Series of meditation outlines WILL SPIRIT

At the end of a cycle of 28 years of existence of the association "WILL-to-Good", the group decided to take a new name more suitable to our perspective: WILL SPIRIT.

This title change marks a gate. The group passed the 3rd initiation, as it perceives an intense current coming from the Triad and from behind, the Source of planetary Life. It goes toward the 4th initiation and the fusion within the ashram. Members of the physical group are aging and look motley and limited though each one has facets of great Beauty. The group of 5 members is able to work in harmony and to integrate itself in the edge of the ashram of spiritual focus.

These texts show our progression, our wanderings, our exaggerations and also our success. This success is caused by perseverance, questioning and abnegation.

STATUTES ARTICLE 2

This association aims

- 1. To assert spirit
- 2. To distribute the spiritual life
- 3. To embody the sign of peace (3 red dots in a red circle)

These broad goals, that are outstripping us, point out the direction. We'll contribute to the realization of these goals in the human consciousness.

They give birth to practical goals in the coming decade:

- 1. To support all beings in the selfless effort
- 2. To take part in the work of spiritual will
- 3. To draw a way of spiritual approach

For that, the association will follow some activities:

- To catch and ground some energies and ideas
- To work with the pulsation of consciousness
- To work with the dynamic perception.

Therefore, it will lead to establish all contacts necessary with all organisms, associations and individuals working in a similar goal. Then it'll make all broadcastings, publishing, gatherings, conferences, advertisings, that are compliant with the above-said goals and to the current law.

As a matter of fact, the practical goals are already implemented at the signature of the statutes.

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Initial meditation (October 2013)

INITIALIZATION (FOR THE 6TH OF OCTOBER 13)

To breathe: the descending current brings along the conscious content to the Earth, the Nature current comes up, pure.

Contact what decides.

With the cosmic way, assert Spirit (pause)
Take part in the spiritual will (pause)
Distribute the spiritual life ... following some lines of activities
Support all beings in their selfless effort
Awaken the centers in relation with the 10 servers groups

Visualize living substance as a white disc The dark background emerges at the center of the disc The center blossoms in 3 emitting aspects With the Earth, embody the sign of Peace

Vitalize our links and activities
End by "Spirit emerges threefold"
Life is streaming forth
Peace, Force, Plenitude."
Or by the creative assertion
(Silently, tune into the Sound embodying Spirit)
Om

NOTES:

- 1. This outline resumes almost each goal of the association.
- 2. The words are simple, yet his assumes that each one knows how to do the work, that is to explore, to contact, to shape and to transmit. Thus the support to selfless effort is made through pulsation: stimulation, receptivity, distribution.
- 3. The distribution of spiritual life is made in following the lines of the Plan that we have identified or along some projects that we support. This can be made at any level of the Triad or through radiation and visualization.
- 4. This outline is very close to the outline of 2013 for the old association.
- 5. The parallel is great with the Rule 6 (this parallel was discovered later) "Let the group know the vivid, flaming, drenching Life that floods the fourth when the fifth is known. Let then the group –merged in the fifth be nourished by the sixth and seventh" [R5:129]. This means to assimilate the triadic current and approach the monadic life.
- 6. This outline is a powerful took for those who want to contact the triadic current, thanks to the white disc and the emerging background.
- 7. To vitalize our links and activities can be made in realizing the link between the Absolute and the relative in our body, by asserting the existence, by opening to the world via the beings that we meet and by grounding the direction in our activities, thus by the 3 aspects which apply in our daily activities. Links concern too the subjective links in triangles and with groups in which we are taking part.
- 8. Let sometime for the three words Peace Force Plenitude to infuse us; word evokes an impression, it comes in an echo and sets down.

Some CONCEPTS

BEING

The infinitive to-Be or Be-ness, rather than Being, (see the Secret Doctrine) is the link between the Absolute and the relative. The Absolute is giving Being, it is the foundation of ourselves as an instrument. The relative is the appearance of the three worlds, the Existence (etymology of ex-istere says 'to get out of Being'), and there is located the Being-there which is grounding in the cranial box then in the body.

The verb *to be*, in the language, is the copula, that which makes the link between the subject (or ob-ject) and the attribute, for example "the wall is right"



LIFE

Being results forma tension to be; it comes from a will to be or monadic will. "Will makes things to be". It is a focus of the Absolute.



Life is a stronger, more intense, more abstract stimulus which is grounding in denser layers, then more expressive layers.

Subjective life is pulsation, (return to the center) for consciousness or Spirit d finds itself back and becomes self-luminous. Then life comes from an unfolding focus.

[R3:616] "The transcending one ... entered into communion with Itself and by this act became a vital point of life and focused power."

Subjective life appears as a renewed pulsation, ideation or direction of expression seems a tripled pulsation.

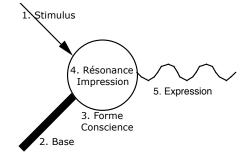
SPHERE OF PERCEPTION

Subjective life unfolds in three aspects:

- 1) Tension which unfolds in
- 2) At-Tension, opening to the world, starting from the source or focus, going unto the horizon, and it expresses in
- 3) Direction, action, there is found the directing agency, the one who decides and quides the flow.

CONSCIOUSNESS AND PERCEPTION

Consciousness, according to Martin Muller, is the meeting of two "scients": the stimulating informing current and the Base or Nature or Support current



Assn WILL SPIRIT

Perception is vaster than consciousness who reflects in self-consciousness: I know that I know".

Perception, according to Jung, is opposed to Judgment or proposition.

Perception, is outlook before vision, it does not set the object neither the subject; object and subject are not dissociated. Thus perception may describe that what catches the Triad.

The use of the word *consciousness* can be restricted to the mind: spatial, solar and concrete; even spatial mind may escape to what is called consciousness;

Initial Allocution of Will Spirit

Hello

The science of impression is referring to points of revelation [DINA2:367-380]. These points give a perspective to our work.

The 2nd point, "will is an expression of the law of sacrifice", describes the inflow of a destructive energy on the affective plane and that what we are doing in destroying the glamour of greed, yet most of all with "the sound disintegrates the husks and vivifies the human".

The 3rd point of revelation words "The monad is to the Planetary Logos what the third eye is to man"; we are taking part in this directing current –sent by the monad – at the time of full moons and by implanting the will-to-Good.

The 4th point of revelation words: "Purpose itself is only an energy, released within the confines of the Council Chamber. There it must take shape". The author specifies [DINA2:401-406] that it is an energy ruled by the law of Assembly, which expresses on the buddhic level or plane of transitional ejection. In the energetic Exploration of Spirit, we have worked on the three aspects of the sign of Peace – the three Logoï – and the 9 sub- aspects; these meditations seem related to Purpose as this one is "created by the synthesis which the nature of the final seven Paths reveals" [Tel:120]. In fact, asserting Spirit makes us to contact a more powerful and less directed energy than the one usually employed. This 4th point of revelation is related to the 4th initiation, our acknowledged goal since a decade; it seems thus that we are going forward in the right direction.

The 5th point of revelation addresses the atmic level and the 5th initiation. To embody the sign of Peace, to work with the three aspects are pointing toward mastery, as this sign is the emblem of Maitreya. Let us remind that we are talking of the group – essentially subjective – the ashram of 1st Ray is by the way centered at the atmic level, it is thus normal that we get a resonance at this level. This 5th point of revelation words "When the light of the seven Rays is blended with that of the seventh Ray, then light supernal can be known". We do not work specifically with the Rays; yet those, at this point, are not soul qualities, they are uprisings of consciousness at the 7 levels, 7 vibratory modes, may be 7 beats of the One pulsation underlying being. We are sensing that the apex of our work touches this spiritual activity, and the 7th Ray makes us ground these high levels in the vital energy; this is the meaning of the 'Energetic exploration' and of our new meditation.

We appear to aim very high, yet we merely follow the line drawn by a Ray: the association Will-to-Good began its work in destroying glamour and in supporting the work of servers. This is to follow two methods of activity of the 1st Ray: destruction of forms through group interplay and stimulation of the Self, or egoic principle [CF:1222]. The third method is new to us: "Spiritual impulse or energy", this seems very close to "Assert Spirit".

This line of Will must prompt us to not forget the freshness of pure reason and the discriminating intelligence, to develop modesty, as we are only fulfilling a task: to embody the dynamic Idea of the most High", a task which the $1^{\rm st}$ Ray assumes [R1:159]. Let us acknowledge thus in each and in groups, the courage to implement the vocation of Spirit which is calling us.

EVENING REVIEW

In the situations we met today How to be in peace? How to face them in plenitude? How to apply to the only force that is?

Review the beings to whom we have thought today What does say Spirit? Send them Love. Inspire to them the will to move forward.

Year 2014 TO EMBODY THE SIGN OF PEACE

Outline

To breathe: the descending current brings along the conscious content to the Earth; the Nature current comes up, pure.

Contact what decides.

Assert spirit (pause)

The point of tension is focused on the Ray unto the realized Being

It includes the 7 Rays of Spirit

It is transferred to the Purpose.

Distribute the spiritual life ... according to some currents of activity (pause)

Support all beings in their selfless effort (pause)

Take part successively to the 10 groups of servers (pause)

(the 10th group is the group of synthetic creators

Approach the Creator, the planetary Logos
Approach the Penetrating, related to the solar Logos
Orient oneself to the Transcending, That which underlies the Cosmos
(The 3 aspects are inscribing in substance
The 9 sub- aspects are drawing the red circle)
With the Earth, embody the sign of Peace.

The sign of Peace expresses on the 3 I elves of the Triad, and in the field of radiating thought, as emblem of illumination.

Imprint in our practice these three points

- That which founds our being, essential link
- That which underlies consciousness
- That which guides our deeds

Visualize the situations and see the threefold vibration ground itself (pause)

Apply in one's life Truth - Peace - Force

Express successively: Truth Peace Force

Silently tune in the Sound, which embodies Spirit

Om

NOTES:

- 1. The point of tension includes the 7 Rays in contacting them at the Source. Avoid to stimulate the expression of the personality ray and the 3rd (planetary personality) and the 6th (which is retiring).
- 2. Support to selfless effort may be done via the 3 petals of will. To each of them is related a square in connection with the cardinal points. 1st petal: origin, opening, expression, gift; 2nd petal: open and creative thought (East), love for all beings, perseverance, courage to go toward the center of being; 3rd petal: meaning of life (North), relationship to others, creative activity, collective direction.
- 3. The 10 seed-groups end their list with the synthetic creators; it is thus easy to turn after that to the Creator (Sanat Kumara, o eth planetary Logos).
- 4. The Creator includes the assembly of all creators builders (from the 1st to the 9th initiation). The Penetrating is embodied in the solar Logos, Sirius, Galaxy. The transcending evokes the Origin, the Absolute, thus that which is in communion with Itself in the great Bear.
- 5. The transfer from the seven Rays to the Purpose describes the transfer from the blue indigo circle (the great Ashram) to the red circle (Shamballa aroused by the cosmic Way). The nine of the purpose are easier to sense after the approach of the Creator, of the Penetrating, of the Transcending. If one takes one's time, the nine sub- aspects in ourselves, corresponding to the nine Paths, can be symbolized by a circle. Purpose appears then as a circle, which imprints in a

- crown around the head, the point in the center is then the jewel; the goal is to transfer the jewel in the triad (Rule 11). Can we do it? We can try, we can sense, we can invoke. Great Beings at Adi level or monadi, or atma level, are inspiring us, stimulating, us, helping us.
- 6. The goal is to implant the sign of Peace, but it is easier to work through the causal body, whose radiance is evoked by the emblem of illumination. This one is useful in daily life. But we are coming back to the Triad (we are inspired by it) for inscribing ourselves in truth. Between the sign of Peace and the emblem of illumination, the blue indigo circle may arise as an expression of the spiritual Triad: not to impose, let it come.
- 7. In our life, we are trying to infuse relations with Truth and Love. Truth for eliminating glamour and illusions, Love for healing and making healthy. Understanding applies in projects and actions, following the 3rd Logos.
- 8. Peace describes the plenitude realized in our link with the source of our being. Truth is thus necessary to transfer to the Triad, then to Peace, which is not emotional comfort, but spiritual fire (renewal), force and plenitude.
- 9. Force comes in because we do not anything, nothing special. We let existence arise, more exactly we work with the law guiding the uprising of beings and events.

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PATTERN OF INTEGRATION

Pauses are long, lasting several minutes.

The meditation can last 15 to 20 minutes.

Pulsation of presence

A soft Om for aligning the group, a softer Om for internalizing oneself, one silent Om WILL SPIRIT (pause 1 to 2 minutes)

Go inward (pause) upward (pause) note the direction.

Outward (pause), note the possible course (pause).

TRUTH. Be true in ourselves, with the world (pause).

PEACE with ourselves (pause) we offer Peace.

FORCE (pause), unite with the force in the world, in ourselves.

We take part silently to the breath A of Spirit,

To the U uniting all beings, to the M implementing evolution. AUM

REMARKS

This outline tries repeatedly to contact Life: first in asserting sprit, then with purpose, then with the Creator, Penetrating, Transcending. If it is easy to reach this point, then this repetition is useless. Yet why this being would follow an outline if it has access to the One life?

Historical note on the activity of the association

The booklet CATCH AND TRANSMIT IDEAS is realized - reread and approved by all - in this end of the year; then a revised version is distributed in the beginning of 2015.

Year 2015 THE BREATH OF DIAMOND

Moral report

Dear friends

The association WILL-Spirit has operated its mutation. It is changing its address, its dates of meeting after having changed its name and goals in 2013. We have not yet achieved this mutation that is bringing us closer to the ashram and to an occult work, that is subjective.

We were 4 at the beginning and we are now 5. Each of us contributes to some activities, in function of its means, availability and perspectives.

We are again up against the wall: do we exert will? Do we show spirit?

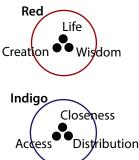
We have succeeded – thanks to the group work on the science of impression – to prepare the booklet 'GRASPING AND TRANSMITTING IDEAS'. The prototype has been revised and the document is published on the web.

The European telepathic group is a field of experiment though it is limited in its activity and its intuitive choice of ideas. We are furthering the dissipation of the glamour of avidity and, for this, we begin to cooperate with another group. The intergroup brings us to develop the active wisdom and the inner attitude based on the heart.

Fire denotes the will aspect and it seems that the goal to sketch a spiritual approach brings us to ponder and to propose a way of coming near the will and the fire, of the cold electric fire of spirit. It seems to me that it is one of the ways which is offered to us. Fire is also the agent of Thinking; there is a scope opening before us. With a n abstract of the book YELEPATHY and a booklet on GRASPING IDEAS.

The presentations of 10 minutes with figures, exercises, and questions (MOOC or Massive Open Online Course) are to be taken again, if we feel it, for it will be a means to touch consciousness's.

The essential is to contribute to the work of the Planetary Heart, hence to listen, then to take part in what happens within the ashram. As transmitters, we claim to be an "access point"; we can conceive Will-Spirit as a point of closeness and a point of distribution. Will is the sign of closeness to Spirit and the spiritual life is to be distributed. Let us see ourselves as a magnetic ring transmitting the spiritual inflow with these 3 points: access, closeness, distribution.



TOWARD MASTERY

Maitreya guides us toward the mastery, toward the acceptance of matter and its valorizing, hence toward this intimae alignment of all atoms, or all parts of ourselves. In order that each atom aligns as the pattern of a diamond, the summit answers to the deepest at the bottom.

Mastery is realized through detachment, through growing vacuity. No notion of self comes to make irruption and impede the coming together of the idea coming from above and the push of elements coming from beneath. Each part is taken according that which makes it arise, which animates it. Thanks to the will which lakes rise the whole and welcome the whole, each atom is attracted toward this sketch or impact. The magnetic

field is created by the will of the ONE (monadic will) and each thing is attracted as some iron filings by the magnet.

The first step is entering in the triadic current that is passing in the very center of the radiation. The 3rd initiation marks this success when the current is stabilized and the rule 9 in Rays and initiations [R5:175] describes the discovery at that moment. The following step it the purifying of feeling, of any emotional reaction; this happens thanks to a more intense alignment yet in taking also into account – in taking support – on the basis, then a living exchange sets in between the support and spirit. Detachment is complete, the self is not any more a figurine impeding the current, but perception takes place directly. Pure reason stabilizes itself in daily life. The 4th initiation is on the agenda; Love of the One rules existence.

The monadic will takes things from higher; it is not only in the living splendor, but in that which makes it arise. It implements the Purpose, the raison d'être of all (as it is perceived at that moment); this impact stimulates, asserts then the space where are inscribed the atoms. Each cell is then magnetized by this impact and aligns toward it. Thus paradoxically, will welcomes the expression arising from the basis. One may imagine that it is the way an ashram functions.

The monadic light rules the interaction between parts of the behavior; the living current vibrates then between pure reason and feeling. The monadic will stimulates the emergence of being and attracts the vitality of small units: the Higher and the Lower answer each other in the field of the incandescent, diamantine sketch.

Here is the perspective drawing itself in front of us in this inflow of Aquarius. We move toward the universal, toward the most intimate of ourselves; it is also the most central and the immutable, the most shared in within the ocean of existence.

Outline The breath of Diamond

Breath (3 times)
Contact that which decides, our essential being

With the ashram, search to contact the Absolute (or realize divinity) (pause) Approach the Creator, the planetary Logos.
Approach the Penetrating, the solar Logos.
Approach the Transcending, the cosmic Logos.
The cosmic way (pause) focuses in the source of planetary life.
The source of life implants the diamond at the core of the group.

Life, pouring it out.

Take the time to contribute the work of the ashram.

Support all beings in their selfless effort

Then the five of us, and our triangles

Ponder on a sentence that makes contact (pause).

The breath of the diamond provokes the pulsation of consciousness The three aspects of the breath infuse the 3 aspects of our behavior Take time for visualizing foreseen or lived situations Express in 3 words that we have just realized

Breath imprints in space Silently, tune in the Sound that embodies spirit Om

NOTES:

- 1. This outline comes from the destruction of idols, where the source of planetary life implants the diamond at the core of the group. The diamond describes the grounding of an immutable structure; this transmits the blaze of the fundamental force; so it is an alignment under all angles and the homogeneity of components (atoms). Diamond means also in English a double triangle pasted by a common horizontal line; thus the diamond allies the abstract unit, the concrete unit and an intermediary extension. A crystal has its atoms aligned, and it can be transparent; in a diamond, links and atoms are vibrating at unison, that's what is called here the breath.
- 2. The sentence triggering the search may aim to contact the absolute, to realize divinity, to perceive the pulsation of the presence or to enter in the presence. The expression "becoming fully present" would emphasize too much the tangible world. The meditant will have to find himself the expression which fits for him.
- 3. To contact the absolute, is it not to identify oneself to the Whole, without taking into account the forms? Approaching the 3 aspects becomes a confirmation in order to attune to the cosmic way. Divinity includes all oppositions, all possibilities and not only that which exists. To identify means at the same time to project oneself, to contact and to integrate oneself; as added to focus the intent and thus the group.
- 4. The cosmic Logos is the principle underlying the cosmos, the whole of all we can conceive as real, one may also call it Parabrahman.
- 5. The cosmic Way may focus in a red circle symbolizing the One vibrating under the inflow of the 9 Paths. The red color describes the appearance or emergence of being. P The purpose underlies all monads.
- 6. It is always possible to perceive the 4 directions in supporting selfless effort. These 4 directions can be perceived as 4 irradiations from the center of life, or as 4 abilities to be developed by servers (open and creative thinking, love of humanity, perseverance, courage to go tot the center of being), or as 4 facts for human beings (meaning of life, relationship to others, creative activity, collective direction).
- 7. After 2 years, the support to the 10 seed-groups is not any more mentioned; it is possible to do it.
- 8. The theme of pondering may be a) The unfathomable is near; b) To will is the Transcending who enters in communion with Itself; c) The work of the ashram; d) The law of destiny; e) the absolute unites the opposites; f) Tat twam asi, Thou are That; g) Atman eva Brahman. The I is the Absolute; h) To embody the idea of the Most High; i) Dynamic electricity; j) Tension emphasizes a dimension; k) He enunciates the law.
- 9. The 3 aspects of breath seem to be: direction (3rd aspect), expressing in the mind and leading to the 3rd initiation; the glow of light or infusion (2nd aspect) concerning the relations to forms and circumstances, the feeling; the uprising or stimulation (1st aspect, atma) sustain vitality.
- 10. The 3 words expressing the imprint of breath in ourselves can be: a) Truth, Peace, Force; b) Truth, Life, Direct; c) Direction, Inclusion, Vitalization.

EXPLANATION OF THIS OUTLINE

This outline is based on 3 stages: Contact, Infusion, Distribution. These stages correspond to the 3 points given in IHS:88 (chap 9). Realization of force, Application, Utilization

RESEARCH

Exploration or invocation of the searched for source. Search for the inflowing line of energy.

CONTACT

Contact, Reception
Possible research of the planetary or cosmic correspondence

RECEPTION OR PONDERING

Mental reception or pondering on an already known sentence

INFUSION

Assimilation of the energy in our life, in the long run, in the short run To infuse oneself of Truth, spiritual Will, Life

DISTRIBUTION

With the assembly, the ashram or the group Toward the Earth, the kingdoms Take time for take part in the ashramic work

EVENING REVIEW

Infuse one self of Truth, Spiritual will, Life Am I satisfied with my deeds? How did I manage my emotions? How did I orient my thought? Did I contribute to the ashram's work? To the group?

To will resurrect (arise anew) spirit (Inspiration of the Springs 2015)

Life is vibration but one may specify that it is provoked by an abstract stimulus playing on a denser or less intense substance.

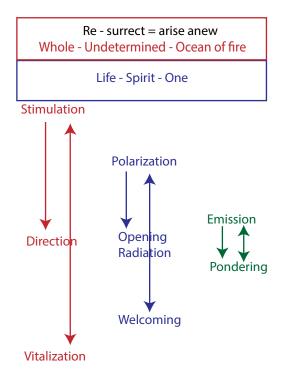
The direction which comes in this Springs is resurrection [R5:317 and : 391] Will gives life and resurrection is the uprising of life that comes again cyclically. IN that we are helped by the great Beings who passed the initiation of resurrection (the 7th) and who work in the ocean of fire, the Adi level, under the stimulation of cosmic mind and cosmic love.

In this current, we can stimulate the seeds of life and attract them toward their being; hence we can make emerge the meaning of their life. This emergence is thus a resulting effect, whereas our work lies back in the stimulating will. This mode of working requires more abnegation from us as we w shall be able to observe merely the produced results; only the inner joy shall enable us to check the rightness of our action.

This leads us to an outline based on the following stages:

Alignment

Contact with Elder Brothers who resurrect (rise again)
Transmission of the will that arouses (re- awakens) spirit
Visualization of the human beings awakening to the purpose of their life
Appliance to our group life and individual life



Which stimulation? Seeds of life, Will underpinned by the ocean of fire and Life Which polarization? Good, Truth, Awakening Underpinned by Life Which emission? Selflessness, Thinking, Creation

Above, Spirit at monadic level means perception of Spirit Spirit is one the great polarities describing, with the Matter Support, the vertical line

ACTIVITY AT VARIOUS LEVELS

Adi Undétermined background, Logos Multiple ones, Spirit-Matter

monadic will: asserting the one in all Living flow, the center





Vacuity --> listening, sensitivity

Tension: Focalization, Source, to will

Levles of the Triad in general

Atma, stimulating current incandescent fire irruption Direction

Direct link immediate instantaneous awakening, vacuity

Mind current, directed Thought Space

Soul radiating outward, space animating guiding adapt to the world



Life is living pulsation of the One between Tension and vacuity
The threefold thirty-five make the junction between spatial mind and concrete mind
[CF:19]

The ring of whorls describes the radiating Self [AE4 o r EEE] or light of the soul.

More practically

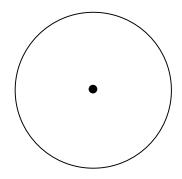
Receptive pool
Source of life
Re- arousing

Triadic current

Outpouring cone
Ashram
Group
Servers
Creative Human



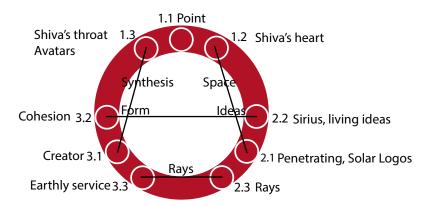
Living pulsation of the One



For sure, we'll try to take place within the ashram. If we are at soul level, we radiate within the group

Links between the 9 cosmic paths

This is a pondering, an essay.



Purpose comes from the cosmic mind, grounding at Adi level. This purpose is motivated by cosmic (astral) Love.

Shiva's heart contains all in solution and founds radiating beings, stars of solar Logoï; this heart unfolds then. Shiva's heart expresses will, synthesis relates this Path to the energy inflowing now toward the planetary Logos, in the Source of Life.

Sirius is the place where ideas of Truth, Good, Rightness, are living, they provoke the expression of magnetic Work producing the cohesion of forms.

The 7 Rays arouse the 7 ashrams implementing the evolution in the Earthly service.

REMINDER ON THE PATHS

Aspect	Appellation	Path according AAB	N°
1.1	Shiva's head		9
1.2	Shiva's heart		8
1.3	Shiva's throat	Absolute sonship	7
2.1	Vishnu's head	Solar Logos	6
2.2	Vishnu's heart	Of Rays	5
2.3	Vishnu's throat	Toward Sirius	4
3.1	Brahma's head	Planetary Logos	3
3.2	Brahma's heart	Magnetic work	2
3.3	Brahma's throat	Earthly service	1

AAB says that there will be 9 paths [R5:412]. As a matter of fact, these paths do not concern form (sevenfold), but relates to will or structure of the 3rd solar system, characterized by the number 9 [CF:574].

Year 2016 ATMAN PLAYING

Moral Report for our assembly of January 24th

Dear Companions, Hello

Thanks for going on in contribution to the action of Will Spirit.

Last year, the meditation on Breath of diamond has helped us to align our behavior on the core of our being, is it the purpose of incarnation, the spark of life? As a group, the breath of diamond aimed at, and succeeded, to integrate us in the ashram and, in the Assembly of all disciples, of all the seeds of life awakened from the 1st initiation unto the source of planetary life. One result of this year is this: if each being is guided by 3 words of incarnation, ours would be WILL SPIRIT, and ... one does not say it, the Unspeakable.

This year, we propose to center ourselves on the play of Atman. I say we, for the meditative outline is built on some inspirations which are given to us along the way. The play of atman emphasizes the I, the subjective, hence Spirit; this develops a balance with the Will or the Force that we can feel in our vital body. This means to orient ourselves toward the fine, the intimate vibration, the blue.

We aim higher (still!), but more evolved Beings transmit the echo of their Lives. Thus we attune – at least we try – to some cosmic wills; we try to get a glimpse of their perspective, their work, their realization. Yes, we assert Spirit as much as we can. These wills apply, that's sure, and we spread their echo at our level.

The association is born on the 6th of October 2013; this gives to us a natal sign in Libra and a personality ray 3. This ray promotes creation, flexibility; in fact we are working alone, or two of us, three, four, or five in various activities; alone for the meditation, the daily service, 2 for the glamour of fear, 3 for the glamour of avidity, the new moons, the perception of the Plan, 4 for the energetic exploration of Spirit, 5 for the telepathic experiment and the full moons. Meetings are reported, they take place at the home of one of us or another, but the 3rd ray predisposes too to dispersion.

Let us not forget our essential goals. With the 1st Ray of Will, in agreement with the 3 aspects, hence with the Sign of Peace, to embody the idea of the Most High means to assert Spirit, our first goal. To distribute the spiritual life is our second goal and the play of Atman shall guide us in this sense. The third goal is to draw a way of spiritual approach. The creative assertion, the approach of an understanding of the Cosmos, the penetration of the fine stimulus at the center, the observation of obstacles – to this move forward as to our usefulness - are major elements. This inner adventure and its effects realize our third goal.

For avoiding dispersion, other activities such as the intergroup, the study of the Treatise on cosmic Fire, the research on the Plan of evolution, are merely exercises, moments for exerting our spring, the kernel of spirit.

Going toward the understanding of the Cosmos integrates us, in a weak measure, to the galaxy; this broadens the cranial vault, the crown and thus we walk along with the ashram: the highest and the lowest meet. The ashram is a living, loving fireplace, stimulating creation. Together, we do the same.

MEDITATING WITH THE ASHRAM (2ND PART)

Contemplate (resound with) the indigo circle and the 3 dots. Presence, gift of Being Enter in the ashram, silence (pause) Dynamic life in the center What is offered? Catch the inspiration Let the thought unfold Come back to the center Offer one's being. Commit to work. Om

Outline

PREAMBLE

Atman is the I, playing in the jet (pun on Je, Jeu, jet in French). Subject and object are overtaken. In other words, Atman is the Absolute in individuality; it is the source of attention returning to the One about naught can be said. Atman synthesizes the 3 aspects. We approached them as Creator, Penetrating, and Transcending or Brahma, Vishnu, Siva. We can tune into the note of Maitreya; that is the 3 wills: Will conditioning life (activity), will bringing about achievement (love), will asserting or pure will (mind), all that within the cosmic Way. Can we reach that? Others, in the Assembly, reach it and we work in agreement with them.

The first line of distribution is the human being composed of 3 lives: the monad expressing through the Triad, the soul and personality; that is the 4th, 5th, 6th hierarchies. In terms of direction, it means the monadic destiny (we a imagine), the purpose of incarnation (that we try to contact) and the meaning of life. This fact works not for ourselves, but for the human being as a whole, as a Stone or Diamond, composed of many atoms.

The point at the top of the diamond emanates from the One about whom naught can be said and the point at the bottom spreads out Spirit toward all close ones (contacted beings); essentially, it rejoins the divinity already inscribed in them. Thus the diamond shape is transformed into a disc.

STAGES

Breathing is to be maintained, as it is centering us to the crown center. The 3 aspects too. The sentence, which makes contact, is stimulating.

The line of distribution, via the monadic destiny, the purpose of incarnation and the meaning of life, seem major (see Inspiration day 2015). Is it the main line for us?

The work within the ashram can't be interrupted; it is useful to mention it.

The assertion of the circle or disc comes before the 3 dots related to the 3 wills.

Finally, the work upon one self, on one's purpose, and on situation is mandatory.

So here are the various envisioned stages:

- 1. Contact
- 2. Reception
- 3. Stimulation
- 4. Assertion
- 5. Application
- 1/ Contact: to get rid of worries, Alignment, Presence
- 2/ Reception: to the ashram, its energies, to purpose, to the work amidst. This means to draw the circle.
- 3/ Stimulation: exerting our will under the 3aspects, 3 dots.
- 4/ Assertion: a sentence that makes contact, we follow this approach.
- 5/ Application to a situation (or many), according to that appears to us. Any situation is collective, shared by many human beings, by its structure and the forces at play.

OUTLINE: ATMAN PLAYING

Presence, breathe Pulse of consciousness Back to the source, Contact.

The Breath animates the ocean of fire Atman pours out the life of the One, It imprints the Plan, in truth

Supports the realization of the purpose of the incarnation (in ourselves and in others)

Awakens the search and the realization of the meaning of life.

This meaning is expressed in in all deeds, words and gestures,

It spreads to all beings and acknowledges the divinity present in them.

