Series of meditation outlines WILL-SPIRIT

The previous document form 2013 to 2021 makes 100 pages and 10 Mo; it is thus useful to report on a more recent file, easier to handle. During the full moon of Cancer, it seems to us that Maitreya united with the light of substance and passed the 8th initiation; it has then become the Buddha Maitreya. The whole of the planetary Heart moves forward and we are integrating within the ashram, these also mortise for making a new document.

| Year 2022 | |
|--|----|
| Previous thoughts for the Assembly 22 | 2 |
| Outline: With It arousing | |
| Moral report for the assembly 2022 | 9 |
| Vibrate in the centre | |
| Exploring the Brotherhood | |
| inspiration Day 22 | |
| Regulation day 22 | |
| Listening to others and To us together | |
| Ponderings | |
| Thoughts before the Assembly 23 | |
| Year 23 | |
| Previous pondering before the Assembly 23 | |
| Moral report for the assembly of the 8th January 2023 | 35 |
| Outline: Arousing Spirit | |
| Inspiration Day 23 | |
| Thoughts for the regulation day | |
| Unfolding | |
| Year 24 | |
| Moral report 24 | |
| Report of this day of Decision, General assembly of 28 th January | 60 |
| Outline 24: Arousing Spirit | |
| Thoughts about the yearly outline | |
| AGNI YOGA (in parallel) | |
| Inspiration day course 23th of June 24 | |
| Regulation day 24 | |
| Regulation day course | |
| Year 2025 | |
| Decision Day: general assembly | |
| Pre-general assembly 25 | |
| Moral Report WILL SPIRIT 25 | |
| Course of the General Assembly | |
| Outline 25 Resurrecting Spirit | |
| Working with the Elders | |
| Ponderings WILL SPIRIT 25 | |
| Regulation day | |
| | |

Year 2022

PREVIOUS THOUGHTS FOR THE ASSEMBLY 22

Group work

[R5:535] describes thus the work related to the 9 initiations:

"The first three initiation are definitely and in a most mysterious way concerned with the creative work, and with the spiritual expression in a human being of the third aspect of divinity, that of intelligent activity. The fourth, fifth and sixth initiations are as definitely related to the second aspect of love-wisdom as it expresses itself through created forms [read living]; the seventh, eight and ninth initiations are occultly 'inspired" by the first divine aspect, that of the Will."

As a group, we prepare the fourth initiation. So the support to the ashramic group shows the direction of the creation or participation to a living form; the fact of arousing Spirit (our next yearly note?) shows also our integration in the great ashram, in its angle of 1^{st} Ray.

As a group? Physical, incarnated group or subjective group? We are tracing a way of spiritual training and those who follow us, as well as those who precede us, are parts of the caravan. We integrate ourselves in the energetic field or stimulating ray of the One, of the Logos or active Principle.

As individuals, we contributed to the creative work and we'll continue to do it: physical, then artistic works, help relations, intellectual creations, emission of thoughts, radiation of quality.

The 5th Ray "expresses the best response at the moment of human sensitivity to cosmic impression", is it not what we are doing with the nine vibratory modes? Thus we move forward as integral parts of the planet.

We can imagine the work of Those who are preceding us: the work of Beings of the eight initiation – Gautama Buddha, Maitreya, is it true? – and of the seventh initiation, M. This leads us to approach the focal point of Life, this Being of silent and peaceful will Who presides to our evolution. Vitality will arise from each unit, once it has tuned its instrument, harmonized its functioning and freely radiate.

A complete expression of divinity? The red circle of the sign of peace reminds us this fullness, this link with the cosmic mind or the Intent underlying this planet, and its neighbourhood.

Let us recall, any being, all that exists, arises from the communion of the Absolute with Itself. The link with the galaxy is unknown but it seems to be related to the impulse of the heart and this stimulus passes through the great Bear, hence its impact on our solar system.

Implantation of the vibratory modes

What arouses emergence, that which tends space, tends the cosmos, the galaxy, solar space within the zodiac, planetary space, then space of consciousness. To arouse units means also to emit the outlook, then welcome the vision; the galaxy arouses the stars, their black holes, the effervescence; the sun arouses the ashrams, consciousnesses; we arouse ideas, meetings, and situations, even habits. We catch the resounding of a work, a being, a tree, we spread out the incentive around us etc.

The pivot of our action

We support the ashramic group by visualization and the sound of the 3 x3 OM.

