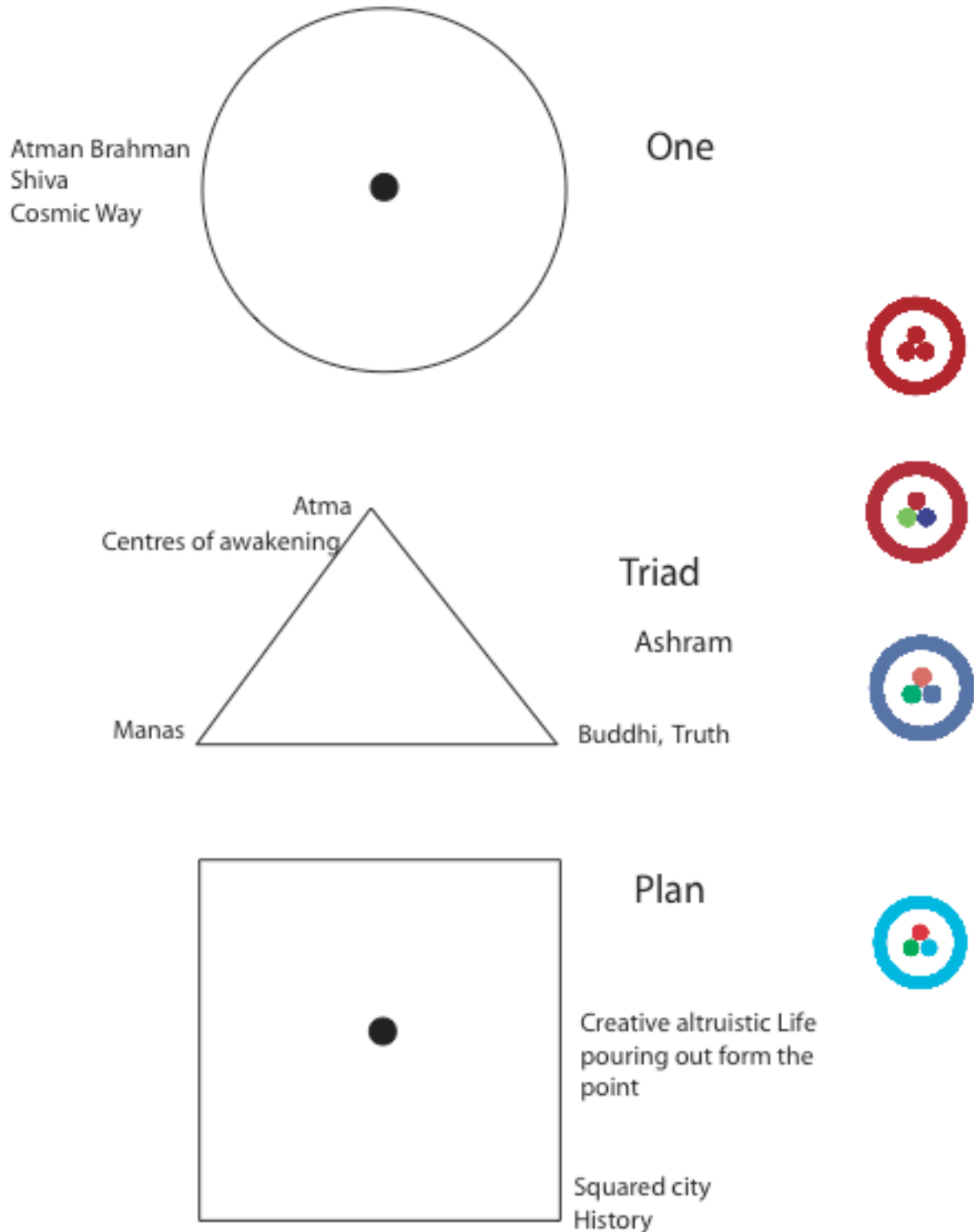
Wills

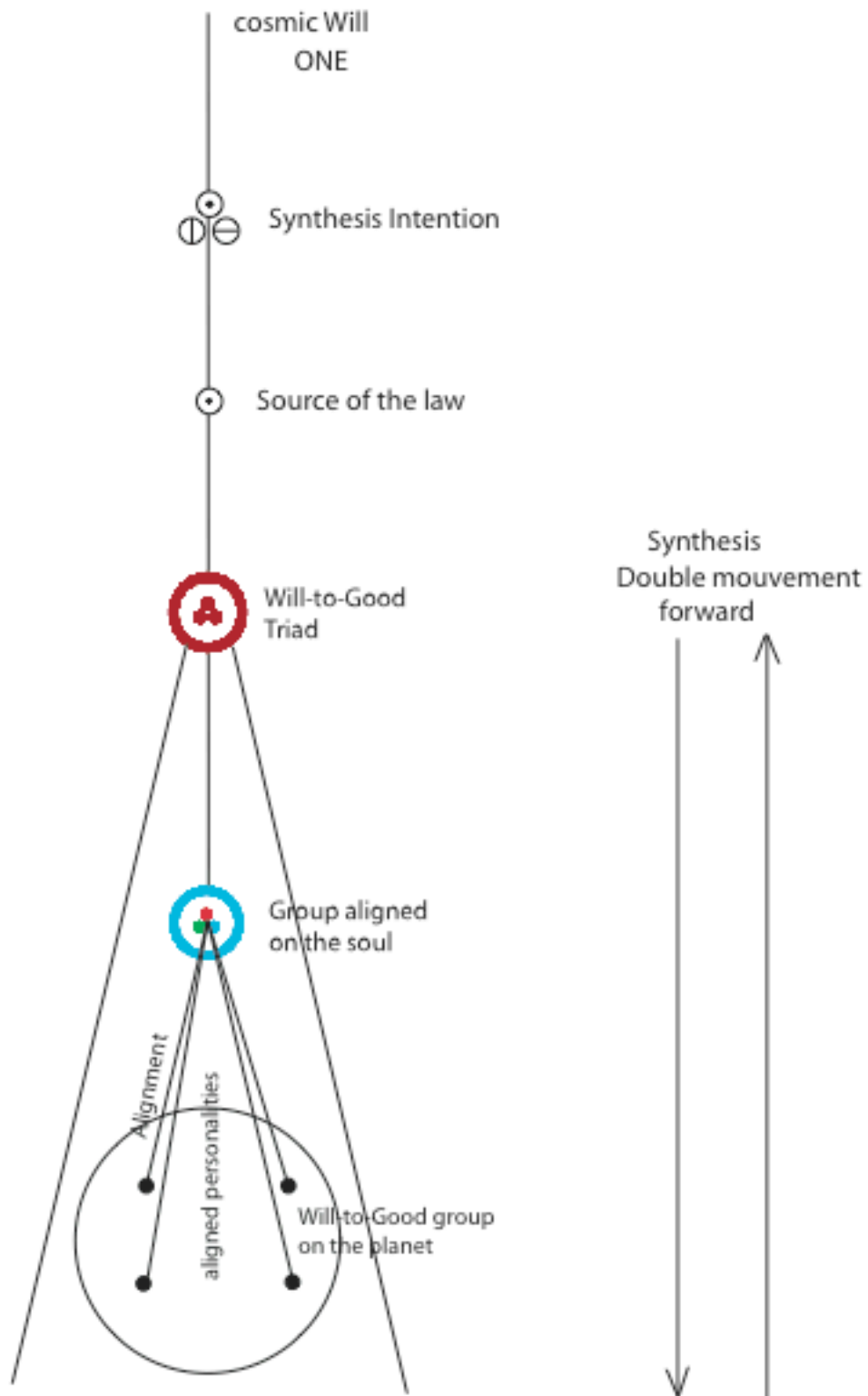
The wills are perceived by the Self. The will-to-Good is one of the currents of the divine Will, it emanates from the logoic intention on the astral cosmic plane, will which brings fulfillment, though it is using the thought of the cosmic Mind (will which conquers death). Then the will-to-Good feeds (with the current which founds the existence of the seeds) the will which conditions life, creating the manifestation, passing through the ashram and sustaining the world service (creative altruistic life).

The will which brings fulfillment is better perceived from its goal, it affirms, from that goal, the coming together with what does exist now. It is the basis of the technique of "as if". Its link with the law of attraction (Spirit attracts that which is alike to Him) is then manifest.

Diagram of the goals of the association

Diagram of the goals of the association Volonté de Bien, 18 April 2004





List of goals

1. To transmit and embody the Will
 2. To externalize the Ashram
 3. To support the servers
-
1. Hence to define the Will – define or grasp or go along
 - To propose an access way
 - To realize that which is and wills
 - Cosmic way, dynamic fire of spirit, Identify to Rigden, the Source of the Law
 - To implant Shambhala
 2. To unite in the Task
 - To perceive the Plan
 - To serve the Plan
 - To recognize the realized Being
 - To love as a soul
 3. To develop abnegation as a way of life
 - To stimulate the essence of Service
 - To include groups and servers
 - To create in a line of service

Exercise: as a group, what do we do?

- To explore (future)
- To take part or to assimilate (present effort)
- To Apply, to use (wisdom of the past)

Idol to be destroyed: a divine preference

Summary

For setting down its power, a land, a temple and a God are associated. Thus the kingdom of Judah (7th century B.C.) has gathered people and justified its existence. Legends (Abraham, Isaac, Moses, the exodus, the fall of Jericho ..) were clothed in order to unite the kingdom of Israel in the North and the kingdom of Judah in the South.

Source: The unearthed Bible, Finkelstein & Silberman, The free Press, 2001

Envisioned work

This idol or form includes several levels:

- the "divine election" or illusion that a land was attributed to a people, by a God – which has only one temple.
- The desire of domination and possession, sustained by the belief in a divine election (preference)
- the ritual of festivals commemorating exploits and (cruel) conquest.

Context

This will lead us – if we all accept it and this is not sure -to devitalize a ritual, hence to destroy a form of 7th Ray.

Our entry in the ashram bring much to us, it goes along too with a greater service. Do we acknowledge this task and do we accept it?

Danger

This form is extremely powerful since thousands of people meet every year in the name of this religion. This myth is linked to a desire of domination on earth; hence it touches us deeply.

Esotericists, some fundamentalists are taking themselves for the Elected people.

One can only dissipate glamour by an illumined mind, are we at this level? Another means is to start from the jewel or diamond. Do we perceive it enough in order to work from it?

Tools

Glamour a world problem and the rule 10 (mainly page 190)

Outline: "Dissolving the crystallization of divine preference"

Presence, ashram, Shambhala, the source of planetary Life

The source of life implants the diamond in the core of the group

At the heart the indestructible energy

The planetary Life is reflected in the pure reason, truth.

In the Presence, the illusion of a "divine preference" is dispelled

Human Being stands free, in co-measurement with the universe

From the source of Life and from the diamond emanates the light

The forces of illumination are reflected in the mind

In the illumined mind, the glamour of "possession of a land" is dissipated

Human being and the Earth stand free.

From the source of Life incarnating in the diamond emanates a breath

This inspiring breath stimulates the pulsation of consciousness

Then the obsolete forms and rituals of membership are devitalized

Human being stands open to all forms of life

Human being, as a whole, stands free, loving, creative

Support the sound which disintegrates the husks and vivifies the human

We come together under the magnetism of the sign of peace

OM

Clarifications

Diamond

A crystal is composed of similar molecules arranged in a regular order. For example, the graphite shows its carbon molecules arranged in parallel planes. Molecules of a crystal may have various atoms: Copper, Bromine, Iron, Chlorine, Zinc ...

A diamond is composed of carbon molecules all linked with the same links, the more tightened it may be. That's why it is said indestructible (it is streaking all other materials). As the atoms are all the same, there is no molecule as any atom joins to the whole without showing patterns or regularities.

A crystal may emit a laser beam, it is the source of a coherent light: all grains of light vibrate at the same frequency (same color) and at the same phase. A diamond is transposing this coherency to matter itself and not only to the emitted light.

A molecule represents a group in chemistry and a crystal a unified group consciousness. A diamond represents consciousness at unison with the One, hence monadic perception and body.

Presence, space and intuition

The first aspect of the diamond is its being or Presence = (to be in front in Latin).

Presence is perception at the level of pure reason, which overcomes the mental plane. In this presence, thought-forms can't exist any more by themselves or veil Reality which is space or Presence. Road signs point out the direction, trees adorn the countryside, yet space underlies all these existences.

We have to settle down in ourselves Presence and truth (intuitive plane or pure reason) in order to dispel illusions, these are representations (partially true, false for a great part) which veil the fundamental Presence. Thus illusion is dispelled in Presence once its falsehood and its limitations are acknowledged.

Presence is also underlying Time, past and future (memory and expectations) are based on perception which forever is.

Forces of illumination

Light is the aura or second aspect of the diamond. This light, emanating from the source of life, illuminates the mind which enables to dissipate the glamour on the affective level. We have to settle the illumined mind, to bathe in the understanding given by the light of the soul in order to confront the affective forms; these are dissipated under the resplendent light. Understanding is thus necessary. Mind begins with meaning and it invokes the light of the soul; when the soul answers, understanding follows. The illumined mind is reached when the invocation of the soul and the evocation or response are simultaneous and fuse in a constant understanding.

Forces of inspiration

Breath or rhythm is the third aspect of the diamond. This breath enables to free oneself from the veils of maya or from appearance. The process is going on but breath enables to stay aside and clear for t-what appears. For that we have to inhale the breath and breathe it out. Thus we are a life among forms of life, yet we stay centered upon our *raison d'être* and upon the project or activity we are supporting. The environing forms are devitalized if our attention – and our attachment – is not feeding them any more.

Work Technique

The technique is not limited to enunciate assertions, however beautiful and right they may be. The matter is to make a call, to Pre-sense or to base upon the monadic point (our real being), then upon the Triad – currents of perception –priori to the radiation of pure consciousness.

Ideation – the third aspect – is reflected in the pure reason as presence – or do you prefer link presence to the first aspect? It calls up the petal of knowledge on the mental

plane (as abstraction if one follows the correspondence above). As pure reason, it overcomes the mental plane and clarifies it, and that enables to dispel illusion.

The forces of illumination are unfolding in the clear and cold light of pure reason (Truth) and are reflected in the illumined mind which overcomes the affective mechanisms which the glamour are. The second step is thus calling to inclusiveness and to understanding (then to love petals), and thus we can dissipate the glamour.

Breath or the pulsation of the diamond expresses the first aspect and passes through atma, then through the petals of sacrifice, which stimulate the etheric vitality and detachment. Breath is the basis of the technique of indifference, thus the rituals are devitalized in front of the opening to any form of life.

[See Glamour, A word problem, p 242]

Grounding

The diamond or jewel is the monadic grounding on the mental plane, it is represented (CF:576) on the second subplane 5.2 – coherent light – in correspondence with the 2nd monadic plane. It could also be located on the first subplane, it would then correspond to the ocean of fire or to the indestructible energy, which radiates the light on the following subplane.

From the diamond raises a light, then a sound. This sound is first the OM, then the note of the soul, then the electric sound (atmic level). This sound disintegrates the idol and asserts freedom, on the totality of the 3 levels.

Year 2005 IMPLANTING SYNTHESIS

Alignment

Make resound the note of the inner being

Space – immediate space

Stimulus of being

The dynamic inflow provokes "resplendent Blaze"

Which grounds in 'planetary crystal'

Sign of Peace

Vibrate with the transcending pole: life of spirit

Vibrate with the awakening pole: life of forms

Vibrate with the ideation pole: life of substance

Vibrate with the three poles at the same time: synthesis

The law of synthesis multiplies the sign of peace in any seed

Synthesis in forms

Ponder: any aspect of a form is to be found in all of them

Stimulate one of these elements with the 3 poles

Implantation

The dynamic inflow, awakening, evolution are stimulated in the human being

Join to the sound which underlies the Plan

Try to perceive the Plan

Take part in it

Join the sound

Visualize the revelation of the nature of the soul

the opening to others and to oneself, as souls

the sharing of resources

The altruistic collective will ...