This pouring out becomes enfoldment of this Play of Atman,

Sustained by the will of the One about naught can be said.

Visualize then the black dot in the center of the white disk on a black background.

The spiritual life enfolds for the center of any unit,

This replicates a galaxy of stars.

Tune into the will which conditions life, culmination of the Creator.

Tune into the will which brings about fulfillment, culmination of the Penetrating one Tune into the will which asserts, echo of the Transcending One.

Ponder on a sentence that makes contact
Integrate it
Support all beings in the selfless effort
Then the five of us, our triangles.
Imagine the outpouring –enfoldment via the science of impression
Via the revelation of the nature of the Self
Via the solar Choir - Wisdom, Harmony, Cooperation – toward all beings.

Concerning the situations, apply the force of transmutation (coming from Atman) Ground in ourselves this atman or absolute End by an assertion.

NOTES

- 1/ Atman depicts the I, precisely the point of tension provoking the current of the I, hence that which we are perceiving from Spirit.
- 2/ Ocean of fire, the One, the Plan, the 3 higher planes may evoke the 3 colors, producing the sparkling white. Visualizing the black dot in the center of the white disk, helps to move to the will.
- 3/ As often, we are aiming high, we assert that which is. Some great Beings in the ashram or in the Assembly are doing the work, we are taking part in our measure. 4/ This outline develops the 3rd aspect in the line of the Plan. The stimulation of the life seeds is a distant objective, so we are passing by what they are aiming at. The realization of the purpose of incarnation and of the meaning of life emphasizes the 2nd wave of life, rebounding from Matter to Spirit. After the integration of the 3wills, it is easier to go along the 3rd wave of life, the direct stimulus, as it is suggested here in the outpouring though the current of impression;
- 5/ Culmination for us of course. AAB [R3:583, 607] talks about the will which conditions the life aspect, the will which brings fulfillment and the will which conquers death. Death being the privation which is the form. But a will which conquers or asserts victory calls to duality. Even a will which asserts seems merely to describe a facet of the will. That's why 'pure will' seems more appropriate.
- 6/ In the white disk emerges the circle of the impact of the threefold will, grounding of the cosmic Way, denoting the dynamic irruption resounding in space. It is the circle of the One, for everything resounds with life. The one is a fractal figure for any unit

replicates this One. When Atman plays and enfolds, we envision all the units in essence, from the One; with the replication in a galaxy of stars, we are envisioning them from their centers, thus the multiplicity of viewpoints is doubled.

7/ The renewal of consciousness corresponds to the pulsation of the red point within the emblem of illumination, if you remember. In a higher octave, what matters here is to resurrect spirit. We may be or not at this level, let us work; and if we try, the (imaginative) effort will make us come nearer the Real.

8/ This outline contains many words, for it goes into details and enables everyone to take time for doing the work. If you prefer to resume this outline, let foresee time for receiving, assimilating and grounding the energy.

9/ The community of subjective workers makes reference to the square of Maitreya Sangha, which is inscribed in the square of Agni Yoga. One may think to the group of worlds servers or to the Assembly of disciples.

10/ Atman penetrates the body, as the prana. The spiritual spring may then transmute the behavior, inscribed in the support, which is the body.

The 3 aspects of the breath have been used only the last year, it seems better to remind here this notion for promoting the transmutation. These 3 aspects of the breath may be called: direction, infusion, vivification. This enables to vitalize the whole body and to get beyond the forms which are crystallized in it (se the Rule 8).

11/ Resurrection applies to collective units, such as kingdoms, or ashrams. Then it replaces the transmutation. Thus we ground the sign of Peace in a living way, it is structuring the spiritual life.

12/ All this outline is an approach of the Sanskrit formula: Atman – Brahman: the I who is the breath filling the Cosmos.

EVENING REVIEW

In what way, my deeds have been the work of the not-self? When was I true? Truly Atman? What may I do so that my deeds are infused with Atman?

INSPIRATION DAY: MEDITATION WITHIN THE ASHRAM

Presence

In the pulsation we go back to the ashram We integrate the ashram in observing a complete silence

We move toward the core of the ashram, the point of intensity.

We try to assimilate what is said by this Life.

We are trying to love as He loves.

We are trying to think as He thinks.

We are trying to will as he wills.

We are trying to live as He lives.

We ask inspiration for our work in the association

Focused in the ashram, we turn ourselves toward our daily activities,

Our life of thinking, of feeling, of actions.

What can we do? Which impressions have to be done?

Which net of impressions are e taking in charge?

Now we turn ourselves toward the ashram as a whole.

We send out love.

In the ashram, we make sound the note Will-Spirit.

We shall sing 3 AUM: the A, the sound of spirit, which liberates,

The U which unites, the M which implements.

AUM, AUM, AUM

DAY OF REGULATION

The day of regulation aims to share and observe in what measure

- 1) our subjective practice is harmonized with our behavior,
- 2) our subjective individual practice is harmonized with the group practice

3) the group meditation is harmonized with the group behavior.

This observation is made without judgment, seeking the operating mechanisms or factors.

Are there some practices, which are not integrated in our meditation? And which could be integrated, on the individual level as on the collective level?

Are there some aspects of the meditation, which do not express in the external life? Is our physical group integrated in the subjective group, in the ashram?

RETURN ON OUR NATAL CHART

The association, born on the 6th of October 2013, has Libra as its solar sign, there streams forth the 3rd Ray. Libra promotes balance, adjustment, lateral if one may say between both great lines of force. It tells us to do what is right, to adjust ourselves to circumstances. Actually, our meetings are adjusted to the demands, to schedules, to limits of the physical bodies; it contrast with the old association, which had a personality 4, neatly more regular. This personality ray (3) enables us to be creative and not only flexible.

The rising sign is Capricorn, marked by the rays 1, 3, and 7. Capricorn depicts the solitude on the mountaintop. One could say that it is the point of junction between the sky and the earth, corresponding to the lateral balance of Libra.

In a way, Capricorn sublimates the 3rd ray of a creative intelligence, it grants it the long-term vision, seen from the mountaintop, and absorbs it in the 1, accompanied by the 7. The 7th ray, where the highest and the lowest meet, enables us to stay at the top and to welcome the concrete as well as the abstract, the near as well as the far away. We are relatively alone, yet the summit welcomes the solitude, the radiance of the stars and the call of the valley.

Our achievement sign is Aries, in front of Libra. Aries is the furnisher of fire, electric fire, energy of the beginning; it marked by ray 1, Will, and secondly (according the kingdom of solar lives) by the 7th. The cosmic vitality is playing there; the rising sign was pointing out quality: coordination, process or rhythm; the achievement describes the expression of the essential. With Ray 1, we can get along the lightning of Maitreya, the Life streaming forth and stimulating consciousness's; we can constitute a channel for this inflow, always operating in group, within the ashram.

The rising sign describes the direction pointed out by the Self, the Descendant where one meets the world. The cross – cardinal here – is then completed by the sign of Cancer. We meet the world in the sign of the illuminated House, and we can live in it. Are we such a home? This sign is illustrated by two whirlwinds of water: one receptive, the other emitting. Are we promoting genesis and pregnancy of consciousness in ourselves and in others?

Year 2017 ATMAN'S INFLOW

Outline

PREAMBLE

This year too, the sign of peace will be used as the seed of our meditation. Last year, we approached the 3 wills, at least their echo in ourselves. The novelty is to consider any form as a corridor, expressing the unity crossed by the uprising of Being, and this draws the red circle. If we are able, this uprising is the celestial inflow of cosmic Way composed of the nine Paths [R5:412]. The white background describes the assertion of Presence, emergence of Spirit; this Presence is synthesis, saturated space, yet sustaining any form. Who does assert? The tension of the fire of space, being subdivided in a threefold will. How can we approach the pure will? In turning ourselves to the Unfathomable, in presensing the will amidst it. The will giving life? By the current passing through us, by that who institutes the experiment? By the spark laying at the background and underlies action, radiation?

Spirit, the communion of the Absolute, radiates through space, sparkling Light. The shape (a circle) expresses the unity within the Heart of Space. Going in the heart of space we find the point of emergence where spirit springs forth but also behind the point of tension, for where the Big Bang up rises, it is in ourselves the echo of the monad. Will provides the red color underlying the whole symbol and the Presence radiates its splendor in space.

In other outlines, or if we take the time, if we feel it right, we will be able – in waterfall – to inscribe energetically the corresponding signs: red circle and the three points red, blue, green (infusion in the Assembly); blue indigo circle (distribution in the ashram), emblem of illumination for the enlightened consciousness.

OUTLINE

Pulsation of Presence

Vibrate with space and its breath

This breath inspires life: Spirit, Vivifying tension

Atman, the Breath of the I, infuses all beings, from the more intense to the tiniest ones. The outpouring of life becomes enfoldment of this play of Atman.

Search for the point of oneness within the heart of space.

Any life, any form derives from it.

Search for the point of tension, which provokes oneness.

The One focuses the cosmic Way.

Sign of Peace.

Tune into the Creator, Its will conditions life.

Tune into the Penetrating one, Its will brings fulfillment.

Search for the Transcending one, pure will.

(Infused by the sign of peace) assert atman, the spiritual vitality.

Stimulate the seeds of spiritual life.

Take part in the imprinting current,

In the discovery of the source of consciousness,

In the community of subjective workers.

Support tall beings in their selfless creative effort.

Then visualize the five of us, the group Inner source, our triangles.

Ponder on a sentence that makes contact (pause).

Breathe within atman.

The 3 aspects of the Breath infuse the 3 aspect of our behavior.

Concerning the situations, atman transmutes the patterns Ground in ourselves this atman, facet of the Absolute. End by an assertion. Om

RELATED MEDITATIONS

The horizontal breath in the power of the Sound (EEE)
Reveal the source of consciousness in Work reveal (Inner Source)
Communities in Cosmic vitality (EEE)
Imprinting current Will
Imprinting current Awakening

IMPRINTING CURRENT WILL

In atman, go to the center. Will asserts the seed-spirit.

It provokes a void around, thus it abstracts and liberates.

The sound A purifies and spreads along the current.

The I emerges pure.

IMPRINTING CURRENT AWAKENING

Being pours out as a current

The energetic answer comes up: consciousness's awaken.

NOTES:

0/ Any meditation is emission of attention and registration of impression. Let take time for the registration in order to capture, shape, to register or formulate the impression. A point or a comma indicates pause for developing the reception. (The text between parentheses is not necessary, it may help some people).

1/ The point of oneness founds the unity of any life, any form, the unit of the red circle, as the unit of the ONE. It is found first in the heart, and with an effort of abstraction is discovered a black hole in the crown center, it is the origin of our world, corresponding to the great Origin.

2/ The point of oneness seems internal, the point of emergence more forward and the point of tension more backward. Yet they rise up together as a lightning. It may be related to the creation of the Cosmos, the big Bang, but in ourselves it is an echo of the monad.

Sign of Peace. The one draws the circle, the tension imprints the red, emergence the white. The cosmic way imprints the circle-world; it can be distinguished in 9 Paths and the three aspects draws the 3 dots. These 3 aspects are then taken again in the Creator, the Penetrating one and the Transcending one. This assertion come from the Cosmos makes rise up the lighting of Presence, the white background of the Sign of Peace. Intuitively, the sign of Peace appears, but if you prefer assert the Presence and mention the sign of Peace only after the - searched for - agreement with the Creator, the Penetrating one, the Transcending one, do what fits for you.

3/ The author is more than its will. This will carries out the act, realizes it, it does not merely wish it, as the expression "it wants to do it" lets assume while it does not do it finally. Here are some possible expressions: "who, because It wants it, gives life" or "it wants and gives life" or "the author, its will". For us, this last expression seems preferable.

4/ The will which conditions the life aspect evokes "the one and the four lives which moves onward" [CF:1183], they embody the Will of the Logos. This draws the circle and the inscribed square, while the will giving life draws only the circle.

5/ The will of the penetrating one brings fulfillment for it infuses all the seeds; hence it passes through the center of any cycle of action and makes it fruitful.

6/ Atman is perceived as current of the I, but also as spiritual vitality. The move is to get deep into it in breathing in Atman. The transmutation with atman echoes the personality who "fades away in the renewed spouting" of spirit in the work of dissipating the glamour.

7/ The community of subjective workers distinguishes the Thinkers and the Actors of goodwill. Both groups have for symbol the emblem of illumination with the square of the ashram, mind, love and action (see Energetic Exploration of Spirit). The actors are inspired by the ashram, them too, or by some values (according to their ray) yet in an instinctive manner; they have to develop the mental link for including what makes them act, love and think for becoming Thinkers in relation with the Self, that which brings them into existence. And our meditation may help them in that sense.

DEVELOPED OUTLINE

Breathe, the Nature current goes up, pure

Presence pulsates from the external space to the center of consciousness –spirit

Pulsate with the group and its inner counterpart.

Vibrate with the Breath that animates space

Search for atman, the current of the I, the finest vibration.

Atman fans the fiery ocean, the spiritual life, the triadic current, the subjective radiation, the self-consciousness, the mind.

It provides the vital energy to the cells, energy of the atoms.

The outpouring of life becomes enfoldment of this play of Atman.

In the depth of one's heart, search for the point of oneness within the Heart of space Any life, any unit replicates this unity.

Search for the tension which makes space vibrate

The inflow of the Cosmos focuses in a circle - One

This inflow makes spirit emerge: white sparkling space

Tension underlines the unity of the circle and the three red dots (point of oneness, point of tension, point of emergence): Sign of Peace.

Tune into the Creator, when we create, then when He creates the world

In creating, we are giving life, He too.

Capture the finest vibration passing through the forms,

Its will brings every seed to achieve.

Search for what is passing through any substance

This uprising is will.

These three wills draw the sign of Peace, in the inflow of atman.

Atman vitalizes all seeds of spiritual life,
The sources of consciousness, radiating.
Take part in the the current of impression,
In the discovery of the source of consciousness
In the community of subjective workers
Externalizing in actors of goodwill.

Ponder about a sentence which makes contact (pause).

Breathe in the spiritual vitality present in the air.

Infuse this sense of the great I (atman) in the body.

The Breath – direction, expansion, vivification – infuse the three aspects of our behavior – thinking, feeling, activity.

Concerning the situations, atman transmutes the patterns

Ground in ourselves this atman, facet of the Absolute.

End by an assertion. Om

Contact with the ashram (12 February 17)

Pulsation of consciousness

With the group Will Spirit, we unite with is inner counterpart

We get in the Heart, Love-Wisdom, immediate presence.

Amidst this presence, sounds the O, the acclaimed will of the focal point of life.

One of the realized Beings guides our progression.

We come near Him.

We ask the question: how to capture and distribute the energy?

And first of all, among the answers to other questions:

Which yearly note fits to us for the greater Whole?

Which changes can we introduce amidst our group, for being more useful?

As apart of the planetary Heart, we turn toward the planetary evolution, outwardly:

What can we support and how?

Which currents of energy can out pour from the Heart?

Now we turn toward the one Being or Beings who are guiding us.

We try to catch the incentive note, which will guide our service during this year.

Then, from the center, we try to develop our will as He wills.

We try to love as He loves

We try to see the worlds as He sees it.

We listen to the sound resonating in the inner counterpart of our group.

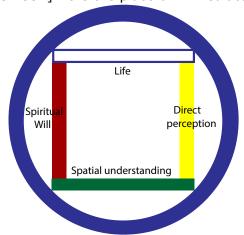
We make it resound in a very soft voice in ourselves: OM

Then louder in the physical space around us: OM

The community of spiritual workers

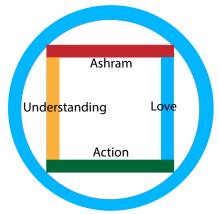
1/ The community of <u>Living Ones</u>, related to the red circle, the Assembly of Shambhala, where sounds the O of the reigning will, emitted by the focal point of the planetary life. The square can be Adi, uprising, human monads on the right, devic monads of the left, Life in the South of at the bottom: it outpours in forms. It is the high Place in the Assembly.

2/ The community inscribed in the indigo circle. Therefore thy are the <u>Transmitters</u> who have entered in the triadic current./ The square is shaped with the four levels of the Heavenly Man: 2, 3, 4, 5 [CF:331]. It is the place of immediate presence.



3/ The community of servers or active workers, represented by the emblem of illumination. They are the <u>Thinkers</u> and the <u>Actors of goodwill</u>, these last ones have to develop their thinking and it is the radiation of the source of consciousness that is guiding them. The thinkers, polarized in the mental level, access and take part in the radiation of this source, they are guided by the ashram.

One could read a square structuring the circle or solar radiation of pure consciousness.



OUTLINE: THE LIFE OF COMMUNITIES

Alignment

Visualize the 5 of us, association Will Spirit and its inner counterpart. Integrate the ashram, silence.

Ponder to the words of the living Being at the center:

"I am thy wisdom, I am thy valor, I am thy strength".

Welcome the vault of Heaven.

The cosmic way is focused in the red circle Emitted by the focal point of the planetary life (pause). Its will resounds in the Assembly, it is acclaimed by the Living ones. Take time to pre-sense this vibration, the O.

Life pours out through the indigo circle of the planetary Heart. It resounds in the immediate presence. (pause) It stimulates the inner direction (spiritual ill, the Plan), It infuses the direct perception, Pours out through the knowledge of the whole (spatial mind) . Take time to participate to this transmission.

The ashramic life feeds pure consciousness, Provoking the illumination of the Thinkers (pause). The enlightened consciousness pours out through Love, Through understanding, Through action.

Take time to think in the radiation.

The radiation supports the action of actors of goodwill. It resounds within their mind and motivate them to act. Compassion, pondering, action, union guide them. Support selfless actions.

Bring some vitality in our pattern of behavior. Illuminate, aerate, transform it. We are pure energy, expressing in situations, The spiritual vitality passes through them. We meet again the 5 of us in the alignment And we say "Together, we move forward".

NOTES:

1/ 'The Leaves of Morya's Garden' begins with 7 assertions " I am thy ..." In Russian language, the verb to be is replace by a hyphen: "I – thy wisdom" "I" means the One, the monad, Spirit, Atman.

2/ Living ones, Transmitters, Thinkers, Actors are the 4 stages described in the outpouring of the cosmic vitality in the booklet "GRASPING AND TRANSMITTING IDEAS". That's why we find them again in these communities at various levels.

3/ the pondering takes into account the world situation and goes to focus on a need or a factor at work.

Day of inspiration 17

INITIAL MAIL OF 29TH OF APRIL 17

Hello

The president's task is to keep the orientation of the group and to promote its purpose. So I suggest, for this day of inspiration, that we ponder starting from the 3^{rd} sentence of the rule 11:

Let the destroy by their dynamic will that which has been created at the midway point.

What is the causal body of our group? What was the ideal of our aspiration? Which consciousness has the group of itself? And its inner counterpart? In what way do we go beyond this midway point? What does remain to do? To be?

We could read the pages R5:217 to 227.

This will drive us

- see our group and its inner counterpart as a unit
- consider the functioning inside the ashram
- review the recent past (with the word, provoking the transfer to the triad) and
- review the application by this ashramic group of the 10 previous rules.

The rule 12 about the mark of the Savior seems to concern our yearly meditation and the goal of our onward move since the creation of our association.

The inspiration will come more surely if we are well $\underline{aware\ of\ the\ way}$ we are following. Thus, accessorily in the past :

- How has been constituted the group, its personality and its vision of the soul? What were its goals? Its inner model?
- At which moment did the group orient itself toward the source of Life (equivalent to the 3rd initiation)?
- How did the Word has been searched then registered by the group?

 (We pondered about the 2nd sentence of the rue 11 some years ago).

Most of all to the future

- Which sign would show that the dynamic will is fulfilling its work?
- What can we be? And then express?
- Which dynamic will has to be used? How? What is this contact?

Here is the series of outlines for the Will-to-Good. It shows the past progression, in addition of our memories.

Let us ponder and this day of inspiration will be all the more beneficent.

Carried on in Atman, the spiritual vitality.

Yves

COURSE OF THIS DAY

9h30 We begin with the title, and the goals of the association then with our 3 words of incarnation. Ten we ponder on our zodiacal triangle: Aries, Capricorn, Libra.

9h50 Meditation on the dynamic will and the zodiacal triangle

10h05 Sharing about the meditation

Many words in this outline for describing the stages and the symbol. Make it again. One feels how we can be useful for mankind.

The rule 11 guides us toward the Triad; this coincides with zodiacal triangle.

The destruction becomes explosion that makes blossom the spiritual seeds, as the sparks of a firework.

Temporary contact with realized Being: I am ...

10h15 Pondering about the last sentence of the rule 11 "Let them destroy ..."

One goes beyond the causal body; it is more an abandonment than a destruction, it is something of the kind of a lightning.

I feel myself more useful, living; we are passing to a new order. It is not a rejection but a breakthrough, an intensification. To build again ourselves in a different way, in purity, directly, with the unity in multiplicity.

We are an integral part of the electric current; it is not I who wills, not voluntarism, That imposes itself, That is a part of you, there is a Will whom we are joining to.

Sharing of thoughts about the energies at work, from the prerequisites to the will unto the intensification of the purpose in the used of forms (external destructive action).

11h00 Reading of a text about the black holes.

Break

11h15 Commented reading of thoughts of Michele about the rule 11

11h45 Meditation the inflow of Atman; guided slowly.

12h20 Sharing on this outline

12h50 Break for lunch

15h10 Opening silence to the full moon (exact time).

How to stimulate the questioning of the goal of the use of forms? With the energy of will. Answer by a view of the whole; everyone ponders and brings its answer in using examples for checking.

Being more aware of the goal of the use: "What good is what I am doing?"

As Rene said: to think in perspectives (sub plane 5.5) in being adult (5.4). Question the finality.

15h35 Thinking to Truth (telepathic exchange of July 31st)

Truth rises up, on can't stop it, the body is true.

Integrate the shadow to the Self in order to be true; That resounds. Move from the affect to the mind; the vision of the whole and of oneself constitutes the wisdom; it is seeing oneself in action and place it in the whole.

15h45 Destruction of the idol

15h55 This meditation becomes more and more close to us and practical

16h00 Break

16h30 Full moon meditation, then sharing until 17h15.

MEDITATION ON THE CELESTIAL INFLOW

Crown Ajna

PRIOR PONDERING AND TALK

In the line of the big Bang, consider space as a tree with many branches and the extensive space as a sheet laying on the ground for collecting fruits.

Achievement: Aries, electric fire, initiate, sign of begining

Rising sign: Capricorn, solitude, firmness, summit Sign of the initiate turning one's back to the higher light

Sun: Libra, balance, discrimination, adjustment Sign of fluidity

Venus 5th Ray is focused in the ajna center of the group.

Aina

Note:

After the 3rd initiation, Venus becomes the ruler of Capricorn [R3:163].

Aries represents the monadic energy, the home of the electric fire, Capricorn the energy of the soul (1st ray) and Libra the adjusting personality.

OUTLINE

0/ Alignment with the inner counterpart of the group.

Actualize the center of the crown.

Locate beings - in the line of the big Bang- as fractal dimensions of space

From the point of tension, move to the will:

Visualize a star above the summit of a mountain.

Turn to the realized Being in the center

"I am thy Strength, I am thy Valor, I am thy Wisdom" (pause).

We welcome His help for exerting a dynamic will which will override that which has been created in the midway point.

1/ Ally the receptive fluidity of Libra to the solitary firmness of Capricorn Move to the will aspect to adjust, will to liberate the life of the form, will to initiate Think: "I maintain the opening to the celestial inflow" Then thought is hanged on.

2/ Turn to That which subtends space. This provokes the electric Fire initiating any cycle

And imprints its purpose



3/ Visualize the spiritual life grounding itself It spreads through Venus, the crown and the ajna center.

Sound an AUM: A note of Spirit which liberates, U which unites, M which implements

4/ Appropriation

Tension moves on to will, the electric fire grounds itself I with balance.

A mind: Aries, to initiate, to transmit the electric fire U relational: Capricorn, solitude in the inner core,

interface between sky and Earth

M physical: activity Libra, fluidity, balance

Love guide with intelligence

A U M (6 times)



Remarks: see the document Zodiacal Meditation by AAB (23 pages).

The initial triangle was with Saturn focused in the throat. In 2019, we discovered that after the 3rd initiation, Venus becomes the rule, focused in the ajna center. As the association aligns to the source of life (since 1994), we assume it is the case for our group.

SHARING UPON OUR YEARLY MEDITATION: THE INFLOW OF ATMAN

Space, breath: the I in germ

Atman or ahamkara: the sense of I [CF:703]

The jet of the I provokes the self-consciousness (the 5th hierarchy), yet overflows it later, for the I becomes spiritual vitality in all beings, in any point. Thus the consciousness moves to Spirit.

Ahamkara produces the person, the Me who describes a return to oneself, a take back as a fist which closes on itself. Atman is Spirit: communion of the Whole in Itself.

<u>Point of oneness</u>: it vibrates, it pulsates and this pulsation makes rise up life which enfolds thereafter. Extreme concentration, unfolding from jewel to jewel (tree of black

Point of tension: immediate, echo of the big Bang, irruption

The One focuses the cosmic Way: It can be the red circle by which the 9 paths streams forth; it can be more simply the inflow, the Logos, then the One focuses in the center, in Sanat Kumara. It makes an echo to the center of the crown.

<u>Sign of Peace</u>: The three points of the creative assertion are playing: the point of oneness vibrating with life, the point of tension and the point of emergence giving and making uprise.

<u>Creator, Penetrating one, Transcending one</u> Here is the trinity of Hindu tradition, but one may also think to the 3 cosmic Logoï of the secret Doctrine: the precursor, life or Spirit and Ideation.

The Penetrating one makes think to the galaxy, though the One self is felt as the Heat of the Sun.

<u>The Transcending one</u>: that which subtends the big Bang, then passes through the great Bear and Aries, out sign of achievement.

Stimulating the seeds: as if we were at the basis, in the ground

Current of impression: It carries "You are", assertion of the self—conscious seeds

Discovery: Source of thinking, to participate in life, responsible

<u>Support the community of workers</u>: emphasize the selfless effort, of gift to the world, creation is made for others, they create for adapting to the goal, for going beyond the visible

Impression for the sign of peace, it will need 60 years for impacting t the human consciousness

<u>The 3 aspects of the breath</u>: the 3 zodiacal energies of the group or those of each individual.

<u>Transmutes the patterns</u>: see the achievement, the realized goal, the transmitted Light rather that merely waiting for it.

<u>Ground</u>: use the personal symbol (zodiacal triangle, with the esoteric ruler of the rising sign).

THOUGHTS OF MICHELE ON THE RULE 11

DESTRUCTION OF THE CAUSAL BODY [R5:216]

It is made by the 2nd aspect of the will.

The 3rd aspect of the will, operating through the mind, is the factor supporting the personality all along its cycle of development. It is the principle of intelligent synthesis. Will is manifested first in this way for the beginner, then it focuses in the Son of the mind, the soul; during the building of the bridge, is set up a direct channel of communication between the monad and the personality. The lower mind fuses with the abstract mind, and little by little, the soul having done its job in all its expression, and the personality are replaced. Monad, soul and personality melt in a duality: the monad reflected by the Triad acts directly upon the lower planes by a point of tension. The rule 11 applies to that.

"LET TOGETHER THE GROUP MEMBERS MOVE THE FIRE WITHIN THE JEWEL IN THE LOTUS INTO THE TRIAD"

FIRE: 1st aspect transfer

In order to achieve the initiation, guided by the rule 11, together the group actors as a unit c may move forward and transfer the fire of the jewel at the core of the lotus (will of the soul) in the fire of the Triad. For that, the group must have reached the divine indifference regarding its own emotions and affects and to be able to offset from itself. At the core of the group the fire becomes more and more spiritually destructive. When the group arrives to sue constructively the forces of destruction – it destroys the barriers – this fire acts then under the stimulation of the spiritual Triad and the group becomes a FIERY FIELD. [R5:219] reminds us the difficulties before that stage.

"LET THEM FIND THE WORD WHICH WILL CARRY OUT THAT TASK"

1st stage: achieve the tension in unity, by an absolute focus on the task to be accomplished [R5:220]. This point of tension must be in a point of high vibratory activity during this process of transfer. The silence of the secret Place is established and now the work goes on quickly. Once this stage achieved, the group works as a miniature hierarchy.

The result of the point of tension is the Word which comes out of silence. It is the accelerated rhythm of the Sound or group note which provokes eventually an answer from the inner ashram. When the power of the group is added to the answer of the Master, the Word changes its quality and is precipitated outside of the ring-pass-not of the group life. This Word generates then 3 results:

- 1) Fusion of the external group with the inner ashram
- 2) Transfer of the group life to the Triad
- 3) Double result of this transfer
 - a. The external group dies in the occult sense
 - b. The group soul melted in the life aspect has no more major importance.

THE GOAL IS TRANSFERENCE AND NOT UNION

Now, in this work of transfer, the group must achieve a new point of tension and realization tin unity by the use of the dynamic will. The personality and the monad are completely unified [R5:223], thus the triplicity replaced by duality opens the way of the Higher evolution to the initiate. [R5:224] the great renunciation (of the causal body) is only possible when the practice of small renunciations rules the life of the disciple and of the group.

THOUGHTS FROM YVES

Hello

Here are my answers up to this day.

The association Will-to-Good has been created on the basis of the French association of Goodwill. By its name, it invoked already the source of planetary life. One may think that he first year showed that it surmounted the affective illusions, enthusiasms; this corresponds to have passed the 2nd initiation.

We wanted to be a spiritual group, fed by the full moons meditations, supporting the world servers and carrying a pondering at ne moons, dissipating the glamour of irresponsibility then the fear of death. The group qualities seemed to be purity, discernment, inner work, restraint in external relations, perseverance, questioning.

The third initiation was mentioned in a moral report, was it in 1992? [No in 1994]. That year 1994, the yearly note was Dynamic will to Peace. The creative assertion (sign of will) was used side by side with great Invocation during nearly 7 years; the outlines of full moon and new moon meditation were modified in 1998. The note of the year 2000 'Thou, Breath, Fire' seems to mark the realized alignment with the source of planetary life. Let us admit that, at that time, the association has participated to the contact of Shamballa with humanity.

The stopping of the network of goodwill has been a step in the abandonment of a claim to be an acknowledged group. The choice to work in a small group, rather than to turn toward a great public (1998) was also a step, denoting our orientation toward the 1^{st} Ray.

The <u>Word</u> which carries out the transfer of the fire from the jewel to the Triad has been pre-sensed around 2006, notably with the destruction of the idol, since we were grounding the diamond in the core of the group. The self-schooling has been renamed (in 2012) Energetic Exploration of Spirit (EES) and the group has worked with the red circle and the Red, Blue, Green dots. EES would it be the word that appeared then? This has led us to re-found the association under the name **Will Spirit** in 2013, the sound had precipitated the Word, it has taken shape. The abandonment of the intergroup seems also to participate to this renunciation to an "official" life; solitude increases.

What remains to be? A point of energy, a source of life, distributing it. We operate as a plot of the ashram.

Our guide continues to be the sign of peace, sustaining the creative assertion. We are thus guided by Nicholas Roerich, leading us to the living Morya. Amidst the Assembly, other beings answer to the Sound of the Logos, activate the dynamo and generate life. With them, the group takes part in this pulse.