The sound or Word is the work of Vishnu, the 2nd aspect, what about Shiva, the dancer? It embodies movement, life and being. The 1st aspect embodies the idea of the Highest and as said Christ in the Gospel "You are gods" (John 10:34 quoting the Psalms 82:6). The 1st purpose or intention of Sanat Kumara is "the secret of life itself". Life is an abstract stimulus impacting a denser substance. Which is the spring that arouses it? Which is the click that triggers the impulse of the heart? Which is the beat that arouses emergence? As the beat of the tambourine (damaru) of an hermit. Behind His will He is.

Remark: the law of vibration [CF:574] sets the beginning of the work of the Logos, it implements movement with the key rhythm in the matter of the atomic subplane of each plane.

It is the pivot of our action: arousing Spirit, activating the potential of being, expressing, unfolding, imitating That which subtends space. The text [R5:241] points out that this "unknown, unseen and unheard purpose of Sanat Kumara is the central mystery which all esoteric schools will reveal". We are not a school, neither constituted, neither embryonic, yet we sketch a course, a trace, a trail that others pioneers may follow. One more time, we trust others and they are the ones who will build the structure, the accompaniment, the comradeship as much as we are inspired by Others. Let us focus on the pivot: that which arouses in us. There is found the mystery, there the object of our quest, the essence of our being. We'll discover it in working in arousing Spirit.

If we are gods, some Logoï; what is the law of our being? What do we assert?

That which appears

We realize that we are in the cosmos, - at an almost peripheral place: humans are parts of the cosmic Logos. This is correct at the condition to be sensitive to it, hence to respond to this base. When disciples are intelligent (with a developed personality), love under the inspiration of the soul, and respond to the divine will, they participate to an "active Appearance" of that which includes the 3 aspects of the Heavenly Man, in which we have "life, movement and being". That which appears has "so great an importance; beauty and revelatory strength" that will point "That which the three great planetary centres of divine life are unitedly intended to reveal" is said in the Rule 13 [R5:258]. It is our Brotherhood with the Beings who are will, life and logos.

We are sensing it, but "the group which will prepare the way" must "walk humbly with their God" according to the biblical injunction. Humbly means with the sense of proportions, from the microcosm to the ashram, to the planetary, solar, universal Logos. This God told about is "The One who implants Its intent" referred to in the outline for supporting the ashramic group. Behind the Three, He; cosmic vitality takes meaning, Transfiguration gets clearer.

For locating ourselves in the dynamic inflow of the Centre of dazzling Life, we have to put ourselves (to approach) in the Eternal Now [R5:370]. This means to locate oneself in the centre of the circle, in the purpose of the cycle, in the tension subtending all the development.

Inspired by the sign of peace, we have to imagine 3 seeds at the basis of any cycle: 3) the seed of outpouring or selfless action, 2) the seed of relation, of union with our likes, more evolved or less, 1) the seed of arising, of the direction of the Origin.

Uniting with our motive raison d'etre, we become Logos. The globe gives us our seat, and with it, we are sailing in space, brotherhood of stars.

A - U - m

The sound A expresses the 1st aspect, extending space, asserting it, and enunciating the injunction to be. Will seems this dark energy that tends to disperse. The gravitation of the galaxy gathers, attracts, unites; it is the U of the 2nd aspect, Love tending to fusion, the crucible at the heart. Light could result from the fusion of both: the underlying will lets arise love, then springs the light in this crucible, then it spreads out and this marks the movement.

Our Brother M. welcomes the cosmic impact, Will of Shamballa, and fuses it in the planetary Heart in Love to the heart of humans, and may be, the Manu to the heart of the seeds of others kingdoms.

Movement in the symbols

The secret Doctrine in its comments (in French version DS6 p181) shows some symbols: a circle for the first Logos, a triangle for the second, a square for the third Logos. It is curious to affect three lines and three points for the second Logos and four for the third Logos.

Forms are traces of movement. In the triangle, the point at the top is departing and the link moves downward, sets down at the basis: installed duality. The horizontal diameter of the second Logos is thus suggested in this triangle.

The vertical diameter of the third Logos joins the fine vibration at the top to the denser vibration at the bottom; it moves horizontally along the vibration – from the planned at the right side to the unexpected at the left side – it draws thus a square.

As to the dot in the circle of the first Logos, it reflects the communion of the underlying background that makes grow or contract the white disc. Movement gets into the substance and creates forms: the universe is living at any level.