Support by a sound or a note

Visualize our contribution to the Plan

As association

As individual life

As determined program

Creative affirmation (or a stanza)

=====

Elements or Aspects of a form: purpose, finality, intention, space, cohesion, enfoldment, turning point, crisis, basis, inspiration, end ...

Remarks

The note of the inner being makes us participate to the subjective group. Support to the local or physical group or to triangles may be easier after the planetary crystal. This planetary crystal is the incarnated support, point out by Martin Muller – in parallel to solar being and to galactic being -, yet one may also visualize the crystal as the etheric network of the planet.

'Stimulus to be' seems objective; in fact, this stimulus is our will, the will of the Self.

The expression 'constructive pole' may disturb for it emphasizes matter or form. One may prefer 'attractive pole' which is more in line with the second Logos.

The participation to the ashramic life seems absent of the outline, but it may be done after the multiplication of the sign of peace, since ashramic units are also some seeds. One may also visualize one's own mandala at that moment or in the contribution.

"The three aspects of every form are inter-related and susceptible of intercourse, ..."
CF:5

The sharing of resources lies upon equality, the collective will on brotherhood and freedom, the opening to other (as the nature of the soul) on equality.

To contribute to the Plan means three things:

- a contribution as a group (the association 'Will-to-Good' plays a minimal role yet useful)
- the contribution of our conscious life: the equipment we bring to the human and planetary adventure, its perfecting (outline Recreate one self of the year 2004) is thus taken into account.
- The contribution of our service activity – personal service if this has some meaning.

These three contributions go gradually thus outward and to ward objectivity.

Developed alignment

- Make your shoulders rotate, kidneys full, feet flat on the ground, chin back, nape full, head almost leaning forward, the weight lies upon the seat, the head supports the sky.
- Invisible radiation in space free of any object, then radiate suddenly one hundred times stronger: galactic being

Galactic being is caused by an intensity of being. Perceive this intensity.

- Galactic being is clothed with light, sun facing the planet. In the intensity of being, radiate one hundred times stronger: solar being.

- Solar being embodies in a vertical crystal. This crystal suddenly becomes huge: planetary crystal. Planetary Being stands in the crystal, sustained by solar Being and Galactic Being.

- In the intensity of being, perceive the descending current of incarnation: top of the head. Receptivity of being focuses in the center of the forehead. The implementation of being is a forward current starting at the back of the head.

- The impulse of consciousness rises forth at the center of the chest.

Conscious receptivity appears as a wave at the basis of the sternum,

The implementation of consciousness focuses in a forward stream at the top of the sternum.

- the founding stimulus of the crystal focuses at the basis of the spine,

Coordination to the environment appears as a wave over the pubis,

Body movement focuses under the navel.

- Make vibrate the 3 stimuli, the 3 receptivities, the 3 implementations.

The intensity of being expresses in the real human: being there.

Will-to-Good: Implanting synthesis (developed outline)

Alignment

Make resound the note of the inner being

Space – immediate space

Stimulus to be, Will

The dynamic inflow provokes "resplendent Blaze"

Which grounds in 'planetary crystal'

Perceive the crystal all around us,

Then diamond crystal, Source of planetary life, Realized Being, the ashram, the consciousness's of triangles

Sign of Peace

Vibrate with the transcending pole: life of spirit

Vibrate with the awakening pole: life of forms

Vibrate with the ideation pole: life of substance

Vibrate with the three poles at the same time: synthesis

The law of synthesis multiplies the sign of peace in any seed.

Take part in the One life, in the 9 Paths of Spirit

Admit the Logos, and the awakened aspects, the 3 aspects of the Cosmos

Assn "Will-to-Good"

Take part in the ashramic life

Take part in the creative altruistic life

Synthesis in forms

Ponder: any aspect of a form is to be found in all of them

Any form embodies a subjective life (sustained by the 3 aspects)

Implantation

The dynamic inflow, awakening, evolution are stimulated in the human being

Join to the sound which underlies the Plan

Try to perceive the Plan

Take part in it

Join again the sound

Visualize the revelation of the nature of the soul

the opening to others and to oneself, as souls

the sharing of resources

The altruistic collective will ...

Support by a sound or a note

Visualize our contribution to the Plan

As association

As individual life

As determined program

Creative affirmation (or a stanza)

The idol of possession

The golden Calf seems to symbolize the attachment to riches. In the Bible, it is said that Moses, coming back from the Fiery Bush with the first Tables of the Laws, observed that his people had melted a golden Calf for giving itself a representation to be worshipped. He broke then the first Tables and went back to the Fiery Bush whence he came back with the ten commandments.

This idol represents

- Fetishism or attachment to a lifeless form, instead of the living and divine principle. To possess means to have goods at disposal, it is thus to assume a responsibility and invest oneself; it is wrong to believe to one is a good person, because one has goods.
- Greed or desire to possess is the basis of capitalism which accumulates riches. Greed is caused by the fear of death
- The glittering or glistening of gold, "riches is dazzling"

This idol lies at the basis of the present economic system and is illustrated in all TV series which are attempting to represent truth, instead of grasping the facts by thought.

Money or investment or concretized social attention, enables to unfold human activity. Yet money is only an exchange means, not the idol which is founding the social logic and choices.

Sketch

Presence, ashram, Shambhala, the source of planetary Life
The source of life implants the diamond in the core of the group
At the heart the indestructible energy

The planetary Life is reflected in the pure reason, truth.
In the Presence, the illusion that goods give value to their owner is dispelled
Human being stands detached from things.

From the source of Life and from the diamond emanates the light
The forces of illumination are reflected in the mind
In the illumined mind, the glamour of greed is dissipated
Human being observes things.

From the source of Life incarnating in the diamond emanates a breath
This inspiring breath stimulates the pulsation of consciousness
Then the glittering tinsel of richness is devitalized
Human being stands free, among all forms of life

Human being, as a whole, stands free, loving, creative
Support the sound which disintegrates the husks and vivifies the human

We come together under the magnetism of the sign of peace
OM

Year 2006 SPIRIT–FIRE IN THE INTENSE

Alignment

Sound a OM in the head at unison with the inner note

Focus consciousness at the top of the head

Space, immediate space

Turn toward "I – atma", source of the attention

Inhale

Breathe 3 times toward the I (the divine Self)

On the rhythm 6-8 (inhale, higher interlude)

6-8 (exhale, lower interlude)

This I -Spirit goes through the 3 poles

- Intelligence, understanding of Existence
Perceive this point as a spiritual fire
- Love, which unites manifestation
Perceive that point as an expression of the divine fire
- Fundamental will, point of tension which founds being.

Behind these 3 points, reach the Center of Peace, Source of Life, Spirit-Fire in the intense

Participation in the ashram

By a symbol (indigo blue circle) or any other means, take part to the ashramic vibration stimulating the will.

Visualize the stimulation and the inner unity.

Instill the will-to-good in the servers group (creative altruistic life) and in our group.

In human being, abstraction toward the center and the sense of priorities are stimulated

Support the life purpose

As a minor part of humanity, envision the purpose of incarnation of our group

- Achievement Taurus
- Rising sign Aries
- Solar sign Scorpio

Which possibilities does this open to our group?

As an individual part of humanity, envision

- the purpose or basic will (sing opposed to the solar sign)
- the will of the soul (with the rising sign)
- the active agent (with the solar sign)

Integrate this triangle as transmitting will (which wants to incarnate itself)

Then as a transcending will

Assert our intention

"With Him, the One, the Whole, I want

I reach out in tension through love

And manifest the Unspeakable in serving my likes."

Instill this tension by breathing 3 times on the rhythm 6-8-6-8

Once on the crown, will-to-be (I want)

Once in the heart, transforming will (Tension, Love)

Once on the ajna, transfiguring will (serving my likes)

The energy passes through the esoteric ruler of the Rising sign, which we put in the throat

Visualize the activities in the next cycle (day or week).

Distribution

The spirit-Fire underlies all manifestation: creative assertion

* * * * *

Directions of the outline

Directing line: tension

Align on spirit

Define Spirit?

Install a point of harmony or a rock of being, purpose

Distribute toward the humane

Hypotheses

Life is contact of spirit with substance

Life develops in cycles (a form in time)

Use the 3 aspects of the One (the 3 dots)

Spirit emits, He is subject, He vibrates rapidly

Spirit is the Fire aspect, renewal of Self

Distribution operates from positive points to positive points (seeds)

Tension is the Infinite – Spirit which condenses itself

"this realisation of identification with both the part and the whole finds its point of tension in the will-to-be, which is qualified by the will-to-good and developed by the will to know" R5:106 Rule 4

Notes (year 06)

Solar sign

The solar sign is a fixed object as some content within consciousness (character), it is the condition which gives possibilities (with the personality ray), it is the divine will which incarnate in the individuals. If breathing on the solar sign provokes a blockade, a kind of dead weight, stop to practice this part of the outline and keep in the mind as part of the pondering. The goal is to use ether or energy - substance at the basis of incarnation and to do it in union with all human beings. This energy chooses and disintegrates that which is undesirable.

Repetition of the support to the life purpose

This stage of meditation might be repeated, the first support concerns the group with its zodiacal signs, the second the individual. The meditator observes then if he wants to repeat the mantra or not.

The integration of the zodiacal triangle is done as transcending will, hence as part of the human spirit. The three breathings are also related to the 3 zodiacal signs, but the relationship with the psychological factors is more obvious.

Evening observation

The stimulation of one's etheric mechanism assumes an observation of what happened during the day. Refer to Glamour, a world problem p 247-8 and DINA2:451

Rhythm of breathing

Any discomfort or thought fixed on the breath harms the exercise. You may go slower or quicker if the thought is not turned to the goal (the intention). Numbers are only an indication, one may try 8-10 or else, providing that thought is turned toward the goal.

Mantra

The suggested mantra may be changed by the practitioner according to his (her) conviction. The idea is that the first line addresses to the One and I, the second line to the Relationship and Love, the third line to the manifestation and 3rd aspect.

If the use of I is proving disturbing, (confusion with the personality), prefer to say: I-spirit, That, That which wants, loves, thinks, sees rules ...

Correspondence of the mantra

Will impacts substance. Telepathy and the etheric vehicle p 121 describes that the current "I want" is received by the 3 Buddhas then this expanding impact "through Love" imprints the Plan on the 3 Leaders of Department in the planetary Heart (Tel:131). The

Plan is therefore the strategy or result, 3rd aspect of an expansion resulting from an impacting intention. The same process happens within the Ashram: the flow of will is transmitted by the Guardian of the Plan, then in the expansion of love which is stretching the hierarchical program is worked out. The process is renewed at the periphery of the Heart: the expanding current touches the intelligence of the world servers or the one of pioneers. The receivers at the 3 steps, are thus marked by will, love then intelligence. The mantra applies then during the participation to the Ashram.

Participation to the Ashram

The note of the ashram seems to be: "We are willing" focusing the divine intention.

Use of the dot in the white disc while breathing

Breathing is guided by intention, I, Intelligence, Love or Will. The two interludes are used in a different way:

1/ Inhaling stage

Affirm the white disc starting from the black background, focus, transmit, radiate

2/ Exhaling stage

Recollect, focus, abstract toward the un-manifest principle which presides to the cycle

One may practice this breathing on various spheres

- feeling, the focus should be located theoretically in Uu, at the bottom of the sternum
- thoughts, the focus should be located in Ua, at the center of the chest
- triadic current or thought current; it is an outlook to the world, oriented to service according to the Plan, the focus should be located in Am at the back of the head
- ashramic interiority or interiority of ideas underlying any group, the focus should be located in Au, middle of the forehead
- being, low of life purpose, the focus should be located in Aa, top of the head

Check these resonances or others.

Search the resonance of the heart with Ua (center of the attention) with Au (receptivity to the inner world). Search the resonance with the ajna center, is the Am current active?

Search the resonance of the throat center, which current are activated?

Love, expression of the divine fire

Intelligence underlies light and understanding. Is love the source of unity or its result?

Love passes through the forms and unites them, Love is the One which finds itself again.

That's why this fire passes through the forms, in loving them, in Giving Himself.

Fundamental Will

The third pole is not described by a fire, why? The tension which founds being evokes fire, but the practitioner may add a sentence such as

"[This spiritual fire is the basis of the movement forward](#)"

Describe this fire as the basis of all cycles would refer to the Vishnu aspect (CF:1034)

3 final respirations

The three final respirations can be done in relation to the creative assertion

Crown, intention = fire of space

Heart, intention = Heart of space

Ajna, intention = spirit of space

The individual is then a focus of space

Length

The outline is a bit long, one may divide it in three parts:

- one part centered on Spirit or the I of the Whole
- one part centered on the ashramic participation
- one part centered on the orientation of the instrument

Abstract of the spiritual impregnation

The source of attention is the One –Spirit, the real I

Spirit is threefold, outward (ideation), inward (Oneness), through (transcending)
Abstract of the ashramic participation
Vibrate at unison with the subjective group
Abstract of the support of the mechanism
Personality is viewed as a aligned crystal Sky – Earth, substance responds to Spirit.

Amplified parts

Link with the cosmic Way

Center of Peace, Source of Life, Spirit – Fire in the intense

1/ Turn toward the planetary Thinker, the Logos

Use the black point in the center of the white disc on a dull background

The planetary Logos thinks, conceives the planet. What does He think?

4 faced Brahma (within the head)

Prismatic vision

His Love is shaping energy, creating forms

Path of magnetic work

He expresses through dragons which blow Fire

Path of earthly service

2/ Turn toward Sirius, focus of the Spirit of Freedom, of Truth

Inner bliss of these lives

"Be perfect as your father in the Heaven is perfect"

Turn toward the expression of Spirit, the Senses of the Divine, the intents of the Rays which makes the Whole aware

Turn toward the galaxy, the Self, archetype of the solar Logos,

He sends forth the note of intelligence and Love

Search for the Self in the head, called the center of the bell by Elena Roerich

It is the head of Vishnu.

The solar Logos, head center of Vishnu, expresses Himself through His bliss, Sirius, and its direction, the path of the Rays.

3/ Turn toward the basis of Be-ness

The point of intensity which is founding everything

Shiva, head of Shiva, represented by a head over the head

Search for the heart of Shiva, the underlying tension

Tune into the Law, the throat of Shiva

Resume the aspects of Shiva

4/ Backed by the Head of Shiva, we pass to the Self, Vishnu, then to the creative Thinker; the line is filled with Love, unfolds in the Ashram: "We are wanting" is the note.

Inspiration in the center of the Ashram

Pure consciousness, Self, focus in the center

Abstraction through the point in the center of the white disc

Ashram, resonance to the whole, focusing in the center

Life is pulsation of Spirit in substance, focusing in the center,

Abstraction toward the I who wills, assertion, the intent to develop the will

Within the ashram "We are willing" is the note,

Resonance with the point in the center of the Ashram, Listening

Uprising of the current Will-to-Good, which resonates with the intelligence of the servers: the human spirit is stimulated

A continuous OM resounding in the ashram

The 5-pointed star of the human

Visualize the 5-pointed star:

Both feet in duality, arms extended in radiation, the head at the top

Perceive humanity as a creative center that is the planetary throat

Vibrate with this point

Put the 5-pointed star in the throat

From the summit of the star, set a connection with the top of the head

The abstraction toward the center is enhanced.

From the crown planetary center, source of life, a descending current stimulates the human spirit, summit of the star in the throat.

Indicators (performance index)

Evening review

Answer to the questions of one of these points each evening

About the mantra

- Who or what has willed in myself? Which I has expressed itself?
- Was I sustained by Love? Which Tension?
- Does this tension come from my source toward the world? Toward others?
- Has I manifested the unspeakable? Or my personality?
- Has I served my likes? How?