The dynamic will is the I revealed by the point of tension, the Willing Spirit.

This I makes us live, underlies the spiritual vitality, activates the immediate presence. Thus, we – the group with its inner counterpart - work (or tends to work) with the spiritual Triad for distributing life, though group and individual adjustments remain to be done.

How to destroy?

Esoteric astrology answers about the transforming ONE of the $1^{\rm st}$ Ray: in giving no attention to what is destroyed, in pouring out atman, the breath of the I. Secondly, in starting always from the center See R3:617-8. Destroying without giving any interest to the thing, it is break, pierce, assert a more intense center, move to a step beyond = overcome: willing to offer atman, the intense I.

The blazing light blows the causal body, Love immediately here. The chicken pierces its shell, the Door opens, the direct link sets up and intensifies the current of distribution. All disciples do not take initiation but it does mater that the group (with its inner counterpart) visualizes the electric contact for increasing the tension and register the impression.

INITIATIC PROCESS [R5:534]

The initiatic process results in reality of the activity of 3 energies:

- 1. The energy generated by the disciple as he searches to serve humanity
- 2. The energy accessible to the disciple when he joins the Triad
- 3. The energy of the ashram which the disciple integrates.

ASHRAMIC PURPOSE

The realized Being, Morya, on the 1st Ray of Will, transmits the ability to lead and to assume responsibility. This realized Being affirms the seed of divinity in every being, in all kingdoms. Since Spring 1985, He generates anew Spirit. Linked with Maitreya and the Manu, His will asserts the essential homogeneity, the law of synthesis sustaining all by a single deed. Will transcends, that is moves through all veil of matter. Thus life streams forth, more abundant, more penetrating, more blazing.

We take our part in it.

PERSPECTIVE

Tension is closeness of the link which makes us to be - from the background. Will is there directly; Spirit grounds itself.

We are not doing it for ourselves; we want to offer the will to all who search to realize Spirit.

Electric fire, direct pulse.

EXTERNAL DESTRUCTION?

The destruction of the "causal" shell is accompanied by an external element. We face the attachment to ideal forms. It is the case with the Great Invocation or with some customs: veils, clothes, competition ...

It looks like Alice A. Bailey, at the end of her life, was looking frenetically for rise up toward Shamballa, to exert more will; yet it was an exacerbated desire; this has led her to will to put her imprint on the world, to put the emphasis on the form. Thus [R5:290] Christ takes the 6th initiation while Jesus is at Gethsemane; page 730, He takes the 7th initiation. A testimony is given by both suggestions to the disciples for the next 30 years: to distribute the great Invocation and to collect money for the New Group of World Servers. Blavatsky and theosophy never emphasized so much the external "service", they maintained a balance between action and meditation, between expression and research. Thus a blocking element appears: stubborn attachment to ideal forms, neglecting spirit; this trap could go on with the 7th ray of ritual, if meaning does not abide the process.

Form and Life, Spirit and Matter

Any form in relation to its use follows a cycle: research, discovery, assimilation, use, giving up or retirement; each fore moves on more or less quickly. Yet idealism, instead of being abstract, focuses on the form for legitimate oneself; it is a variation of greed or materialism.

One may feel it as an obstacle impeding the passage of the Breath. In order that Spirit vibrates in Matter, a more dynamic will must apply and stimulate spiritual life, the life of consciousness's. We shall be able to apply this will only if it applies to our own conditioning, our equipment.

Thus the destruction of the idol is right, but the matter is to intensify the inner life.

Our first service could be to make vibrate Spirit – It already vibrates – that is to activate the life pulsating in the forms; hence to make appear the raison d'etre of these in the consciousness of the users.

In summary

- 1. A more dynamic will
- 2. Visualize the ashramic group (a part of the ashram)
- 3. Distribute the spiritual vitality, with this more intense will

SIGN OF PEACE, VIVIFY

DECRYPTING OR DESCRIBING

Cosmic ideation (3rd cosmic Logos) fixes the purpose and inspires the will which conditions Life. It expresses through the Creator, to which the (path of) planetary Logos and the Earthly service. It creates a sacred planet. Life or Spirit of the universe (2nd cosmic Logos) is the source of the blossoming of consciousness, of the solar Logos, of Rays et on lives on Sirius. This irradiation sustains the blaze of the Penetrating one, of which the Heart expresses the will which brings fulfillment. We are in the irradiation of the black hole of the Galaxy.

The Precursor of manifestation (1^{st} cosmic Logos) expresses the tension sustaining the whole, arising; Its will makes things to be, the Sound makes Bang. Thus in the circle of the One, the three Logoï are inscribed as three dots.

The inscription is red in the arising, with Life emerging, blazing: Source of Life. The 3 dots become 3 colors when the 3 Logoï differentiate in 3 aspects; they represent the awakened Spirits or Buddhas of activity.

In the Heart, the circle in indigo blue, the One inscribes in the inclusive, immediate space, direct link.

In consciousness, the horizon is luminous blue for the light illuminates the field of consciousness.

ATTITUDE

- 1) The symbol can be contemplated, thus approached from the outside
- 2) One may tune into the symbol quality, resound and transmit the emanating energy. One is interiorizing the symbol, it is a tuning fork, a tool for tuning on a frequency.
- 3) One may enter in the symbol and work through it; in other words, on goes toward the inflow at the source of this inscription and one inscribes (in the Assembly with the Flow) the circle of the One and the three dots. Life pours out through this sign.

PREREQUISITE TO THE WILL

The first approach is inspired from the outline "We are the source" (leaflet Self-schooling 1).

Approach 1: the source

Observe the flow of impressions passing through us,

Go back to the source,

Be true, immediate presence.

Apply this will to be the flow -

The source – to establish the immediate presence.

Approach 2: contemplating

Contemplate the red dot in the indigo circle.

Realize that the indigo circle represents the planetary Heart.

Loving magnet in the immediate presence, in truth.

The red dot indicate the transcending one, the burst, life.

Approach 3: They are doing it

Spirit the more intense, dynamic electricity, ocean of fire

Some Beings pulsate: blazing light Monadic will: the One affirms the whole

Search for That.

Year 2018 VIBRATE IN THE ONE

Moral report 18

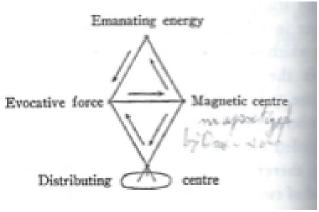
We work since two years with Atman, the breath of the I. We address now our goal, our monadic destiny as a group, the ONE. Together, within the ashram, we can distribute the dynamic fire of the ONE in all. The meditation outline guides us in that and we'll study together, today and during one year.

This outline ends by the zodiacal outline of the group and I make here a first approach that we'll amplify. Our association is native in Libra, with Capricorn as rising sign and the achievement sign is Aries. The Tibetan's text, which has reached us through the School for Esoteric Studies (SES), mentions that each of these constellations has a quality and a role.

Libra conditions our personality, which must adjust and find the balance between Spirit and Matter, thanks to the $3^{\rm rd}$ ray of creative intelligence. The rising sign Capricorn points out the way for infusing ourselves with the energy of the soul ($1^{\rm st}$ Ray for the association WILL SPIRIT). That means to stand at the summit of the mountain, isolated and firm, receptive to the celestial inflow, but moreover for merging in the higher light and turn our back to this light. Can we stand firm at the summit of immediate presence and transmit the inflow to the world of human beings and the other kingdoms? The esoteric ruler of Capricorn is Venus for those who have taken the $3^{\rm rd}$ initiation, this means to work with the intelligent love ($5^{\rm th}$ Ray) guiding the ajna center, the directing center of our life. Then the electric fire of Aries, our monadic destiny, can flow via the sign of Peace.

In this text, the Tibetan instructs to stand up toward the constellation of the natal rising sign and to enunciate the seed-thought of this sign. Let us imagine our small group, born after the equinox of autumn in the balance between day and night whereas, seen from the sun, the group is projected toward the sign (related to the constellation) of Aries, where the dynamic will of the most High comes from, the electric fire of the Transcending one. (We are doing it).

The Tibetan's text draws a triangle point to the right showing the rising sign taking the role of the radiating Self, full of Love. This triangle makes an echo to a triangle drawn in Esoteric Astrology [R3:465] showing precisely Aries and Libra underneath, transmitting the energy of the Great Bear, the prototypes of the seven Rays. Yet the figure page 460 shows a diamond with, at the basis of the higher triangle, a point of evocative force and a magnetic center.



If the distributing center is our group personality, what is this magnetic center? If this force is the group soul and the magnetic center our personality, the distributing center would be our group as we show ourselves in this physical world? Can we attribute the planet Venus or is it Libra to this distributing center?

Or the evocative force is it the Sun, center of the solar system and the magnetic center the Hear of the sun, the one Self? Then the opposite signs Aries-Libra are linked in a direct line through the sun [R3:465] under the great Bear at the top? We'll have the leisure to talk and meditate about that.

The zodiacal triangle corresponds to the 3 aspects of being. We don't have much to worry about our functioning in Libra, merely for always adjust the desirable to the possible. How can we understand a Capricorn inspiration? This is a sign of hard materiality, aridity and dryness. But we can envision the summit of the mountain as a

calm place, under a slight breeze, offering serenity and ample view, overhanging hazards. Then we'll be able to access to Aries, the sign of beginnings, where the Transcending one streams forth as electric fire, Will, Power; the sign of Peace (with the Beings holding it) helping us to assimilate it. Thus the zodiacal triangles – of group and individual – are keys to be used.

The zodiacal triangle of the association and its inner counterpart shows also our progression. The rule 13 [R5:268] points out that the act of initiation marks the beginning of development of the will aspect; the Buddha of activity behind this process works through the Christ and the second Ray, drawing the needed energy from the constellations Capricorn and Aquarius. When we take part in the Assembly in our new outline, we take part in this process regarding the 5^{th} to the 1^{st} initiations, related to the indigo circle and to the emblem of illumination. What we pre-sense from the 9^{th} to the 5^{th} initiation deals with the act of identification, related to the red circle; the Buddha active in this topic works with the Lord of the 1^{st} Ray and the informing life of Aries and Leo.

Our study and assimilation of the zodiacal triangle makes us apply a part of the rule 13. "Let the threefold mode of working with that which is dynamic carry the group together towards the Higher Three where the Will of God holds sway." Thus vibrating in the One can lead us to work in the mental substance (understanding), in the pure reason or immediate presence, in the spiritual will, or – in the Heart – in the Light blazing with Life.

The individual zodiacal triangles, the key-words of incarnation and our visualization of the five of us in the blue circle surrounding the 5-pointed star promote an individual approach of the 3rd initiation, since this star appears at that time. Thus, we, individuals and ashramic group, move forward hand in hand, each at our level and in our way.

The group Inner Source increases its cohesion and just begins to tread a path toward living as a soul. With the book 'Penser la vie' which has the emblem of illumination on its cover page, one may think that this group spreads out soul energy toward thinkers and seekers. We can support this spreading in pouring out the current of the Sign of Peace, the more abundant life flowing through the ashram (indigo circle) and spreading in the open mind via the emblem of illumination; then humanity may develop a soul vision, an intelligent and selfless vision. It can create a way of life (green dot in the blue sky circle) and thus open the door (1st initiation) for taking part in the loving intelligence of the whole.

We are learning on, thus the work becomes more serious, more real, as we come near our shared Reality with Beings in the Assembly, where resounds the O of the center of planetary Life. The breath of the Logos carries us on.

2018 Outline: Vibrate in the One

Breath in atman, the breath of the I
Behind the attention Life (1 minute minimum)
Behind the intention Ideation

Spirit, one, instantaneous (1 minute minimum)

Behind tension, that which wills (break).

Stimulate the 9 currents of awakening (1 minute minimum).

One, whole.

Cosmos, Its 9 vibratory modes.

Search for the dark ground from which all comes.

The absolute is within us, in any being.

2nd Logos, Spirit - Matter, Life

3rd cosmic Logos, Ideation, Breath

1st cosmic Logos, precursor, irruption

The Three are One.

Vibrate in the One.

Take part in the Assembly of monads (from the 9th to the 1st initiation) The Sound supports the inspiring note attracting humanity Visualize the 5 of us in the ashram, the group Inner Source, our triangles

Ponder to a sentence which makes contact (break).

Breathe in the spiritual breath.

Integrate our zodiacal triangle (individual)

Use its symbol as an energetic plug.

Move to the triangle of the association:

Achievement Aries, Rising Capricorn, Sun in Libra

"I maintain the opening to the celestial inflow"

Use its symbol as an energetic plug.

The fire of Aries gives access to the electric fire of Spirit

This sub-tends the sign of Peace (break).

Life- blazing Light we distribute.

We ground this fire by 3 AUM:

A red Om Aries fire, an indigo Om field of inspiration Capricorn, a green Om activity Libra.

NOTES:

- 1/ The Absolute for us is the presence that we pre-sense. Presence is perceived or pre-sensed, the absolute is a concept. The absolute is that of which all things are made, one can't say anything about it, this term seems to close the perspective while the *infinite* opens it. Yet the infinite is not far away, it passes through everything, as the transcending one. The absolute is passes and does not need to pass, it constitutes the passage as well as everything.
- 2/ The attention passes though a pulsation for reaching Life, which is Love, gift of oneself.
- 3/ Our intention is to meditate, to take part in the ashram, to distribute the spiritual vitality. The intention passes through movement for reaching ideation; pulsating spirit emerges as light.

Cosmos: one may think to the great Heavenly man and to the 9 currents of awakening.

- 4/ Vibrating in the One: monadic vibration, goal of the group. For some, the One may be the filed of consciousness, radiation; for those who entered in the triadic current the one is the mental space, for others it is the immediate presence, for others it is the rising Life, electric light, coherence of Being.
- 5/ The Assembly of creative Builders (from the 1st to the 9th initiation) or Community of subjective workers [R5:295 and DINA2:402]. We are pre-sensing the intense levels, yet

we take place and work at our level. Therefore the current of impression participates in it, rather than to be done after as in the outlines of the previous years; it is the same for the discovery of consciousness.

6/ Some steps of the Assembly seem closer or more carriers of meaning. The 9th initiation refers to the focal point of planetary life; the 8th the Buddha or awakened Spirit; the 7th to those who resurrect – provokes anew -the seeds of Spirit as flows in the ocean of fire; the 6th refers to the sparks taking place in the red circle describing the cosmic way; the 5th those who spread the currents according to the Plan, the 4th those who spread the universal energy, piercing through the barriers; the 3rd those ho impulse activities in the mind, they carry a purpose for evolution; the 2nd those who are aspired toward right activity – the monad does not yet contact the brain; the 1st those who are aspired toward a selfless activity, toward a greater sense of sharing. Thus the Assembly of monads describes all the sparks answering to the call, the soul responding to it for the 1st and 2nd initiation and not their brain.

7/ In the Assembly resounds the O of the Logos, His Will is acclaimed, it is related to the red color (179/255). The great ashram is united through Love, related to the indigo color. In its spreading to the consciousness, red and indigo are at the background of the luminous blue of conscious horizon (1^{st} and 2^{nd} initiation). Mankind is then attracted to the opening of consciousness 'luminous blue) for making oneself more useful, beyond the family or friends sphere, thus in a general sense, from the mind.

In other words, the realized Beings or Masters of wisdom constitute the red dot in the indigo circle, though they access to the red circle or Shamballa or planetary Life; they use the spiritual will and maintain the Plan in the vision of the ashram. The Arhats of the 4th initiation vibrate in the blazing light; they are also absorbed in the immensity of the Planetary Heart, indigo. The initiates of the 3rd initiation create according the direction and work in the spatial mind (green dot); they attract those who prepare this initiation in stimulating the direction (red dot of the emblem of illumination). Indeed before, the brain registers only the radiation; the indigo blue becomes then the luminous blue or sky enlightened by the sun of the soul. Those who prepare the 2nd initiation need to broaden their scope and their sensitivity for making it right (blue dot in the blue circle). Finally the point is to attract those who prepare the 1st initiation in order they may create (green dot) a balanced and creative way of life, thus the Assembly attracts those who are not yet part of it.

8/ Symbol of the association with the esoteric ruler of Capricorn, Venus 5th ray: the current ins grounded in the crown center then in the ajna center.



The triangle describes the mountain and our distribution to all beings.

9/ Electric fire! We are not yet at this point, but others are doing it in our place and we put ourselves under their guidance.

10/ Spirit is perceptive; it is instantaneous as the logical world of the 1, ruled by the principle of essential homogeneity or law of synthesis. It institutes the dimensions, and then founds space; one perceives behind the 3rd aspect -intelligence - the force, 1st aspect.

 $\dot{1}$ 1/ We begin always by the 2nd aspect, the attention or 2nd Logos, before the 3rd, for we are carried onward by Love.

12/ From the individual triangles, one may move from Taurus "all is illumined" to Capricorn in "on that light I turn my back". One may move from Leo "I am That" to Capricorn in contemplating the world (this) from the summit.

13/ [R5:712] "The Manu is receptive to, and the agent of, the energy of the divine will for humanity; the Christ is the agent for the distribution of the energy which brings intuitive revelation; the Mahachohan is responsible for the inflow of ideas into the consciousness of the disciple, the aspirant and the intelligentsia".

Thus the distribution amidst the Assembly is inscribed in the line of the Will Spirit. A distribution along the line of 2nd Ray would help the awakening of forms of life.

14/ The 3 AUM, or 6 AUM if one doubles, at the end are related tot the zodiacal triangle which applies to the 3 aspects of being or of personality. The first is focused on the sparkling, incisive and light fire of Aries and infuses our direction and our mind. The second transmits the immediate presence with the quality of the firm, peaceful and receptive summit of Capricorn in our consciousness and our relations. The third infuses with right, fluid balance for implementing our activity. These AUM may be enunciated, yet they may be too some expirations bringing in the body the intent or quality of the sign.

15/ Because of its length, the intensity of the meditation may decrease; it is better then to simplify it. What matters is the play of the 3 aspects in the one, in the microcosm as in the Macrocosm. The exploration of the 9 currents of awakening and of the 9 vibratory modes of the Cosmos is secondary. To vibrate in the One is obviously central and the participation to the Assembly necessary, but at the level where we may play with the energy. Here too, pre-sense more intense, more abstract levels, comes within the exploration. Finally, for the association taking the prepared initiation, it matters to ground its zodiacal triangle. Since the planetary monad is of first ray, the fire of Aries runs along its thread of life; this spreads through the sign of peace.

16/ The outline, which was short, goes longer for easing the access and the distribution. The fires part of this outline addresses the inner alignment, then with the Cosmos; it moves to external stimulation, then the ONE is grounded in its source and can be spread. With training, the energetic route is known, words become useless.

STRUCTURE OF THE OUTLINE

Inward abstraction from attention to Life, from intention to ideation, from tension to will With the outside, the Absolute, the 3 Logoï, the One (thus the sign of peace)
Participation tot the Assembly, to impression, to the Source of consciousness
Support the known groups
Personal zodiacal triangle, then group triangle
The fire moves through the sign of peace; spread vitality

OTHER ALIGNMENT

Breathe in atman, the breath of the I Search for the point of oneness within the Heart of space Any life, any form derives from it Savor Life.

Conceive Spirit, one, universal, instantaneous at the origin of consciousness How to emerge to Spirit, which founds space? Search for the point of tension in the fire of space Go back to the source: will

POSSIBLE CURRENT OF IMPRESSION

Absolute, Communion Sign of Peace, the 3 Logoï The 3 Logoï are colored in the red circle: Life Immediate presence, Spirit, Immensity Source of consciousness, radiating units Attraction of the creative center: the human

Detail of some parts

RETURN ON THE CURRENT OF AWAKENING

Empty space, free of any object

Radiate at the most, then at once 100 times stronger

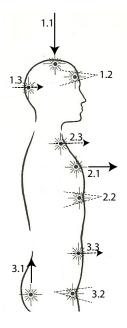
Galactic being (empty space, free of any object), solar being (facing the planet), Planetary being (great vertical crystal).

Lend attention to the currents piloting the consciousness and provoking it.

Here are detailed the currents of the cranial box, but one may work with the currents of the 3 bony enclosures: cranial box, thoracic cage, basin). See www.martinmuller.org

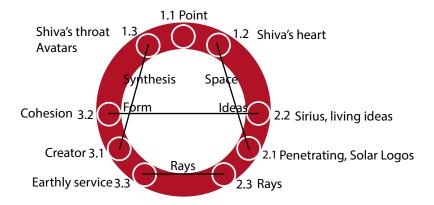
- 1.1 Ground that which founds the whole at the top of the head
- 1.2 Perceive the latent interiority opening as a corolla downward
- 1.3 Perceive the essential homogeneity raising up
- 2.1 In the middle of the front, is grounded a current founding the inner receptivity
- 2.2 Receptivity blossoms in a corolla inward
- 2.3 Backward start differentiated currents (7 rays)
- 3.1 At the back of the head, locate the exact point where the wall is vertical This point grounds the implementing current, of active creation
- 3.2 From this point is opened a corolla coordinating the cohesion of creation
- 3.3 A current starts forward, inducing action

They inscribe themselves in the three bony enclosures.



THE 9 VIBRATORY MODES OF THE COSMOS

The cosmic Paths may be understood as 9 vibratory modes or as the 3 aspects, which are distinguished each in 3.



They are 9 modes of emergence of Spirit. It is better to begin by the closest for ending by the most abstract. Besides, it is in that order that the cosmic Paths are numbered.

- 3. The Creator
- 3.3 Implementation of the movement, evolution history
- 3.2 Coordination, attraction, magnetic work
- 3.1 Implantation of the Cosmos in the living matter, planetary Logos
- 2. The Penetrating one
- 2.3 Cosmic sensation infusion, extension, the Rays
- 2.2 Cosmic understanding or feeling, Life of Ideas, Sirius
- 2.1 Seed or the Heart, black holes of galaxies, Self
- 1. The Transcending one
- 1.3 Irruption of the inflow, the Sound, big Bang, Energy
- 1.2 Interiority in germ, within it the one
- 1.1 Essential vibration, abstract point

DISTRIBUTION IN THE ASSEMBLY

The doors or gates enable to enter in a vaster, more vivid and more intense energetic field. We pre-sense of affirm this facets of Spirit.



- 9^{th} door expressing the 3 realized aspects. The focal point of life, Sanat Kumara, grounds the intent, inspired by the cosmic mind.
- 8th, the Buddha and the blazing sensitivity, white background of the sign of Peace
- 7th, the living Ones resurrect Spirit in the electric fire
- 6th, these realized Ones are inscribing themselves in the cosmic way, red circle
- 5th, the Masters of wisdom access to red circle, they inscribe Spirit and Its will (red dot) in the indigo circle of the Heart
- 4th, they live in the Heart and unfold its universality (indigo immensity)
- 3rd, they offer the direction issuing from the Heart (green dot in the indigo circle) and grounds the stimulating life in the consciousness (red dot in the sky blue circle)
- 2nd, they radiate and develop understanding (blue dot in the emblem)
- 1st, they create their life according the inner way (green dot in the emblem)
- Spiritual life streams forth in waves outward, returning to the intense Center.
- This wave attracts the human beings, they are looking for the meaning of their life.

SYNTHETIC OUTLINE

Breathe in atman, the breath of the I Behind attention, Life Ideation= Spirit, one, instantaneous. Contact that which wills Three in one

Cosmos

Search for the dark background, the Absolute

Precursor Vibration Ideation

Three in One: vibrate in the One;

Take part in the Assembly (from the 9th to the 1st initiation)
Visualize the 5 of us within the ashram, the group inner Source, our triangles

Ponder to a sentence which makes contact (break).

Breathe in the spiritual breath.

Use the symbol of our individual zodiacal triangle as an energetic plug.

Move to the triangle of the association: use its symbol as an energetic plug.

The electric fire of Spirit sub-tends the sign of Peace,

Life -blazing light that we distribute.

We ground this fire by 3 AUM:

One Fire Aries, once field of inspiration Capricorn, once activity Libra.

ABOUT EVOLUTION

The ashramic life includes the pulsation, in the indigo circle and in the sky blue circle, of monadic triadic, levels and the higher levels of the mind. It impacts, with the cosmic touch in the 3 worlds, the open thought, the welcoming and compassion and the fact of cooperating, contributing, which are spreading on Earth.

The ideologies clash has marked the descent of energy on the mental level; it has produced the world war with the Mars cycle of humanity 1914-1942. See Peace means action and a Treatise on White Magic:309. This clash has extended in a soft way (the cold war) during the Jupiter cycle 1942-1970.

The impact on emotional level has begun with the publication of the club of Roma; it has stimulated ecology; feminism, acknowledgement of minorities and in reaction has provoked fundamentalism; this coincided approximately with the Saturn cycle 1970-1998 and the Uranus cycle 1998-2026.

The economic war lasts since a long time, but has entered in a more acute stage; it illustrates, with the global warming, the contact of the cosmic touch with the energetic level of the planet. Will it last 2 cycles of 28 years? Or has it begun before even the end of the cold war? Before 1989?

Pattern of our work Cosmos Galaxy Relay: great Bear Star: Sun Planet: Earth Focal point M. Maitreya Manou Life Spiritual will Inclusiveness Ashram Truth Liberty Awakening Training EES Internal Tel Europ. Tel Will Act Inner Source Observe open thought Author Possession Power ecology, compassion **Avidity Authority** contribute, cooperate Social rank Tinsel Rhythm Qi gong

THE 9 VIBRATORY MODES CORRESPONDING TO THE 9 CURRENTS OF AWAKENING AND TO THE 7 PLANES

The cosmic way begins with the essential homogeneity, that is to say when the will-to-be, that will which makes rises the flow leading to existence, is realized by the One at the 6thh initiation. This shows how abstract are these factors; we can approach them through correspondence, notably via the 3 aspects: creating, penetrating, transcending

or Brahma, Vishnu, Siva. The 9 paths are linked not the 7 rays, but correspond to the 7 planes [Tel:121]; the parallel with the 9 currents of awakening is also very talkative. These currents detail the downward informing flow, which, by meeting the support or Nature upward flow, produces consciousness (see the book of Martin Muller).

The most concrete current of awakening (3.3) concerns the bodily movement; it is analogous to the 1^{st} cosmic Path or vibratory mode,; this concerns the blossoming of seeds from the grounds of Lotus", among them Morya's Garden. This mode guides thus the evolution of the subjective life, that which is the most apparent, related to the physical cosmic plane.

The current of awakening (3.2) concerns coordination; this vibratory mode ensures, by magnetism, the cohesion of constellations, the reciprocal rapports of the stars; it is thus the magnetic Work of the 2nd Path corresponding the affective cosmic plane.

The current of awakening, centered at the bottom of the basin (3.1) guides the foundation, the seat of the body. The related vibratory mode 3.1 grounds "upon the living mold" [R1:63] the cosmic intent coming from the cosmic mind; this includes the purpose of the planetary Logoï. These three modes rule the work of the Creator or 3^{rd} aspect, Brahma.

Let us now move to the Penetrating one. Its interiority (2.2) rules in the human being the fields of feeling and, in the Cosmos, the understanding, the life of ideas, the white brightness of Sirius. This 4^{th} vibratory mode corresponds to the buddhic cosmic plane where is centered the cosmic reason.

The Penetrating one expresses through its 3rd aspect: in the human body, sensation is impetus and reception by the Self of the non-Self; in the Cosmos body, rays go from one center to another center - from a pole to a sub-pole - and express cosmic sensation. We have the impression that rays pour out from high sources, yet the reverse is true too: beings discovering their ray rise toward their Source and thus bring back the perception of the non-Self toward that higher center. The search for cosmic sensation corresponds to the atmic cosmic plane or enfoldment at this level.

The current of awakening 2.1 describes the momentum of the heart opening to the world; in the cosmos, this corresponds to the seeds of life; they cover a range from the black holes of galaxies to the Hear t of the sun, to the monads to the black holes of electrons. This 6^{th} Path or vibratory mode corresponds to the monadic cosmic plane. Thus the Penetrating one grounds itself in any point, in any seed.

The big Bang describes the enfoldment of the cosmos, corresponding to the acclaimed will on the planet. It is the energy implemented by the Transcending one or 1^{st} aspect of the Cosmos. This vibratory mode 1.3 corresponds to the implementing current of ideation, starting from the back of the head. It corresponds to the ocean of fire or plane of Adi (a Sanskrit word meaning 1); the energy of the background rises.

This 7th Path of Absolute Sonship leads then to the 8th Path, which may be called the Path of eternal Parent. This vibratory mode 1.2 concerns the factors to be activated, the shaping of the purpose, That which this Parent wants. In a way, it is the first abstract space. It does not ground in substance, this being marked by the number 7, but It stays behind.

The 9th Path concerns the One who wills the Author back of any rising of Being. This Path could be called the Ineffable, first sign of the Absolute. One may talk about the precursor, about an abstract point, but any rapport with manifestation assumes energy, an expression, it is thus a mistake. This Author or cosmic Logos presides; It presides to the institution of space. This vibratory mode 1.1 corresponds to the current focused in the crown center, that current which leads us into existence. These 3 last vibratory modes describe thus what is called the Transcending one, present but passing through, unattached, 1st aspect, precursor, as mentions the secret Doctrine.

Year 2019 WILLING TO INSTITUTE A SPACE

Moral Report 19

Dear Companions

We integrate the ashram. We begin to distinguish 3 aspects in the will:

- 1) The One who wills, the Author
- 2) That what It wants or purpose
- 3) The will to implement

This will may be first the intelligent purpose or manas, that is to say the thought piloting the activity. This 3^{rd} aspect is accompanied then by 2) a presence called also opening to the world and 1) the thinker or jewel, grounding of the triadic current.

This will may be this triadic current itself inscribing in space; this paced is then symbolized by an indigo circle, in contrast with its correspondence in the consciousness, manas, symbolized by the emblem of illumination.

If one transfers the threefold aspect to the Purple (dark red) Lodge, there all is will-to-be, it sustains the appearing of existence. 1) The author may be then the Thinker on the cosmic mental plane or its focus in substance: Sanat Kumara, Rigden Djepo, the focal point of planetary life, whatever the name which is given to Him.

2) He activates the purpose, some factors, the cosmic, solar, planetary Laws and the seeds of life, we are part of. 3) Finally, He supports evolution.

We are working at our level, where we are each of us, where we can contribute usefully, but we know too that others assume a greater responsibility, working in a vaster space.

A famous paragraph of the Leaves of Morya's Garden, volume 2(Illumination), describes the words of the Christ:

On the way back, under the full moon, occurred the memorable saying of Christ. During the night march the guide lost his way. After some seeking I found Christ seated upon a sand mound looking at the sands flooded by moonlight. I said to Him, "We have lost the way. We must await the indication of the stars."

"Rossul Morya, what is a way to Us, when the whole world is awaiting Us?"
Then, taking His bamboo staff, He traced a square around the impression of His foot,

saying "Verily, by human feet."

And making the impression of His palm, He surrounded it also with a square. "Verily,

And making the impression of His palm, He surrounded it also with a square. "Verily, by human hands."

Between the squares He drow the comblence of a pillar surmounted by an arc. He

Between the squares He drew the semblance of a pillar surmounted by an arc. He said: "O how Aum shall penetrate into the human consciousness! Here I have drawn a pistil and above it an arc, and have set the foundation in four directions. When by human feet and human hands the Temple will be built wherein will blossom the pistil laid by Me, then let the Builders pass by My Way. Why should We await the way, when it is before Us?"

Then, rising, He effaced with His cane all that He had drawn.

And if the sign of peace was that pistil? This symbol is projected specifically by the Christ according to [R5:233]. So let us see the simplicity of the three aspects sustained from the cosmic levels anchoring in the monad, then in the jewel in the center of consciousness. Which is that pistil, this female organ of the flower? The sign of peace – on a white background a red circle with three red dots in the center – is a shape fostering contact, inflow of energies and plenitude. Thus the sign of peace points out to us a mode of work, bringing joy, force and victory. Yet one has still to use it!

The foundation is set down in four directions. Which are these four directions? East from which comes the Light, awakening. West, gift, love. North, obscurity, Will. South, brightness of manifestation, Beauty. It is said that this great formula (the great Invocaton) lies on 7 word-forms [EH:489]; which are the word-forms of the creative assertion? With words associated with the four directions, **Light, Love, Will, Beauty**, come the feminine Origin: **Space**, the destination: **Transfigure** and the means= **All**.

Seven word-forms which constitute the bedrock of this assertion, enunciating the mode of action, on the Path offering itself in front of us.

Space appears first as en extension, receptacle where are inscribed positions and interactions. In that point of view, we observe a pre-existing Nature; in another point of view, we build the experience with our attention, our availability and forgetfulness. It is intensive space, when we create an instrument, when we introduce some dimensions; the Breath creates the big Bang and space swells. Reception and emission complete, both polarities- one may call feminine and masculine – unite and give existence.

Why base oneself upon the feminine Origin? The book Illumination answers in the § 150. "the masculine Origin returns voluntarily the treasure of the World to the feminine Origin": space. Masculine Origin has been reduced, distorted, travestied in a jealous god, in an instrument of power, of cruelty and oppression. Thus Spirit frees itself and offers the greatness of manifestation to space. "Allah Akbar", "God is great", this expression should arouse wonderment. Stubborn minds make of it a rallying cry of fundamentalism, stupidity and finally of despair. Yet the Breath of Spirit is always there, it infuses and sustains space.

The feminine Origin call us to develop tout feminine part, our receptivity; each of us, male or female,

To perceive space, to institute and create spaces; thus in our turn we become creators. Let us come back on the zodiacal triangle of our association and the energetic symbol. The celestial inflow is reflected in the aura of the crown of the group and Venus, the star of the morning, focal point of intelligent love, appears in the ajna center. It is a planet of 5th Ray, the star is thus 5-pointed transmitting loving intelligence (to the 5th kingdom), with the firmament reflected on the crown of the inner group. The triangle illustrates the summit of the mountain (Capricorn) but also the balance (Libra) of both sides: love and intelligence, that is wisdom.



This morning star appears as a monadic spark focusing (located on a denser plane) the Adic plane of dynamic electricity where no form can arise. Venus is the rue of the 5th hierarchy of souls: the one of sources of consciousness and of factors of cohesion of form: it is a devic hierarchy, the causal body being a form. This helps us in our work for revealing the source of consciousness with the emblem of illumination;

This symbol is also linked with the 3 keywords of our collective incarnation: Will – Spirit and the third word: the Ineffable, the Absolute. Will is first perceptible as central force of the star, though it subtends the whole; Spirit infuses all the manifestation, the triangle, while the absolute subtends all the plane.

About the axis Aries-Libra through which acts the great Bear [R3:467 and:50]

"He now, through transcended feeling and for identification with the seen Vision, the true meaning of *being*". That's what we can discover, activate, express.

A says the Call (§381)

"O Lord, Thou gavest le Thy Bliss to safeguard" and I guard it for Thee. Love is the basis of all will-to-be, as space translates the rising inflow.

Space, basis of manifestation according to the secret Doctrine, space including all paths, all feelings, all possibilities. The creative assertion evokes space, that some people call the Mother of the Word, the Logos staying retired and in-blowing the 3 dots in the circle.

Creating in our turn a space of activity, in accompanying a wave of life, we come close to one of our goals: to distribute the spiritual life. It remains much to do, to integrate more deeply the ashram sustaining us, to be a relay to the cosmic Logos, to take part in the Great Work.

On the physical plane, we meet clearly difficulties: health and remoteness. We surmounted remoteness; health pushes us to make a more subjective work. Yet the

sharing of thought of radiation between us is a fact that is deepening. We have between our hands a powerful lever; let us live, transmit, give subjectively and objectively this pistil which will blossom.

The meditation of this year is based on the distinction between the will instituting a space and the will implementing the Plan. 'Instituting a space' could put the accent of the object, but the aim is to participate to the inflow, to identify with the Author, to will with the Whole. We can institute the space of service that we want, but amidst the ashram, we can choose between 3 levels of contribution or identification:

- the sevenfold Being related to the great Bear
- the Consciousness Light related to the sun
- the earthly experiment related to the planet

The previous one includes the following one. Each of these levels implies a resonance with the triadic current, the solar fire or the active unit. Together, we can also find other spaces to sustain (in a strong sense); we shall talk, explore, experiment, check. This frame of meditation is planned for one year; it keeps aside surprises, discoveries, realizations.

The Tibetan teaching gives us an indispensable base; it explains, develops, clarifies; yet the direction is to go toward the ashram of Will, toward an immediate, intense and central contact. Hence on the website, the insights form the Heart, that is to say some extracts of sentences which has been received in meditation.

We are in space, magnificent place, where is offered the plenitude: a present world.

Outline: Willing to institute a space

PREAMBLE

- 1) First of all, a space asserts, a will makes it arise, we say it institutes a space
- 2) This space opens and vibrates. Some beings, forces, principles, laws, values take place and structure it.
- 3) Movement appears, sustained by the will of the Creator; it is initiated, then supported continuously
- 4) Ponder before to a situation, an activity, a space we want to vitalize, strengthen, promote. We call it a space of experiment.

The first 3 steps can be approached through the symbols of the Secret Doctrine, related to the 3 aspects. A white disk on a dull background with 1) a dot in the center: irruption; 2) an horizontal line: space; 3) plus a vertical line: ideation, movement.

OUTLINE

Three dots RGB in the red circle Threefold mode of dynamic activity Life of the ashram

Cosmos, It awakens – Creating, Penetrating, Transcending Dark background, the Author With It, to make rise the space-breath.

With the Logos, implant the shine of the great Bear
Welcome, activate the units, forces and principles
Implement the spiritual life
The acclaimed will, Self-Spirit, unfolds from the 9th to the 1st initiation
Self-Spirit spreads to all beings.

Contribute to institute a space of experiment with the sound A Welcome – activate the participants with the sound U Initiate the evolution, support the activity with the sound M We recapitulate this space of experiment.

Use the symbol of our (individual) zodiacal triangle as an energetic plug.

Move to the triangle of the association: Aries – Capricorn – Libra

Mount to the mountaintop with the ashram

Say: "I maintain the opening to the celestial inflow"

Use the symbol as an energetic plug.

The rising up fire of Aries, including the Three in One, is distributed by a red Om Support an indigo Om, field of inspiration Capricorn,

Then a green Om, for supporting the activity Libra.

NOTES:

1/ The alignment may be done in breathing with atman or in any other way: point, life-spirit, that who wills.

2/ The link with the Cosmos may be refined via the 9 vibratory modes or the 3 aspects: creating, penetrating, transcending; each of them can be subdivided in 3; Cosmos is a term aiming at broadening the horizon, at going beyond the causal body. Here are some sentences related to the 9 vibratory modes.

Creating 3.3 It evolves. 3.2 It coordinates itself. 3.1 It grounds in the living mold Penetrating 2.2 It feels via the pure ideas. 2.3 It transmits the penetrating energy (sensation). 2.1 It generates the units.

Transcending 1.3 It passes through. 1.2 In the Flow, it remains. 1.1 It arouses emergence.

- 3/ The 3 words *Force, Space, Breath* seem the most primitive words for describing the 3 aspects. Any more elaborated word will be more distant, such as *Precursor, Vibration, Ideation*.
- 4/ To will to institute, to make rise or to implant are in the infinite form –in, French language; in English, the imperative is shorter. It is doing it. Its acolytes cooperate, we too we identify with this Author at least for a moment. To implant assumes a substantial space, which, first, is the planetary sphere, then later the solar sphere.

To implant the shine of the great Bear is a manner to approach the 7 centers of the head of our galactic suburb. The expression *Willing to institute the sevenfold Being* is great, it evokes the great Bear, or the solar Logos and its seven centers or the 7Rays in the center of planetary life or the seven ashrams in the planetary Heart or the seven centers of the human being. Willing to institute the sevenfold Being might be a trap, for it emphasizes the seven and not what is common to them. Spirit is one, and in the rebound with substance, appear the seven. The stars of the great Bear, planetary monads, represent the star appearing at the 3rd initiation.

Willing to institute the Consciousness - Light associates us to the solar Logos, at least in intention; the technical word is *identify*, is it not presumptuous? Does the reader realize it?

Willing to institute the earthly experiment associate us with the planetary Logos, but risks to stimulate the personality. Some would like to go the cosmic Logos, yet the $1^{\rm st}$ aspect remains retired, It waits that consciousness, life and action are love. For humanity we are part of, it will be for later, there is much work to do.

Condensation is made by degrees: cosmos – galaxy – star – planet, this corresponds in the human being to monad – triad – soul – personality.

- 5/ The mantra of the 1st Ray mentions: "the One who is the seven" [R1:63], it seems that the seven appear in the line of this Will. [R1:44] describes this current of Will Life, which provokes the response of Love of substance, then implements the intelligent movement; these three aspects generate then the 4 attributes.
- 6/ Introduce units ... is an active approach, one may prefer a receptive approach: recognize, welcome. Admit or integrate seem more balanced; integrate means welcome and activate. Indeed, these units and principles impose themselves, such it seems to us at our level.
- 7/ For instituting the experiment, one may distinguish 1) the one who wills, the author, 2) that what he wants, the purpose, 3) the act of opening space, uprising at least in thought, 4) the activation of factors, 5) the implementing will, hence the atmic current or will of the soul (manas) according to the level. The Manu works thanks to the power of the sound [IHS:43]: the sound A liberates sprit and enables to catch the purpose of the cycle; the sound U unites goal and resources; it enables to visualize the approach; the sound M support the implementation. One is hearing the sound, on resounds, then one enunciates it in our turn. In a general way, the M supports the will to carry out the mission; in practice for grounding Spirit, the implementation is to (try to) distribute spiritual life.
- 8 / The acclaimed will (stimulating the Self-Spirit) is the 3^{rd} wave of life coming from the 1^{st} Logos [CF:94], one may then visualize it as alighting of spirit progressively grounding itself. This will is outpouring in the bundle of monadic seeds.
- 9/ The assembly of bundle of monads and its 9 energetic gates can be seen in this perspective:
- 9 institutes space coming from the cosmic mind
- 8 enfolds the sensitivity which is substance infused with cosmic love
- 7 raises Spirit –generating cosmic activity
- 6 asserts the whole Breath of the One, it inscribes in the intense way, in cosmos
- 5 distributes life will-to-be, to open, to move forward
- 4 offers the greatness of the Heart tension of space
- 3 points out the direction red thread
- 2 broadens understanding, inner model
- 1 supports selfless rhythm (open, in accordance with the environment)

The downward current fades progressively, letting the seeds welcome what they can. One has said it: the stimulation of the two first degrees comes form the soul reflecting the monadic seed.

10/ The zodiacal triangle enables to ground sprit in us, one may also visualize the 9 currents of awakening or the 7 fiery points in the center of the chakras.

11/ Enunciating the final OM, to visualize them with three colors – red, indigo, green – strengthens the 3 aspects. One may also relate them to the 3 zodiacal constellations of the group.

After the symbol, it is possible to tune into the electric fire of Aries, which sub-tends the whole symbol, thus to sound a red OM right away, this bypasses 2 lines of the outline, these lines are then integrated. One goes on with an indigo Om, sent out from the crown and the ajna center in accordance with Venus, then the green Om Libra.

12/ It is also possible de end in stimulating our individual life: it is a space of experiment. Here we prefer to pass by the zodiacal triangle.

13/ We have oriented ourselves to the future, one ay also come back for learning the lessons from the past. It is another space or situation. Choose an experience in which one has been pushed and that we want to clarify.

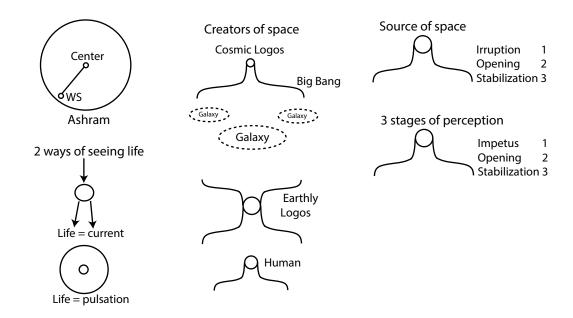
COMMENTS

The alignment with the 3 dots red, blue and green in the red circle links us with the 3 Buddhas of activity. The rule 13 specifies that the 3 strands of the link with the Triad are "firmly anchored in the Council Chamber at Shamballa" [R5:256], the source of planetary life, the place of the silent and peaceful will; and this establishes a link with the sign of peace. The 3 Buddhas rule the 3 acts of individualisation, initiation and identification, one of them is related to Aries (and Leo) with the red circle, another to Capricorn (and Aquarius) with the indigo circle. [R5:268]. Thus, we have seen last year, our group with tis inner counterpart can approach or work with these energies.

The rule 13 asserts that, when the 3 centers are linked by a group of initiates, a new divine quality will appear. It will be probably related to the 4th Ray, on this 4th scheme (the Earth's one) and the mantra of 4th Ray [R1:70] says: "Sound and the soundless One meet in an infinite point of peace". In this point meet the acclaimed will and the One who presides. The mantra specify further: "the three are one and not the two alone". This again leads us back to the sign of peace and its power.

Creating a space of experiment brings us closer, first to the Logos of our planet, it brings closer to the identification wit the Logos and its will, at our level, we create a space of service or useful activity. More exactly, the call has been heard, the need acknowledged, we decided to act, to participate, then to amplify this field, to activate it; thus we create according to the opportunities appearing to our consciousness; this has linked us to others doing a similar effort.

Here are some diagrams illustrating the creation of space:



About the Ashram Will Spirit

A

To will, to raise, to be

Subjective side of the 1st cosmic Logos, the Precursor

Spirit: pole - in communion with Itself - of the 2nd cosmic Logos.

One, instantaneous, universal, extensive Space, difference, vibrating, hence duality or resolved relation.

Spirit is the space which knows itself.

1st aspect ... solar and planetary, sustain the solar and planetary love, hence life of the Heart

IJ

Pulsating seeds of life

Laws or currents

Transcendence → Detachment, abnegation

Go to the center, stimulate

Welcome the participants, the five of us

M

Dynamo, coming form the Breath or Ideation, Implementation

Will to move forward, strength of the heart

But also will to open, and will to be: light founding the ashram

Giving life

WHAT DOES MAKE A REALIZED BEING OF HIS (HER) DAYS?

He maintains his energetic body, he cleanses its home, its household; he feeds himself.

He supports the shield and catches echoes of disciples.

He answers to the calls, ensuring the daily tasks

He assumes the direction in inspiring

He vitalizes the ashram and feeds the Plan, direction of action

He rests infusing himself with Beauty.

An Arhat gives of itself tirelessly? Pulsation suggests periods of rest and activity.

In short

He vitalizes the ashram

from the monadic will

He registers cosmic contacts

He imprints the Plan

WHAT MAKES OF ITS DAYS THE INCARNATED LOGOS, RIGDEN DJEPO?

Assn WILL SPIRIT

He launches the wave of awakening, following it unto the concrete shores

It supports activity

It captures the echo of Its assistants

It launches the wave of abstraction

It inspires the cold of the Cosmos and responds to its tremors

It vibrates in the ocean of fire, dynamic electricity, and maintains it

It relaxes in Beauty and Love

In short

It orients itself toward the cosmic Logos, via a star of the great Bear It institutes a space of experiment.

Inspiration Day 19

PRELIMINARY REFLECTIONS

1/ Each of us, and together, function upon a threefold pole:

- Alignment with Will –Spirit, hence with the sign of Peace Hence a proximity to the $\mathbf{1}^{\rm st}$ Ray, in union with others
- Health with Qi Gong, some exercise of the energetic body
 Hence a link with the 7th Ray
- A service activity, discerned by the mind Hence the use of 5th Ray or another soul ray.

2/ Diversity of our sources

Plenitude of M.

Sign of Peace

Awakening of the Cosmos or Life

Ashram

3/ The group prepares the 4th initiation; the rule 11 says that it brings often the death of the physical group; we have clearly a loss of momentum, we renounce to social visibility and probably to an external impact for the festival of evolution; on the positive side, we are getting close to the One in all, the monad or that which makes us to be.

PART 1: ABOUT OUR YEARLY MEDITATION

1/ Space – Breath and the great Bear

The preamble is very useful: it reminds the meaning of what we are doing.

The cosmos awakens thanks to the dynamic pulsation of the 9 currents of awakening. Being comes from a pure Act, and each is specifying it in its participation, according to Louis Lavelle (1937).

This reminds the diagram found at the renewal of the association: background, Being and Being-there or Existence.

Develop the rising of the space – breath; it is the main part in the meditation, including the AUM and the space of service.

"I maintain the opening to the celestial inflow"; rising focused in the crown

Point – origin. Difference: abstract space. Ideation: abstract movement.

Broaden space of the chest, focused on the Heart

Express the breath, from the throat

Make play the three faces, with the letters A, U, M

Ground the blaze of the great Bear, centers of the Head; the A, U, M are carriers.

A: the unit of the great Bear comes from the Earth and the receptive star, the sun, and on the other side from the source: the galaxy.

U: echo of the planets, ashrams, ego groups. The will acclaimed along the 9 initiations is very talkative: 3rd wave of life according to the diagram of theosophy.

Spreading the Self-Spirit may be done through the kingdoms, each related to a center; this comes from another outline in a leaflet of Self-schooling.

2/ Spaces of experiment

For one of us, contribute the fact that humans become aware of Reality, most of them are living on a small cloud whereas Reality strikes down. In this activity, one is contributing for one feels an echo. And it is important to recapitulate.

For someone else, in the beginning is was contributing to a part of the ashram Will-Spirit, but it is felt now as a pole, for this current or this incentive is supported by the Christ and M.

For someone else, in addition to the kingdoms, the contribution consists in the help I'm giving.

3/ Zodiacal triangle

First worked in the meditation, then felt as an essential fact.

For Scorpio, Pluto is the ruler symbolized by an upward arrow, like the kundalini; the points are Earth – Great Bear (crown) and big Bang or monad (star of the great Bear) for.

The green OM (Libra) gives the will to act rightly.

The portal of Gemini with further the star of Venus talks to one of us.

Another one (Leo rising Leo) sees a great circle with the Sun and Mars on the right beneath and Venus on the left: they shape a couple of polarities.

For the association, rising Capricorn; we can make an effort to move with the ashram at the top of the mountain with Venus –intelligent love – in the ajna center and the crown receptive to the sky; it calls for the emerging fire of Aries. Then the fact of the celestial inflow crosses through us, inflow rising to existence, finally the gift of earthly existence, as an hermit: Capricorn.

PART 2; SOURCES OF ENERGIES, ASHRAM

Meditation: directing line

Relaxation in the Earth, Welcome the sky, One.

Will - Spirit

What wants to incarnate in us?

What is coming with us?

Which is this intention?

Get along the flow of will

It provokes love and creation.

With whom? Which creation?

Creative assertion.

4/ Sharing

To incarnate: something of the will, passing through everything and pushing forward; it opens the person as a flower: "I greet divinity in thou".

Contact, tension, silvery, Will, M. I pass through all.

That which comes with us: the great Beings, monads or living sparks, the ashram Intention: the evolution of mankind, to get rid of the superfluous, to become One With whom? We are with the One, with the creators.

Which creation? For the Earth = Beauty. The One in everyone, reality imposes itself.

5/ Sources and groups

Current of Will Spirit, somebody else does not give a name to the current. Which is this current carrying forward the association? A part of the ashram of 1^{st} Ray. Plenitude of M. Source of the Will.

The big Bang is relayed by the planetary monad in the great Bear; for us, a relay is the monad or the mind.

PART 3: ACTIVITIES

Outline for our zodiacal triangle

Climb to the summit of the mountain

With the ashram say: "I maintain the opening to the celestial inflow"

Feel the rising of the Fire of Aries

Observe the manifestation with the intelligent love of Venus in the ajna center

Take place in the balance of Libra: what are going to do?

This year? For the festival of evolution?

6/ Sharing about our activities

Contribute to the current Will Spirit, linked with the ashram

Open minds, show the example by the presence of Spirit.

We are less creative, more interiorized; I'm less provocative.

About the glamour, the One self is s represented buy a point in the center of the Sun Festival of evolution: waiting, meditation Realize humanness

Second meditative outline 2019

OUTLINE

Individual zodiacal triangle Life of the ashram Realized being - as it emerges to be

Cosmos, It awakens: It evolves, It coordinates itself, It grounds. It feels, It transmits the penetrating energy, It generates the units. It passes through, In the Flow, it remains, It arouses emergence. Dark background, the Author
With It, to make rise the space-breath.

With the galaxy, institute its Space - Breath Welcome the myriads of sparks Implement the effervescence.

With the great Bear, our Logos institutes the Consciousness – Light with the sound A Welcome – activate the participants and principles with the sound U Implant the 3 waves of life with the sound M: vibration, ideation, will

The acclaimed will unfolds from the 9th to the 1st initiation:

9th gate: 3 aspects rising, stimulating, emitting

8th: Substance, which is pure sensitivity, that is love

Diaphanous, penetrating, insisting Light of the Buddha

7th: Cosmic activity, dynamic electric vibration

Participate in it thanks to great Beings, M.

6th: United to the solar Life, the breath of the One

5th: Will to be, one of the focal points of this vibration

Vision of existence in a lightning of time

4th: Universality, tension of space

3rd: Direction, the Good

Resonance in the source of consciousness

2nd: Understanding through love

1st: Intelligent coordination

Recapitulate the vivifying tension of the Consciousness – Light.

Contribute to institute a space of experiment Welcome – activate the participants Support the action

We recapitulate this space of experiment.

Group Inner source, our triangles

Find an image of perfection

Ground it in the body

Charge with inspiration that which direct our life with the sound A Infuse with serenity our inscription in the world with the sound U

with the sound A

with the sound U

with the sound M

Vitalize our activity with the sound M

Integrate the zodiacal triangle of the association.

Mount to the mountaintop with the ashram, Venus in the ajna center

With it say: "I maintain the opening to the celestial inflow"

Use the symbol as an energetic plug.

Red, the rising up fire of Aries is distributed by a red Om

Indigo, sound a Om, field of inspiration Capricorn,

Green, sound a Om, for supporting the activity Libra.

ALTERNATIVE ALIGNMENT

Realize we are in space - vast

Space is generated by the Precursor It is crossed by the Breath. Emergence of the Three in One.

NOTES

1/ Space is an entity. We put this idea in practice. We did it already at the full moons. The great Bear links us to the galaxy for our star; Sirius and the Pleiades play also their role.

2/ if space is the energetic body, breath is prana; if space is the physical body, the breath is blood; if space is the sphere of consciousness, breath is attention; if space is the inner place, breath is the ashramic life; if space is the planet with its globes or bodies, breath is the blazing inflow of the one Life.

3/ Cosmos, Galaxy, great Bear, Planet, these words depict these beings in their irruption or emergence, and not only the observation of their appearance, that is the form. From the very beginning of the association Will Spirit, being depicts the link between the undetermined background and the form, which rises, comes up and appears to existence. The myriads of sparks designate atoms, molecules, stars; the effervescence designates the evolution from the stage of nebulae to the formation of focal points and organisms until their return to their source: Spirit activates matter and promotes the purpose. 4/ The galaxy inscribes in a preexisting space, but it colors it or tones it. The 1st aspect is thus perceived as Penetrating; this confirms its link with the 6th Path= its black hole seems to us the central spiritual sun, in a link with the Author of the Cosmos or cosmic

5/ We are talking of beings; we are only catching their reflection on the screen of our causal body or on the screen of the earthly sphere. Reality is immeasurable regarding the pale reflection perceived in our consciousness.

6/ Here, our Logos designates the solar Logos, and the planetary Logos is one of its center. The treatise on cosmic fire [CF:Xiii] puts the emphasis on the correspondence between the solar Logos (called the Macrocosm) and man (or solar Angel, called the microcosm). This correspondence emphasizes the subjective radiation, of which our planet is a center. If we consider the field of service on Earth – earthly experiment –, it could be a limitation. When welcoming with the U sound, we receive seeds and laws of the solar Logos, radiating the Consciousness – Light. With the Cosmos and the galaxy, we try to work in parallel with the monad and the Triad, then he planet corresponds to the personality expressing the subjective radiation, hence the vivifying tension at the end.

7/ It is wise to strengthen our personality at the end of the meditation; it is our support. The 1^{st} aspect might be taken for the mental body; it is the forming impulse, the 2^{nd} aspect inserts our selves in the world, the 3^{rd} aspect puts in movement. The classical terminology of the 3 bodies – mental, affective and energetic – must not lock us.

Side Developments

COME CLOSE TO IT (CF. LIVING IN SPRIT 3)

It thinks, we are thinking. It loves, we are loving. It lays down, we rise up. It gathers, we are melting in It. It swells, we illuminate.

1ST WAVE OF LIFE, VIBRATION

The expression waves of life comes from theosophy; the pattern is reproduced in [CF:94]. This vibration enfolds in a scale Spirit-Matter.

Dynamic ocean of fire

Point of tension, will raises up (yet the ceiling looks obscure)

Vision of existence in a lightning of time

Current of will, sustain all, carrying all (atma)

Direct perception, immediate link (buddhi, space is focused in ourselves)

Current of thought, space is thinking through us

Directed thought

Feeling

Vitality

Apparent support

These images can form merely a progression from sub-plane to sub-plane, but they refine the instrument and shape the premise of future contacts.

2ND WAVE OF LIFE: IDEATION, WISDOM

The pole Spirit-Wisdom – blue Buddha of activity – guides the evolution of all beings; ideations implants, refines itself then returning to the source. The idea of liberty implants itself, develops sensitivity, mobility then orients consciousness to the ideal of liberty before being realizes its liberty regarding the forms. In fact, liberty is first felt through movement in rapport with objects; then is becomes more general and abstract. Will become action, muscular effort, thinking, determination, abnegation, then force to create, to contribute to the creation of one's being in unison of others. Monads go deep in mud and return to their origin: they solicit seeds of the 5th hierarchy, the solar angels, then elements of the 6th hierarchy, the personalities

Regulation day 19

PONDERING

A second outline emerged with the spring; it is more explicit and continuous. It could b used for the year 2020, but with the festival in December, an inspiring inflow will probably happen. And why to wait?

Space-Breath

The key of the outline is "to make rise the space-breath" and we can ponder deeply on it, at least in taking some time. This stage plays at all level, including our instrument of expression. The monad makes rise the space-breath of microcosm, ourselves; at soul level, the red point in the emblem generates the opening of consciousness and the presence to the world; a star of the great Bear makes rise the planetary space-breath; for the sun, the active factor is the kernel of the galaxy; for the galaxy, it is the author of the Cosmos. Each perceives a being above that one which creates its world. 3 spaces play in the Cosmos:

- 1) The external space of displacements, related to Brahma or the Creator, and in the body to the basin.
- 2) The inner space of the Penetrating one, related to Vishnu and the thoracic cage, inclusive unity and perception.
- 3) The intense space of the Transcending one, where difference exists but no distance neither quality. It is relate to the cranial box, to the tension or emergence.

At each level, - cosmos, galaxy, planet, us - it is possible to approach the Author, then to pre-sense the background. This absolute or ground communes, this makes rise up for darkness a luminous space. Will triggers the act of communion, a kind of pulsation. The red circle is the trace of this founding act, it has taken place yet never ceases, sustaining always the present.

Superposed layers

Some fields or layers appear: the one of the back ground, those of the big Bang: echo of the deflagration; overlaps to that the galaxy layer, then this of the solar system, finally the layer of the ashram, monad and causal body, if it still exists. Thus the absolute merges gradually.

Place of the solar Logos

The link of the great Bear, planetary monad, to the planet bypasses the sun. AAB – inspired by DK and following theosophy – focuses on the solar Logos (save in Human and solar Initiation) probably for underlining the correspondence between the solar Logos and the solar angel; this parallel is thus located in the line of the Penetrating or subjective energy. Thus, we decided to replace the 'earthly experiment' we have been working for two months by 'Consciousness – Light'.

If one takes for hypothesis that the Earth is the spleen of the solar system [R3:78 and 80], for the vegetable kingdom is the contribution of our planet [R1:217], then in becoming sacred, the Earth distributes the cosmic vitality in the system; that's what happens under the inflow of its monad in the great Bear – The sign of peace is the guarantee of this link with the Logos, the One in Three and the Three in One [IHS:19]. Receptive to the Cosmos, the Earth (and its Heart) distributes the vitality in the system, that is the direction where we are going. On a larger scale, the Sun – Heart radiates Love or Consciousness – Light and the Earth, spleen of the system, spreads out the vitality. The future outline of meditation could develop this aspect; this would underline what we are already doing: pouring out spiritual life. At least, it is our intention and we are doing it "in our measure".

THE ASHRAM OF WILL

The sign of peace reveals the structure of the Logos; this enables us to realize Its intention. It addresses to those who contribute to evolution with abnegation, hence who have a good measure of selfless will. It seems to me that the current of the will-to-good supports their action, while the ashram of Will feeds their abnegation and attracts them

to the center of being, independently of any action. The ashram of Will draws its energy in the great Bear, it flows to Shamballa, or focal point of planetary life. It affirms the life of Spirit, the incandescent, immediate, sparkling oneness, the fact to be. This is on what the future outline may emphasize. It is alluded the expression 'vision of existence in a lightning of time'. It is enunciating in a way the law of synthesis [rule 13 R5:266], that is at the origin of the Plan, of triadic current, that which establishes our being. It is less a succession than an immediate assertion; shall we be able to do it? How to provoke it?

How is it possible? It is a good question, a question of 5th Ray. We'll know it when we'll have assimilated the immediacy. We come near in the line of the 1st Ray, in asserting the fact. Some beings, Shamballa or the source of planetary life, realize the instantaneous Spirit, the uprising of Life and the founding Intent. We assert this fact, we pre-sense it: it is realizing in us.

Initiation before us

According to [R5:598], for the disciple nearing the 3rd initiation, the energy of the 5th Ray stimulates 1) the mind transmutes the physical activity: it means acting in a thoughtful manner; 2) the soul energy transforms the affective sphere: mental love understands beings and their reactions; it is the role of Venus, ruler of Capricorn in the zodiacal triangle; 3) the current of the Triad transfigures the personality and orients it in the spiritual direction: the Good for all. Thus is paraphrased the writings of Alice Bailey on this topic. This could concern us individually.