About tension

- May I evaluate from 0 to 10 the tension?
- The unfolded love?
- The contact with the soul? With the Source, With the crown center?
- The attention given to others?
- The effort or will implemented?

About zodiacal signs

- Which role has played my solar sign today?
- Which part has played the protection of myself?
- Which influence have played my lunar ancestors (inheritance of the form)?
- Which role has played my rising sign?
- Which mark of achievement (sign opposed to the solar sign) has I manifested?
- Is one day a too short period to show this impact? How can this impact be manifested?

About the personal attitude

- Which mental activity (new ideas) has I exerted today?
- Which role has I played in the relations ships? Which attention has been carried to others?
- Which activity has I led? Has I had enough physical activity?
- What was my pleasure? What did interested me?
- Was that interest an opening to the world? A support?

About the inner contact

- Do I take time to explore the inner dimension?
- Has I a field of subjective service?
- Has I a group perception? An affinity shared with others? Of a scope of influence?
- Has I heard the note of the soul?
- Has I perceived a light in my consciousness?
- Has I perceived some thought currents?
- Has I attuned to direct knowledge at buddhic level? To pure reason?
- Has I attuned to spiritual will? Which impression, Contact, sound?
- Am I in contact with my real being? When?

Finale

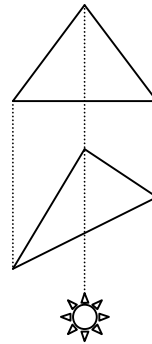
Breathe out and stay (8 or 10) in the exhaled position, visualizing one self in the magnetized (night blue) substance.

Take place in the spiritual Triad

Several approaches do exist for each level, if only because of the 3 aspects.

We'll try an approach of the content of a triadic level, an approach from the top (a more abstract point of view expressing itself by this level) and a body-based approach. The body is altered under the action of a level, one can thus approach a level by a reflex-action in putting the body in a state corresponding to that level, and in trying to register consciously the abstract impression.

The triad is the expression of the three aspects of the ONE. The diagram CF:99 is useful for it describes the impact of these aspects, Buddhi is on the right, Manas on the left side.



Manas: outward
Bouddhi: inward
Atma: stimulation in the center

Manas

1/ Discern thought currents. Turn specially to the activities of the 3rd and 5th Rays. Their ashrams are focused in the abstract mind.

2/ Imagine yourself Spirit or Logos (the One in all). Manas appears as the outlook of divinity to the outside.

How does the Logos-Principle conceive the world?

How does He think the evolution?

3/ Focus the attention at the back of the head. Look out to the world from that place. The intra-cranial space corresponds to the inner world. Grasp the moment where thoughts arise in this presence to the world.

Buddhi, pure reason

1/ Tune into Truth. Register the impression on the body and in your abstract awareness. Tune into harmony, into compassion, into justice.

Search to know directly, without thought. Which is the radiation of the city of Lyon, of London, of Darjeeling?

Which is the radiation of the subjective group? (soul perception)

What does happen in the center of the ashram? Which direction or value is sustained there? Assimilated there?

2/ As the Logos-Principle, the One in all, perceive the inner world. How does He turn Himself toward the various selves, toward the subjective groups?

3/ Focus in the Heart center. Perceive the laser beam which perceives directly. Imagine scales in the center of the chest. Weigh down and gauge directly things, topics or interrogations.

Focus the attention in the middle of the forefront and turn toward the intra-cranial space corresponding to the inner world.

Atma, spiritual will

1/ Perceive the inner stimulation, that which pushes onward, the central spur. This stimulus, a pure abstraction, gives access to Being.

2/ Identify your self to the solar Logos, or the One in All, Spirit. Spirit differentiates, for it is the germ of expression, 3rd aspect of the solar Self and Plan of evolution. Spiritual impulse carried on by the sound.

3/ Focus at the top of the head. Perceive the descending vertical current.

One, Life, Being

1/ Enter in the subjective Presence, Spirit impregnating all focal points of life. Link the bedrock Matter - Space to the stimulation Principle - Spirit.

It is the subject underlying the stream of existence, or the Point of all (point in the center of the circle). It is synthesis, the One at the basis of duality (top of the triangle).

2/ Identify yourself with the electric Fire, the Sovereign, Him, That which underlies manifestation. An electric vibration is the first trace of Its existence. It is the ocean of Fire.

From there emanate the monads which are focal points of fire, steady sparks which commune with themselves, focus of pulsation, Lords of life who move onward.

3/ Life is the jewel underlying the centers of fire or stimulations of Spirit.

Applications

Life

Search for the bedrock of a sphere of life; be it a tree, a group or a human being. Contact the stimulating principle; link it to the bedrock. Light up rises, form is vivified, life, strengthened

Atma

Stimulating current of the Self

Buddhi

Inclusiveness

Knowledge of beings

Manas

Mental service

Telepathy for the world

Soul radiation

Stimulation of the Self

In space, Self

Space, immediate space

Poise, balance, our whole being is placed in space, field of perception, place of the possible

Visualize the black dot in the center of the white disc

With the inflow in the center, affirm one Self

Affirm the other seeds of the Self

Year 2007 SPIRIT ASSERTS ITSELF

The second method of activity of a group of 1st Ray is the stimulation of the Self or egoic principle, the third method is spiritual impulse or energy (CF:1222).

(Sentences between parentheses are there for guiding, not for being said during the meditation)

We prefer *to affirm* than *to assert*. *To affirm* seems more strengthening and going along, while *to assert* seems to refer more to language.

Outline: Spirit asserts itself

Alignment (sound, space, I)

By the inner sound

With space which radiates one hundred times stronger

On the I, "that which has its center in itself)

Tension to be

Attune to the 3 Logoï

See the Self as a white disc (at least 1 minute)

Pass to the will (point in the center)

Become receptive to the Creator, Brahma

To the Penetrating, Vishnu

To the Transcending, Shiva

Affirm Spirit in all beings (at least 1 minute)

Instill the will-to-good in the servers group (at least 1 minute)

Affirm the dynamic life

Permeate your self with it

What does it inspire to us? (at least 1 minute)

Affirm evolution

The ideation inspires the seeds of life then the units of consciousness, letting them free to express and to create. Simultaneously the vibration enhances the abstraction toward the center. (at least 1 minute)

Visualize one's contribution to the ashram (1 minute)

Then one's (personal and collective) contribution in the 3 worlds (at least 1 minute)
(in installing the esoteric ruler of the Rising sign in the throat)

Take part in the Great Work, by the creative assertion

Notes

Note 1: the outline of last year (Spirit-Fire in the intense) was based on breathing, it stimulated the centers and was considering the zodiacal triangle. It is important not to come back on these factors this year in order to let them at rest. In one sense, this outline is more mystical, but is not forbidden to breathe.

Note 2: Here are the symbols of the 3 Logoï, in a circle a vertical diameter, an horizontal diameter, the dot in the center.

Note 3: The Creator, what is concerned here is the Principle or Logos active at any level

Note 4: One may visualize the One in the center of a disc related to each seed of life or a diamond and perceive each being linked to the diamond

Note 5: Life is the vibration of both poles Spirit – Matter, horizontal diameter

Note 6: Evolution proceeds from ideation, symbolized by a vertical diameter or its lower half. Ideation is the formation of ideas, that is to say of intelligible essences of things.

One will note the difference between the stimulation of the Will-to-Good and the affirmation of evolution.

Note: Occult catechism is in the **Secret Doctrine** (page 11)

- "What is it that ever is?
- Space, the eternal Parentless
- What is it that ever was?
- The Germ in the Root.
- What is it that is ever coming and going?
- The Great Breath.
- Then, there are three Eternals?
- No, the three are one. That which ever is is one, that which ever was is one, that which is ever being, and becoming is also one, and this is Space.
- Explain, o disciple.
- The One is an unbroken circle (Ring) with no circumference, for it is nowhere and everywhere; the One is the boundless plane of the Circle, manifesting a diameter only during the manvantaric periods; the One is the indivisible point found nowhere, perceived everywhere during these periods; it is the Vertical and the Horizontal, the Father and the Mother, the summit and base of the Father, the tow extremities of the Mother, reaching in reality nowhere, for the One is the Ring and also the rings that are within that Ring. Light in darkness and darkness in light: the 'Breath which is eternal'. It proceeds from without inwardly, when it is everywhere, and from within outwardly, when it is nowhere. It expands and contracts (exhalation and inhalation). When it expands the mother diffuses and scatters; when it contracts, the mother draws back and ingathers. This produces the periods of Evolution and Dissolution, Manvantara and Pralaya. The Germ is invisible and fiery; the Root (the plane of the circle) is cool; but during Evolution and Manvantara her garment is cold and radiant. Hot breath is the Father who devours the progeny of the many-faced Element (heterogeneous): and leaves the single -faced ones (homogeneous). Cool Breath is the Mother, who conceives, forms, brings forth, and receives them back into her bosom, to reform them at the Dawn ...[of the Cycle of manifestation] "

One may visualize this excerpt with the symbols of the white disc on a dull background, of the dot in the center, and the diameters in the circle.

Destroy the idol of power: domination

The idol of divine preference is related to the second aspect, the idol of possession to the 3rd aspect, the first aspect, because of its power, provokes too an idol.

The will is the passing form the undetermined to the determined or faculty to choose, to circumscribe (Hegel). One may thus go to the universal will, but one may concretize this faculty for itself, regardless of the consequences, in a sense both abstract – without any object than itself – and concrete, without using the detachment.

The idol of power is composed of

- the illusion of commanding to passive agents
One believes to rule the world in giving orders, whereas subordinate are always appropriating the instructions and create in their turn
- the glamour to believe oneself important
- the appearance to be at the first place, the fact to create a dehumanized rapport

This idol lays also on passiveness and the support of others. Why some people do not take their responsibility and prefer to obey to orders?

Sketch to be reviewed

Presence, ashram, Shambhala, the source of planetary Life

The source of life implants the diamond in the core of the group

At the heart the indestructible energy

The planetary Life is reflected in the pure reason, truth.

In the Presence, the illusion of ruling others is dispelled

The human being is the author of his life with the others

From the source of Life and from the diamond emanates the light

The forces of illumination are reflected in the mind

In the illumined mind, the glamour of "believing oneself important" is dissipated

Human being inscribes himself in the living community.

From the source of Life incarnating in the diamond emanates a breath

This inspiring breath stimulates the pulsation of consciousness

Then the insurance of being served is devitalized

Human being stands brotherly with all forms of life

Human being, as a whole, stands free, loving, creative

Support the sound which disintegrates the husks and vivifies the human

We come together under the magnetism of the sign of peace

OM

Destroy the idol of solidity of forms

A group has been contributing for 1984 to dissipate the glamour of the fear of death. A group in Montreal joined this work. The Paris group, composed of only 2 persons remaining (surviving) from a group of 7 people, worked with a laser beam – a coherent light or light sustained by will. The Montreal group worked with the outline given in Glamour, a world problem.

After the 3 idols, of divine preference, of possession and of power, another outline about this solidity of forms was designed, but it has been used only once. The previous ways of working were followed. Whereas the outline for the destruction of the divine preference and of the idol of possession was used again and again.

Outline

Presence, ashram, Shambhala, the source of planetary Life
The source of life implants the diamond in the core of the group
At the heart the indestructible energy

The planetary Life is reflected in the pure reason, truth.
In the Presence, the illusion of annihilation is dispelled
The human being is united to the flow of Reality

From the source of Life and from the diamond emanates the light
The forces of illumination are reflected in the mind
In the illumined mind, the glamour of the fear of death is dissipated
Human being perceives its life as a cycle.

From the source of Life incarnating in the diamond emanates a breath
This inspiring breath stimulates the pulsation of consciousness
Then the visions of horror are devitalized
Human being assumes its transitory existence

Human being, as a whole, stands free, loving, creative
Support the sound which disintegrates the husks and vivifies the human

We come together under the magnetism of the sign of peace
OM

The 3 points in the circle

(Meditation based on the Proem of the Secret Doctrine)

Alignment (sound, space, I)

By the inner sound

With space which radiates one hundred times stronger

On the I, "that which has its center in itself"

Letting go any tension save the tension-to-be

Pre-sense the Unknowable Principle, That which underlies the Awakening
(the greater Presence, the dark Space, the Unfathomable)

Join the Breath, Ideation

Take part in the Life of the universe, Spirit – Matter

Search for the Precursor of manifestation

Abstract Precursor, Life, Breath in the absolute Reality

Affirm Spirit in all beings

The Fire unites ideation to substance

Instill the Fire of Love, the Fire of Intelligence, the Fire of Will

Support seeds of life, seeds of relationship, seeds of activity

Note: This outline follows the outline of contemplation of the emblem of illumination and uses the law of the supplementary Seven "the straight line from there to here, and ending in a point which ignores the Three" R5:166

Reception to the Ashram at Regulation Day 07

Go toward that which has its center in itself

Self, the I, or in calling the true I by your first name

Become receptive to the 3 Logoï

Set a vibrating line from the One – Spirit to Matter

From the basis come back up to the point at the top

The line resolves itself in a circle: take part in the One Life

The 3 poles are vibrating in it

Enter together in the Ashram

Turn toward the vibrating center

Stay listening in silence 1 to 2 minutes

What does the Inspirer has to say to us? (2 minutes)

Which part of the Plan is showing us the Guardian of the Plan (2 minutes)

Which part of life have we to distribute? (2 minutes)

What have we to do? (2 minutes)

Let us distribute this inspiration in the ashram

Then the magnetic power toward the servers

A continuous OM

Year 2008 IMPLANTING THE FIRE OF PEACE

Outline: Implanting the fire of Peace

Become that which has its center in itself
(by the sound, space, tension-to-be)
Pass to the back center of the white disc
Attune to the Creator and its 3 aspects (pause)
 To the Penetrating and its 3 aspects (pause)
 To the Transcending and its 3 aspects (pause)
Set a vibrant line from the top to Matter
From the basis go back up to the point on the top: Life
The line resolves itself in a circle: take part in the rising out of Being

The three poles vibrate within it
Focus – distribute the fire of the Will-to-be
 The fire of Love – Synthesis
 The fire of creative Spirit
Integrate the 3 fires in the circle: living Peace
Go along the flow of the Real
Stimulate the units of life and units of consciousness: implant the fire of peace

This fire underlines the creative altruistic life
 Will to create with the whole – at unison of humanity
 Will to serve the whole – with humanitarians and the people of goodwill
 Will to give one's being for the whole – at unison of servers
 Planetary Life

Send out the note of the Self
 Life resounds in ourselves and arouses activities
 Visualize these activities
Attune to the sound emanating from the purpose: Will-to-Good
 It implements begins: people, energies, ideas
 Visualize the group activities
Say: "Being in the center is at Peace
 It passes through me
 It passes through all
 AUM". A silent OM in the head, a loud OM

Variant for the individual (instead of the note of the Self)

Observe that which pushes us to perfection, visualize it functioning in our environment
Stimulate the centers of awakening
Take time to integrate the supra conscious (abstract levels) and the subconscious

Notes:

1. The protection of the service group is based on LMO:294, it is the note of the purpose or goal of the group and everyone attunes to it.
2. It seems right to begin with the individual, which has taken a body, then to follow with the physical or local group which gathered. To change the order of distribution promotes agility; in fact this outline does not follow a continuous line of distribution, it is a pulsation around the highest point of tension.
3. The sustained will describes the 3 petals of will - sacrifice for the 3 groups who are preparing the first three initiations; the whole in question depends of the level.
 - the whole for humanity is the set of species or kingdoms on earth

Assn "Will-to-Good"

- the whole for humanitarians and goodwill people is the set of relationships between forms within the One consciousness; to serve means to use one's abilities
- the whole for the world servers means to live for and with the Whole – Spirit, the *raison d'être* gets a meaning
- 4. In order to facilitate the continuity between the implantation of the fire of peace – which is intense – and the participation to the will to create – which seems external to one self – one may add a sentence such as "This fire underlies the creative altruistic life". The outline is there to be assimilated, modified, adapted, isn't it?
- 5. The supra conscious is the stimulation coming from the basic current and pouring out via the centers of awakening. This stimulation provokes reactions in the body, and some images or impressions may appear. These have to be used, therefore perceived, interpreted and may be transformed or reoriented.