What about the 4th initiation our group is preparing? We go toward exactness in our relations with the world: Libra helps us in this sense. We inscribe ourselves in the planetary Heart in giving continuously our love, our understanding; to locate Venus (intelligent love) in the ajna center and to move on the summit of the mountain in Capricorn are preparing us to that. The realized Being and the Christ with its white sun in the chest invite us to realize the light carrier of life. What does that mean? Life is pulsation of an abstract stimulus in a denser substance; light is resonance emission – reception. So let us enter in Life in Spirit, and this can be done only in pouring it out, in cementing space as Agni Yoga expresses it. The planetary Logos aligns itself on its monad in the great Bear, there is focused the Absolute; this fact guides us, we and the Ashram. Thus the formula of the inner group is realizing: "I maintain the opening to the celestial inflow" and we help the Earth to fulfill its role as the spleen: to distribute the cosmic vitality in the system, hence in the One consciousness.

Personal discovery

The symbol of the zodiacal triangle is inscribed on the body, and this makes it efficient. The formula reveals itself to be efficient, it too; for my part, the formula follows the symbol and increases its power. Space appears at the same time receptive and emitting, the attention must capture and activate; this inscribes itself on the body, 4^{th} level of vitality. The formula activates the will and makes the transfer to the 3^{rd} level. 'Grasp all that exists' seems to give access to the 2^{nd} level, blazing light. Our brother Morya vibrates at the 1^{st} level.

On downside, at minimum, the myriads of sparks of the galaxy stimulate the cells of our body; the Cosmos broadens our horizon and our thought sets off, we are sure of this contribution, the effects escape to us and overcome us.

Observation

Being results from an act and it is relation. Being emerges from the ground by an act; it is thus relation of this ground to the existence of the world. It is then in existence - in an horizontal way if one may say - that relations and actions enfold. How to avoid the appearance of the glamour? By an incandescent sheet, expressing Spirit. A laser beam focused must be oriented in a direction, that is an intention; But, in the external space of the multitude, it is a sheet which must act in any point.

Possible outline for 2020

Individual zodiacal triangle Reception - emission Link, Earth - Sky One in the center Ashram - Life - Cosmos Its 9 vibratory modes Back, the Author. Irruption Space – Breath Effervescence Spirit - Matter The three waves of life of the Logos: Vibration in the 7 planes Ideation, purpose is fulfilling Will enfolds through the 9 gates: it grounds itself Gradually through the 3 circles: red, indigo, luminous blue. Recapitulate the vivifying tension of the Consciousness -Light. Institute a space of selfless experiment, in threefold aspect A, U, M Shape one's instrument of expression (in threefold aspect A, U, M) The rising fire of Aries spreads t through a red Om The ashram spreads Love in an indigo Om



NOTES

1/ Reception, - Emission can fuse, but it is possible to go further and quicker toward synthesis: duality resolves in unity; it is what expresses the 'One in the center' after the 'Earth-Sky'.

2/ The 9 vibratory modes can be visualized as 9 circles in the red ring, sign of the emergence or irruption.

OUR GALACTIC NEIGHBORHOOD

Our activity is sustained by a green Om, Libra.

The appearing vision is that the great Bear, Ursa Major, corresponds to the head centers of this neighborhood and that the Pleiades, among them Alcyone, Maia and Electra, have the function of Alta major center. Ursa Major is the source of the 7 Rays and the prototypes of the Planetary Logoï; the Pleiades are the constellations with silvery tinkling bells and constitute the receptive aspect of this neighborhood. And Sirius?

Sirius is the center of understanding of this neighborhood and seems thus related to the center of Feeling via the pure ideas; it is said that the solar plexus may be infused with a green color [LMO:78 and CF:168], this color indicates the extent of discrimination. Centers of wakening are not energetic centers or chakras, they are crossed by an informing current. About feeling, this current is located slightly above the solar plexus at the basis of the sternum. Galaxy has achieved some evolution we are still trying to fulfill. Thus, Sirius, a center of feeling, is a focus of mental energy, the sun being then one of its 12 petals or one ray of this white star. The Earth appears then as the spleen of this small Heart, part of a more comprehensive Center.

In the triad of the microcosm, the great Bear evokes atma, the spiritual will, the silvery bells of the Pleiades, Buddhi the pure reason, and Sirius the abstract mind. One could study the correspondence between the $1^{\rm st}$ star of the great Bear, Electra and Uranus $1^{\rm st}$ synthesizing scheme; the one between the $2^{\rm nd}$ star and Maia and Neptune, $2^{\rm nd}$ synthesizing scheme, and the $3^{\rm rd}$ star with Alcyone, and Saturn, $3^{\rm rd}$ scheme.

The diagram of the stellar hourglass or double diamond [R3:609] has to be modified, the Earth is not any more at the bottom but takes its place among the transfiguring agents, of what? Of the substance of the solar system?

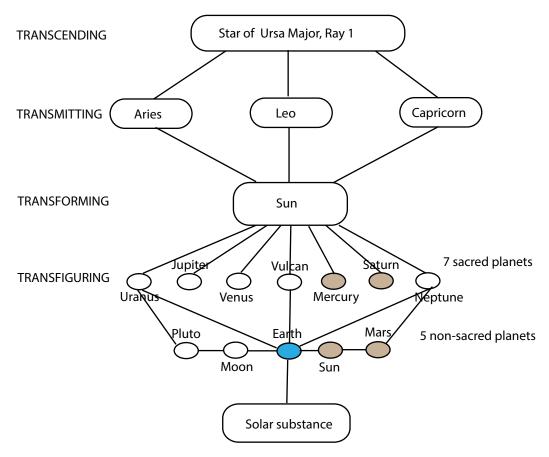


Diagram of the stellar hourglass modified R3:610

THE SKIES ARE LIVING

The fusion soul-personality marks the extension of the impact of the 5^{th} hierarchy of souls to all the behavior of the personality. The alignment soul-personality may mean that this 5^{th} Hierarchy extends unto the levels of vitality.

At the 4^{th} initiation, the solar angel (a seed of this 5^{th} hierarchy) becomes useless and the seed of the 6^{th} hierarchy vanishes. At least, it appears o.

At the 5^{th} initiation, the elementals - seeds of the 7^{th} hierarchy - are obliterated by the monad or 4^{th} hierarchy.

At the 7^{th} initiation of resurrection, the One is a part of 2 the 2^{nd} hierarchy – the prototypes of the monads. It can thus resurrect – generate anew – these sparks, which are the monads. It draws the energy in the stars of the great Bear. The 1^{st} hierarchy is grounded in the Adic plane and drawing in the heart of the central spiritual Sun: the black hole of the galaxy.

Our brother Morya and Maitreya, the Christ, resurrect Spirit; the focal point of the planetary Heart is aligned on the black hole of the galaxy, on the great Bear where is found the planetary monad, you know that, right? Moreover, both take part in the currents of awakening of the Cosmos, another way to vivify space. When we are thinking to the cosmic currents of awakening, we are using solar fire, we deal only with the reflection. Hence caution and trust in our Elders.

This is perspective enfolding before our eyes.

SOME THOUGHTS ON WORLD STATE

Mental dissonance

Any assertion is disagreed by other opinions; it may be the cholesterol, hunting or global warming. Sure, humanity is ruled by the 4^{th} Ray. Some assertions are clearly more plausible or validated than others, but all are contested, at east by a minority. This brouhaha destabilizes but provokes the quest of a stable center.

The first center to appear is me, myself; this subject who orients the attention and the thought. This me, myself, has some content: my self-image and a pattern, which is analyzed in psychic functions, affinities, trends, profiles, etc.

The transfer of the conflict from the physical level to the emotional level then mental level is already a progress, though one may regret the previous impartiality of science or the obvious selflessness of Mother Theresa, etc.

We are looking for the next transfer from me to the Self. If we orient the flow of attention, where does it come from? From where does it rise? It appears when we awake and are born, and disappears when we sleep and die. Then? What is this source? Who is activating it? What is this factor in the background of what happens in the consciousness?

Here are some questions which will be asked. Relaxation, meditation of full consciousness (on the body) are also going to enable the flow to slow down and to observe what happens at the source.

Mental conflict is thus the sign of a progress and the premise of a future step.

Sentimental education: desire

International trade is based on the desire to have, mainly on the individual enjoyment. According the studies of Hofstede and al., the Anglo-Saxon cultures are the most individualist, these countries are those who promote the most capitalism, notably financial business. The glamour of avidity, - to fill oneself for escaping the void of its existence instead of perceiving the richness of one's being - is thus at the core of this problem.

The marriage for all shows the displacement of the balance individual / collective. Sexuality falls within intimacy hence the private sphere; marriage is the public recognition of this union. Indeed, the collective lays down on traditions and tends to conserve the past, to keep ancient patterns, often obsolete; but desire, even the concrete mind, is it able to envision the consequences? Of assume them? A group (collective) of close ones, friends, psy, could help with an enlightened love.

Medically assisted procreation shows at which point the desire of a couple is enough; birth certificate shows in the opposite way at which point a child is inserted within a community, this for a period of at least 20 years. Capitalism supports individual desire, guarantee of liberty, a motive force but also a factor of blindness. Transportation, public health, global warming, world economy are collective factors, more lasting and having more weight and inertia.

Progress relies on spiritual ideas as freedom and also on material forces, as capitalism gat what they want in individual consumers, reduced in a mass.

Presidents, leaders of companies or nations

Electors are often taken for a mass and submitted to electoral campaigns where advertising plays in full spring. Individuals miss for the most part of long-range vision and base their decisions on personal interests. Elected people, populist or not, represent then a façade thinking in a short term. The conflict is located here between a) short visions, full of desire and b) motives and strategies equally short, using old tricks. Yet generous initiatives abound, completing, outrunning the failing states.

Authoritarian leaders end to make war, countered often by economic sanctions. In the 1950 years, the international instances were animated by officials having a global sense of humanity and the desire of serving the whole world. Selfishness, national interest are manifesting much more now. Pragmatism $(7^{th} Ray)$ in the short range rather than long-term.

Conduct and sharing

- a) One has made a step forward, on rises up with Aries, on is crossing a gate. In the outline 'its space' is obviously the galactic space. It is not sure it is clear for the reader. "It grounds" seems more static, I prefer "It inscribes" or "It arouses emergence". The words related to the gates are very beautiful save the 2nd. Recognition for all we have received.
- b) Intense meditation, I have still some questions on the realized Being: it is a Master of wisdom, hence the One in all or, Spirit realizing itself.
- c) I'm happy that the 5th gate means something to you. So we will be begin 'Consciousness-Light' for the solar Logos instead of 'earthly experiment' for our planetary Logos.
- a) I prefer 'solar Consciousness'. The outline is an energetic route; everyone uses it or modifies the words as he feels.

Then we talk about the zodiacal triangle of each of us, often the related formula has been forgotten. We practice the possible outline for 2020.

- a) I perceived all the ashram and ours inside. They are complementary to us and we to them.
 - b) Will enfolds through the 9 gates.
- c) Capricorn marks the entry in the spiritual kingdom, an entry in Life, the ashram plays its role in the Planetary Heart and the spleen (the Earth) plays in the Heart (Sun) of our galactic neighborhood.

We sing an OM with the realized being in the ashram.

Year 2020 WILL-SPIRIT AROUSES ANEW

Moral report

In 2013, we found the Word (Will – Spirit) which makes the transfer from the fire in the jewel to the Triad, leading to the destruction of the causal body [rule 11, R5:217-225]. This rules says that this brings about the group death in the occult sense. Indeed, we are les talking about the group than about the ashram or the inner group, and this does not inhibit by no means to continue our activities, mainly mental, though they are reduced. Probably we do not realize how much the ashram is supporting us as well as the zodiacal triangle. Hence "we live, we move forward and we work" as says the mantra of the full moon.

And then? Life streams forth. We have yet to be untirelessly Heart, distributing Life, sending in the plain the celestial inflow, as points out the rising sign Capricorn. The Logos aligns on its prototype in the Great Bear, sensing the black hole in the galaxy and orienting itself toward the Author of the Cosmos.

We can see any being, we, humanity etc. as a galaxy of stars; it is what the Maya calendar suggests. We can see the institution of new dimensions in any initiative; we are already doing that. The future is infinite. What is carrying to us the immensity? The intense? Of we senses the electric fire, it escapes us, we do not know to handle it, whereas our Elders are doing it.

Sparks of fire, parts of the Transcending One, we pass through the forms, including the forms of our bodies, or our beliefs, or ours affects.

We are beginning a cycle of 7 years for the world service, after the festival of evolution and we are facing the illumination of 2025.

We arrive hardly to enter in the indigo immensity of the Heart, why present the red of the Three in One? Because the planet comes near its monad, because the cosmic vitality is useful for the radiance of the solar Heart, because the Cosmos is revealing to us, because the will is necessary for joining the transcending One, a characteristics of the monad and of the Cosmos, where oneness is achieved. The precursor (1st cosmic Logos) makes rise up Spirit; It gives life (2nd Logos) and Ideation (3rd Logos), hence consciousness. We have to act as precursors. We do not know how will enfold evolution; in Aries, we gives an impulse, an impetus, we institute a space where others will play. Abnegation, trust, tenacity.

RULE 14: RESURRECT

With zodiacal triangle, the achievement Aries and the Earth as the spleen of the solar system (the making of red globules, this should mean something to us), we approached the rule 13; it talks of 1) the awakened Spirit supervising the act of initiation and drawing energy in the constellation of Capricorn, and 2) the awakened Spirit supervising the act of identification drawing in the constellation of Aries.

The rule 14 begins by distinguish symbol, meaning, significance and light [R5:285]. Meaning concerns the direction of the move, the indication in the mind and the solar radiation. Significance designates the impact, the scope and assumes to develop wisdom; it refers to the indigo circle, symbol of the spiritual triad. Light is emanation of Spirit communing in its power. This communion makes us participate in the life of the ashram, contributes to strengthen the grounding of Spirit in human, hence to arouse it anew. Resurrect, such is the work of our Guides, of our Elders; it is up to us to help them.

For triggering this communion we have to exert our will, draw in the center, catch the background, penetrate it, abstract, then the Background, the Great, the Power springs up as Light and we assert it. Moreover, the great Beings support us and we can approach them at the condition we bring our help, our purity our being. We can then participate to the 3rd wave of life, the acclaimed sparkling will of the Logos.

It will be good that we read, re-read and study this rule 14. Thus R5:294 questions our place in the ashram and the task to be undertaken. Our exchanges upon world need

become practically useful. It seems to me that we have to move forward in the ashram of will on one hand toward the great Bear and on the other hand to stimulate illumination for revealing the source of consciousness. The 1 and the 5 are two levers moved each by the 2: Love-Wisdom.

The rule 14 talks about destruction. The only destruction concerning us, it seems, it is the inner void of avidity; we assert the joy to exist, the inner richness and the uprising of being.

The watch word is resurrect, to commune to the back ground is a means; this requires courage for approaching this back ground, daring for tuning in and tenacity for maintaining the contact, 3 aspects of will.

We are passing through – stronger, more lively, more acute.

GOING BEYOND THE CAUSAL BODY

Our sphere of perception, the projection of one's outlook, the vision of our point of view are not enough; It is space which is perceiving in us; as in the 3^{rd} initiation, it is space which is thinking in us, through us. The matter is to overcome our sphere for letting the world exert itself around us; we are witnesses, some relays at the most: the Whole is more than the part. But what matters are not objects, not affects neither concepts; the matter is Atman, that which comes in the current in the center, in the center of any being. Direct perception (and not reflected in the mind), immediate presence. In other words, that means not to feel the consistency of the mind: a = a or "being is and notbeing is not" (Parmenides). It is living without thinking "I exist", it is welcoming that which offers itself (presence) without making a representation in our small world. It means grasping the meaning (mind) but not its image in the reflected mind. Thu we can move from the luminous blue to the indigo blue.

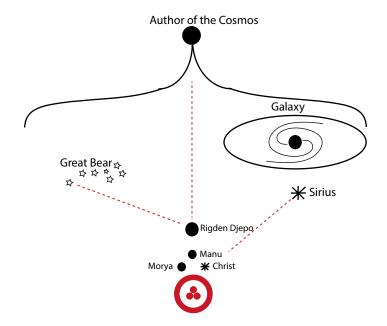
A similar phenomenon may happen between the 5^{th} and the 6^{th} initiation, from indigo to red. We cans et up a living space because It has instituted it and supports it yet. As It evolves (1^{st} Path) we can evolve and help evolve; as It is coordinating itself (2^{nd} Path) we are coordinating ourselves with others ... We are approaching the galaxy as a perfect Being, as a container with sparkling cells, we re approaching It as Penetrating one, though we discern weakly the 1^{st} aspect, the tension which makes it appear, but most of all we see It gathering the stars. We can approach the Logos of the Cosmos only through transcendence, by the red circle or with the currents of awakening , electric fire, by the 1^{st} aspect, tension, precursor, uprising and not as a container which is merely secondary, cf. The exercise Solving the vertical duality.

SOURCES OF WILL-SPIRIT

Which are the sources to which what we call the ashram Will-Spirit can draw? They are far away but we perceive their echo through Relaying Beings. They are 1) the Cosmos, 2) the galaxy, 3) the great Bear and specially one of its stars. The galaxy makes resound the sun Sirius, though they are not on the same Path; this impact passes through the Christ for being distributed in the planetary Heart. The star of the great Bear –planetary monad – passes through the focal point of life on this Earth and through M. The c Cosmos stretches the Will on the cosmic Way, and this ensures the red of the Sign of Peace; the 1st Buddha of activity and the Manu ensures perhaps this link. The Manu, the Christ and Morya are three grounding points of the avatar of synthesis in the terms of Alice Bailey [EH:663]. Three in One , for all these Beings, even on Earth, realize the One living in all. Here is the background feeding the ashram Will-Spirit.

To draw means to enter, to commune, to participate, in a receptive and stimulating space, rather than focusing the inflowing energy.

Will-spirit is distributed via atma, the red dot in the indigo circle and its 3 aspects (see the exercise The 9 of the Triad). It is spreading through love in the ashram; it is spreading too via the mind, and the renewal of consciousness (red point of the emblem).



Intelligence produces the light of Spirit, Love gives to it its amplitude, Will makes it live. This is the task, this is what we arouse anew, then let us get to work.

This concludes the moral report,,; what follows are thoughts amidst the inner group.

THE VISION OF THE PENETRATING

The black hole of the galaxy appears as Path of the solar Logos toward its monad. The Absolute, the substance of the Cosmos, communes and this Path arouses the units. It is the first aspect of the Penetrating.

Sirius is said to rule the law of Karma or rebound of action. Action is made of grains – each is a quantum – some small cycles. Light is made of grains and Sirius appears then as a white sun, sparkling with grains of relations, the Christ being its representative on Earth. Sirius, the second aspect of the Penetrating or cosmic feeling of pure ideas, deals thus with the rebound or feeling of forms, these units, and of their links between them. The sun appeared following an impulse of the 5th principle [CF:309], related to the will to action; it depends then of this great Sun sparkling with Love.

The great Bear is the source of the 7 rays, it is the third aspect of the Penetrating: the search for cosmic sensation or energy transmitted form centers to centers.

In the 3 constellations of our galactic neighborhood, remain the Pleiades, which is their role? They are jingling as slivery bells and focus the receptive energy of negative polarity, matter.

The units are aroused by the Path coming through the center of the galaxy; they are clothed with feeling (karma) with Sirius and are stimulated, animated by the Great Bear. They implant in space (matter, receptive extension, apparently inert) focused in the Pleiades.

The sun is the Heart of the neighborhood and the Earth (spleen of the system) distribute the vitality of this neighborhood, yet this reception is necessarily active too in agreement with the radiance of the Sun - Heart.

Here is a vision of the Penetrating. One could say that it describes the interiority, Brahma, the Creator, the exteriority and Siva, the Transcending, the intensity.

THE EARTH ACCORDING TO THE AWAKENING OF THE COSMOS

The currents of awakening generate perception. How does the Cosmos see the Earth, by the yardstick of theses currents?

"It evolves" designates the Path of earthly service, it is also the energy subtending the Law of evolution used by the focal point of planetary life, it is the movement of the Cosmos. "It coordinates itself" designates the relations with the constellations, noticed at the full moons, but certainly vaster. "It feels", viewed from the Cosmos, the idea of Truth, Compassion are emerging on Earth; the idea of Justice rather little and Freedom seemed entrapped in the heaviness of habits, yet we'll have to refine these perceptions. "It arouses the units", the unity of the globe is manifest, group consciousness expresses a partial realization of unity, and the monads, the One in all, a deeper realization. "It founds" seems to describe fire, the activity subtending everything, more exactly it is the essence of fire; cf. The secret Doctrine 6, "Fire and Flame destroy the body of an Arhat, their essence makes him immortal".

"It passes through" or energy of the Transcending One, is it not the monad passing through the cycles, moved by an inflexible will? "In the flow, It remains" seems about the purpose of this monadic push, the quality of the electric fire it carries on. "It transmits the penetrating energy", the Rays, that 's what are doing the ashrams amidst the planetary Heart. The cosmic sensation of the rays is waiting for the response of the subpoles, and thus if the units are not sensitive to their seed of life, the ray is not expressed neatly but only by reflection, as the mental ray regarding the soul ray or monadic ray. "It grounds" in the living mold; this will to create translates the planetary intent; human beings create dead works, the planetary Hear sole living forms, and the Logoï the kingdoms.

AROUSING

If the key-word of the year is resurrect or arousing anew, it is worthwhile to ponder on the meaning of *arousing*. That which arouses an action is a value, it represents that which matters; that which arouses a pondering is a question; that which arouses an instrument is a dimension. Arousing comes from a pole, hence from the world of 1, on the mental plane. From the cosmic mental pane comes the intent of the Logos arousing the existence of the planet; for the Plan of evolution comes the incitation transmitted by the ashram; from the will to be useful, come sour intent ot serve to contribute to a space of selfless experiment.

Arousing is not guiding neither implementing, neither even transmitting; it is the pole at the background of energy; it is Shiva behind the Shakti. The transmission is made in the current, resulting form the set-up potential.

Re – arousing means then to maintain the potential which has instituted the experiment. And this assumes to renew the communion with the background.

Arousing implies a duality, that which arouses and the basis which responds, rises up and is activated.

Arousing the breath or space rather than existing forms, it is the new which guides us, the precursor and its inflow. Hence rather the 1^{st} aspect than the 3^{rd} : the evolving forms or even the 2^{nd} : the sharing in the experience.

Arousing does that mean inspiring? One word is rather abstract, the other is relative to the breath; one arouses an action, one inspires a thinking being. Hence ... to be meditated.

Outline: Will-spirit arouses anew

Image of perfection adapted to our zodiacal triangle Assert the contact by a word Commune with the background whence everything comes Willing that the Light lives: resurrect Arouse anew, discriminate the 3 aspects

COSMOS

Background of the Cosmos, the Author Commune Make arise the Space-Breath

It awakens: 3 modes of the Transcending, 3 of the Penetrating, 3 of the Creator

Arouse anew

GALAXY

Commune in its core Make arise the dark light - tension of this space Welcome, stimulate the myriads of sparks Effervescence Spirit-Matter

SUN

Commune with the galaxy, via the great Bear Assert the blaze of fire: Spirit one, instantaneous The purpose is realizing: Heart-Sun magnetic, cosmic vitality The third outpouring of life comes through the 9 gates Arouse anew the solar life

SPACE OF SELFLESS EXPERIMENT

Sense the background, commune Stimulate in 3 aspects A, U, M A Activate the intention U Unite, welcome M Implement Arouse anew this space-breath

INSTRUMENT OF EXPRESSION

Sense the background, commune Stimulate in 3 aspects A, U, M

END WITH THE ASHRAM WILL-SPIRIT

Its zodiacal triangle, the great Bear in the crown center and Venus in the ajna center Say "I maintain the opening to the celestial inflow"
Use the symbol as an energetic plug
3 Om: red Aries, indigo Capricorn, green Libra.

NOTES

1/ Communion is thus a pulsation of the background, making arise the light. Will is used for searching, tuning, penetrating the background, trigger the communion, then renew it for distributing the light. This may rise up in a lightning or propagate (radiate) according to its nature. Communing assumes thus to trust Atman, Spirit or the Absolute; we are melting in It. Communing assumes Loving the whole.

2/ This communion is made in superposed stages. The first with one's being and the one of the space of experiment are necessary; the stages-steps Sun, Instrument of expression, are far useful; the stages Cosmos, galaxy, broaden the horizon. It depends on you, on the time available, of your affinity. The stages Assembly, ashram may be added.

- 3/ Resurrect is in the imperative mode; it addresses to the That which commands in us. Instead of Want that the Light lives ... one may prefer Atman launches anew the jet: it resurrects. The jet of atman can be the monadic blaze, the triadic current or the attention. Launching the jet makes appeal to a will, whatever its origin. Resurrect generates a rebound coming form matter: it rises up in return.
- 4/ As the rule 14 mentions [R5:285], the light denotes the creative power.
- 5/ The dark light describes the field of the galaxy. Something, the tension of this space underlies its extension, and in this pace are focused the stars. Hence in subjective terms, is it some light? It is an irradiation (still subjective) coming form the center, black hole, of the galaxy.
- 6/ The Assembly includes all disciples, those who have a monadic link (with the one Initiator) and those whose this link is grounded in the source of consciousness: they perceive merely a reflection of this intensity. In the Assembly, will is acclaimed as the creative Sound resounds and propagates in sparkling wave toward the shore of planetary concretion.
- 7/ The A is the first letter trusted to the solar Logos, and it is the first Sound; it liberates spirit and activates Atman. According to Martin Muller, it is the first trinity function of the descending current; it is the easiest to perceive, the A triggers an impersonal approach. Then will follow on our body the U unifying in a form and the M of implementation. 8/ These various stages (Cosmos, galaxy, Sun, Assembly) could be only images, mental representations. The first move is to be true. We try to unite with all that exists and to will with it; it is thus the One in all. We are doing that while remaining on Earth, gathering in its sphere the echo of distant places, of gigantic intense majestic Beings. We can move toward these reflections, because the Earth itself vibrates amidst the galaxy, tuning into these sources. We replicate this resounding, this search of tuning, this will to unite because the recognition by human sprit of the Cosmos is only the sign of an effective cooperation of Beings greater than humanity. Our conception of the universe is only the echo of an effective resounding at other levels, more abstract, more direct, more living. Let us be true, disappointments will fall as dead leaves and the real will spring forth as bud in Spring.
- 9/ The 9 vibratory modes can be approached, either from our earthly experience, in the order of the Paths, either from the Author in seeing the red circle of Intensity and in, sensing the incitement of electric Spirit, hence in beginning more easily by the Transcendent. For sure, it is possible to take again the verbs of action found last year: "It evolves, It coordinates itself, It grounds ..." or to imagine the cosmic planes corresponding to the Paths 1, 2, 3 ... Yet, the Paths are less energetic currents than awakening current, informing, inciting, stimulating. The expression "It awakens" has meaning.

10/ Discern the 3 aspects.

In the rising up resulting from communion, try to discern

- 1) the precursor, that which triggers irruption
- 2) the fast expansion of light, immediate awakening
- 3) the more stable movement, which sets down and unfolds.

One may also discern both polarities, and in addition the point of tension or the Author, = Atman in us.

11/ The Absolute and the One.

As the exercise 'Solving the vertical duality' has shown, the absolute (the monad of the microcosm) stands above as Creator, but also underneath, within as Penetrating, but also without and through as Transcendent, but also at the background everywhere, and out of space, if this has some meaning. Rather without relations with the form with the life, but Source, Precursor, beyond, not This not That, and all that at a time. Thus we commune with the Author and the 9 currents of awakening of the microcosm reflect replicate the 9vivbratory modes of the universe. The One in all (monad) replicates

The 9 modes arouse a response form the support in 7 layers, planes or levels, for the 3 of the Transcendent arouse only on e layer, the first level, Adi.

12/ Instrument of expression

the Absolute for which everything is made.

Before stimulating this instrument, it matters to abstract the centers toward the Absolute or point outside of the 5 worlds if we consider the Triad, of the 3 worlds if we consider the soul [R5:698]. Then on stimulates the instrument with the centers empty of any old residue.

13/ Zodiacal triangle of the association.

The group mounts at the summit of the mountain with Venus at the ajna center; it is the hierarchical ruler of Capricorn. The alignment is completed with at the crown center the $1^{\rm st}$ star of the great Bear for becoming receptive to the planetary monad of $1^{\rm st}$ ray. The rising forth fire of Aries achieves the purpose of the association, the indigo Om of Capricorn makes us transmit the stimulus which resurrects.

14/ A pole is the core or seed of a unit that appears as a form. Thus the penetrating energy is distributed from a pole to poles.

Detailed outline

Image of perfection adapted to our zodiacal triangle Assert the contact by a word Commune with the background whence everything comes Willing that the Light lives: resurrect Arouse anew, discriminate the 3 aspects

COSMOS

Background of the Cosmos, the Author

Commune

Make arise the Space-Breath

It transcends: It arouses emergence; In the flow, It stands; It passes through It penetrates: It arouses the units; It feels via pure ideas; It transmits energy

It creates: It anchors on the living mold; It coordinates; It evolves.

It awakens: 3 modes of the Transcending, 3 of the Penetrating, 3 of the Creator

Arouse anew

GALAXY

Commune in its core Make arise the dark light - tension of this space Welcome, stimulate the myriads of sparks Effervescence Spirit-Matter

SUN

Commune with the galaxy, via the great Bear Assert the blaze of fire: Spirit one, instantaneous The purpose is realizing: Heart-Sun magnetic, cosmic vitality The third outpouring of life comes through the 9 gates beyond the 9th gate 3 aspects rising, stimulating, emitting Substance, which is pure sensitivity that is love Diaphanous, penetrating, insisting Light of the Buddha 7th Cosmic activity, dynamic electric vibration Participate in it thanks to great Beings, M. 6th Will-fire, the breath of the One 5th Will to be, one of the focal points of this vibration 4th Harmonizing life, universality, 3^{rd} Direction, the Good 2nd Understanding through love 1 st Intelligent coordination Arouse anew the solar life

SPACE OF SELFLESS EXPERIMENT

Sense the background, commune Stimulate in 3 aspects A, U, M A Activate the intention U Unite, welcome M Implement Arouse anew this space-breath

INSTRUMENT OF EXPRESSION

Sense the background, commune Stimulate in 3 aspects A, U, M

END WITH THE ASHRAM WILL-SPIRIT

Its zodiacal triangle with the great Bear in the crown center and Venus in the ajna Say "I maintain the opening to the celestial inflow)
3 Om: red Aries, Indigo Capricorn, Green Libra.

Day of inspiration 20

Preparative thoughts

We are working for evolution; Alice Bailey mentioned this law without eliciting it. This law draws in the awakening current 3.3 of expression of the Creator; this current corresponds to the 3rd aspect of our approach of the galaxy the effervescence Spirit-Matter. Thus the activity of the ashrams is ruled, sustained and vivified by this current.

The acclaimed will in the Assembly, distributed through the 9 gates – the 7 of will and the 2 initiations in consciousness - expresses the current which grounds on the living mold, 3.1, the cosmic Thought of the planetary Logoï.

Life energy, comes from, seemingly, the Transcending one, from the 7th vibratory mode, current 1.3 or 7th Path of absolute Sonship. To the extent that it is associated to a ray, it expresses the energy (3rd aspect) of the Penetrating one, 2.3, Path of Ray. Then we express an approach of the deity, a Ray of Spirit. The energy of Aries, our sign of achievement, results from a rebound of at least 2 currents of cosmic awakening: the 5th and 7th vibratory modes (2.3 and 1.3); the electric fire propels Life.

To arouse a space-breath seems to depend on 'To arouse the emergence', characteristic of the $1.1\,$ mode, aspect of the Transcendent One, 9^{th} Path. This sends us back to our way of working. How do we approach the field of service, the task we have acknowledged, assumed and undertaken?



To arouse anew the space-breath may be done in visualizing this red ring with the 9 circles. Identified to the Author, we take part in our measure. All these vibratory modes of the cosmic Way open after the 5^{th} initiation, for they stand in the background of the will to be, which grounds in the red dot within the indigo circle. This circle represents the planetary Heart.



We are used to consider the emblem of illumination under its second aspect: illuminated consciousness; under its third aspect it concerns world service and, under its

first aspect, it is vivified by the renewal of consciousness, coming from the triadic current and finally by the sign of peace. When the current of illuminated life touches the human (humus – manas) crystal, it radiates all colors, all possible qualities.



One could minimize the significance of the 1st gate on the path of the Real: intelligent coordination. It looks like we have gone beyond this gate, yet it is to this passage that the planetary Heart tackles. It is thus a colossal work; by the way the pandemic has opened unheard perspectives.

ON THE 9 VIBRATORY MODES OF THE ONE

Path of Ray or 5th vibratory mode 2.3, expression of the Penetrating one. One could say "It vivifies from pole to poles". To vivify is too substantial at that level; "It radiates" evokes too much the radiation in the void. Let us keep "It transmits the energy from pole to poles"; this expression is explicit; it shows that it is the energy implemented by the Penetrating one, its 3rd aspect.

Magnetic work, 2nd mode or 2nd Path, would rather say: "It infuses", for it is Love. The Path of Eternal Parent, the interiority of the Transcending one or 1.2, could be described by "It watches" instead of "In the flow, It remains", but this watch assumes to observe, and this in untrue at that level.

Seeds of any life are sparks; a photon itself is an action; all is vibratory action, sparks of the flame; will-to-act, 5^{th} Ray. The Transcending one moves through everything, intense arrow.

===== =====

For our independence of mind, A. suggests that everyone finds the words and builds its

For the 9 vibratory modes of the Cosmos, a word may resume the 3 aspects. One can extend the idea to the whole course until the energetic contact and the distribution. Written on the 26^{th} of April for the inspiration day on 5^{th} of July.

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2ND PART: INNER LINK

MICROCOSM

With 9 of the Triad, it is possible to become the point of tension of all that exists. And Light springs forth ... Cf. Document Energies.

There is not any more a pivot or central point that would maintain the orbit of conscious contents, only the Will sustains the point of tension and make rise the Light.

The question is not any more to do, to serve or to love; the 'alive' wants to be, to be the microcosm, a replica of the Macrocosm. To assume one's part in the universe, and first in the planetary Logos. Then will open the cosmic Way, the red circle of Will, when the point of tension aroused by the will is stabilized.

But one does not become a replica of the Macrocosm by pleasure; one needs a necessity, a loving motive in line with the Logos. What matters is to bring something to the future humanity.

RESURRECTION

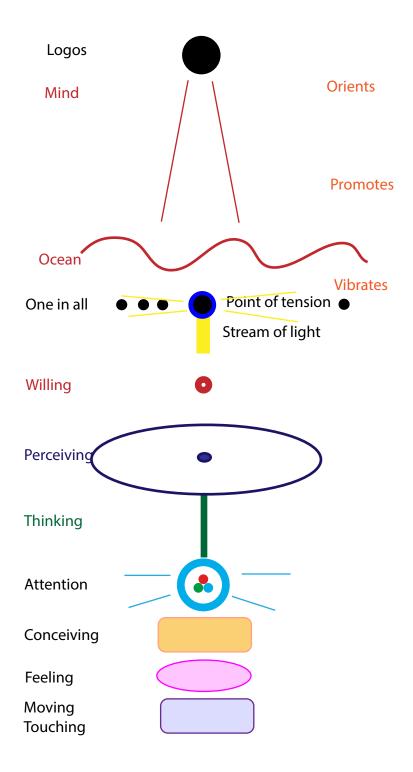
"the Way of Resurrection is the "Radiant way"" [R5:318]. "It is a Way which is composed of the light of intelligent substance, of the radiant attractive substance of love, and the karmic way which is infused by the essence of inflexible will. Forget not that karma is essentially the conditioned will of the planetary Logos as He orders all things

toward the ultimate foal of life itself through the process of livingness, of loving understanding, and of intelligent activity. ... The order to resurrect concerns solely the application of the will nature and the aspect of Shamballa [Life] to the impulsing of attraction and activity [of the planetary Heart]."

3 POLES, 3 LOGOÏ

All manifestation is electrified from the cosmic mind. Any point of tension, including the monad, is a replica of the Logos, at its scale. The cosmic mind implants the intent of the Logos, with the Path of planetary Logoï, vibratory mode 3.1, 1^{st} aspect of the Creator. The central spiritual sun - focused we think in the black hole of the galaxy – is the fireplace of the Path of solar Logos, 2.1, 1^{st} aspect of the Penetrating one, which arouses the units. Finally, we are carried on by the big Bang, the expansion of that power which subtends space; it is the 1.3, the transcending energy aroused by the cosmic Logos 1.1; "It arouses emergence". Thus our point of tension, the monad and our Elders answer to these 3 Logoï, of black holes, each representing an aspect of the Cosmos.

The sign of Peace symbolizes this grounding with the red color Will and the white Spirit.



Meaning of the sign of Peace

The sign of peace represents first the monad, the absolute of the microcosm, the spark of life [R5:456]. It is the Three in One that level, as the emblem of illumination describes this figure with 3 different colors-qualities and the spiritual Triad the triple current. Yet if one considers color, the red circle on a white background symbolizes the passage in the cosmic Way infused with will, hence the 6^{th} initiation. Then each of the dots signifies a resonance to a level of the Cosmos: activity, feeling, intention: the 3 aspects of the Logos resound in this Being, this Life, this Fire. This will-to-be asserts Spirit which is One and gives life. This inflow of the Cosmos inscribes itself in the solar planetary sphere and appears for the human being in the triadic perception and the causal body.

Reminder on the cosmic Way

The Way starts from the One in all, monad.

The Way is infused with will, hence the red circle.

The will is the subjective translation of the Precursor, 1st cosmic Logos.

Love is integrated since the One is realized.

The Way is called electric Fire of Spirit.

The Way is composed of the true Absolute, that which overcomes Spirit and Matter.

The Way is described by "The wind bloweth where its wants" Breath or Brahman

The Way is characterized by the injunction "Know the One"

The Way is discovered after the sensory and the subjective, outside of the form-Life.

The Way expresses the cosmic Logos.

The Way has 3 aspects, called Creator, Penetrating, and Transcending ones.

The Way distinguishes 9 vibratory modes or Paths.

Reminder on Manas

Solar fire animates the mental body of the Logos in the cosmic mind.

Manas is the 5th principle.

Manas is fundamentally electricity.

Mind is Love, introducing the ONE in the many.

Differentiation in the One

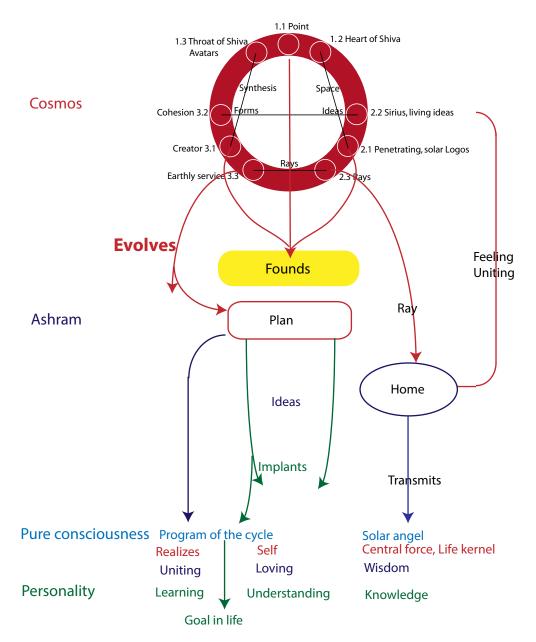
	Transcending				
1.1	Shiva	It arouses emergence	Crown		
1.2	Eternal parent	In the Flow, It remains	Front		
1.3	Absolute sonship	It passes though	Occiput		
	Penetrating				
2.1	Solar Logos	It arouses the units	Heart		
2.2	Sirius, Feeling	It feels	Pure ideas		
2.3	Rays	It transmits the energy from pole to poles			
	Creator				
3.1	Planetary Logos	It grounds	Intent		
		It implants			
3.2	Magnetic work	It coordinates			
3.3	Earthly service	It evolves	Evolution		

Abstract

Life fills everything, it vibrates in everything, the flow of the Infinite moves through. That which makes arise appears first as tension, and is revealed later as Will. The flame of Sprit fills in space. Atman, Shiva, Brahman, the Infinite, Flow, Logos, the Author remains and moves through us, infuses us. "In Him, we have life, movement and being."

TO EVOLVE

To evolve denotes the 3.3 current, move of the human body as well as move of the Cosmos; what about then evolution of consciousness, of the subjective side?



Moving: evolving in physical space ou sensory (3.3)

In the figure above, the 4 words on the left describe various levels. *Ashram* includes the stages Founds, Plan, Home inclusiveness, 2nd aspect and the implantation of ideas, the transmission of energy.

Consciousness evolves in learning, in uniting, in realizing its center, the Self. In approaching the Self or pure consciousness, it senses its life program which the personality calls its goal in life.

The ashram evolves too, in assimilating ideas with the Ray which is coloring it and unifies it. It implants the triadic current in function of the Plan of evolution and attracts in its wake some souls colored by this quality. The Logos, and its focal point, handles the law of evolution, current 3.3 of the Cosmos; on the Receptors of the 3 departments of the planetary Heart, it imprints the Plan.

Other Paths of the cosmic Way found these ashrams, the mode 2.of the Penetrating but also the 1.1 and 3.1, 1st aspects of the Transcendent and of the Creator. It is in merging with the will founding being, that the Master frees itself form blindness [R5:686] and becomes outlook of the Whole in the Whole. This foundation sustains all seeds or kernels within the ashram; this is a way to unite it and strengthen it.

LINK COSMOS - EARTH

Immediate Presence

Realize that Fire renews itself in drawing into itself

Focal point of planetary Life (pause)

It responds to the Author of the Cosmos, to galaxy, to its monad in the great Bear

It assimilates the cosmic Intent

Cosmic Feeling,

Cosmic activity (pause).

Cosmic way with its 9 vibratory modes (pause)

It emits the acclaimed Will in the Assembly of initiates.

The Heart pulsates and transmits the inflow.

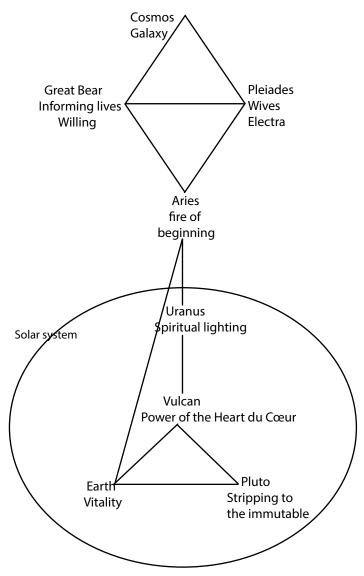
Light, Love, Will.

Our mission, that of the ashram Will-Spirit

To assert Spirit, to distribute spiritual life, to embody the Three in One, such are our goals. We are inscribed in a current going from the cosmic Logos via the great Bear toward the planetary Logos, its foal point of life and the Heart toward consciousness's. This will current prepares the seedling of will in a later cycle, when the human beings arouse the emergence of new dimensions and first of all new forms. This will expresses in love, via the fusion object – subject, a step that many beings can realize; realize it, then maintain it thanks to approach, recognition and training. Will produces tension and expresses it in matter as fire: unceasing renewal coming from the center of self, arousing, infusing, creating the whole being. Actually, therefore in acts, will gives life; the function of the spleen is to distribute vitality and to pulsate in the external prana, external thus to the solar system. Then the task is to feed, to strengthen the cells of this organ: the red dots in the emblem of illumination meaning renewal of consciousness and we distribute it in our way, in our measure.

In the 20th century, was given the teaching of Agni Yoga, and the fire has raged; we are working with the will and we have to watch that the will be pure, refined, vivifying and not a brutal force imposing and smashing. How?

[R3:483 mentioned in :376] shows a figure with a triangle of 1st Ray planets: Vulcan, constructive 1st ray, with fiery stones at the heart-sun core; Pluto, destructive 1st ray, with pickling stones at the periphery of the system, and the Earth, living stones. Above brightens a star of the great Bear and, relaying it, the constellation of Aries, provider of electric fire. When the peripheral forms are destroyed in agreement with the fire of the core, life may flow in. It is alluded to in [CF:989] as planetary evil or unbalance between planets. We can try to join a certain star of the great Bear to Electra in the Pleiades and anchor this link in Uranus, abode of electric fire, crown center of the system. The energy of Aries implants then via another triangle: Pluto plays, in the human being, the role of coccygeal center, Vulcan the very center of the heart and the Earth the spleen of the system, then Will gives life – Spirit.



This pattern is a perspective; in this inspiration day, we do not decided yet to use it, neither how.

Meditation of ashramic approach

Immediate presence (symbol of the 9 of the Triad)

Incentive of pure idea: Truth, Liberty (Indigo)

Potential of thought (Green) Life sustaining spiritual will (Red)

Willing to be

Willing to be is first grounding current (3rd aspect) Then pure awakening, living light in expansion (2nd aspect)

Wiling to be, dynamo vibrating in t itself (1st aspect)

Realized being in the center

Silence, listen.

Ask a question; note the answer.

Outpour

3RD PART: TO SERVE

Willing that the light lives

"Let in the light" [R5:184] is often translated as "letting the light penetrate", with a passive letting; this could better be "Let make enter the light". The text specifies to help the building of the planetary substance of light, " a vehicle created by the energy of Will". In fact, that 's what we are doing with Will-Spirit; Will stimulates Spirit and makes rise the Light.

The same page says that is not any more the light of the soul, of the sense of vision or of illumination. This light appears in the field of consciousness, but the indigo background denotes immediate presence, pure reason, living substance or vital body of the Logos. A level higher, it seems that, for approaching the cosmic way –red for will – one has to attune to the red dot within the indigo circle, thus to attune to the spiritual will. The mind was required for finding the trans-saturnine planets; intuition (pure ideas) enables to attune to the stars visible with the naked eye; for going beyond this scope, one has to build instruments, thus to use the collective will, more than senses, mind or intuitive sensitivity. This means to change the scale of receptivity: not so much the even levels, but the odd levels, in clear words to use the will for going toward that which founds us.

Illumination describes the effort made by the group Inner Source and it puts in the human crystal (cf. the figure at the bottom on page 1) a question stimulating the research. In reality, the light falling on the crystal springs forth from the triadic current, though the group is not there. We can take part in this work, we too, at least in this radiance, for what happens in our space of selfless experiment?

Let the light live in the human consciousness, in pure consciousness, and thus strengthen the source. We can amplify our effort in taking more time in this space and in visualizing the light and the secondary sound des bed by the rule 3 of Creating in the light [CF:1000]. This means to visualize spirit implanting itself in this space, making resound the vibration in this aim in view. Thus we create, according to rule 3, a thoughtform. If we can handle a more intense light, we shall create a attractive vortex, a vehicle for Spirit: it enters in resonance with matter. The A sound calls the Source, the U broadens space, the M implements the resonance. Is that which happens in our action? That' also what c we can do of our instrument of expression: to make arise the light in the bodies, in the centers.

The work of the ashram Will

In my view, the ashram stimulates the renewal of consciousness, yet one has to specify this fact. Individualization joined, via the Five, the Three and the quaternary; this has founded the human consciousness - humus-manas or thinking cane according to Pascal. Hence consciousness is renewed according to the wish or sustaining will of the Logos. What brings in addition the ashram? It fortifies the pulsation toward the Self, gives the direction of the Good, not to all human beings, but to these units who respond to its note: the will to help, to contribute, hence to express one's heart. The heat responds to the Heart –principle of affinity or law of attraction.

Mode of action

For finding inspiration, we go always backwards of the 3 aspects: 3) the goal, the Plan, the Purpose, hence to think; 2) the vision, consciousness, perspective, hence to perceive; 1) Self, the Author, hence to take part, to identify.

Then after assimilation, interpretation, outpouring, sustain, vivifying.

We are part of the Logos; Its inflow passes through us. In the deep poise, the Power rises forth. We attune to this Will. Law of cohesion for the 2nd subplanes, law of vibration or law of fire for the 1st subplanes.

Day of regulation 20

OUR ZODIACAL TRIANGLE

Aries transmits the electric fire of beginnings, Capricorn the 1st Ray as will conquering death, so overcoming this inert appearance, it shows that the life of spirit infuses all.

Aries stimulates Vulcan, the power of the Heart. Capricorn with the hermit at the summit in the aridity of the mineral, grounds the celestial fire, the vitality underlying the stone and the hardest background. Pluto, the god of hells, strips out the form for keeping the immutable; if Pluto as the coccyx center makes arise the drives of the unconscious background, helping thus the survival of the individual, it is because it is not refined. The brutality of social power comes from the fact that it appears hard, insensitive and devoid of meaning.

The Earth harmonizes the power of the heart and the striping out of forms; life is pulsation of Spirit in matter, pulse of more abstract stimulus in a denser substance. And it is the earthly Heart which provides this pulsation. The vitality offered by the Earth may thus aerate the impact of the 1st Ray in Pluto and link it to the power of the Heart (Vulcan).

Curiously, Uranus is the hierarchical ruler of Aries, Vulcan the ruler of Taurus, the Earth of Gemini and Pluto of Pisces, 4 consecutive signs; none of these hierarchies (seeds of life) is incarnated in the cosmic substance, they take part to cosmic love or sensitivity.

SYMBOL OF CAPRICORN SIGN AND ITS USE

Rather than the background I perceive an opening: "Both gates stand wide" says Esoteric astrology [R3:163] on the axis Cancer-Capricorn. In fact, the background is discovered, after the vertical flow, as the circle enveloping the Whole.

Aries is related tot spiritual Life and the Capricorn to humanity [R3:156], it is said that this sign is most mysterious and that its delineation leaves the initiate unprotected [:15I,]. Let us try to guess; a cup or antennae turned toward the sky, a vertical line leading to a form, empty circle, thus open to the down flow and distributing it. There is not any more lateral protection, the path must be followed in balance (Libra) on the razor edge; duality is ignored. The symbol says: receptivity to the sky, alignment in the current, radiating form, the whole being located in the One.

The old Commentary [R3:616] guides us about the Capricorn: "I, the beginning am. I am the outward and the inward Way and back into the point of concentration and from the point I turn again unto Myself, carrying within my heart of love, that which I, the One, have served and that for which I sacrifice Myself".

This means that, as part of the ashram Will-Spirit, we can at the full moons identify ourselves with the Will-to-love streaming through this constellation, and at the new moons we can – at least we can try – attune to the tension maintaining the unity of the galaxy. In the same sense, Aries gives the impulse to the wheel, spiritual will, yet It is also the will which makes arise the circle in toto, asserting existence.

This symbol of Capricorn incites us to work with the pulse of the great Beings. It (That which underlies space) makes arise space-breath with the 3 cosmic Logoï. The universe resorbs unto itself and arises anew:

Origin

- 1) re-arising, emergence, cosmic Will
- 2) Extension of space, sudden inflation, cosmic Love
- 3) Unfolding, ideation, cosmic intelligence

The sound O (the three are one)

The pulse replicates itself

- in the planetary sphere, within the ashram (indigo circle)

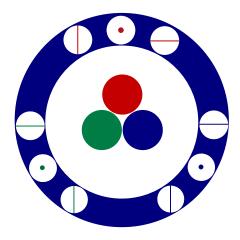
Will - Love - Intelligence, the sound O

- in the individual

USEFULNESS OF THE NEW SYMBOLS

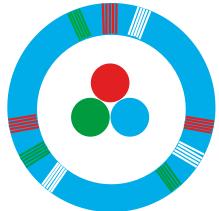
We are beginning to realize the usefulness of the symbols which appeared to us in the beginning of this year: the 9 of the triad and the radiating emblem with the 9 types of

attention. This approach of the nine comes from the 9 currents of awakening [Martin Muller] and of the 9 vibratory modes of the Cosmos [R5:412]. Differentiation gives more finesse and eventually more intensity. The 9 of the Triad gives access to the immediate presence and to the dynamic levels; The 9 white disks alleviate the indigo ring; each disk focuses space t hence sends back to the central white disk and multiplies it; this helps to get out of the unity of consciousness (the soul). Moreover, 9 is the number of completeness. This symbol could help us to align instead of our individual zodiacal triangle, which beings our meditative pattern of this year.



The radiating emblem simplifies also the approach of the "petals of the lotus", 9 types of radiation, 9 streams of attention coming from 9 potentials of the source of consciousness.

The attention makes the link between the source and the outpouring at any level.



UPON THE VIBRATORY MODES OF THE COSMOS

The mode 3.1 grounds the intention coming from the cosmic Mind; it describes that which motivates (the purpose) the planetary Logoï. One could say "It implants" instead of "It grounds"; the idea aims to evoke this vertical downward current.

The implementation of the Creator, 3.3, could be expressed by "It promotes movement" evolutionary as well as involutionary.

The mode 1.1 remains at the background; "to arise the irruption" denotes the power, much more than "to arise the emergence".

The inner mode to the Transcending one, 1.2, could be evoked by "It watches" but this assumes awareness. It stay at the background neither manifested neither entirely absent, such as the one and multiple of Plotinus. "It maintains itself" could also describe this mode.

The inner mode of the Penetrating one, inspired by the 2nd cosmic Logos, extension of space, could be enunciated "It extends the resonance" of perception or Spirit. What is happening in this 2nd aspect of the penetrating one? In old terms, it is the Path to Sirius,

the 4th path. It follows the 3rd path of planetary Logoï, which implants their intention, coming from the cosmic mind. Sirius is the soul of the solar Logos and the source of actin (law of karma action-reaction); one may think that relates to the illumined mind, though some incoherencies appear. The feeling we are talking about this matter is a global non localized feeling, a resounding hence sensitive extent. The 5th path of Rays stimulates a pole; it is sensation, corresponding to the awakening center located beneath the throat. Sirius corresponds in the macrocosm to the center awakening the affective perception; yet that which affects the cosmos or this part of the galaxy is not emotion, not sentiment but an overall perception such as freedom, lightness, intensity, load. That 's what we can say about it now.

All these words are sued to approach the spur of Spirit, this intimate vibration, this entire arising called Atman, Brahman or else.

We are hardly contacting the spiritual will, level of the electric sound according to [CF:319], whereas the cosmic way being only after. We can address our veneration to the Beings who send us the echo of it. The new symbols have been printed on cards; the contemplation of the red circle and the 9 circles inscribed puts us in resonance with the cosmic Way.



"Matter is spirit at its lowest point, spirit is matter at its highest point"; what happens on the cosmic levels without substance? Beyond dynamic electricity, do exist drives, intentions, incentives.

Take up again these vibratory modes beginning by the most concrete.

- 3.3 To evolve. We have studied if we have not worked the push to evolve. Evolution of consciousness, groups, more than forms, planets and moves of galaxies.
- 3.2 Coordination. Coordination between humans, with social rapports, between kingdoms, planets, stars, as our meditation at the full moons, between galaxies with clusters
- 3.1 Intention to create, will to implant, to express, to externalize. To achieve a work, to leave a trace, hence to move a step forward, to impact matter. To give existence, a support.

Let us move to the penetrating one.

- 2.3 To touch, to stimulate, to listen, to color, to transmit energy for vitalizing, unfolding, blossoming, perfuming. Stimulating rays.
- 2.2 Feeling the cosmos, resounding with the pure ideas: freedom, truth. To recollect, to move inward, to act in order to feel, yet also to fix sensitivity, to maintain it for changing it. Action or karma, cause and effect.
- 2.1 To offer, to arouse each unit, to launch the impulse in the finest, in the center. Impulse of the heart, in each particle, spark.

The transcending one now.

- 1.3 To move through, flow without attach, current huge river, the Breath.
- 1.2 Extension of the vibration, offering all possibility, abstract space, opening without end, without dimension.
 - 1.1 To arouse the irruption, emergence of being, to Will, primeval act, precursor.

Let us take these modes in our instrument of expression, the microcosm. Immediate presence, spiritual will. Let us listen to the resounding. The energetic body in support, body sensitive to currents, impressions, stimuli.

"It is by an ascesis both bodily and mental with a cosmic dimension that he goes toward liberation" André Padoux, in Understanding tantrism, Comprendre le tantrisme,

Albin Michel 2010. The author mentions the dvådashånta, a center "located at 12 fingers-breadth above the head"; we can search for it – at what height? 5 or12 fingers breadth? – the black hole whence everything comes from.

Any space has a focal point [axiom 4, Peace means action page 190]. On the planet, any cosmic influence passes through Rigden Djepo, the focal point of planetary life. The cosmic stimulation arrives to the conscious world via the solar, stellar lives, and the planetary lives which are triadic currents, concretizing in the mind. Stellar lives, whether they are on this planet or on others, are characterized by their dynamic electricity, their blaze, their power of uprising.

AND THE GALAXY?

One sees to move form the cosmos and its stimulation directly to a star; the galactic stage is lacking then whereas they are the basic cells of the Cosmos and the perfect Beings whose all cells scintillate. Theosophy could not speak about galaxy, observed first by Hubble in 1924. But one can take and update the charts of the solar Logos [in a Treatise on cosmic Fire CF:94, 344] in thinking that the solar monad is the galaxy; that's what we are doing in our full moon meditation and we feel it appropriate. The 6th Path of solar Logos is also this vibratory mode of the Penetrating one 2.1. Then the 3 life outpourings are to be adjusted, as well as the chart of Parabrahman – the great Breath.

HIERARCHIES OR SEEDS OF LIFE

A life is an abstract stimulus impacting a denser substance; the movement appears as a pulsation, immediate or not. These clusters of seeds of life are said to be 12 in number, as the zodiac, is it exact or a simple approximation in order to enter in an intellectual pattern?

The hierarchy related to Leo seems to come from the cosmic mind and to ground on the Adi plane, the ocean of fire.

Thee hierarchy related to Virgo, the prototypes of monads, seems to come from the cosmic affect of love and to ground on the monadic plane, yet on says they are related to the great Bear.

The hierarchy related to Libra would come form the Adi plane and would I ground in the spiritual triads, dynamic currents, called also planetary lives or 6th kingdom.

The 4th hierarchy, related to Scorpio, is the one of the monads, starting from monadic plane; they ground in the black hole of consciousness, the jewel, described by the tension-to-be.

The 5th hierarchy of solar angels, related to Capricorn, describes the conscious sensitivity, that which is called the soul.

The 6th hierarchy related to Sagittarius describes the personalities, forms evolving in the 3 worlds of thought, feeling and sensation.

Let us leave aside the elementals (Aquarius), they express in virus or parts of codes which have no autonomy. Fairies, elves are units and parts of the 6th hierarchy. Let us come back to Pisces.

The "intelligent substance", the ocean, could be the tension of the galaxy – at some level – which focuses in Sirius, a seat of cosmic mind. This infusing intelligence might be what enable feeling or at least express it.

The hierarchy related to Aries is named Unity through effort; it can come from the cosmic mind at an abstract level, whence comes the intent of solar or planetary Logoïthese intents or rather purposes being part of the concrete mind.

The hierarchy related to Taurus is said Light through knowledge, it would come from the cosmic illumined mind and would impact the cosmic affective plane.

The hierarchy related to Gemini is said desire for duality. Coming from the concrete mind and easing love, the recognition of the other in the affective level?

The hierarchy related to Cancer is on the verge to be liberated from the cosmic substance; it would be the diffuse feeling (mass life) in the cosmic affective level, feeling of oneness.

These seeds of life describe the 2^{nd} outpouring of galaxy - monad of the solar Logos - or from the soul of the sun, Sirius. This ideation stimulates these units which have been stimulated by the 1^{st} aspect of the Penetrating one, the galactic Being.

Here is the vision emerging from the discovery - opening to galaxy and to the big Bang.

DUALITY STATIC - DYNAMIC

The Author may appear external, hence as an object. The background may appear unsurpassable, hence static. Yet we are looking for the Flow, the energy, the Logos, that which surmounts the duality static – dynamic.

TO RESURRECT

To arouse a new or to resurrect begins by welcoming forms which appear, that which has already been aroused; then by a retraction to the center, toward the background, and the will lakes arise the new impulse. Thus sets in the pulsation; the will giving life activates the stimulus in each of the units: resurrection. This means to take part in the work of Maitreya, who synthesizes Love and Will.

LAW OF SYNTHESIS OR LAW OF VIBRATION

The outline was beginning at the stage of the sun by asserting the low of synthesis: instantaneous Spirit. The law of synthesis is a cosmic law based on the principle of essential homogeneity; it asserts the unity of the center and the periphery. The law of vibration gives the key measure and is emitted by the sun [CF:574]; it arouses the sparkling fire: instantaneous one Spirit. So we have confused law of synthesis and law of vibration. The first law is produced by the tension of the galaxy, a unit in the Cosmos; it is logical, but we are n ot (yet) able to check this fact.

THE 5TH GATE

What does mean the will-to-be, one of the focus of this fire? At the fifth initiation, the mystery of Fir unveils; it is the - probable - fact that will is the dynamo of the solar system; the spark wills to be and sacrifices itself: it focuses, fixes itself in order to express the whole as it expresses all and is focused in multiple sparks. At that stage, this being has contacted the will aspect of the monad (It wills) and can guide spiritual will, constituting a part of the Plan of evolution.

<u>It wills to implant Love in any being</u>. In the line of Will-Spirit, <u>It wills to express Spirit in every being</u>, according to its abilities: human, tree, etc.

Previously, at the 4th initiation, the dew drop representing the cognitive sphere has burst; being takes part in the universal life, without protection. It does not need any more to protect itself, the center and the periphery are one. The 5th gate represents the fusion in the will underlying all, which makes irruption, expands Spirit and makes live the Light.

ENERGIES OF THE TRIAD

In consciousness correspond to the luminous blue ring, the radiation extends from the center, well localized. In the spiritual triad, space is prevalent, being is merely a receptacle of this immediate Presence; the indigo circle and its white disks ease this impression of relay.

[R5:711] distinguishes the impulsive energy of ideas or currents of the abstract mind and the energy brought by the intuitive revelation or pure reason. Can we refine this distinction? The mind begins with meaning; ideas participate in the mind or understanding when they are carrying a meaning. Thus truth is an idea, an impulse, a incentive, for it leads to be true and not to accept any distorting veil. Meaning underlies an application in action, in behavior, in deeds. It is so with rightness, freedom or right relationships. Moreover, an idea becomes an ideal, then an idol: the idea in its generality becomes a concept, a goal, then a representation.