Evening Review

- Which point of tension has supported my vitality and activities today?
- How did express the fire of will?
- Which opening to others has I demonstrated today?
- Which creativeness and adaptation has I manifested regarding the circumstances?

Or gratitude

Gratitude for the discoveries of the day, the people, the obstacles

Notes with hindsight

6. The stimulation in 2007 of the will-to-good in the servers group, the resounding with the dynamic life then the affirmation of evolution with the abstraction toward the center of human units is, in fact, the spreading of creative life in the human field.
The support of the will in servers corresponds to the red point, the dynamic life is reflected in life or pulsation of consciousness (blue circle and blue dot), and ideation is grounded in the green dot, thus is imprinted the emblem of illumination as conscious life.
7. The outline above can be practiced as pure consciousness, the Self is then the center of the whorls which are linking us to the world, be this center perceived as outer via our senses or inner. The outline may be practiced in the fullness of being or ashramic enclosure with the awakening currents. It can be practiced with the Self as arising of that which underlies being, the One in three.
8. Synthesis is the second aspect of the Will, it is too, in the fusion Will-Love, the stimulation of the ONE which penetrates each part. Synthesis ensures the homogeneity of seeds, Love deals with the relationship of the One and the Many. Love expresses the return to the One, the research, the perception of unity between all forms and within themselves, the One in multiplicity.
Synthesis is the impression of the One Will in the seeds, it infuses simultaneously the seeds, hence without dependence or relationship between the seeds neither between the inflows, it is the whole in action.
9. The contribution to the Ashram and the link with other groups are made in the activated purpose of the Will-to-Good where the asserting sound is resounding rather than a mere note.
10. Precisions have been added: the 3 aspects of the Creator, of the Penetrating one, and of the Transcending one as well as the threefold stimulation of the line, this line draws the cardinal cross represented in R3:561. These precisions help the exploration, but can be neglected in a first time. These elements help to go beyond the imposing vertical current, first perception of the current coming from the spiritual Triad, in order to resound with the living and agile stimulation; they help thus not to emphasize too much the current which is imposing itself on matter giving the impression of "a strong wind that pins a man against a wall" R5:52.

11. The fire of Peace is located in the fire mist or Adi level. Shambhala, source of planetary life, is also the Place of the peaceful and silent Will, for there meet the Sound – creative – and the soundless One (mantra of the 4th Ray, R1:70). Adi designates the dark space whence emanates the luminous space (SD1). The black dot in the white disc is the threshold of the un-manifested to the manifested.
12. Why visualize the black dot if one has one's center in oneself? In order to pre-sense that which underlies the realized unity and to emphasize its dynamic character. When one reaches the center of the soul, the black dot eases the approach of the triadic current; when one is in truth and within the ashram, the black dot enables to get to the One or to the atmic current; if one is in the One in all, the black dot translates that which emerges in Being.
For us, in order to find the fire of peace, it is the highest point we are reaching, the great I or Subject, at the limit of our perception when we are trying to contact the background of our being.
13. Going along with the flow means to take part in it, without giving up the source (of peace). It is in the concrete mind that being distance and the current which goes from here to there.
14. Implanting the fire of peace. This fire preexists in the seeds and the word to *implant* seems therefore pretentious. Yet the gardener implants seeds which preexist, he puts them in the loam of experience, that 's what we are doing with the units of consciousness, we are bringing them near – or we try to - the center of peace.
15. The circle appears from a line when action is located at any level, then the 3 neutral poles which arouse action take their place in the center:
 - the creative spirit could be called purpose if it is perceived as charge with will, with ideation
 - Love –synthesis could be assimilated to the will which underlies all possibilities, any opening, reflection of the second cosmic logos
 - the will to be reflects the first cosmic logos

Preparation of the inspiration day: guidelines

1. Fire of peace

How can peace be a fire?

Fire: to devour and to be devoured (Danielou), Agni and Soma, Sacrifice and oblation

2. Mantra of the 4th Ray

"Sound and the soundless One meet in an infinite point of peace." R1:70

"Time and the timeless One negate the thoughts of men"

Peace in balance between the manifested and the not- manifested, felt state

The source between the manifested and the not-manifested, uprising of the current

3. Complementarity of the opposites and the square

Resolving contradictions or opposites

Peace and stimulation

Exactness and buddhic level

The square and the seal of Shambhala: the four doors

The 4 laws of and the 4th initiation



4. The fusion of the opposites

The process of fusion bringing out the One

The Triangle (from Two to One)

The law of disintegration and abstraction

The Plan is substance (atmic) Tel:118

Which part of the Plan can we see?

Can we work with it, instead of being used and submitted to it?



5. Life

Definitions

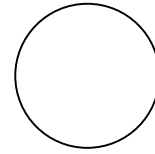
Stimulus and substance, pulsation

To distribute life

Circle and center

Link with the point in the center of the square

Shambhala, place of Peace and source of life



6. Becoming that which has its center in itself

Center of the soul and black point in the center of the conscious disc

Center of Spirit, point everywhere?

To radiate or to distribute life

Love, One and synthesis

Basic current (galactic being which incarnates) and purpose of incarnation

Emitting stimulus, currents of awakening and consciousness

7. Will-to-be

Levels of will; personal, soul, atmic, monadic, adi = divine

Spiritual will and will-to-be

Atmic substance (and fusion of the opposites)

8. The AUM

Meaning of this syllable- seed

Psychic energy, the 3 aspects

Link with the Upanishads

9. The group and the 4th initiation

The planetary monad in the Great Bear, the purpose of the 1st Ray

The secret of life – 1st purpose of Sanat Kumara (rule 12 R5:241)

The link with the Will-to-Good, atma, cooperating with the Plan

The group mental body and the vision of the Plan, which is our vision of the Plan?

The affective body and the 4th initiation: serenity, sensitivity to the world, transfer to Buddhi

The group etheric body, vitality, brightness of the radiance

Exercise about That which has its center in itself

- Go to the center of perception, register the light, characterize it

Check in visualizing a luminous blue circle, put the 3 RGB dots in the center

This radiant center or silent Place, has it its center in itself?

Go to the center in a dark point, where arouses consciousness

Streams forth a power or intense current

- Go in the inner space, go near the center of the ashram, and keep silent, this silence emits the fullness of being

Install there in truth. No more outside, no more relationship, interiority

Check in visualizing an indigo circle

Stimulate or pass in the emitting polarity in visualizing the green red points

Magnetism, immediate, directness

- Go into the stimulation or sound. Check in thinking to the red circle.

Make arise the light in setting the blue and green points.

Visualize the 3 red points in the circle, not the difference.

Being emerges. Immediate electric light, the One in all.

Unite with or approach with the Fames who resurrect: Maitreya, Manu, Morya

Pre-sense the purpose which underlies the stimulation of Being

Peace overcomes the oppositions: static - dynamic, emitting – receptive

Implant peace in the life which pulsates from the center to the periphery

Listen to the AUM which fills everything

Report of the inspiration Day, 20th July 08

We begin by enunciating our life intentions
then we practice the meditation Implanting the fire of peace
Then we share about the meditation

The will-to-be escapes to us as it outruns the monadic level and comes from the outside of the solar system, however some Beings work with it and we are retransmitting it; the current transmission is real and we do a real work, we perceive it and can see some effects. Thus the outline is ambitious, it aims high, yet it is right, we rely on other Beings, we adopt a receptive polarity toward these high levels and implant the will-to-be in the jewel at mental level. Most probably we distribute spiritual will and soul will, harmonics of the will-to-be.

Cosmic ethers are reflected or substitute themselves to the physical ethers (vitality), thus we perceive in our body the effect of the meditation but the sensation is not the goal, our intention to persevere is our safeguard.

Starting from the creative altruistic life, the current is direct. Implanting fire is in one sense an abstract action where as willing to create, to serve, to give one's being is a concrete action.

The outline was hard to grasp and to practice in the beginning; with practice the route becomes more and more neat, easy. It is the goal of all yearly outline to offer enough difficulties in order not to discover them at first yet to promote effort and to give fruit with the time.

The vibrant line top-down and reverse is quite neat, the passing to the circle points out the pulsation of the Whole to the One, the will-to-be is so intense that nothing subsists, it is in a second time that some receptivity may occur and a pulsation may set in: spark of life.

At the end of the mantra, the AUM takes a deep meaning, it is the infusion of the Logos.

We share our thoughts about the fire of peace.

1. The fire of peace

Peace is balance arising from itself, vibrant plenitude which is free = devoid of any thing. The fire arouses the activity of substance, it is that which underlies the flame, that is light, heat and movement.

Light is life, heat translates love or interaction and movement expresses in evolution.

Why do we talk of the fire of peace and not of the energy of peace?

One may talk of the energy of love, it is perceived outside of beings, whereas the cohesion of forms, hence these beings themselves and their consciousness's is love. It is easier to talk of the energy of peace than of the fire of peace, it seems superficial and easier to carry, but the essence of balance comes from the deepest, one can't escape to it, it is being itself which is in peace, this peace is not an adjuvant, a healing balm, and one perceives that peace is requiring, as love.

Fire is intimate and constitutive.

Solar fire underlies the existence of form and focuses in the self of the form, it resonates in the silent Place where extinguishes the note of the soul, or self of the form. In that place is found a balance.

For the fire of peace, we have to transfer this balance into the Triad, then beyond to the monad, the spark of life. In this we are helped by Those who work in the ocean of Fire, the Flames who resurrect: Maitreya, Manu and Morya who constitute a triangle for the Avatar of synthesis.

The will-to-be is thus this inflow which makes to be and not only to exist (in relation to the world). Peace is found at the root of that which has its center in itself; in that center, Will, The One, are.

The reader will note that this sharing is not coherent, as there are several speakers and several approaches.

The will to manifest is not only solar fire, but fire of the existence, which is life and results in Prana or vitality. The seeds exist without forms, but express then in the concrete mind, in affective and vital levels.

Peace is a pure idea, an intelligent life focused in Sirius and expressing the 4th Ray, the exactness in rapports. Sanat Kumara, the incarnation of the planetary Logos of this 4th scheme, is a disciple of Sirius and it is probable that – the planet being destined to be a center of silent and peaceful will – peace is a part of the planetary purpose, that is to say peace is an idea which is developed on this planet. Yet peace is not the appearance of tranquility and rest which the personality wishes; it is the exact rapport between the stimulation of Spirit and receptivity (inertia) of Matter. Peace functions with the balance of detachment.

2nd aspect: the spiritual life on the planet and the life of the association

Life is radiating and also coming to the source, thus is drawn a pulsation.

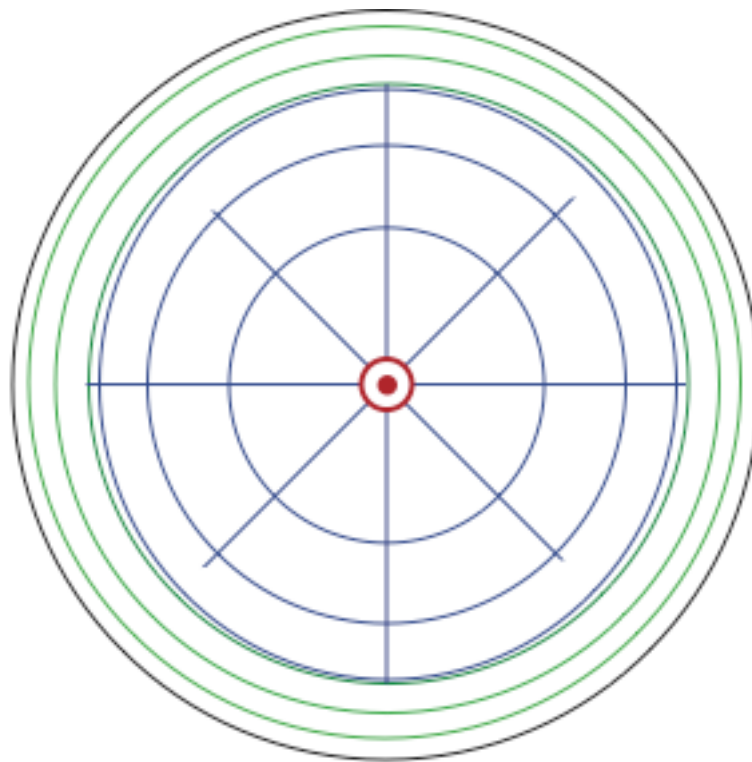
5. Life

Life is the impact, on a sphere of substance, of a more abstract stimulus

Life is unhindered circulation from the center to the periphery

And top-down

Dynamism of the purpose comes in the center of Life which influences the blue inside (planetary Heart), the Will-to-Good describes the Good in the whole of the Hierarchy and impacts the three green circles of the creative altruistic life. This life is grade din 3 degrees: the servers which are also inwardly a part of the Heart, the humanitarians which are orienting themselves toward the inner center for serving, and the human beings who create in the outside.



Active purpose

Of course, it is the purpose imprinted on substance and stimulating activity. It is not a note but a sound which emerges from Silence.

We try the following meditation

Will of the ONE

OM, OM silent in the head, AUM of the being in the center which is in peace
In a space free of any object, perceive our radiation
This radiation appears on "Background of nothing"
This background underlies perception and our being.

Spirit is a moving force, movement or renewal on itself
Search for the One, the magnitude on a background of nothing
The link with the top of the head and its current may help
Make vibrate the One in all
Align on the will of the ONE

Commune with the One in all
Appreciate, assimilate
Go toward the vibrating center of the One.
*This center inspires consciousness and we may write that which comes in to our mind:
What have we to be? What have we to do?*
In the One, other sparks, the will enhances all sparks
What does say this stimulation?
Our Heart broadens in order to include everything
We join the AUM of the Logos
Mentally we sound a OM in the subjective world group
We send out a vocal OM at unison of our being

Notes

The world is the un- presentable background according to Merleau-Ponty. Some forms are perceived as sketches on that background. Martin Muller locates the radiance in a free space, devoid of any object, and on that background of nothing, he intensifies the radiation in order to reach "to be finally one self". Here we start from this background of nothing and emphasize its inclusiveness.

To access to the One means to enter in an inclusive, integrated and inner state, where the background of nothing or space (outwardness or otherness) is contained. The one is full, a fullness including also the void, vacuity and it does not reduce to a continuous existing, to an appearing solidity.

Spirit appears to create a descending line.

Report followed

Sharing

The One gives an impression of solidity, of entirety, yet it does matter that it is open to the possible. Some registered ideas are: Absorption, Inspire others, to blow the breath, to build a place of peace, to incarnate the will of the One.

Behind absorption, one gets a resurgence; for the sparks, it is a world of Fire.

After this meditation, I am absorbing myself in a direction, one knows what one has to do, why we are here. One perceives the power of the void or the densification of the void, as if this void was a pulsation. There is perception without reflexivity, the line of work is pointed out, it is the way.

We end with a continuous OM then go the meal.

Each of us read a paragraph of the CALL

§ 323 "Think of the stars that always give their light to humanity.

Be like these stars and give your love, wisdom and knowledge to others.

Only when everything is given can we receive.

IN My Name do you work; do not forget that point.

Mind it particularly.

Wherever you go, bring My Light with you."

- § 288 "Thou layest a new foundation for the manifestation of Beauty.
With thee do We pronounce the beginning of a new Teaching.
Flood tide and ebb tide succeed each other, but the ninth wave rises highest."
- § 411 "Know how to understand repose between actions.
In this respite lies the accumulation of force."
- § 128 "Strive for the future an different forces will be summoned for thy aid.
Of various instruments is the orchestra composed,
But the symphony is soon ended
and the sounds die away through the open window.
Better to pay heavily, the sooner to learn the predestined path
The eye will perceive instead of briars a garden nurtured by love.
The heart is aware of the phantoms of the mind, but it knows the truth."

And Rays and Initiations R5:689

"Each time a disciple achieves an initiation and stands before the Initiator, he becomes simply an instrument whereby the planetary Logos can reach humanity and bring to men fresh life and energy. The work done prior to and at the third initiation is purely preparatory to this type of service required from an "energy transmitter". That is why, at the seventh initiation, the dominating ray of our planet – the second Ray of Love-Wisdom – is employed. There is no energy upon the planet of equal potency, and no expression of it has so pure and constructive a quality as that to which the initiate is subjected at the seventh initiation. This seventh initiatory climax marks another culminating point in the career of the initiate, and indicates his entrance into an entirely different cycle of experience."

3rd aspect: The plan of evolution

The Plan appears as the mergence of collective intelligence in link with the 1st initiation. This collective intelligence is larger than the notion of a group, it is a bundle or community, relation of the One to the many, shared identity. There is there a field of thought, yet one can already see a collective research (scientific) and communities of interests. We are working in the background in the line of planetary life (1st Ray).

We list the 10 seed-groups of servers and note as much as possible their inner core: the subjective workers, then the human enterprises related to these 10 poles. Our work is directly concerned with the observers by the destruction of the idols and the dissipation of the glamour of greed, and with telepaths: telepathy for Europe and imprinting the will-to-good.

Outline for destroying the idol of possession

We share about the suit of the link with SES and choose for the next telepathic exchange (August the 1st) with the soul of Europe the word Alignment. We shall suggest to resonate a while with the soul of Europe.

We end with the creative assertion

Year 2009 TO AFFIRM THE ONE IN ALL

Affirm the One in all

Alignment as a group (those who distribute the will-to-good)

Contact that which arouses space (the background of Nothing)

Attune to the Creator, the Penetrating, the Transcendent

Focus / distribute the will-to-be, Synthesis, Spirit

Affirm the one in all

Support this fire

Will the Good

Attune to the sound which emanates from the purpose, part of the logoic AUM

Take part to this will within the ashram

Willing to give one's being for the whole with the servers

Willing to serve the whole with the humanitarians

Willing to create with the whole at unison with mankind

The will-to good resonates: illumination rises up

It sustains the revelation, the association, our triangles

The Agni Yoga group breathing with fire, the self-schooling, and the blue sound

Imprint the One through the Circle, the Triangle, the Square, ponder on this

See in what our activities insert in the ashramic work

Talk about the life intention (creative life, service) with the Realized Being in the Center

(What shall I support? To what shall I take part in? What is no more useful?)

Ground this intention in the body

Attune to the 3 breaths A, U, M or to their echo

Say "The sound is carrying us

With its source, we stand

And magnify the One in every thing"

Sing the OM

Notes:

1. Project of the realized Spirit, outline inspired by DINA2:639
The One in all is related to the destruction of selfishness and to the 4th initiation.
Fire precedes light, but this aspect has been little emphasized
The enterprises of the ashram express on the 3 levels of the Triad and in several sectors. The daily activities express in activity (physical) relations, life of thought and on the subjective levels. "The work of the ashram is ever the prime obligation of the disciple" DINA2:631
2. See the seven breaths (LMO:54) and the 3 words entrusted to the 3 Logoï (HIS:153)
3. Integrate the One in all means to integrate oneself to the One
4. "Attune to the Creator, the Penetrating, the Transcendent" is a facultative sentence, if it seem to you redundant, remove it. The outline is an invitation, it's up to every one to appropriate it. These 3 poles Creator, Penetrating, Transcendent induce a resonance with the 3 centers in the head, these centers are evoked in a stanza of Dzyan (CF:11)
5. "Being in the center is at peace" is too a facultative sentence, it reminds the contact established in the previous outline last year.
6. Installing with the servers the will to give one's being makes arise the joy to unite with the whole, this joy precedes thus in the outline the resonance and the illumination. A similar joy arises with the humanitarians and mankind. Yet the tension to affirm the One persists all along this stage.
7. Creating at unison with mankind. Mankind in intension (its role as the 4th kingdom) is the creative center; it resonates thus in the throat, however the observation shows that humanity in extension, with its billions of individuals, resonates with the solar plexus, it has still a great part of animality and emotions.

It needs a creative life, yet the habits and conditionings compose the most part of its activity. We stimulate the fire corresponding to the initiation to come, and individually we stimulate our creativeness.

8. Supporting the revelation, the light is revealing itself, yet one may orient the revelation on the nature of man, (a goal of the association), on the soul or the Self of form, or on shared consciousness, what you choose.

Possible alignments (your choice)

1/ Sound – Space – I

Focus the consciousness at the top of the head

Attune to the sound which sustains everything (or to the note of the soul)

Radiate 10 times stronger in space

Pass to the I behind the point of consciousness

Become that which has its center in itself

2/ Become that which has its center in itself

As a group

Become that which has its center in itself

Attune to the sound which emanates from the purpose

Take part in the AUM, the sound of the Logos in which we have our being

On that background, become that which arouses existence: Will

Direct contact with all: electric Light

3/ Background of nothing (toward the isolated unit)

Radiate at the utmost in a free space, devoid of any object

Perceive that background of nothing (the field of consciousness behind any perception)

Contact that which arouses that background of nothing

Commune with that whole (which appears)

Stimulate that which is present in that totality

4/ Will of the One

Focus the consciousness at the top of the head

Perceive that background of nothing (the field of consciousness behind any perception)

Be the will of the One

(this factor is subject, Self)

Become receptive and emitting to this will in each seed

5/ That which arouses being

Our attention focuses at the top of the head

And turns toward its renewed source: Spirit

Our attention turns toward plasticity: Matter

Be both: Spirit and Matter

The non- being is included in the vibration of be-ness

Search that which arouses Being, that which wills to be

6/ That which rules

Contact that which rules, slightly above the head

That sustains the world

That sustains existence

Being and non-being join together

7/ Accept the unfathomable

Focus the consciousness at the top of the head

Accept divinity, immensity, the unfathomable

It is It which wills, It wills itself

It is It which loves, conceives

8/ The vast background

Search for the vastest principle which is the most tenuous (black background)

Commune in that principle (white disc)

Stimulate all seeds = take part in the sound of the Logos

9/ Evocative expression

Focus the consciousness at the top of the head

Choose the most evocative expression

(for example: 'the complete expression of divinity' or 'the Unspeakable')

Explore it and integrate (the three aspects in the first example)

Note the inscription on the body

Search accessorially a symbolic representation (a circle for completeness)

From the line to the circle

In contact with the center,

Visualize existence

Represent to yourself this world as a half circle in the bottom

At the horizontal, pre-senses the others, intensify the center

Imagine a half circle on top, still unseen

In the center, we stimulate the totality:

The circle is completing itself

Notes:

See also the progressive circles and "We are on earth", an outline of inclusive reason, based on the 2nd Ray

Implanting the One

(Circle, Triangle, Square added in Self-Schooling 3.5 spiritual life)

Go to the center of Self

Perceive the stimulus and the world (circle and dot in the center)

Perceive the center and the periphery as One

Vibrate, install this vibration

In the relation to the other, perceive the One underlying the Two

"We are One"

Allow the Relation to express freely, from the One in each

From any other in the world, come back to the One underlying the Relation

The triangle multiplies itself.

Imprint the square of the Law

"I express the One, rapports are right"

See back one's life and perceive the L

aw, the Author which predominates

Imprint His will: receptivity, gift, abstraction, grounding.

Centered in the circle, taking part in the Triangle, we are imprinting the square.

From the center, we sound out a OM

Progression of an outline

Search a new outline

- in continuity with the previous outline
- with some variety
- which fits to all

Continuity

- alignment on the group purpose or goal
- relying on the previous realizations
- integrating the recent discoveries of the soul
- keeping a ternary or quaternary structure

Variety

- variety in the 3 aspects (mind, love, will)
- of acquired lessons, some are easy, others keep a part of mystery (to be discovered in several months)
- Variety in the technique: breathing or not, centers or radiation, pondering or intuition, mantra or silence

Fits to all

- depending of the rays (triad, soul and personality, mind)
- personal questions : truing point, crisis or decision, disease
- with the group agreement: unanimous, that is as souls

Inspiration day (5th of July 09) Report

First of all, each of us emits the key-words of its incarnation:

- | | |
|-------------------------------------|-----|
| - Abstraction, Detachment, Sharing | ADS |
| - To give and reveal: vibrant Heart | GRH |
| - Harmony, Beauty, Service | HBS |
| - Fire, To incarnate, Brotherhood | FIB |

The president leads the meditation of the year: to affirm the One in all. Then we share about it. That which arouses Presence means more to HBS than that which arouses space. The 1, 2, 3 are born one from another in an intimate communion (ADS), this may appear thus (fire is threefold), though the 1 remains in the back in this solar system. Musicians talk of a white noise, including all notes, it is heard as a breath. 2 lines of energy are distinguished in a stripped current passing through the Manu and coming from the Great Bear, it founds existence, and a inclusive current or infusion, including all planetary existence which resounds with Venus (and the Pleiades?).

Attention culminates in Spirit for it perceives; interiority culminates in the Self (which is a reflexive pronoun); the One culminates in the Isolation or Absolute, it is the line of the 1st Ray; Presence, the All, Space, seem to locate on the same line.

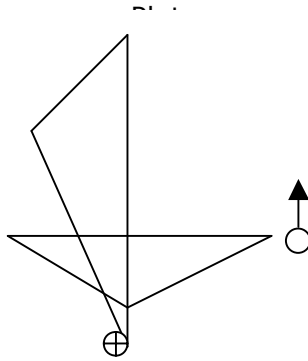
Then we talk about the influence of Pluto, a non sacred planet of the 1st Ray; the god of the underworld appears thus for we are not mastering the subterranean forces, destruction and purification. Pluto units may be called the cutting Stones, for they scour; Vulcan units are called the fiery stones and the Earth units are called living Stones (CF:1178) and this is reminded by a diagram of esoteric Astrology (:483).

The star of the Great Bear, one of the Pointer whence emanates the 7th Ray, but it is a relay of the 1st Ray, as the constellation of Aries (this constellation is transmitting the rays 1 and 7). The Earth, in experiment and life, may balance Pluto scouring and Vulcan construction: this gives the calm and peaceful power.

Aries

Assn "Will-to-Good"

Vulcan V



The sound, the Word of transfer and the group note

Rule 11: moves the group life to higher consciousness levels (Triad), find the word which carries out that transfer

Meditation on the sounds after an introduction

The will which gives life seem the new keynote which is emerging. Life is more concrete than the One; it is reflected in the ether.

With the – electric – will we may take part in the dynamo of the solar system (IHS:168 and CF:872), this will enable to strengthen the cosmic seed on the sacred planet and it goes toward mastery, related to the time of Maitreya.

This focuses on the task to support the essential Fire at the core of each being and is reflected in the vital substance (etheric). Thus is inscribe a structure with 2 (or 3) levels: awakening in the Triad and the energetic basis (the summit being one of the fireplace of the cosmos).

Outline

Group fusion, alignment on the intention

Find

- the group note
- the sound which disintegrates the husks
- the sound which vivifies the human
- the incentive note of the ashram
- the sound or Word which carries out the transfer
- the sound which goes through the diamond- lightning
- the A, U, M

Sharing.

The group note is perceived by almost everyone: a deep C, which resounds inwardly. The sound which disintegrates the husks is a acute letter A, almost an sustained I, for others it is the breath of an vibrating arrow. The sound which vivifies the human is a trumpet sound with the black hole in the center of the mouthpiece or a letter A sound filling in the chest. The incentive note of the ashram is a more sustained note than the group note, with more power or the noise of an arrow. The sound which carries out the transfer appear like the letter A aspirated, an intense sound which goes back up to the source or as a deafening silence. The sound which passes through a diamond - lightning is a white sound, breath or silence. We got no precision on the A, U, M save any (human) breath at the end of a sentence lays upon these tones.

After a break, GRH talks to us about the kingdoms and the role of the human regarding the animal kingdom, the eukaryotes (cells with a kernel), bacteria and arches, of the exacerbation of the duality spirit – matter which generates suffering and accelerates evolution. The link between the 2nd and the 5th kingdom is underlines by ecologists which are manifesting a group consciousness, they care mainly about the vegetable kingdom, the sun has a great importance for these 2 kingdoms.

The Earth which becomes a sacred planet.

The streaming-in energy comes from the Great Bear in the focus of life, then to the planetary Heart, which expresses the will of love or loving Life.

It makes emerge the 5th kingdom, the one of servers or shared consciousness or altruistic inter subjectivity. Hegel, in Phenomenology of Spirit 258 writes: "Me it is we and us it is me."

A sacred planet is receptive to the influences of the Pleiades, which exert via Venus (and also Mercury), hence the importance of the conjunction with Venus between 2006 and 2012.

Our goal: to fortify the access to the seed of life unto a mental direction.

The will-to-good implants unto the mental direction of human beings, it their task to find their direction in agreement which that which brings them on earth. This direction is symbolized by a red dot in the blue circle of consciousness.

This achievement of sacred planet is expressed in 3 aspects:

1/ An energetic charge: the impact of the 1st Ray in charging up the planet, the 7th Ray promotes the spreading of the vitality coming form the Pleiades.

2/ The aptitude to handle life as will teach us Maitreya. Life is not only an outside or a rive which is carrying us along; it is a pulsation which one can orient (Hercules work in Aquarius) and enlarge, reduce or transfer.

3/ The externalization of a new kingdom: the kingdom of souls or illumined minds. Mind is a faculty of discrimination, which spots the character of the general (the cats, the tree, etc) yet this source is assumed to be single: me. Group consciousness acknowledges this generality of consciousnesses and their values.

The 4th kingdom is rules by the 4th Ray and proceeds through **a separative** self-consciousness, of which the units are isolated. This return to itself is brought about in a bubble: the personality. The mind is active and creative, there is perception of the general and anticipation, hence voluntary direction.

The 5th kingdom proceeds through an extension or radiant scope, it is the We, group consciousness, shared identity. Identity is the return to the source, which one may perceive; that which rules relations in the world. The 5th kingdoms seems composed of rays, expression of the One (solar) Self – awareness in 3 directions: one self, the group and matter R1:41. IN planetary terms, the heart is expressed and is not merely inspiring or attracting subjectively.

A quotation R5:94 on the near planetary future

"That the Avatar will come is a predictable certainty. That His forerunner will be the Christ is equally sure. ... In connection with the Avatar, it will be a process of hierarchical recognition of an overshadowing Presence within Whose aura the planetary Logos will take His stand as the planetary Representative. Then from Shambhala will descend a stream of spiritual potency, qualified by the will-to-good, and this will reach the attentive Hierarchy. The members of this group will, through the medium of the Christ, pour light and healing energy upon the Earth and peculiarly into the consciousness of men."

Interestingly, the association distributes the will –to good and has 2 groups which align on the forces of illumination.

Abstract life, success of the process to abstract a life.

To abstract life, what is an abstracted life?

The ashram is one life; to transmute appetites or reactions is a transfer.

The individual, a collective or a group, the ashram, the life of a glamour = deva are transferring their vibration toward less dense levels.

To be true develops a purer (etheric) vitality yet shunts the mind and the affective realm. Life is then centered in the Triad but keeps an energetic basis.

The externalized ashram may have a basis grounded in the ether (vital energy), it will have mechanisms of regulation – between its members and in response to the social world – and a lucid ruling of the means, yet its life is polarized in pure reason: direct participation to inner trends and in spiritual will: inner push (atma).

A group which is passing the 4th initiation is sensitive to external events, yet its activity, its cohesion and its direction do not depend upon circumstances. At etheric level, it

means that its vitality is fine, intense, for the intellectual worries, and the affects are not weighing down on this tonus.