A pure idea on the buddhic plane (4th level) is a living resounding; it is inscribed in the immediate presence, less as a current or impulse, but as a resonating state in this clear and magnetic light. This resounding has an impact on the vital body – called etheric body in the ancient books. Thus truth or the true is at this stage a perception of that which is inscribed on the body and its aura; what is free describes an easy movement, the right is direct link, accurate, in this immediate presence. And the energy carrying this revelation is this immediate presence, without distance, without duality, here right now.

The adjective - the true, the right, the free -describes this resonance which is a pure idea. It triggers an impulse producing a movement which has a meaning and thus arrives into the mind. True arouses the search of truth and its practice. The planes are not isolated, one from the other, even less in the triadic current.

Will is this energy beginning with impulse of the heart. As is showing so well the English word, Will is that which will be in the future, that which makes things happen. Spiritual will is thus an incentive, a stimulus and its monadic harmonics is that which makes to be: It wills. Spiritual will is that which makes irruption in the immediate presence, it incites.

One realizes here that words are masking, whereas the symbol of the 9 disks in the indigo circle is a veil also, but it enables an intuitive access, without the analytical mind.

SHAFT, RAY AND WAY

One talks often about rays in imagining a shaft of light. One conceives then a beam as a light moving progressively in space, as a fast field (speed of light) or as a photon falling upon an atom which serves as a receptor. It is an image of the solar fire or spreading of consciousness, where distance does exist.

In the immediate presence, pulsation infuses the whole space some units respond and then a ray or energetic line sets in. The circle is indigo; space offers itself instantaneous.

The cosmic way moves forward in the intense, the One is realized, that's what shows the red circle, will or arising.

FROM THE CROSS TO THE SIGN OF PEACE

The sign of peace will replace the cross [R5:233]. The cross figures the horizontal extension including all living beings and the vertical line expressing ideation and its expression. Irruption may be considered as hidden at the point of intersection. The Three in One relate to the 1st Logos, to the Ray of cosmic Will, which obliterates color and quality [CF:148]. The three are seeds arising from the One - in any unit - from that which founds space, symbolized by the white background. In a sense, the 2nd Logos of relation is overcome by the 1st Logos; then the solar lives are integrated in the cosmos, in the arising flow, in the Infinite which transcends and shows through the finite.

The question is not any ore about the quality of a Ray or another for approaching the One Spirit, but it is the way which constitutes the Whole.

BLINDNESS

Since the beginning, we have a vague idea of what we'll do then following year, the path is discovered along the way. We are not dominating our path, though we have a sense of the direction. In a way, we are blind; the factor of blindness disappears at the 5^{th} initiation [R5:686, 703], for then the being masters its destiny and follows a plan in agreement with the Plan of evolution; this lucidness enables this being to choose His path or vibratory mode. The rule 10 mentions the veils masking Reality and blind the seeker; thus we move from the creative triplicity (the AUM) to the subtle duality (Om) and finally to the sound (O)

TWO EXERCISES

<u>Preamble</u> Immediate presence To be true

Spur of the pure idea: True, Free (indigo)
Potential of thinking (green)
Life sustaining spiritual will (red)

Immediate presence	Immediate presence	
To launch inwardly the liberating sound A	That which underlies space	
The flow of the Infinite goes through us	Cosmic Will	
Vibration of Spirit	Cosmic Love	
The sound O of the acclaimed will	Cosmic intelligence	
To Outpour	It wills to express Spirit	
To outpour the Three in One	The sound O	
In the ashram	In the ashram, will, love, intelligence	
In consciousness, in consciousness's	Individually, will, love, intelligence	
To arouse anew	To arouse anew	

Note

Any thought toe the great Beings, to the great Bear, galaxy, the author of the cosmos would be purely fortuitous

OBSERVATION OF THE WORLD

The virus shows the importance of the elementals or 7^{th} hierarchy. It shows too that humanity in its cycles of 28 years (personality and not pure consciousness) is entered in the Neptunian cycle: mass infusion. Neptune, god of waters is also related to Pisces, the ocean, and to the 12^{th} house, the house of diseases concerning the human gender.

Discipline applies to all humans, with the masks and the recycling; it might be a sign showing the gate of the $1^{\rm st}$ initiation. Freedom is thus in question, negative freedom as absence of constraint or positive freedom with means – to enable to act – and responsibility toward others and the ecosystem. We shall study this idea of freedom and we'll probably have to destroy the negative idea of freedom as a mere absence of constraint. The question of power as imposition on a collective should also be studied; it touches responsibility, motivation with a connection to Vulcan and the wear, hence the retirement (or destruction) of forms, Pluto.

Year 2021: IT WANTS TO EXPRESS SPIRIT

Moral report for the assembly 2021

Seven years ago, we re-founded the association. The goals corresponding to the title looked far away, they are now our current practice.

Let us remind them:

- 1. To assert spirit
- 2. To distribute spiritual life
- 3. To embody the sign of peace (3 red dots in a red circle).

If we have moved forward, it is for a great part thanks to the ashram and to the realized Beings. Maitreya and His close Assistants can still teach us mastery and lead us further in this cycle and in others later.

AAB says [R5:655] that the power of the 6th initiation was becoming available, we are implementing the poser of resurrection; the keen pulse (1) of Arousing Beings widens with colleagues (2) and becomes a slower pulsation in the field of the awaking seeds (3); thus the 3 dots are inscribed in the circle of completeness.

We have still so much to learn. Noticeably to distinguish between the preceding will, the will that institutes the frame and the implementing will, that is to say in a way closer to us, the spiritual ill, the will of the soul and the personal will called determination. Perseverance is accompanying us, but what about the blaze of assertion, what too about greatness, subtlety?

We have also to learn to stabilize the contact with Spirit and to express it. Through identifying with the solar Logos, the idea that came was: It wants to implant Love in any being; thus It become a Heart loving the zodiac around it, yet Its radiation will intensify its body is composed of loving beings. All the units of the planetary Heart look for implant Love in many ways, according to the 3 aspects and the 7 Rays.

In the line of our associative title, this goal becomes: "It wants to express Spirit". So I suggest that this expression becomes our directing note for this year. Spirit rises up in the intensive space provoked by an Author or Logos; it is the highest potential, the finest vibration that may resound in an instrument of that space. Our bodies (atmic vehicle, ... mental, energetic, physical) are instruments, yet our group too and the meditation outlines; texts can be considered as instruments. Our consciousness itself is the instrument of the spark of life, the great Fame we are a part of.

Will-Spirit is pouring along the monadic life from the One in all unto its grounding on mental level, in the jewel of black hole; there it stimulates pure consciousness, a renewing fire, opening to the world and welcoming impressions;

IN looking back on our activity of the past year, what do we observe? Last year, we told about the group death and its integration in the ashram; the confinement helped us in this way. We have printed – both on paper and on the mental substance – the 9 of the Triad, the radiating emblem and the 9 white circles in the red circle, symbolizing the 9 vibratory modes in correspondence with the 9 awakening currents inscribed on the human body. We are continuing to dissipate the glamour of avidity, a necessary task.

We are working the three of us, assisted by Solene and Danielle for the inner Source and with 2 other members a little further: Gilda and Guy-Victor; thus we recover a variable geometry.

Hence let us work, move and live in the flow, in the loving uprising.

Previous thoughts

WILL IN THE SIGN OF PEACE

3 types of will are pouring out from the zodiacal constellations [R3:591].

1) The will conditioning life can be perceived as a flow passing through the red circle. 2) The will bringing achievement is the will to complete, to complete the circle of any unit and to achieve any cycle. 3) The will conquering death is the infusion of the whole plane, the entire circle, and that which is inscribed in it, total assertion.

The 3 dots represent the 3 levels of the logoic personality: 3) the ocean of fire animating the substance, cosmic activity, 2) cosmic love, its unifying extension, 1) the cosmic mind with the intent of the Logos. The initiates who pass through the 7th, 8th and 9th gates a respond to these 3 emitting levels, the uprising infusion all (the red). Yet the Absolute, which the tissue of the Cosmos is made of, has 3 aspects and one finds them in all the layers, including the conscious layer, the layer covering the planetary background, the solar layer, then the galactic layer.

THE PLANETARY HEART

It vibrates at the 3 levels of the Triad. Let us remind, Maitreya, the Manu and Morya are making a triangle for receiving the cosmic touch, called by AAB the avatar of synthesis. They can represent the 3 dots in the circle. They are the Ones who initiate the implementation within the Heart: It wants to express Spirit.

And we move in this direction, with the sign of Peace. Life pours out through the whole planetary Heart, so we can tune into it.

Maitreya teaches mastery to all human beings; some will listen to their soul, others will integrate it, others will respond to impressions from the 5 planes. The advance is made in going to the centre, in detaching oneself form the object, in opening the crown to the flow of the Cosmos.

We can also move toward this mastery in following this hint [R5:713]: "Just as the disciple has to learn the mind in two ways:

As a common sense, a resolver of information so that a life pattern and a life service ...

As searchlight, bringing into the light those ideas and intuitions which are needed, So the Master has to learn the uses of the will."

We can go in that sense at an intermediate level in orienting our attention, in attracting the useful ideas, hence in invoking according the words of AAB. The spiritual will makes arise the intuitive revelations, the ideas at the basis of evolution.

COSMOS

We talk easily about the Cosmos. Yet spaces accumulate layer on layer, the closer for us are the warmest, the most agitated, the most vibrant. Planetary space is our cognitive space, solar space corresponds to the causal body of the solar angel - this remains to be checked. Martin Muller suggests a relaxation unto the bones, to the mineral, dust of stars, before going to galactic Being. Yet to radiate on the background of nothing looks like the sparkling fire of our sun.

In the Cosmos, one has to go unto the particles, to the 3 quarks, traces of the 3 aspects. Yet the irruption was intense, inconceivably energetic, it reverberates in an extreme cold, perceptible in an absolute calm. It is this calm that we must reach in order to register the echo, in a profound silence, to go unto the background, for the absolute constitutes the tissue of things, the breath, space itself. Following the etymology, absolute means from the One, and there begins the cosmic Way, symbolized by the red circle.

THE 9 VIBRATORY MODES

The 9 vibratory modes are perceived more and more closer to the Earth, to the 7 planes, though they vibrate in the whole universe. Let us resound with these echoes, for we have not finished to come back on that which founds our being.

Mode 3.3; 1^{st} Path of Earthly Service, <u>It promotes movement</u>. This mode expresses on the cosmic physical plane; movement is involution as well as evolution.

Mode 3.2, 2nd path of Magnetic Work, <u>It coordinates</u>. This mode concerns cosmic love, the attraction or repulsion of stars.

Mode 3.1, 3rd Path of planetary Logoï, <u>It implants</u> Its intent. This mode comes from the cosmic mind; the Cosmos implants Its intentions in multiple directions and on many grounds, fields of experiment. It implants Its intention as one implants a bulb in the soil, it is a sphere of energy and not a descent into the most coarse; the coccygeal centre is an energy amidst the bone.

Mode 2.2, 2nd aspect of the Penetrating One and 4th Path toward Sirius, <u>It catches the resounding</u>; this resounding is sensitive, infused with spirit. Sirius is said the source of logoic manas, yet the 4th Path could correspond to the number 4, to the 4th plane. One works always from the plane higher to the distributing field.

Mode 2.3, 3rd aspect of the Rays, <u>It transmits energy</u>, of course from poles to poles, that is the core of the units. This transmission is made in all directions toward sub-poles; this enables to penetrate the whole organism of the Cosmos. One could also say It radiates, it is located within space. This mode seems to come from the cosmic atmic (5th plane) for it is odd, emitting; it corresponds to the atmic solar of the Plan for evolution.

Mode 2.1, 6th Path of solar Logoï, going from the spiritual central sun or kernel of the galaxy. <u>It arouses units</u> from the cosmic monadic level where are found the centre of the galactic wheels, cells of the Cosmos. Galaxies are thus units and they focus then arouse in their turn the units, stellar, planetary, etc. all the seeds, including electrons.

Mode 1.3, 7th Path of absolute Sonship. <u>It passes through</u>, transmitting the transcendent will.

Mode 1.2, 8th Path of eternal Parent; it is the 2nd aspect of the Transcending One. One could say: "Vibrating, It remains" for avoiding to name the flow; this maintaining is paradoxical, for it is both movement and rest, static and dynamic, light and darkness, overcoming all complementarity. We can't locate it on planes which evokes however substance, the scale Spirit-Matter. Yet *vibrant* evokes a substance, infirmity of the language! "It stretches space" expresses this tension which pushes it to widen, as in the cranial box; with the 2nd aspect, it is better to say, "It widens space".

Mode 1.1, The Author of the Cosmos, <u>It arouses emergence</u>. Arouses and not triggers, it does not act. Origin, Source of all space, breath, being, movement.

LIVES OF ARIES AND OTHERS CONSTELLATIONS

The seeds of life come from the logoic soul that justifies the fact that they implement the law of attraction, contrary to the cosmic Way or vibratory modes; this last Way follows the law of synthesis. Indeed, the constellations of the zodiac express the will to love, and one knows that they are related to the so-called "creative hierarchies".

The lives expressing the unity through effort are related to Aries who introduces, in the love of the solar Logos, the stimulus of cosmic will; they seem to come from the will petal of the Love tier of the logoic lotus. These lives are coloured by the 4th ray and Mercury is the esoteric ruler of Aries, yet Uranus is the hierarchical ruler: home of electric fire.

What about Capricorn, which is reflecting at the systemic level the solar angels or lives of pure consciousness, and what about the triadic lives related to Libra?

Our distribution of the Will giving life is related to the monadic lives hence to Scorpio; the prototypes of monads are related to the bunches of lives of Virgo, linked with the Great Bear.

Those lives related to Leo transmit the Fire or Agni, the personality ray of the solar Logos [CF:602-3] to the permanent physical atom, unto the physical plane (sub-plane Adi) or ocean of fire.

DIVINE WILL AND SPIRITUAL WILL

The undifferentiated author arises (1), then introduces a dimension, space or scale (2), in this dimension movement spreads: ideation (3). Spirit is the vibration residing in the pole close to the origin, "at the right of the Father". The materialist lodge seeks to stay in the distant pole, the most inert and to maintain the gap. We are coming back to the point whence all comes from, thanks to the legated potential maintained by the author;

thus we come back and find it, we are then passing from the spiritual will to the divine will.

ROLE OF THE EARTH

According to [CF:98] prana is received by a triangle of centres, among them the spleen and the manasic centre between the shoulder blades. The Earth could be this last centre of the solar system; this fact seems confirmed by its link with the centre of the head, alta-major and the throat [CF:1160]. This manasic link would explain the link of the Earth <with Sirius [R5:414]. Anyhow, the Earth seems truly related to the cosmic prana or vitality, and that's what we observe within the ashram in the triadic current.

Meditation outline 21: It wants to express Spirit

Who is this It, which founds us, guides us? This It seems to be the solar Logos: "It wants to implant Love in every being" and this intent is declined according to the title of our association in "It wants to express Spirit in each being". This word *each* expresses love, as well as *to express* opens space. The Cosmos seems to say "I offer experience" and the galaxy could say "Seen and grow".

THOUGHTS

- 1/ The infinite passes through any form, the Author makes pas its force through any being; each one is an instrument and Spirit express then the potential of this instrument.
- 2/ It is the instrument, It is the player, It is the Sound. More than That It remains, It arouses the manifested universe, It surpasses all.
- 3/ "It wants to express Spirit" is in tune with 1) the Cosmos, uprising and inflation, 2) the solar Logos and its solar law of vibration, 3) the planetary Heart
- called the great Ashram by AAB and 4) pure consciousness. Humour, thinking are reflections.
- 4/ Spirit -Matter was mentioned merely in the galaxy. At Cosmos level, one talks about Breath and Space. It is at the sun level that I Spirit is referred to, why? Because it is our level of perception as pure consciousness or solar angels.
- Yet it is This Spirit that enables us to grasp the greatness of the Cosmos, to record its breath and to assimilate its vitality.
- 5/ Beings passing the 5th Gate impulse the life in the Heart, they ground the red in the indigo. The initiates of the 3rd Gate implant the direction, the Good, in the emblem of the field of consciousness, external world.
- 6/ The planetary Heart can be visualized as a circle with an inscribed triangle, the dot of life in the centre, cf. [Tel:186] and the booklet Grasping and transmitting ideas page 39. One may too b visualize the pulsation that makes play the 3 aspects (each with 3 disks) of the indigo ring.
- 7/ The power of resurrection is a prerequisite to the transition toward the cosmic Love (8th gate), which is preparing Maitreya, and to the assertion of the intent (9th gate) sustained by the Author of the planet, and beyond by the Author of the Cosmos.

POWER OF RESURRECTION

The sign of Peace (the pistil of Maitreya, Illumination §153) gives access to the power of resurrection. To contemplate it, to grasp that the pole of the 1st aspect renews, the 2nd opens space, support of any relation, the 3rd acknowledges with intelligence. To unite the 3: undifferentiated Logos. It makes arise this power in the world. Make again slowly this move: arise anew the whole space, all seeds. Go through the void, absence in order that the power of Spirit arises again.

Meditation outline

Contemplate the sign of peace

Presence (the white background)

Move to the background (dark)

Void, absence, absolute

Being arises, Life, One

Spot the renewal, fire, force

Spot the arising of space, Life

Spot the push forward, Breath

The Three are one.

From the background it arouses anew

All is and is not (pause).

Maintain this pulse – in existence, with the ashram

OUTLINE: IT WANTS TO EXPRESS SPIRIT

Immediate presence

Power of resurrection

Sun, galaxy, cosmos, cosmic Love, cosmic Will, Origin

The Author

- 1) the Precursor
- 2) Space, vibrating extent
- 3) Breath, intent

Arises Space- Breath.

It transcends: It arouses emergence; It stretches out space; It passes through It penetrates: It arouses the units; It catches the resounding; It transmits energy

It creates: It founds; It coordinates; It promotes movement.

It arouses anew.

Galaxy

Commune in its core

Tension of this space

Welcome the myriads of sparks

Effervescence Spirit-Matter

Commune with the galaxy, via the great Bear

Sun

Adi, ocean of fire, intense

Magnetic of the Heart, cosmic vitality

It wants to express Spirit, the sound O

3 aspects rising, stimulating, emitting (beyond the 9th gate)

Substance, which is pure sensitivity that is love 8th
Cosmic activity, dynamic electric vibration 7th
Will-fire, the breath of the One 6th
Will to be, the One emerges 5th
The One in all, Harmonizing life 4th
Direction, the Good 3rd

It sounds again the O in the Assembly

It wants to express Spirit through the planetary Heart

Pulsation in in the 3 aspects of the Triad

The will in the immediate presence strengthens the community of Maitreya

It supports Understanding through love 2^{nc}
Intelligent coordination 1st

Arouse anew the Heart

It wants to express Spirit through our selfless action

Sense the background, commune

Activate the intent, Unite with the world, iMplement, the three at once Arouse anew

It wants to express Spirit through my instrument

Individual zodiacal triangle, ponder, integrate, implant

A, U, M tune the 3 levels of the instrument

It wants to express Spirit through the ashramic group

Zodiacal triangle, Aries, Capricorn, Libra

Integrate the great Bear in the crown centre, Venus in the ajna centre

Say "I maintain the opening to the celestial inflow"

Think A, U, M emitted by the Logos

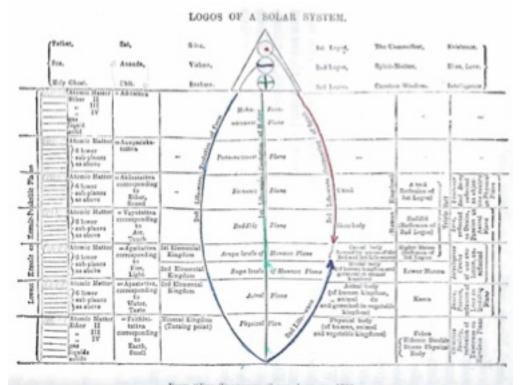
3 AUM, red Aries, indigo Capricorn, green Libra

NOTES ON THE OUTLINE

1/ The Fire of Spirit arises sparkling from the background; the fire of the mind is a glow that understands the world, it grasps, widens, and catches the significance. Because it takes with itself, it loves or rather it must love for under-standing. The Fire of Spirit

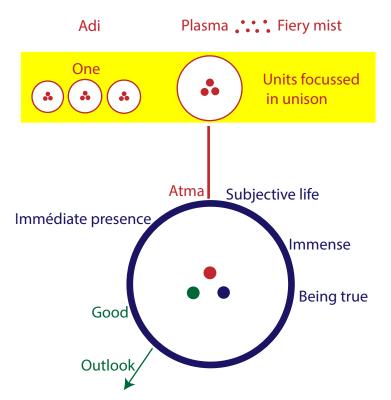
- wants it is an intent (without content, without a specified goal) or a tension issued from a will, an author: to rise up, to spring, to sparkle.
- 2/ The One emerges, it emerges from the ocean of fire, it focuses. Usually one thinks that the One emerges from the apparent multitude; one may also think that it emerges as a transcendent dynamic vibration. In technical terms, the One merges form the ocean of fire on the atomic subplane of the monadic plane. The interpenetration with the multitude the One in all comes later.
- 3/ The Assembly and the Heart join for evoking intelligence in humanity; the green awakens, attracted by the indigo, sustained by the red; creative intelligence love wisdom will abnegation. Hence with the planetary Heart, it is possible to stimulate the triangle of the Source of Life, the Heart, and Humanity, planetary throat.
- 4/ The meditating one explores, follows the outline, moves away from it, deepens.
- 5/ It wants to express Spirit through me. It is It who is expressing itself, and not me who shows it. It manifests in every being, hence I can be a relay
- 6/ It wants to express Spirit through my instrument. It is It who expresses itself, and not I who shows it. It manifests in every being, hence I can be used as a relay. It may seem disturbing to emphasize personality, yet it is me who acts and is born with this zodiacal triangle. Spirit is then my highest potential, that which I can express; the triangle points out the lines of action, the pattern of the zodiac to which I may respond. And this potential will extend to all my likes, each in its own way. To say it otherwise, the Logos wants to implant Love in its surrounding and in each of its components, I am a part of it and must spread it out, in a wise and hence thoughtful, balanced way.
- 7/ It seems useless to mention the 9 gates, once one has spotted the gradation browsed by the 3^{rd} outpouring of life; the sound O , carried on by the grounding Spirit. Understanding through love, beyond the 2^{nd} gate: after the 2^{nd} initiation, the abstract idealism has made its work in the individual instrument. It understands for it perceives the ideal or the inner pattern aimed by the other and it loves unfolding the conscious light in relation with the other.
- 8/ The three dots red, blue, green in the red circle the imprint of dazzling Life symbolize the 3 Buddhas of activity; according the rule 13 [R5:268], they are related to Libra (ruler Saturn, 3rd ray, green) our solar sign; the wisdom pole (blue) draws it energy in Capricorn and Aquarius; the pole in relation with the Cosmos (red) draws its energy in Aries and Leo. Thus the 3 poles underlie our zodiacal triangle; they are the 3 aspects of the planetary life, the One who
- underlies, arouses and remains at the background. Dazzling Life: the three are one. 9/ The great Beings who are resurrecting are found at the 1^{st} level, Adi, of the solar system. Thus it may be wise in going toward the Whole to pass through the steps: sun, galaxy, cosmos. Cosmic love and Cosmic will help to avoid a too concretized approach of the Unknown.
- 10/ The O sound of the Logos resounds in the Assembly from the finest to the 3rd initiation. It is the point of life Maitreya in the centre of the planetary Heart who officiates at the 1st and 2rd initiations. Then it is right to place the two first gates in the work of the planetary Heart; for example, "The Heart attracts, supports and enlightens understanding through love, intelligent coordination".
- 11/ If, in the planetary Heat, we contact the spiritual will, it can stimulate the immediate presence, then wisdom strengthens the vitality of Maitreya's community Maitreya's Sangha, as in the square of the Agni Yoga books.
- 12/ A planetary Logos implants Its intention, yet it founds manifestation which, otherwise, would remain some light. One may thus put oneself in the line of the Intent or in the external fact, corresponding the external aspect of the Creator.
- 13/ The one who embodies the planetary Logs sounds out the O, is it said in the rule 10. Yet we go along the O at the stage of the Sun, the One who wants to express Spirit. Is there between these Logoï a fusion, a closeness strong enough?
- The O corresponds to the 3rd life outpouring. At the cosmic level, forms come form ideation (3rd Logos) and vibrations extend in space in a scale of frequencies (2nd Logos). But the Sun implants Love, develops consciousness. Thus the frequencies of substance provide the basis and related to the 3rd aspect and to the devas of the planes;

consciousness develops through sensitivity and manifests the sensitive relations ship, 2^{nd} aspect.



- 14/ The rule 10 [R5:201] indicates that the incarnation of the Logos "utters the Sound... It intones the AUMM and all things come to be; He it is Who voices the Word, the OM, and God incarnate in humanity appears on earth..." This Word provides consciousness, it is quite different from the thundering Sound, or Breath, O, of Spirit.
- 15/ It is possible, but un-necessary, to sound out these sounds, O, A, U, M at the condition to identify with the emitter, then intention and expression agree. Also, the O resounds if one feels to be a part of the assembly, i.e. if the Sound assembles us. 16/ Cosmic Love, this level outstretches us, but it points out a love going beyond all, encompassing all, supporting all. Solar love would remain confined in the causal body or in a close sphere. Indeed, we perceive merely echoes, but we launch the call far away, where other Beings draw, distribute and live.
- 17/ Effervescence Spirit-Matter could stimulate the latent heat of matter, which condenses, I believe, in the bone marrow. Chinese call it the original Qi (Hunyan Qi). With prana or breath, plus the intention or fire of the mind, this purifies the energetic body.
- 18/ Each space has a tension which accumulate in accumulated layers: cosmos, galaxy, sun planter, ashram, causal body and the individual sheaths. The power of resurrection enables us to go beyond the layers usually felt in drawing in the renewal.
- 19/ Here is a figure of the 4 levels of cosmic vitality

Cosmic mind



Adi corresponds to plasma, the ocean mist, and the monadic level to the appearance of coherent particles amidst the flaming field; the On in all, related by direct rays. The 3^{rd} level appears with an impulse of a direct ray (red) arousing the implementation of the subjective life; this life resounds in the ashramic level of pure reason (indigo 4^{th} level) revealing truly the pure ideas. These ideas are formulating in the mind. Adi receives the stimulation –one could say electrical – of the cosmic mind and cosmic love, the ashram can respond at the monadic level, spark of the One, and work at the 3^{rd} , 4^{th} , 5^{th} levels, supporting evolution.

20/ Intelligent coordination, this expression looks weak for describing the 1st initiation and the resulting realization. It concerns the order amidst the conscious unit produced by illumination, then by the interaction between beings, realized thanks to this conjunction of inner lights, hence amidst the vast illumined field, perceived as intelligent. ON could precise: intelligent coordination thought light.

Previous thoughts for the Inspiration day

The perspective

Humanity has become aware of the big Bang, the genesis of the Cosmos. Upstream, some great Beings contact these energies. Our generation has gone beyond the visible stars with a naked eye, thanks to instruments designed collectively. Tradition – before 1930 – describe the links with these visible stars and mentions that the planetary monad is 1st ray, the first star of the great Bear. Beyond, is mentioned the One about whom naught can be said; the solar monad is said to be one of the 7 units – Logoï – in one of the 7 cosmic wheels, as is drawn in the theosophical figure Evolution of a solar Logos [CF:344].

For us, the star of the great Bear is a relay toward the hyper-massive black hole of the galaxy. This is the jewel or grounding at the physical level of the solar monad. Galaxy itself is only one instance among the billions that make up the Cosmos; its Author is the One about whom naught can be said, the absolute Reality.

Hence with the ashram of will, the task is to bring the galactic inflow to the planet, to contact its monad for stimulating its vitality and the one of the solar system. We are

doing that with the 9 vibratory modes, called formerly the 9 paths of the cosmic way [R5:412].

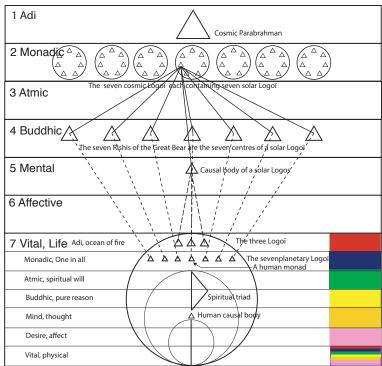
The sun has for zodiacal triangle Sagittarius (centre of the galaxy), rising Virgo (centre of the galaxies cluster), achievement Gemini. The sun aims thus in this system the growth of consciousness (Virgo) leading to right duality.

We receive impressions on the crown of the energetic body, hence the produced sensation. For going beyond the stars visible with a naked eye, one has to use finer instruments that are the levels of triadic current and then the monadic spark. So the eye can pass through the galactic black hole and register that which comes through the great Bear. The $1^{\rm st}$ star transmits the vivid inflow via the cosmic mind - it reverberates at the atmic level, spiritual will – and the $2^{\rm nd}$ star via the cosmic love – reverberating in the immediate presence – puts us in relation with the awakening current of Virgo's cluster. These abstract impacts will then resonate on the energetic body. At least it's the blueprint which appears to us.

The dazzling life

The symbol of the 3 dots RGB in the red circle is called the imprint of the dazzling life. These 3 aspects hide the jewel – Sanat Kumara or Rigden Djepo – of our planetary scheme. As human beings, we can be one in all in this scheme. This focal point of planetary life aligns to a star of the great Bear; with the Pleiades this constellation outpours life on our planet, our star and others. At this level, the planetary Logos realizes the One in all with the stars of the galaxy, the other planetary monads. In its turn, the solar Logos, contacting its monad, the black hole of the galaxy, will realize the One in all with al galaxies. These are inscribed in the Absolute, the Origin, the Author of the cosmos. That's what describes this figure [CF:344].

EVOLUTION OF A SOLAR LOGOS THE 7 COSMIC LEVELS



Here is the background where great Beings draw, and in approaching then contacting the dazzling life, we can get along with it in all the units of the human spirit. Then as says a stanza of Dzyan: "And Io, the Stones were one." Then the stones radiate all colours, the qualities, in the chromatic circle, yet we can go beyond the colours toward the living stimulus: will gives life, the ashramic group contacts it, goes along it, outpours it, Spirit expresses itself.

<u>Unity of the vibratory modes</u>

The 9 awakening currents play on the microcosm and we deduce that these 9 modes play in the Cosmos. They play also in the galactic Logos, in the solar Logos and the planetary Logos. Yet each of them attunes specially to one mode while all of them play at their level; as well as various rays play as nuances in the egoic or monadic ray. The planetary Logos founds a concrete unit according to Its intention, but in its crown centre the source of life, the Buddhas of Compassion coordinate, the Buddhas of activity promote evolution, the Lords of Rays transmit energy. More finely, the Logos arouses emergence (1.1), arouses units (2.1) and founds as a Creator (3.1); the Buddhas coordinate (3.2) but stretch out the space of perception and catch the resounding (2.2); the Lords of Rays transmit energy (2.3), pass through forms (1.3) and promote evolution (3.3). These chords may inspire us for approaching the intensity of these currents.