How can one describe or define the vitality of a group? By the aura of the group when it is registering impression, at the full moons or at the time of prepared approaches. This vitality can be perceived in the inner link.

More precisely for a group which is going toward the 4th initiation

Sensitivity: taking into account of disease, postponing a meeting

Toward the public → objective: means, budget for changing things

→ subjective: self-trust, decrease of the outer desire

This evokes the circle of Epictetus with the centrifugal center and the centripetal desire

Truth: Who we are – archetype of what is incarnated

Truth about what we do

Mind: vision of the world, our goals and directions of activity

Purpose: to implant the will, with the sound

Will: sound tension, participation in the ashram

Individual will to give one's being for the whole

To apply the received inspiration

Physical: vitality, renewal (to oppose to habits)

Energetic tension (in the subjective link as well as in meetings)

Places, objects and meetings, which are dense supports

Monadic pulse: inflow of life, participation to the core of the ashram

Distributing life

Softwares and digital devices emphasize more and more life on a short life cycle, indeed all object and institutions are inscribing themselves consciously in time – unlike pyramids and gothic cathedrals. It is thus easy to understand that meditants lay the emphasis upon life (rule 8, R5:165)

For an object, a lifecycle goes from intention through conception, production, to spreading, then to use and retirement; this whole cycle turns around a central pole which is the *raison d'être* or purpose, sometimes perceived, sometimes remaining underlying.

One may thus accompany life, broaden, support, orient, intensify, abstract it.

This starts from the radiation of the fixed cross (diagram) then after the passing through the black hole in the center of the white disc it goes on with the entering the current. One has then to come back up to the source, the one at the basis of any duality, outwardness and inwardness (diagram of the cardinal cross) and finally to discover the three poles in the center of the circle (sign of peace).

Life is discovered in intensifying the interiority which leads to the form, it is taking back to oneself, or going to the self of this sphere (instead of the individual I), it is the 2nd pole, pole of form.

Life is discovered in going toward the purpose and in stimulating the intelligence which is guiding the expression (3rd aspect).

Abstracting the tension and renewing it is the approach of the 1st aspect, it is the line of the Manu and of a star of the Great Bear: existence is made possible by this act.

Specific outline for this inspiration day

Alignment, support the sky at the top of the head

Perceive the pulse of consciousness: self – the world- self – the world

Visualize this pulsation in all the units of the group

Search for the tension underlying this pulsation

Will in the logoic AUM (coming from the Great Bear)

Visualize the renewed uprising in the servers group

More abundant life

Imagine some expressions.

In the tension coming from the Great Bear

What does become our group if life is streaming forth?

During our sharing, one of us says she is seeing a flamed whorl coming down in free fall and become a dragon. The servers group is perceived as a bubbling lake of lava.

In the afternoon, we chose one among the angel cards and we talk about

Europe and its feminine incarnation.

We are ready to support the work of Europe without dwelling in its peculiarity: in what Europe has a specific approach, yet we perceive 2 lines of force: the danger of self-centeredness and also a specificity in the world.

Then we talk about idols and one is clearly appearing: the idol of communication with youth who remain connected on their iPhone or their blog during hours, it is a form of addiction. The illusion is to exist thanks to others, the glamour to be appreciated (fear of loneliness) and the maya to have a constantly connected on device. It is a negative form of group - collective - consciousness related to Aquarius. We have not strength for working on this idol, close to greed: to have links.

Meditation for dissipating the glamour of greed.

Two changes in the outline are envisioned and each uses the formulation which is the most convenient for him. We realize, after this meditation, that we are exhausted, and that we have taken a "blow of fire", so, we decide not to do the full moon meditation this evening.

We add two groups (Agni Yoga and the magazine the Blue sound) in the distribution of the "One in all" after our triangles.

We have not spoken about the circle, triangle or the square and delay this sharing to the Regulation day on the 1st of November. The meetings of the new moon on July 19th is also canceled, yet we'll take part in the telepathic experiment that evening.

We conclude by a moment of silence in the ashram and by a continuous OM.

Mail of July the 11th

Hello to you all

After this magnificent inspiration day, we'll have months or years to implant in the group the sound which carries out the transfer to the Triad. Rays and Initiations [:222] points out that it is a preliminary step before the inflow of spiritual life and the transfer into the ashram. This sound or Word might have resounded in the ear or in the heart, we'll have to go and search the impression in the depth of our being.

The previous paragraph 2 of the same rule [:219] talks about 3 preliminary steps, but I don't find them obvious, neither in the text, neither in relation to the 4 points given in the beginning of that rule. We could make a grammatical and historical study: at what moment the group has begun to turn to or practice such thing? As I ask the question, I have to begin to answer, yet I believe fruitful for each of us to study this rule and to unite with the group in this effort.

Have a nice week-end

Answer that day July 11th

The 3 stages are more explicit in the paragraph 3 [R5:222], they are

1. To maintain the point of tension
2. To build the bridge toward the Triad
3. To invoke the attention of the Master

The second point is not mentioned in the paragraph 2, some lines may be lacking or the attention (of AAB, an instant directed to the Master) has made the thread deviate.

The following stages are:

4. To enrich the Word so that it makes its impact
5. To reach a new point of tension

Historically the tension in unity has been reached in 1198 with Tension of Awakening, then maintained – our goal is to support the world servers with the Will-to-Good. The creation of the bridge has been sketched before that time, but the outlines of full moon and new moon (98) show the search for a contact with the source of life. The invocation of the Master happened in the autumn 2000 (with pre- meditation) and in 2004 (a new

writing of the rule 7: Realized Beings for the Masters and Point of living intensity for a Chohan). Others dates have for sure been striking meanwhile.
The word has been captured in 2009, it remains for us to "amplify, diversify, enrich then precipitate outward ..." (see R5:222 bottom of the page), it is the stage 4.

The sun over the square (DINA2:305 Formula 4 on the creative process)

In front of the various nations with thought currents and the various fields of human activity, one may refer to the sun on the square and see them as a kaleidoscope of motley colors. We may thus work with a sun composed of seven bands of colors or with an achromatic circle and see them take a body via the souls and the rays of personality, each human being incarnating a facet of a colored ray.

The planetary Heart includes beings because of their own quality (color) [R5:301] and not because they are like it = Love (Blue); Will stimulates beings because they are close to the spiritual source (their *raison d'être*) and this avoids to give strength to dictators.

July 21th 2009

Hello

Then what is a group after the 4th initiation?

This means that a wall has been removed and the group has direct access to Spirit, without passing by its causal body.

It is the anniversary of the cosmonauts on the moon.

Let us imagine cosmonauts with an integral helmet (the causal body) in a veranda (the group causal body). When one opens the glass of the veranda, the group faces the light and the void; everyone may keep his helmet, save those who can remove it sometimes, in installing truth in themselves; they have learned to live in vacuity or in the void, in any case, a filtering veil is disappearing, more light penetrates among the group members, more power is available to serve.

Year 2010

WILL - LIFE

Will - Life

Connect to the Source (alignment, pass through the sound, contact)

Contact that which founds space (the background with nothing)

This willing-to-be (that which asserts Spirit) comes from the Unfathomable, focuses in the great Bear, supports the planetary Logos, producing the energetic charge of the planet

Backed by the realized Being

Will gives life, Love unfolds, Purpose achieves

Visualize the tension of these 3 facts as 3 dots (pause)

At each step, we'll perceive the triple fire: vibration, moving outward, inward
(or provoke, spread out, resounding)

Willing in life,

Willing the loving support,

Willing in the creative inflow

Willing to give one's being for the Whole (here too, perceive and strengthen the pulsation)

Willing to serve the whole with humanitarians

Willing to create with the whole at unison with mankind

Feed the resounding of the selfless life in the world

Assimilate; ponder "will gives life" in each facet of experience

Abstract life at the highest point of tension

Ground the energetic structure

Catch – at the mental level – inbreathe, give life to human spirit about

- The meaning of life, in front of birth and death

- Relationship to others

- Creative activity and its products: uses

- Collective direction and the assertion of values

Give life to some activities (those we are willing to)

Our group, our triangles, the festival of evolution

Include the group of those who are breathing with fire, self-schooling, the "blue note" (name of a magazine)

(the blue note is the name of another group activity)

Resume spiritual life with its three stages: vibration, moving out, moving in

"Thou wilt, and giveth life

We are willing and transmitting life

Love is expressing itself, worlds are shaped and achieve their purpose"

Resound with the Sound emanating from the planetary purpose

OM in the head, OM in the heart, vocal OM (in the throat)

Notes:

1. The Earth aligns on its divine prototype in the Great bear and the sun (whose Heart is the One self) toward the source of All.
2. Life is a pulsation between an abstract stimulus and a basic substance, this produces a difference of potential or tension between these two levels and a back and forth exchange. Psychologically, tension is translated in will. The whole meditation is renewed pulsation. This fact helps to work in group consciousness since we are taking part in the resonance of the considered enclosure.
3. The directing agents in Shamballa support the will and show (give) the direction. The three groups - with the divine contemplative and the world servers - of

transmitters of energy are located in Life, in inclusiveness, and in the planetary activity, that means in the crown, heart and throat centers. R5:734 says that the avatar of Synthesis will galvanize these three centers, which orient the creative altruistic life.

4. To give life or (to support the resonance of the altruistic life) is made in movement, this means to accompany the pulsation and to come back regularly to the source. A more abstract and more intense stage is to stay at this source and to support this unfolding. Practically, let us begin where we are useful and let us check our participation.
5. The seventh Path whence comes the Avatar of Synthesis – a wondrous energy of constructive will – goes through a triangle which creates an open door between "the One about whom naught can be said", the solar Logos and the planetary Logos. Here the outline passes through that which underlies the Cosmos, the Great Bear (the planetary monad), and not any more through the solar Logos which is the planetary soul.
6. Great Beings arouse life, we are *transmitting* it, this word expresses the work of the spiritual Triad. *To arouse* lets to a distance and assumes more discrimination, not to say more strength. "Thou" in the final mantra addresses to the planetary Logos, the Spirit which underlies the planet.
7. This outlines is pulsating between the center, abstract, alive, and the periphery, large, inclusive of kingdoms and groups. Some sentences or actions can be moved where you find them right.
8. One may tap in facets of human consciousness, but what matters is not to send out thoughts, merely to stimulate questions, to lead to a refocusing of the thinking, human being on its collective existence. With the first Ray, one may "destroy forms by group interaction", yet the point is not to destroy or to suggest but to enhance pondering [CF:1222]. That's why it is said to inbreathe and give life to the human spirit.
9. 'That which affirms spirit' seems more talkative, more direct than 'the will-to-be' of which the substantive 'the will' seems distant. That which affirms spirit affirms matter, hence it describes the tension of the isolated unity. However, willing to be is one whereas to affirm spirit is easily dissociated in action and result, or in verb and complement, it looks dual, this expression evokes then a current.
10. This year, the sound is let dormant, it appears only in the beginning and at the end; some may perceive it the resonance of the altruistic life. The sound is a sustained vibration, renewed pulsation can thus be perceived as a sound. Students who want may immerse within the sound.
11. "Willing in life, willing in the loving support, willing in the creative inflow" aims to resound with the 3 major planetary centers, then to introduce to the 3 stages of mankind "willing to give one's being, willing to serve, willing to create" related to the crown, heart and throat centers. It is also possible to distribute in a more general way according to the 3 aspects: "willing in the Magnet, willing in creation" yet this distribution is less situated, and it is not in the indigo background of the ashram as with the loving support.

On evening

- Where was located the center of my life today?
- To which life have I taken part (fed)?
- Which facets of life are to be rectified?
- Has my visions of the Plan broadened?

I give thanks and give up the manifested, retiring to the background

Year 2011 AFFIRM THE LIFE OF SPIRIT

Preamble to the outline 2011

This outline aims to integrate ourselves in the ashramic meditation. Once installed from three points, the pulsation extends in several directions:

- The main task of Will-to-Good: supporting world service
- Toward this part of the Plan which is to reveal the nature of the self; it is central for the embodying of the 5th kingdom
- Toward ourselves and the human beings
- Toward our group and its activities

Meditation has moved a step forward last year. Humanity needs to be strengthened in front of obstacles; the world servers group has this year the note of consolidation; at the day of regulation we felt the need to add the radiating principle, called the solar Logos. All these elements tend to a consolidated recovery of last year outline, without expanding too much the outline.

The step forward this year seems to me to be the junction of polarities: one does not think then one expresses the thought, one does not love then one lets love unfold; one does not will something out there; it is Thinking, Loving, Willing.

It seems to me that note goes toward "willing to renounce"; willing in a positive and assertive sense, renouncing in a negative and abstract sense. Willing to renounce is dynamic and pushes us to stand at the center of the pulsation. This is equivalent to "dynamic renunciation". ["Indifference involves the repudiation of similarity \[between the self and the not-self ... It is active repudiation, but without any concentration upon that which is repudiated\]" \[MPM:262\] and \[R3:618\]](#)

The word renunciation seems negative and emphasizes that which is to be lost, the matter is to go the center of the pulsation, to go all out, and not to stay on the border, hence to make pulsate everything. "Total pulsation" or "being fire" can be the note of 2011. Yet the fire requires protection in standing in the back dot in the center of white disc, in realizing a magnetic blue fire, in taking part in the ashram.

Then the questions are:

- How can we strengthen the pulsation of asserting the universal [5th formula in the DINA2:321-2, 365]?
- Or do you prefer the formula "to strengthen the pulsation for the good of all"?
- When can I sharpen the pulsation in order to assert spirit?

The yearly note could be "to transmit life", this is turning the attention toward the work and not upon ourselves. Which is the right note for the group? Are these questions right to make us move forward?

Others questions set down for the length of the outline:

Must we keep the 3 stages: willing in life, in the loving support, in the creative inflow? It seems to me, yet what do you think about that?

The will petals are still to be stimulated; to will give one's being, to serve the whole, to create with the whole I appear as a necessity for the Will-to-Good. To add the diamond to support the dissipation of glamour seems useful, but must we keep the 4 directions of meaning for humanity? This enhances the human mental effort – in letting them free – thus it is interesting.

Do we agree to stimulate a part of the Plan on the revelation of the Self in the outline?

Questions train us to choose, though it is only a presentiment, as we have not yet practiced the outline.

It seemed useful, in order to better integrate in the group, to ponder on these questions:

- Which are my strengths?
- Which are my weaknesses?
- What do I bring to the group?
- What do I expect from the group?
- And also, which progress can I make?

Pondering on the orientation "Will-to-Good"

The source of planetary life is also the "place where the will of God is known". Practically in order to distribute "the more abundant life" or upon one line of life, the motor is the will. Not willing an object that would be desired, not willing to do, that would be determination or will of the active unit, that is personality; but the source of the uprising of being, that which pushes us in life.

The rule 9 [R5:191] gives various meanings of will and specify that will sustains all efforts for building the bridge to the Triad, toward the magnetic current. These same pages [:168] point out the link between the ashrams of various triadic levels and this point is taken again about the "seven groups of Ashrams in the Hierarchy" [R5:379]. Synthesis provoked the creation of the new Group of world servers, that is the appearance of the 5th kingdom; and this One will vitalizes world service. The will-to-good is this stimulating current and the revelation of the nature of Self is the conscious key of the externalization of the 5th kingdom.

These last years, we practiced the rule 11 under certain aspects, notably the transfer to the Triad: "[Let the group together move the fire within the Jewel in the Lotus into the Triad](#)" [R5:217]. It is this fire which is perceptible in the black dot at the center of the white disc. The inscription on the body of the Truth and other pure ideas went in this direction. "[Let the find the Word which will carry out that task](#)"; that's what we worked two years ago, and "to tune into the sound emanating from the purpose" is an echo of that. It seems that the 3rd sentence of this rule is calling upon us: "[Let them destroy by their dynamic will that which has been created at the midway point](#)". And for this "[the group has to arrive at a new point of tension and of united attainment](#)" [R5:222].