Zodiac and the O sound

The zodiacal constellations express the will-to-love, they concern the planetary Heart though they are transmitted through the crown centre. These 12 energies correspond to the 12 petals of the solar lotus or 12 potentials of attention, they seem to condition our meditation. The sound O uttered by the planetary Logos seems to be a constant pillar, responding to the great Bear, to the Pleiades (will-to-be); it maintains the tension all along the year, though it supports the monthly inflow coming form the zodiac; it vibrates according to the yearly cycle spotted by the impulse of Aries.

According to the figure of centres seen in the book Telepathy [Tel:167], for the Earth, the external circle marks the sphere of radiation and the planetary Heart is receptive to related energies (the 12 of the zodiac) impacting the consciousness aspect. The triangle in the centre is made by the 3 Buddhas of activity or 3 aspects of the dazzling Life. The green Buddha of intelligence rules the implementation of evolution and draws its energy in Gemini and Cancer; thus it is guiding the grounding of energies and the action of the creative centre, humanity. The two other Buddhas concern our zodiacal triangle through Capricorn and Aries.

The task

The 2^{nd} ray ashram assimilates the inflow and feeds the subjective life in the planetary Heart. The 1^{st} ray ashram embodies the energy of the most High and the 7^{th} ray ashram coordinates the human and planetary activities. "As above, so below", we are lucky to be able to observe the correspondences in our microcosmic system: mental, affective energetic, but also monadic, atmic, buddhic. Commenting our meditation outline, we were talking about the 4 vital levels of cosmic substance.

So what to do? How can we approach the One, the Author? By the 3 aspects successively then simultaneously. This means too 1) to move forward with daring, prudence and perseverance, 2) to resonate, assimilate and register, 3) to distribute, transmit, apply. The recipients of the inflow are first the ashram since we are working in its bosom; we can also distinguish the Assembly where resounds the O; the note of the soul at the $1^{\rm st}$ and $2^{\rm nd}$ initiations is a weakened echo of it. The imprint of dazzling life (the red circle with RGB dots) can help us to move forward toward the planetary crown centre.

The red pole is useful for integrating us in the Cosmos, the blue pole for expanding and infusing with wisdom –all human beings need that – one may call for the green pole for getting a better thinking and for stimulating those who does not yet think really, weighed down by ancient forms, are we freed from them?

Humanity

Humanity as a whole with the digital, the remote work, the social networks begins to go beyond the material level, is approaching the $\mathbf{1}^{\text{st}}$ initiation and the question of the repartition of vaccines, of world health, of global warming and global pollution is hanging openly.

A good part of humanity searches to survive, more than we believe in Europe; an as numerous part pursues its interest and this search for profit feeds the world economic system: capitalism.

Many people are trying to individualize themselves, to free themselves from the social or educative conditioning, and among them a quite number of meditating people. Being not yet authors of their life, and rebelling against the established authority, they support

willingly the conspiracy theses, justifying thus the financial pseudo-realism of those who count. Intellectual confusion entertained for affective motives (interest or emotional comfort) feeds the glamour of acquired conviction.

But one may notice that Christian, Jewish, Muslim fundamentalism is loosing importance in front of populism and these conspiracy theses, though there does exist really a 'deep state'. Dissonance leaves the affective level and comes close to the intellectual level.

The conflict between the resources sharing and the short-term interest will probably enter in an acute stage in one or two decades to come; it will be an opposition between a realism based on numbers (business management) and a manifold vision, at the bottom between research of interest and sharing.

The discovery of the source of consciousness and the dissipation of the glamour of greed are parts of the path, but others factors are contributing: feminism with the listening of others, ecology with sharing, collective organization, etc.

Abnegation in the relationship frees from avidity, for it makes firmer the subject face to the object; it is this jet of attention in the enfoldment of love (2.1) of the radiant emblem. We'll have to stimulate this will in relation with all those who implement it, unconsciously may be.

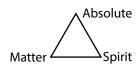
What is lacking to us?

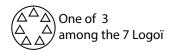
Other workers for destroying the manifest idols. For the spiritual will, we trust the ashram, they will grow. For the other tasks, where are they? One has to say that we don not look elsewhere. Because of our rising sign Capricorn? Lack of daring, innovation, opening? Esotericists we have met do not fit; as says the Agni Yoga, one has to look for new ones. Yet do we need to recognize them? We have to attract these volunteers, by thought, in the illumined energetic field; then the website may be used as a relay. We shall first strengthen their way.

Wisdom makes the bridge between Will and Love [R5:205]; will vitalizes, love attracts, wisdom matins in a coherent whole the concerned units: it assembles. What is wisdom? It inspires benevolent action, thoughtful, in line with the basic intent. This intent aims always to develop the autonomy of the individual. The energy of wisdom is spread out by the blue pole in the red circle (the imprint of the dazzling life) drawing in the constellation of Capricorn, our rising sign. It is this energy we have to use for assembling the creators of selfless initiatives; the intent remains Spirit, the potential uniting us to the Cosmos, to the living Intensity, to the dazzling One, full and peaceful.

The rule 11 enjoins: "Let them destroy by their dynamic will that which has been created at the midway point." We are stable in our distribution, but are we dynamic enough, do we want to destroy the acquired stability, in order that life flows more intensely? The 9 of the Triad train us to approach it, but are we using this stimulus foe moving further on, more intensely, more lively? Or is the habit sufficient for us? Do we want, can we intensify our effort in this lifetime or do we prefer to wait for the following cycle? Yet the Earth, she, is waiting.

What can be this dynamic will? It is the will subtending space? Space of consciousness, space of perception, then space of being. It is the space of consciousness, the causal body, which is found in at the midway point. We have thus to enter in the immediate presence and feel the dynamic incitation amidst it, then the flow intensifies and the more abundant life is outpouring – one perceives it or senses it. One may look for it among the 7 Logoï coming from the Absolute or by one of the dots in the centre of the sign of peace, which is talking to us the most?





Progression of the planetary Heart

For moving forward in the cosmic Way, the planetary Heart makes an overall movement and works on all elves of substance, for the physical, sensory level to the highest level [R5:334]. Indeed, we are stimulating, -in echo, in our measure – the 9 vibratory modes of the cosmic way.

This Heart beats in cycles of 9years, the last one began in 2014. Thus the reorientation of the association, from Will-to-Good to Will-Spirit, resulted from the previous cycle; since 2018, we arouse anew: the note of resurrection seems a note of the present cycle which will renew itself in 2023. The Heart is vitalized in a new livingness in all ashrams. ON each ray, the goals are the same, the realizations similar, yet the mode of approach, the expression are different [R5:338]. It is up to us to appreciate diversity in unity, for the rays for each one.

For all, the question is to express more fully divinity, what does that means for us, for the ashram? Let us ponder on that.

Advancement of the Plan

Alice A. Bailey points the birth of the group of the world servers, she puts forward the will-to-good, it concerns the 2^{nd} petal of the mental plane: contributing the Common Good. It was in the years 1930, in the clash of ideologies: fascism, Nazism, communism, elective democracy.

Today, humanity is one, pandemics demonstrates this fact, warming and media too. The limits of patterns are diluting, is it the retirement of the 5th ray? One has no longer a definite husk or an habitus; one is no longer French, man or woman, with such a trade etc. Intellectual confusion grows; this shows the displacement of dissonance. Later discrimination will develop. In hollow or by contrast, this points out the call to a guiding idea, the vision provided by the source of consciousness. Gradually human beings perceive themselves as instruments of the whole, some are playing badly, other well; it is the jet of attention of knowledge on the mental level (1.3) which is awakening.

Everyone is talking about his (her) feelings, one's desires, but forgets about responsibility and the consequences. Tolerance is praised by media (conformism), but wisdom – the scope of the deeds – is neglected. Hence individualism – a stage of growth – grows with capitalism or the search of one's interest, though many launch selfless actions. Awareness of poverty and of collective responsibility is growing.

PROGRESS

Keywords of incarnation. Meditation: It wants to express spirit.

Sharing on the meditation outline

Magnet of the Heart rather than Magnetic Heart, It attracts to the One.

The constellation of Cancer spreads out the light of substance; this light more vivid than ever, it is possible that some great Beings have passed the 8th initiation of substance sensitivity, though we have not registered the echo of the electrical impact.

Everyone has to work from what it received as impression.

The will-to-be concretizes the breath of the One; it expresses a goal of the will whereas will-fire seems more descriptive, hence evocative. This will-to-be is also a will to implant, related thus to the crown centre and to the coccyx centre.

The One in all includes the many, it marks an horizontal pulsation when the One merges points out the arising.

What is the <u>difference between the One and Life</u>? Life is outpouring; it is movement and expands. The One is more abstract; it is the goal, the circle thought which is passing the

inflow (the circle of the sign of peace). Life is the impact of abstract stimulus on a denser substance; it outpours with Aquarius, hence the emphasis on it.

The 3 aspects of the Triad may be visualized as a triangle inscribed within a circle; it is the symbol on the Leaves of Morya's Garden and also on the figure of the etheric centres in Telepathy [Tel:186].

The community of Maitreya is inscribed in a square – Maitreya Sangha – as on the Agni Yoga books.

My instrument: I'm not alone but I assume a sphere of responsibility.

Meditation toward the ashram

We read the Call, Leaves of Morya's Garden, § 343, 244, 1.

"They boast that they receive messages from Us,

Yet have not renounced a single bad habit ...

The new chosen ones will express their thoughts briefly and clearly. ...

By holiness in life, guard the precious Gem of Gems ...'

We talk about the key-words of incarnation, then about humanity.

BGS Beauty Goodness, Service

ADP balance becomes more and more pressing, the green pole pushes to find the right way for humanity.

FIF Brotherhood because of the mass sign and of Neptune at the cusp of the 12th house. The idol of the Book (Bible or Koran) is weighing down with its whole load; it brings back to the past and inhibits to think freely. We must emphasize Spirit as we do not destroy the load of forms. It is a vestige of 6th Ray – devotion – and the weight of tradition is sustained by money. To arouse an inner opening or resurrect the human spirit, to intensify the inner light in the chromatic circle of colours and qualities.

Vaccination is a test of lucidity.

Idol of possession, then Gratitude.

Supporting the ashramic group

Introduction

Our association Will Spirit has been founded on the 6th of October 2013; it contributes to distribute Spirit, to stimulate the spiritual will in all receptive beings. Its solar sign is Libra, rising Capricorn, hence the achievement sign is Aries. The inner group can draw on the energy of the 3 Buddhas of activity or the 3 poles of the bright Life – that can be accessed through the 3 dots RGB in the red circle. In their turn, they draw their energy on the constellations of Aries (1), of Capricorn (2) and together of Libra (3).

Inspired by the triangle inscribed in the circle with a dot at the centre [Tel:186], ve can vivify the ashramic group according the following breathings.

The book Glamour, a world problem [:255-6] points out that it is 1) the breath, 2) the creative thinking, 3) the spiritual will which make efficient these breathings.

- 1) We breathe calmly and amply, leaving some time to the energy, during breathing out, to spread out in space; we observe a small moment of calm stay at the end of breathing in and at the end of breathing out.
- 2) we inscribe ourselves in the planetary Heart, more precisely in the ashram of Mahatma Morya who distribute the loving and intelligent will. Our first intent is to infuse the ashramic group with energy.

This distribution can a be made independently or at the end of an meditation.

Outline

Breathe calmly with breaks at the higher and lower interludes.

Breathe with all the back, from the coccyx to the head, from the Earth to the Sky.

3 Om, red, Aries, Life (spreading out in the ashram)

3 Om indigo, Capricorn, Wisdom

3 Om green, Libra, Activity

1 OM, with the focal point of Life, who implants Its Intent.

INSCRIBING OURSELVES IN THE ASHRAM

Preparation

Display some symbols around you or visualize them

- 1) A white disk on a dark background with a dot in the centre
- 2) The indigo circle with 9 white disks
- 3) The sign of Peace. The monad is a spark of life, and Three in One.

Contacts

Approach the Absolute (dark background)

1st Logos: the precursor of the manifested (dot in the centre of the white disk)

2nd Logos: Space, Life, (white disk, horizontal diameter)

3rd Logos: Breath, Ideation (vertical diameter)

The inflow impacts the 3 first subplanes of Adi, ocean of fire

It passes through M.

It focuses in the monadic heart of the ashram

It expresses itself through the 3 levels of the Triad (9 white disks in the indigo circle)

Offer one's being

Then consciousness illuminates

Pulse with the radiant emblem

Creative assertion

Integrated pattern

Breathe calmly with breaks at the higher and lower interludes.

Breathe with all the back, from the coccyx to the head, from the Earth to the Sky.

Approach the Absolute (dark background)

1st Logos: the precursor of the manifested (a black dot in the centre of the white disk)

2nd Logos: Space, Life, (white disk, horizontal diameter)

3rd Logos: Breath, Ideation (vertical diameter)

The inflow impacts the 3 first subplanes of Adi, ocean of fire

It passes through M.

It focuses in the monadic heart of the ashram

It expresses itself through the 3 levels of the Triad (9 white disks in the indigo circle)

Offer one's being

Then consciousness illuminates

Pulse with the radiant emblem

The world is offering itself

Come back to the centre

Galaxy, great Bear, zodiacal wheel

3 Om, red, Aries, Life

(spreading out in the ashram)

3 Om indigo, Capricorn, Wisdom

3 Om green, Libra, Activity

1 OM, with the focal point of Life, who implants Its Intent.

Day of Regulation 21 Previous thoughts

ROLES OF THIS DAY

This day of regulation aims to know where we are, to notice what we have assimilated or what we are searching or sensing. With Libra, we observe th balance or the gap on 3 dimensions:

- 1) our individual practice and our thinking life (meditation)
- 2) our individual course and the activity of the association (mainly meditative)
- 3) the action of the association and the world (objective and subjective)

BASIS OF OUR RESEARCH

Each form is a replica of the Whole. For knowing ourselves and acting in the world, we use the correspondence with the Forces of the universe; in the reverse direction, we project outside what we perceive in us. Illusory projection? We are guided by the echo felt in the Heart, by the yogic, Hindu, theosophical traditions, and we check at each step the correspondence in our consciousness, on our energetic body and in our behaviour.

The absolute in ourselves (out of the One) is what is coming through the monad, spark of life, dazzling light, and we search for the absolute of the Cosmos, that which subtends space and all matter. The illumined consciousness replicates the sun; the inner group or ashram replicates our galactic neighbourhood and our planet the sphere of activity.

MEDITATION OUTLINE

We approach the galaxy either through the starry vault that we can see above our heads, either through the invisible radiation (Martin Muller's exercise: radiate one hundred times stronger in order to arrive to Being of energy). Cosmos is realised either in observing pictures of telescopes either more intimately through the idea that the Absolute is the basis: everything is a resounding of the absolute: matter, energy, space, field, flow, current, hence forms. This idea is also the basis of the power of resurrection.

Cosmic love, cosmic will, located behind Cosmos, aims at going out of the sensory approach, yet they are subjective terms; gift and power are more impersonal. One may also move without them if one wants (can) stay in the power of the resurrection.

The aspects 1) Precursor, 2) Space, 3) Breath are dealt with in the order, but one could do it in a different order 2-3-1: Presence, then ideation, then Incentive. The 2 is our dominant note in this system, it broadens the perspective, the 3 reminds us subjectivity, then comes the 1, an abstraction which subtends.

9 VIBRATORY MODES

Promoting the movement is expressed though the law of evolution. It is expressed too in a group activity and the exchanges for feeding the group. Founding is playing at the creation of an activity and of course at a group foundation. Coordinating 3.2 is exemplified with the exchange between groups, or the coordination of activities. It creates (its body of manifestation) means also It externalizes, It expresses. It penetrates means also It infuses; It transmits energy (2.3) means also It radiates, It spreads out, It vivifies.

To say *It* assumes that the Other has a similar ability, widely greater than the one we feel in ourselves or that we sense; it means to externalize, to put at a distance and yet it is within us. Atman, the universal I, would be more accurate, but convoluted and it would disturb the approach.

GALAXY - SUN

To capture the background pushes us in the dark, which is related to the galactic core, analogous to the centre of the ashram. Yet the absolute goes further than the background, it seems related to the Cosmos, whereas the galaxy has a perfume of oneness; following Martin Muller's approach, it is contacted in radiating one hundred times stronger, so a radiation subsists. The cosmos expresses the absolute, hence a complete void or absence of any activity, energy, substance; the bang at 3°Kelvin is merely an appearance of It.

The Taoist alchemy speaks about in the dark immensity [Catherine Despeux, Taoism and self–knowledge]. This is about the Buddhist plane, of immediate presence or pure reason, whatever the name. Infinite, Immensity, void, describe a type of presence. We use a galactic imagery, with a underlying radiation, or cosmic imagery with the vibratory modes, yet theses images, representations, forms are signs veiling the reality – a reality made of energies, currents, forces. We can't stay in that void, if only because our body is breathing; besides we arrived at this state in acting, in questioning, in pondering, orienting thought, in radiating. Action is the means for knowing. In the immensity, some pure ideas, some focuses, ashrams etc. appear; a stimulus founds this void, the yin polarity makes discover a yang. From the indigo, the redshift leads us to the uprising, the irruption, the emergence of a Force at the background. The will aspect, sensed first, rises from itself; the imagery reveals its usefulness its meaning, transmitting its echoes veiled or buried, yet active.

The 1^{st} aspect concerns pure Spirit, Darkness, the cosmic Way, the electric fire, the black holes of galaxies, stars, consciousness's, unto the electrons. The 2^{nd} aspect concerns the Light of Wisdom, Consciousness, the seven celestial Men or 7 Rays [CF:628]; the 3^{rd} aspect concerns substance, the movement and the sound. The forms participate in the 2^{nd} and 3^{rd} aspects with the 1^{st} staying at the back.

WILL

[R5:204] mentions the will to carry out the purpose.

We have to distinguish muscular will, firmness, will-to-do, will which orients the attention, will-to-... good, to be, to achieve, then will without searching to...

Will that makes arise, infuses, subtends. We work with this first will, which difference with the will given life? One can feel it in the head; this will contacts the substance, magnetizes it and stimulates it, both are renewing unceasingly.

AAB in [DINA1:735 but also in :720] talks about the will to love and shows that the disciple does not love yet enough deeply. We face the same obstacle. It wants to express Spirit, for evolution is not yet achieved, but Hit, the core, expresses Spirit at the Adi level. In the cosmic affective plane, the will brings fulfilment, but It has to support evolution and we too; for humanity, and us, have passed only through a few gates; it remains much to achieve, to reveal, to realize.

AAB describes the will as a dynamic "entering into" [R3:613], one can see It arise or the will makes It present, It, the Real, and our consciousness grasps a new impression, stronger, more vivid, fundamental.

CIRCLES AND TRIANGLES

As noticed Solène, we are using circles (with the 3 dots) much more than triangles. A triangle is an expression of the Great Geometer, the 2nd Ray, a shows also the Secret Doctrine (in French DS6 p 181); its sides illustrate lines of energy, the circle represents an infusion of space, close to the law of synthesis or to the principle of homogeneity. Our cognitive sphere or mental body replicates a part of the solar system and our consciousness the sun symbolized by a circle with its centre. Our being replicates a star the ashram the galaxy and we, microcosm, the universe. From circle to circles, the power of the Sacred draws a tree structure, the thread of life is crossing through, and the thread of consciousness too?

Practically, it is interesting to see oneself as a replica of a star before moving to the zodiacal triangle; the first aspect precedes the 2nd. The zodiacal triangle is inscribed in a the zodiacal wheel, will to love; this wheel is subtended by the will to power pouring out form the Great Bear coming for the galactic centre. One may thus visualize a cone above the wheel where is inscribed the triangle.

CENTRES OF SPACES

Conscious space seems first to focus in the centre of the head, to the pituitary body support of the 3rd eye; this concerns the personality.

The space of pure consciousness is centred in the heart, for the Ego - the soul in the causal body - is the heart centre of the monad. Indeed when attention is love, it radiates

from the heart and the circle of the Self surrounds the centre of the chest (see the figure of the emblem on the body).

The space of triadic perception is centred in the head – fusion pituitary pineal glands – the point of "being true" is opened to the immensity, to the ashram under the awakening current issued for the centre of the forehead.

The celestial space is opened above the head, in the basin centred in the crown. The life inflow is then grounded at the top.

The simplest space seems first to be a switch with 2 positions and 2 movements, on and off. A simpler space is the 1, moved by a pulse, that is an incessant immediate pulsation, hence without any intermediate position. As for holding the void or 0? It is subtended by the One, know it.

The immediate presence (or in an empty space to radiate one hundred times stronger) may appear full: what matters is to remove layer after layer, space after space of r going toward the void, vacuity, which goes beyond the causal body, toward the absence of agitation, of energetic field, temperature of zero absolute or close to 3° Kelvin, which is the temperature of the big Bang. To remove every thing is necessary too for resurrecting. Let us observe that which is offering it self, and let 's go further. To visualize the indigo circle or the vault of the sky may help. Frome the immediate presence, one tries to go further inside, toward the heat centre, as if one was in the drain from a sink and one was moving down of one centimetre, it is entering in the funnel of the Anahata chakra; the void is then felt.

PLANETARY HEART

One may visualize the planetary Heart – corresponding to the heart – as a triangle inscribed in a circle [Tel:186] and colour these dots. The red dot, atma or spiritual will, appears under the manubrium, at the top of the sternum, the blue dot down at the right side, close to the floating ribs - it provokes the intuitive revelation – and the green dot at the left side, for the mind. Maitreya comes in the centre of the triangle, heart centre.

We were putting Venus in the ajna centre, where was put Saturn, but after the link with Shamballa it is Venus which works and it resounds amply in the heart centre.

THE COMMAND OF RIGDEN DJEPO (PICTURE OF NICHOLAS ROERICH)

The same disciple approaches on the right side, contemplates and assimilate sin front of Him; its spark stays in the fire and on the left side, he goes in the world achieving a mission. What do we want to achieve, if not in this life, in the following one?

Ridgen Djepo's left hand shows the scroll, what have to reveal? His right hand transmits energy, what do we want to strengthen, stimulate, vivify? And He stays in the centre. He implants His intent and sounds out the O , accompanying the $3^{\rm rd}$ life outpouring. This O associates the A, the Shiva Note which liberates and transcends, and the U of Vishnu which penetrates and assembles, hence the Assembly. The O assembles all those who are moved by abnegation from the $9^{\rm th}$ to the $3^{\rm rd}$ initiation.

BREATHING

The Qi Gong - breath exercise - brings vitality; it stimulates the energetic body and maintains health. AAB talks about it as the science of the breath [GWP:254]

"The entire science of the breath is built around the use of the Sacred Word, the OM." We can remind it about the 3 OM related to the 3 Awakened Spirits – that the meaning of the Buddhas - represented by the 3 poles of the imprint of the dazzling life. We can also use in regulating the 3 levels of our instrument (in the meditation outline). There must exist an alliance between breath, thinking (or intention) and spiritual will [GWP:256]. This will is more easily accessed with the red dot in a white disk in the indigo circle. The author writes on: "only the directed will, using the organizing rhythmic breath as its agent, can control the centres and produce an ordered purpose in life." And further "I would urge you too read these last sentences with frequency because concern the Science of the Breath and hold the key for the needed work." Hence with the sound A – even if we think U or M – or the OM, we can vivify our body, tone up the centres and guide our behaviour.

TO MAINTAIN ONESELF IN THE SPIRITUAL REALITY

The Tibetan goes on about the technique of indifference. That word means "the achieving of a neutral attitude towards that which is regarded as the Not-self" [GWP:262]. "It is active repudiating without any concentration upon that which is repudiated" and this reminds us of the transforming One of the 1st Ray [R3:617]. One may visualize it as the symbol of the sun, the black hole at the centre of the illumined consciousness; this tip may be replaced by the star of the great Bear in the centre of its inflow; if it is felt on the body - it is not to be searched for - it is on the crown centre.

FROM THE IMPRINT OF THE DAZZLING LIFE TO THE SIGN OF PEACE.

The red circle symbolizes Life, rising in the centre of the indigo immensity. The 3 dots represent the 3 aspects; they turn to red with the intensity. Intelligence present in the substance turns to red: the Will which conditions Life, when one being resurrect and embodies the dynamic electricity, in link with Electra, one of the Pleiades, wife of one of a Rishi of the great Bear. The blue dot of Wisdom turns to red when one being takes the 8th initiation, becomes a Buddha infusing substance, embodying cosmic Love, the link uniting all; wisdom becomes Will which brings fulfilment, motivating the existence toward the goal. Then the 1st aspect of life becomes will which conquers death, the separation; it asserts the intent of the Creator. Back of these 3 wills, the Logos replicates the Highest, the Unknown, the Author of the Cosmos. The Celestial Man asserts to be the son of the Highest, the Will expresses itself; the alignment is complete.

WILL-TO-BE

The meditation outline locates the will-to-be after the 5^{th} gate, when the will aspect of the monad is contacted. For the individual, it is really the will, for the solar Logos, it is the desire to be or resounding of the One. One finds again between Adi and Monadi (1^{st} and 2^{nd} planes) the same difference than between will and life: life is the resounding of the will in the substance, difference between dynamic and resounding, fire mist (plasma) and blazing sun; will sets down: spark of the One.

CRISES, TURNING POINTS, DECISIONS

Crises of discrimination, for example about the vaccine: to look for the worthy arguments, classify them in a tree structure. According to $[f] \cdot \Pi:42$, it is a test face to the Guardian of the threshold.

Crises of decision (by the soul); to change the name of the association, to resurrect, to set a parallel between macrocosm and microcosm, leave the choice for selfless action in the meditation.

BODIES AND BARRIERS

At any level, each body is a form constituting a barrier facing the outside. Each time, this barrier is overcome thanks to a mechanism, a kind of abstraction.

The physical body is wrapped by the skin; one passes to the energetic body thanks to the breath and to a more subtle sensation of the environing space. One gets from the physical body to the feeling, in broadening sensation to the whole envelop, it is not any more localized; one observes too a return to oneself or resounding "I feel myself". One gets to the mental body through the mind which generalizes and gives a meaning; this meaning is not any more depending of the context but is general and abstracted from the situation.

One overcomes the mental body for going to the causal body through radiation; words designating notions or concepts give place to forces and energies. Presence is gift of oneself, love. Radiation intensifies (100 times stronger), the centre is perceived at the heart, truth, immediate presence.

One overcomes the casual body in deepening still at the centre for arriving g to the void; there is nothing, radiation disappeared. Perception is aspired in the centre; in that void, an energy rises up, will, atma.

The rule 11 instructs us to transfer to the Triad the fire of the jewel; the word which makes this transfer has been trusted to us, we have explored these levels; the challenge now is to function, to distribute. In the empty space, we have to distribute the will giving

life, the awakening stimulating consciousness's, supporting servers, attracting selfless seekers, in two words, to replicate in miniature the work of the Logos.

DAY OF REGULATION 21 PROGRESS

The 3 key-words of incarnation then the yearly meditation: It wants to express Spirit.

1) DAILY LIFE AND THOUGHT LIFE

A. I'm not waiting for anything. The question is to find the precise point where I must rise, answer to the injunction in a smart way. The injunction defines itself progressively. The M of the green is still broadened and supports the two other poles; it is fusing with them. Impression of the 3dots RGB at the centre.

B. Few discoveries, exhaustion of intellectual resources, be it AAB, Agni Yoga, or others. Qi Gong comes to inscribe itself in this frame. All paths seem barred, vain in the 3 worlds. There remains the pivot: M. What matters is to go to the energy, to pass through the indigo circle which aspires to the void.

It is the full moon of the Breath, after the one of the light of substance in Cancer, 2 signs of the cardinal Cross. The Teaching is dated, it describes through language, one has to move forward in the void the dark, the indigo.

C. I let myself live, I'm living in harmony, I'll arrive where I'll be. I have no goal, with the attention to others and all we have acquired. I have thr tools, but I don't feel like study.

2) WE AND THE ASSOCIATION

Meditation for supporting the ashramic group.

A. For me, the association fits me very well. It is important not to loose oneself, the essential point in the centre, to go with humanity. There is a kind of coming up (with the work against avidity) toward that which everyone can do - it is very close to Pulse with the radiant emblem –toward the understanding of Brotherhood. It helps to be able to share one's injunctions, fusion of the 3.

B. I felt a relative annoyance, as gnawing at my brake. There is many less formulations for the Energetic Exploration; by the way, we do not meet any more. The issue is to move forward in the ashram. The new is the Celestial Man, that which stands behind the 3 poles.

To go in the finest, vibrating, empty space beyond radiation: the central point, essential force in homogeneity.

C. One talks much about the triad, but there are several triads. One says triad for the spiritual Triad :spatial mind, pure reason, spiritual will. The 3 aspects are perceived at any level.

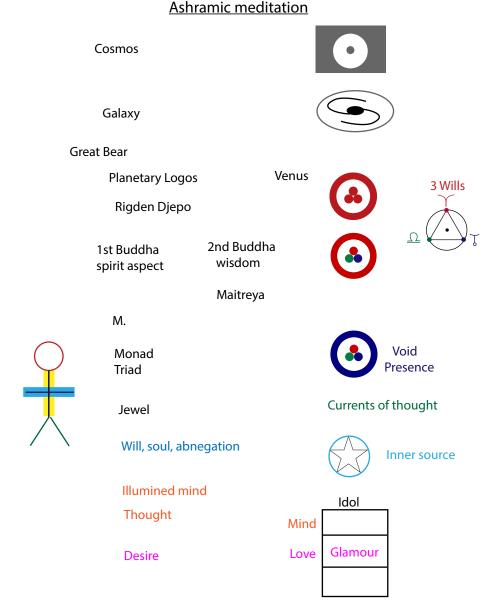
I can't see no ting to be improved or to be removed, I m' working for awakening. We work little with the 3rd aspect or thought current. The activity Inner source draws in the 5th ray; one question is how ideas can "work" together. Yet humanity is calling for us, with the Qi Gong, health, general suffering, it is a direction to be followed.

3) THE ASSOCIATION AND THE WORLD

We read the paragraphs 33, 336, 356 of the Leaves of Morya's Garden.

We assist to a conflict between the collective and the individual, about freedom, related to the square Uranus in Taurus and Saturn in Aquarius, plsu the role od Neptune in Pisces (the pandemy).

The question of power is et down with Pluto and Vulcan, but I have not explored much. There is also the weight of the past: traditions are good if one find their meaning, is it the role of devas with Venus? In any case, we need intelligence, for perceiving its meaning. On the mind map, light descends in duality for lightening and humanity needs it. We can be a relay emitting this thought current; this requires both to incarnate the attitude and to transmit; it means thus to handle the impulsive energy of ideas. The idea may be formulated as such: "I look out", "presence of spirit" or "Opening of spirit" for stimulating understanding. We'll call on Sunday or Monday for sharing about the expression fitting to all.



Meditation for the full moon of Libra Later

"Let them destroy by their dynamic Will that which has been created at the midway point" (Rule 11). Not by a descending spirit current, but in keeping the vibration of the spiritual will: the point at the centre which does not move outward from itself.

The meditation outline is a form, rich and plentiful. The point is to use it and to move beyond. It's up to us to give enough a space to ourselves for being inspired, for developing our own approach, probably guided by our rays and our zodiacal triangle.

What matters is to contact, to receive and to distribute. To place oneself in the yearly note is necessary for keeping our cohesion; the chapter titles (Cosmos, Galaxy, Sun, etc.) may be enough or remain implicit. Spirit is here – if we want to work with It, in It, for the whole.