We want to take part in the ashramic work, which is its main task?

It is to provide the will or synthesis energy, the energy of the background (of nothing, Martin Muller), which will enable to establish the magnetic light of pure reason. The Old Commentary expresses: the will aspect "[adds darkness unto light in order that the stars appear](#)" [R5:170]. This darkness blots our all form [R5:171], for it underlies the all and then "[all differences of every kind disappear](#)".

The spiritual Triad is transmitting a current, uprising in the point of tension. "To transmit life" means to work from the triadic levels in order to arouse awakening and selfless activity.

On the stimulation of human spirit

Tel:93 "[From the reservoir of thought-substance he learns to project those forms those magnetic ideas, which will invoke the attention of those he seeks to help; this is called the stage of resultant invocation. It is an invocative act, an invocative way of living, which will find its way into the minds of men, and which will call forth or evoke from them a response and a widening consciousness.](#)"

Thus the stimulation of questions or directions of the human existence is a 1st Ray approach of telepathy of impact on the human mind.

Outline: Affirm the life of spirit

Contact

Focus consciousness at the top of the head
Perceive the pulsation self- world; go to the center
Contact that which provokes space (underlies spirit)

Connection to the sign of Peace

This will-to-be emanates from the Unfathomable, focuses in the Great Bear, asserts the solar Logos, planetary Logos, producing the energetic charge of the planet (red circle).
Backed by real being,
Will gives life, love unfolds, purpose is fulfilled
Simultaneously stimulate the 3 aspects

Distribute the will (at each step, 3 stages)

Willing in life
Willing in the loving support
Willing in the creative inflow
Willing give one's being for the all (here also strengthen the pulsation)
Willing to serve the all (pulsation extends)
Willing to create with the whole (at unison with mankind)

Feed the resonance of selfless life in the world

2nd pulsation (revealing the Self)

Make the 3 aspects vibrate at the same time
Visualize the monadic diamond-fire
The electric sound carries the Plan
It is resounding in direct link, pure reason
Touch the stimulus of revelation of the nature of the self
See a group reveal the nature of the self
It is underlined by the questions: Who is thinking? Who is living?
See the 5th kingdom take shape

Pulsation of humaneness

Abstract life at the highest point of tension
Ground the energetic structure in the body
In the mental ocean, see vibrate the points of fire
Scintillate the consciousness's, appear the real under the veils
The pulsation of human consciousness devitalizes Maya

Pulsation of our group

The center of the ashram asserts the life of spirit

- How to affirm it in a group?
- How can I sharpen the pulsation for asserting spirit?

Give life to activities, our triangles, the festival of evolution,
the emblem of illumination and the allied groups and the blue sound.
Recapitulate spiritual life with its 3 stages: vibration, externalization, internalization

"You will and life streams forth
We will and transmit life
Love expresses, worlds are taking shape and achieve."

Tune in the Sound emanating from the purpose
Make it resonate in the head, in the heart, in the throat: vocal Om

Notes on the outline

1. What matters is the energetic route, words help only as a guide
2. Perceiving the pulsation may be followed by "going to the center", center of self or of the world, where is perceived that which founds space.
3. Life is pulsation in substance. Will, love, purpose are linked to the purposes of the 3 rays of Spirit and to the essence of the related number.
4. The three stages are vibration, spreading, internalization.

5. Most of us are working at several levels at the same time. We refine and correct some mechanisms coming from the past; we strengthen our level of present consciousness; we sense what will bring the next step forward; we postulate goals far away. Correction of personality features is still made; contact of the soul should be part of our present practice; sensing the ashram is part of the possible, etc.
6. The energetic charge of the planet gathers builders around the intention implementing the purpose. Talking of the existence of the planet means taking the risk to emphasize on the material or external aspect.
7. *Willing in life* insists on receptivity; this formula is better at the beginning. Willing – life: will stands at the background of life that unites and links together beings in the experience. To postpone evokes the word *purpose*. The immense peace is aimed at, Adi and monadi levels or Be-ness and One in All. This willing – life may come back to duality, yet *I will* is the point of junction with experience, between un-determined and determined. I sacrifice myself in uniting the purpose to manifestation. The red circle may be used as a symbol at this stage.
8. *Willing in the loving support*: the aim is atma or energy of synthesis underlying the ashram. But it can also be the will of the soul. The indigo circle may be used at this stage.
9. *Willing in the creative inflow* means to make vibrate the red circle in the luminous blue circle or will in the world servers group.
10. The nature of the soul is a stage in the approach of the Self; its contact is illumination. The source of consciousness or of cohesion describes this fact under a different and larger angle. Choose the expression which talks the most; yet the great Beings and the Plan of evolution have a vast scope and do not stay in old words. The reflexive source of cohesion shows that the thinker is one with world and with others.
11. The 5th kingdom is radiation and can be visualized as 7 angels, pillars in the Temple (mantra of the 7th purpose of Deity R1:83).
12. The 4 pulsations are related to the 4 kingdoms: sign of peace, solar lives, 7th kingdom; distributing the will, planetary lives, 6th kingdom; illumination, 5th kingdom; creation, 4th kingdom. The questions Who is thinking, who is living make the transfer from the 4th to the 5th kingdom; this kingdom is pure consciousness, shared identity, everyone identifies to That who is living.
13. Consciousness attracts materials from the collective Unconscious. These forms veil the Real. Pulsation, in coming back to the center of thinking, is going to devitalize the illusion, glamour and appearance. Here Maya depicts these 3 levels. What matters is to stimulate a direction; the dispersion of illusion, the dissipation of glamour require a deepened work which is not taking place here.
14. At this stage of pulsation for devitalizing Maya, it is possible to take again the questions (outline in 2010) on the 4 directions of the human: the meaning of life in front of birth and death, the relation to others, the creative activity and its products: uses, the collective direction.
15. In the ashram, "to assert" is both receptive and emitting.
16. *Refining the pulsation* is more subtle and softer than *to sharpen*. Take the word which is the more talkative. Sometimes the pulsation is sharp as a razor, as a diamond face.
17. The final mantra expresses the painting by Nicholas Roerich, The Command of Rigden Djepo. We are taking part in the Great Work.
18. The 4th initiation could be called the initiation of vacuity; this avoids emphasizing that which is overcome. Vacuity is the door through which passes Spirit, such as a Ray on the world.
19. In the ashramic pulsation, during the day of inspiration has come the idea "Move forward in serried ranks. Forget everything. Affirm the life of Spirit, Distribute." And also "Thy work , I'm doing it (I'm taking part)".
20. As a whole, this outline aims high, are we doing more than sensing the sound carrying the Plan? Then how tune into the sound emanating from the purpose?

We assert the fact; this sound supports our planetary existence, it is another thing to capture it. We are also noting a nuance in the will in the loving support and in the will sustaining the Plan; it is the same atmic level, yet it seems to be two different aspects.

Evening review

Here are some questions that may be useful

- When the pulsation has expressed today?
- At which level of expression and centering?
- What would have brought the pulsation at some moments?

My consciousness returns to its source in peace.

Remarks during the regulation day

Sharing on the meditation

This outline is great; impression that we have to go on, the pulsation self-world tells me much, the fire –abstraction enables to move forward to the fire of spirit or to go to the essential.

The outline is quite long, one could make two. There is a little too much. It has a very positive side, I'm wondering whence come the pulsation; it comes from the experiment in the 3rd booklet of Self Schooling, Toward the source of consciousness, from the destruction of idols by the diamond, and from references: A treatise on cosmic Fire, Glamour a world problem and Infinity volume 1 (great rhythm and small rhythm); it comes also from a black dot in the center of a white disk, analogous to the jewel in the Lotus.

It is different 1) to will to give one's being, to serve and to create and 2) Willing in life, in the loving support, in the creative inflow. The 3 wills "to-do" are attainable and related to the petals of sacrifice. Other wills are impersonal wills or awakening currents, or will-to-be, which are explored after the break.

An idea come during this meditation is to build a base of understanding, with a fine and accessible vocabulary for describing our conception of the subjective world, with the planetary Heart, the 5th kingdom, the incarnated souls etc. One borrows fragments to Alice Bailey; it is time to forge a unit of understanding.

This could be a contribution to the future teaching with another way of speaking after Blavatsky and Bailey. This would avoid the cut-off spiritual /temporal.

In the pulsation for illumination, it would be nice to catch the idea, the hierarchical model of the nature of the soul, that which is to be revealed before to visualize the group which will do it; this requires to clarify our mind.

The sound emanating from the purpose resounds with the 3 great planetary centers: head, heart, throat. To tune in means to send out a minor note resounding with a major note; it means to tune as a part of planetary Existence, to make a certain contact.

Preamble on the 3 impersonal wills or awakening currents

The polarities Nature –Spirit or Informing – Support have presented by Martin Muller; what matters is to tune into the positive emitting current which informs and not to force the basis current of getting energy. In each of the currents centered in the cranial box, are found the 3 aspects echoing the 9 cosmic paths. Of course, the planetary purpose synthesizes the cosmic way [Tel:120] and all paths resound in the crown center, yet they seem to have an impact on the 3 head centers.

The exercise is based on a correspondence between abstract currents and frame. It is to perceive the human bony frame as an archetype, the human instrument of spirit, with the head: sphere, the thoracic cage: an inverted U, and the basin: supporting cup.

The instrument can play on the scales of currents; it is the Will of being that is expressing and this refining is the goal of the exercise

Tension of awakening: the centers in the head

Relaxation unto the mineral, the bones
Galactic space, empty of any object
Solar being, facing the planet: sphere of light
Planetary being, great vertical crystal
Tune into the current of incarnation
- At the top of the head, perceive the current
Try to go to the finest, the tiniest
Pass from the 3rd aspect, current to the 2nd, inclusion
Then to the 1st, that which founds being.
Refine these 3 aspects at the top
- From the current of incarnation go to the center of the forefront
Touch the stimulus founding the inner perception, sub standing the inner space
From this 1st aspect, move to the 2nd aspect; space opens, that which informs that space
Then to the 3rd aspect, some living forms ideas may emerge.
Refine these 3 aspects of this perception.
- From the current of incarnation, move to the back of the head, forward current:
ideation, impulse to create
Search for the 1st aspect, founding creation
For the 2nd aspect, that which coordinates
For the 3rd aspect, the implementing stimulus.
Refine these 3 aspects of the creative inflow.
- The current of incarnation stimulates the current of giving to the world, at the center of the sternum
Silence in the tension.
In agreement with all the specified currents
Locate the life of spirit, welcome
We enounce a OM with current of incarnation of all spiritual lives.

Report of an experience

A friend told us about a contact he experienced and this shows the trap of words.

 Hello

Recently, this happened to me.

I had told you that each day I'm linking (with inspiration and expiration) to each levels form the divine light.

Recently a movement appeared in what looks like a cocoon and it transformed in an open lotus. Now I can "see" this flower at the top of the head.

This happened in a few days.

Year 2012

Thy dynamic Will

Crystal-fire or Toward the diamond-fire

(29 Jul 11)

Relax unto the mineral

Galactic space

Stand in Truth

Tension to be, dynamic electric fire

Sustain this tension amidst the planetary life.

In the Ray of Will, in the uniting Love, in Creative intelligence

Visualize this fire express in many crystals, parts of Truth

Instill the currents of awakening

Conclude by a sentence, for example: Will asserts the word

Notes:

This outline is based on the inner fire or tension underlying being

The crystal is the formless square (SD1) or rather the non-material square with that which institutes experiment at the top and the point of expression (multiple) at the bottom.

Principles

3 pulsations, one in the ashram of Will

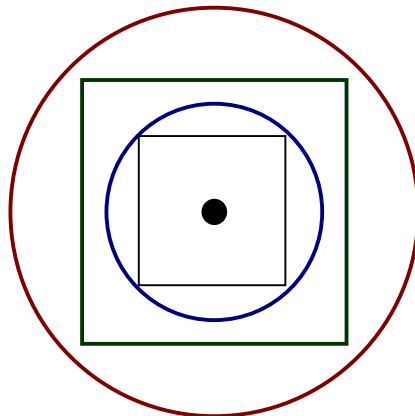
One in the 5th kingdom: Love

One in the 4th kingdom: creation (4 directions)

From this last pulsation, results the impression of our equipment (technique of indifference, [Glamour:256 and 261-3].

The outline draws a symbol close to the seal of Shamballa, reproduced by Andrew Tomas.

A circle and a dot in the center, symbol of the solar Logos: **pulsation**, **ring of consciousness**, inner square embodying the pure consciousness and square of humanity



Outline Thy dynamic will (2012)

(What follows is merely an outline to be explored, enfolded, modified; what matters is the energetic route. Words between parentheses are there as a guide, not for being spoken when leading then meditation).

Relaxed, the head supports the sky
Instill the inner dynamism (fire)
Search for the symbol or place which makes contact
(Inscribe one self in the group or Ray).

Distributing the Will

The dynamic will reigns sovereign,
Enfolds in love and achieves the purpose.
The will-to-be emanates from the unfathomable, focuses in the great Bear, asserts the
solar Logos, the planetary Logos.

Willing in Life (pulsation in 3 phases: vibration, externalization, internalization)

Willing in loving support

Willing in creative inflow

In truth, what does suggest the ashram? The Ray? Spirit? (Pause)

Willing to give one's being for the whole (pulsate with the whole group)

Willing to serve the whole (with the servers)

Willing to create with the whole (at unison with humanity)

Feed the resonance of selfless life in the world.

Heart

Take part in the Power of Love, its 3 aspects – illumination

In truth, what does propose the ashram? (Pause)

Integrate the group incarnating Love, characterized by 4 attitudes

- Open creative thinking
- Love for the world
- Perseverance
- Courage to go to the center of being

The group is pulsating with its source and replenishes with this fire.

Pulsation of the human

Abstract life at the highest point of tension

Stimulate the 9 currents of awakening

Spread out this awakening through the 10seed-groups

Stimulate the human (creative) center in 4 directions

- The meaning of life, face to birth and death
- The relation to others
- The creative activity, and its products, uses
- The collective direction

Visualize activities, our triangles, the festival of evolution, the intergroup

Recapitulative

Recapitulate the spiritual life in the 3 centers (Source of life, Heart, Human)

"Thou wilt and the planet arouses, alive.

Thy will-to-be, we assert

All beings in essence, on their way

we support

Such is our way

And thus we achieve Thy will"

Tune into the sound emanating from the Purpose.

OM

Notes on the outline

1. The focusing of the Unfathomable in the great Bear describes a pulsation, translating a direct link between centers of fire. The planetary initiation (contact of the planetary Logos with its monad in the great Bear) can be represented by pulsating rays (in red between, the monad, the solar Logos and a smaller scheme, then a globe, our planet.



The links within the one soul in the solar system can be visualized by whorls (in cyan color). Whereas

The Earth was linked to a blue ring (soul) of the solar Logos, the communication is made from the center to center.

Also we try to stimulate the mental unit in the human beings, the I without content, there where one feels oneself to think. This link takes place through the blue tissue of Love.

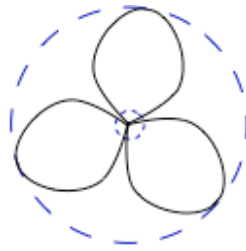
Each time it is question of centers of awakening, it is better to think about impersonal 2. currents resounding in a smaller unit. It is not a part of the bone which produces a current, but the resonance with that which stimulates or informs (in the sense of emitting) a part of the substance – which provides the base current of the transistor. The place of the centers has the advantage not to be trapped by abstract words such as inner receptivity or gift to the world.

3. According to the Treatise on cosmic fire [CF:1152], the Brothers of Light (Rays) are seven, but there is only one impulse of will, subtending the solar Logos. That's why we being with the sovereign will.

4. "In truth", this pushes us to pass in a direct link. Initially, we are receptive to the quality (soul) then we search the inner model or pattern within the ashram, eventually we perceive the push, incitation or electric sound arising in the ashram, and we begin to decipher it.

5. Ashram means, so we believe, the place of fire. We are trying to contact, in pure reason, that which happens in this Fire, the inner model for the coming cycle. "That which it proposes" means that which is living inside, that which emerges and structures itself, that which it projects for the future. This question may be asked in the fire of the will or in the Heart, when love leads to illumination of pure reason. Therefore, it is not a mental question or a proposal made to humans; it is a direction, a program or a model.

6. Willing to give one's being denotes a pulsation in the intent to incarnate, so the rotation (eternal cycle) begins, it is the first petal seen from above. Willing to serve includes a note of love, of sharing, is related to number two; the rotation or unfolding of action is more expressed. Willing to create points out the unfolding of action largely deployed (rotation), the creation (3rd aspect) could take place in the course of action; only the will brings back to the center and reflects the pulse. Thus the three petals are inscribed in a progressive densification always sustained by the pulsation.



7. The human center is the sublimated focus of the planetary personality of 3rd Ray; that's why this center is creative and attracts the attention of the Logos. In stimulating it, we are strengthening the link between the head center of the Logos and its throat center, focal point of the base, or personality.

8. The sound emanating from the purpose at our level can be the note of the soul or the electric sound of atma. It arises in the head, enfolds in the heart and is spread through the throat.

Exercise

Pass to the total consciousness (illuminated field of consciousness).

It is the fixed cross with the radiating solar fire

Pass to the dark center

Enter in the current (descending current of incarnation)

Take part in the ashram which is taking in charge an angle of the Plan or a Ray

Take part to this Ray

It is moving to the cardinal cross

3 aspects of spirit grounds themselves in a vertical line

Visualize the zodiacal wheel as a circle around the head

Search for the stimulus coming in the center: slight cosmic impression

Resonance of the willing-s in the head

Galactic space, empty of any object

Solar being, facing the planet

Planetary being, great vertical crystal

Refine the current of incarnation

- at the top of the cranial box, perceive the current

Move from the 3rd aspect, current, to the 2nd aspect, inclusion,

Then to the 1st aspect, that which found being

Refine these 3 aspects at the summit: Willing in life.

- From the current of incarnation, move to the center of the forefront

Contact the stimulus founding the inner perception, sub tending the intra cranial space

From this 1st aspect, move to the 2nd, inclusion, space opens,

Then to the 3rd aspect: living forms ideas emerge.

Refine these 3 aspects of perception: Willing in loving support.

- From the current of incarnation, move to the back of the head, ideation

Search for the 1st aspect, founding creation

The 2nd aspect, that which coordinates

The 3rd aspect, the implementing stimulus

Refine these 3 aspects: Willing in the creative inflow.

- The current of incarnation stimulates the current of gift to the world, at the center of the sternum

Silence in the tension

Tune into the life of spirit, welcome.

Thoughts and questions

Outpouring the planetary life is made via the 10 seed-groups, but caution requires to stimulate first the 9 awakening currents, for transmitting some pure energy to the groups. To stimulate the 10 centers of world service means to implant the 5th kingdom.

Distributing life via the abstract will (in live, in...) and the 3 petals of sacrifice, plus promoting the revelation of the nature of the soul, plus stimulate the human center, the 4th kingdom, is already very long.

Do we replace the distribution through the 3 petals of sacrifice (giving one's being, serving, creating) by the stimulation of the 10 seed-groups?

Well, the 3 petals seem more interior than a draft in 10 groups.

Is it better to practice only one pulsation before vitalizing our activity (triangle, emblem, intergroup, etc.) and to keep a complete meditation with 3 pulsations only for the new moons (once a month) or merely for the yearly days?

Yet the revelation of the reflexive source of cohesion risks to suffer from it, as well as the support to the human. Which is our responsibility? Which is our choice?

Breathing

The four times of a breathing resume the meditation

Inspiration, Thou (impetus toward Thou)

Summit or higher interlude: dynamic will (infuse it in the crown center)

Expiration: Life (breath out life)

Base or lower interlude: Love (welcome the whole).

One may practice this breathing a three times in a row, either in the morning, or at noon, either in the beginning of evening. The day follows also a cycle, thus it is better to coordinate both cycles and to emphasize more at sunrise on Thou, in the morning on Dynamic will, in active period on Life, and in the evening on Love. If you are in trouble in stimulating the outpouring of life, think Radiation.

Remark on the spreading of awakening

Awakening spreads out through the 10 seed groups; it will be useful to find a more accurate name for these 10 points of energetic grounding and spreading or these 10 poles of activity. We are dealing here to the enfoldment of human consciousness or more exactly to the selfless activity in the world. Thus a correspondence sets in between the centers of awakening and these 10 poles. It is also a good way to perceive these 10 currents as human archetypes playing on the body.

Thus the telepathic transmitters correspond to the descending current of incarnation at the top of the head, the observers to the inner space (form the center of the forefront) and the healers to the implementation of action or vitality (back of the head).

The educators transmit the energy of illumination (center of the sternum), the political organizers enable the collective direction to express itself (throat or top of the sternum) and the linkers highlight the meaning of life in daily life (basis of the sternum).

The scientist servers deal with matter or foundation of human creation (basis of the spine), psychologists help the coordination (center above the pubis) and the financials the enfoldment of activity (hara or tan-tien under the navel).

Synthetic creators correspond to the soles of the feet and their aura envelops the whole, coming back to the descending inflow at the top of the head; thus the 10 sends back to the 1, life aligns according ideation.

The "Will-to-Good" group distributing this energy relates life and form and takes part in the 10th group. It is normal that it begins its creation by a form in the 6th group of Linkers: the creative assertion. The group of educators has always been important for us (exploration of energies) since it corresponds to the heart center.

Possible questions for the evening review

- What enables matter today?
- How did I valorized matter?
- Which inflow I transmit?

Parallels of 9 and 10

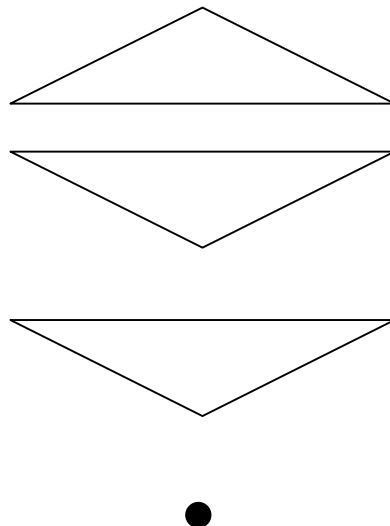
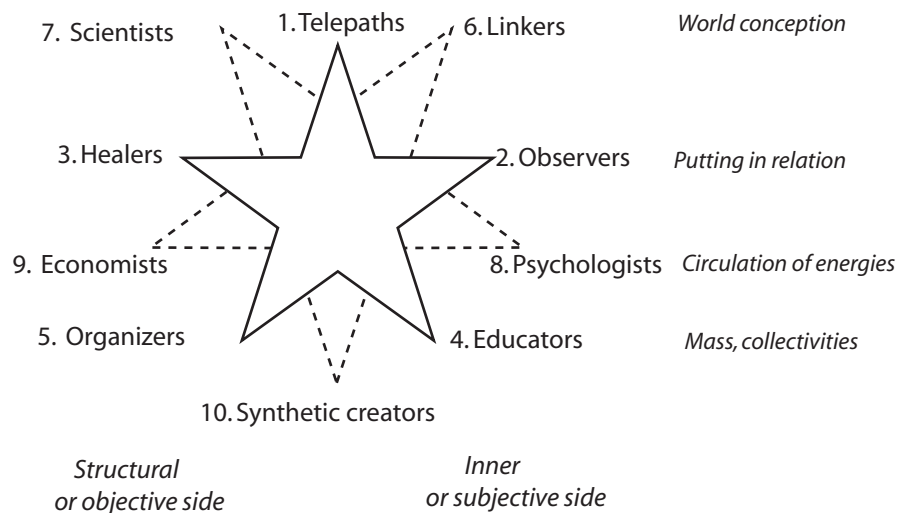
One has established a parallel between the 9 cosmic Paths and the 3 aspects of the 3 awakening currents in the head. One may draw a parallel between the 9 awakening currents in the whole body (head, thorax and basin) and the 9 Paths.

One may also draw a coarse parallel between these 9 currents and 9 seed-groups, the 10th being grounded in the feet, support of living substance.

Head: 1 Telepaths, 2 Observers and 3 Healers, the primordial pattern; but the correspondence is poor.

Sternum: center 4 Educators, top 5 Organizers, bottom 6 Linkers.

Basin: base 7 Scientists, 10 coordination (above the pubis) Psychologists, Hara 9 Financials
One may also locate the 10 seed groups on the tree of life of sephiroth (numbers) and on 2 five-pointed stars.



Year 2013

Let us move forward in the will

Outline of the hanging-on association "Will-to-Good"

Breathing of the swan Ham- sa

Inhale the breath and make it move in the head (breath light), in the thorax and the basin, extend it for the belt to the feet.

From the belt (rebound in the feet), the spine stands up, breath is exhaled, the head "touches" the sky.

Thus there is reception and the column is curved a little, then assertion, standing up.

Questions

What is vitalizing us?

Are we in the Will ashram?

What can we do in this cycle (around 10 year) and in a greater cycle?

Will-to-be, will-to-Good?

Which place to give to the Fire?

And

Which title to give to the association? Will-to-Good, Spiritual will, Other?

Which broad goals?

Which objectives can we realize from now to 10 years?

The 3 goals chosen in 1985 were

- To reveal the nature of man
- To increase the will to serve
- To acknowledge synthesis

Ask to oneself

How do Thou love? How do Thou live ? How do Thou envision the future?

What is electric fire? Solar fire? Fire by friction?

Which is the role of spiritual will? Of the Will-to-Good?

Which energy is to be transmitted? Synthesis? Will?

Assert:

1. Spirit passes through me to the world
2. The real is there
3. The Absolute presents itself

Suggestion

Write in the spring a text of 10 lines to 3 pages, showing the mission or orientation of the association.

Pondering together the afternoon of the 1st of May or the 8th of May.

Choosing the meditation outline lucidly

In continuity

1. Alignment with the Will, the cosmic Way, the ashram
The distribution through petals of will
2. The stimulation in ourselves or the awakening currents
The stimulation of the 10 seed-groups
3. The support to the 4 attitudes of servers
To the 4 directions of the human
4. A final mantra

Changes

1. Breathing
2. Search the current behind consciousness
3. Source of life in the center of the 4 laws
4. The note or Sound A of Spirit
5. Give up the tuning in the emanating sound from the purpose

Possible options

1. Fire of being or spiritual will
2. The dot in the square or the 3 dots in the circle: intelligent substance, underlying, oneness, founding will
3. The creative assertion or the mantra with "Thy will we affirm" larger than "Thy will-to-be we affirm"
4. Support to the servers (interface Source of life, Heart and creative center) or to the incarnated 5th kingdom and to 4th kingdom, as we do since 2 years?

Let us move forward in the will

(blue print)

Breathe 3 times

The descending current brings the conscious content to the ground

The Nature current stands up, pure

Contact with that who decides

SPIRITUAL WILL

Follow the cosmic way

Take part in the spiritual life

Feed the resonance of selfless life

Silence

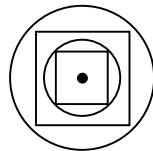
In the spiritual home, become receptive:

"How does it see the world?"

Inwardly sing the note of the soul

Spread out awakening through the 10 seed groups

Imprint the square in the circle



Let us move forward in the will

(detailed outline)

Breathe 3 times: inhale the energy of the sky (HAM)

Exhaling, the spine stands up (SA)

Visualize the square, harmony between the top and the bottom

The descending current brings the conscious content to the ground

The Nature current stands up, pure

The will decides of the field of impression (which source, which material)

Contact with that factor who decides

It imposes itself, it infuses us

SPIRITUAL WILL

Enter in the home of life. Spirit, Fire, plenitude.

Follow the cosmic way (which asserts the planet)

Willing in life (pulsation in 3 stages)

Willing in loving support

Willing in creative inflow.

Take part in the spiritual life (pulsation in 3 stages); assimilate,

Then distribute via the 3 petals of will: willing to give one's being, willing to serve the whole, willing to create with the whole

Feed the resonance of selfless life.

In the center of our being, we move toward the silence

In the spiritual home, we become receptive:

"How does it see the world?"

Sing inwardly the note of spirit

Spread out awakening through the 10 seed groups

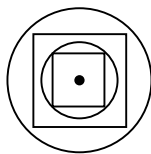
Imprint the square in the circle at several levels:

The focal point of life and 4 laws: synthesis, attraction, least action, evolution

The Heart center and 4 directions: centering, awakening, expansion, gift

The group embodying it and 4 attitudes: open and creative thought, love for the world, perseverance, courage to move to the center of one's being

The human creative center and 4 directions: the meaning of life face to birth and death, the relation to others, the creative activity, and its products, uses, the collective direction



Visualize our activities and links

Recapitulate

"Thou willst and the planet arouses, alive.

Thy will-to-be, we assert

All beings in essence, on their way

we support

Such is our way

And thus we achieve Thy will"

Sing inwardly the note of spirit

Integrate the 3 aspects

AUM

Notes:

- 1) Expelling the contents of consciousness is inspired by the exercise Down and Away of Martin Muller. One may remind the pattern of the transistor; resulting current forms emitting polarity - descending, coding - and a base current, nature or support - rising-. It is not seeing any more, it not to linger on the object, not to focus on vision; it is trigger the view, to open the eye.
- 2) Fire appears when the current enters in contact with its source. It comes from above but is not consciousness, this is merely an instrument.
- 3) We work under the impression of the Fire of being, we approach it, we invoke it, we assert its existence, yet we do not claim to appropriate it, to handle it, etc.
- 4) The note of spirit is a sound waking up the dead; it is the sound of the 1st aspect of which IHS:153 talks about. Usually the note is the note of the soul; here it is a high-pitched sound, an A attributed to Shiva, to a C. "A is the life sound" [IHS:153] and the book specifies [IHS:154]: "In the fifth kingdom ... the A, or Shiva note, is pealing forth with power and is practically the only note heard. By the sounding of this note - that of Shiva the Destroyer -, the not-self is negated, and all that is not of spirit passes into dissolution. It is the coming in of the A sound which affects the severance or liberation of the initiate from the three worlds."
- 5) The title of this outline was first "Choosing the source of impression".
- 6) The source of planetary life is using the existing laws: synthesis, attraction, least action, as we are using the law of gravity and of the pressure of gas (breath and wind) for breathing. It activates the law of evolution. The will inscribes in an existing frame, hence it accepts it and breaks with the existing in function of its purpose.
- 7) The 4 attitudes apply to the incarnated group of the heart. The Heart itself answers to a pattern corresponding to the 4 cardinal points: centering, awakening, expansion, gift.
- 8) The A sound is high-pitched; "integrate the 3 aspects" gives some body to it and enables to infuse one's whole being.

As a conclusion

Festivals of world servers have punctuated the life of the association "Will-to-Good"; conception happened on the 21st of December 1984 and, 28 years later, the festival of evolution in December 2012, confirmed that the inner key had changed.

Spiritual will is first spiritual desire; the aspirant becomes a disciple in applying rules of life that it chooses itself; It passes on the mental plane in writing thoughts, indications and inspirations; it develops love in loving all beings, it increases its wisdom with a selfless activity conjoint with others. Will appears as an imposing current, it moves forward by assertion and renunciation; it asserts the Good, that which is useful for the world; it renounces and the doors open.

Naming some Sources may appear pretentious, yet great Beings contact them and we perceive this echo in our measure.

Daring, truth, generosity.

Such was our path, to be followed, modifies, broadened.
Joy to all beings.