Far-off perspective

Rays and Initiations [R5:659] announces that some time, "Shamballa will assume control and ... will issue forth the Sower of the seed" of will. For the Heavenly Man, the matter is to unite with Its monad in the great Bear and from the crown centre to send a direct current to the throat centre. This centre –mankind – will then respond not only to love – and it is just beginning to do it – but to the will or red circle; it will pass the 3^{rd} initiation. It will happen in the era of Capricorn- with its inflow of 1^{st} Ray – that means in 2100 years or 3000 years. An era lasts 2160 years since the equinox regresses from one degree every 72 years (30x72=2160). We have then centuries of effort, detachment and refining before this moment.

Other sectors

Any support to persons of goodwill, to selfless initiatives is of course welcome. We stimulate any selfless will, a fortiori we try to stimulate spirit in all. Our field of action addresses most of all to those who are treading the path of initiation – according to the ancient appellation – marked by the $1^{\rm st}$ ray; this means those who are preparing the third initiation and apply a rigorous discipline. We are not equipped for operating on the field of civilization or the field of inner life.

Some disciples of 3rd ray and of 7th ray work on that field of civilization and some disciples of 7th ray prepare meditations on the energetic body, preparing thus a large number of people to the first initiation. Others are renewing Masonry.

Some disciples of 2nd and 6th ray help those who face the test of the 2nd initiation; they will create gatherings – probably at a distance – of aspirants and seekers. They will be able to share their experience, to comfort one another, to test and strengthen mutually. Indeed, they will train teachers and form the future schools.

Some disciples of 4th ray will prepare the new art of leading one's life, in a right way according to inspiration, and social, cultural, astrological conditions.

Some disciples of 5th ray will develop the true psychology – the science of the psyche – in all kingdoms.

Other disciples on the line of 1^{st} ray will make a similar or different work to ours. And many other workers will act in the field of consciousness for evolution.

Our zodiacal triangle

The path of earthly service is trodden by the "beneficent dragons" animated by "wise compassion". Their energy "emanates from the constellation of the Dragon, working through the zodiacal sign Libra" [CF:1245]. This energy promotes identification, not with the soul "but with the spiritual point of positive life which in the human unit we call the Jewel in the Lotus".

The rising sign Capricorn orients us toward the source of planetary life (Shamballa): "The conquering will which releases from form life and initiates the man into the kingdom wherein the will aspect (not the soul aspect) of divinity expresses itself" [R3:620]. Venus at the heart shines then with a dazzling light. If we move forward toward this uprising, we'll participate in the current issued from Aries, carrier of life; all that expresses the will to love.

Gradations

The 3 aspects reverberate on the 3 first subplanes of the ocean mist [CF:520]. The U resonates more clearly at the level of the One, and the M in the atmic stimulation. The

tension of the raison d'etre (in the Eternal Now) is inscribed in the One; resonates too the echo of the great Bear, these Sons of Light, and further behind the galaxy M101, Spirit of Darkness. All these galaxies implant an echo in the substance. The 3 cosmic Logoï, beyond, transcend, preside and supervise.

There exists a similar relation between the galaxy and the great Bear, between the planetary Logos or Heavenly Man and the focal point of life on Earth, between the absolute of the microcosm (the monad) and the triadic current: the relay focuses and seems more alive than the presiding Abstract.

Assimilated then given up factors in meditation

Breathing with the downward Spirit current and the ascending Nature current

The breath of diamond

The symbols of the vibratory modes (a red ring with 9 white circles)

The 9 awakening currents on the body

Atman, the universal I

Will which conditions life, which brings about fulfilment, which asserts victory

The squares of spiritual life and of the community of spiritual workers

To catch the background, to commune

The formula of the zodiacal triangle

The use of a symbol as an energetic plug

The pattern of our work on the 7 planes

The roles: Heart-Magnet, Cosmic vitality

To institute an space

Thinking, loving, willing as the Being at the centre of the ashram

The destruction of idols, the one about the idol of power remains unused as well as the triangle of fiery stones, living stones, pickling stones: Vulcan, Earth, Pluto.

Changing the meditation outline?

We changed the ouline every year since 1998. Our enrgetic route is stabilizing. In fact, we join gradually the ashramic meditation. We could have a very synthetic outline with the 3 aspects which resound as AUM and the circle of Brotherhood; yet exploring various facets of the Cosmos, of the galaxy, the 9 gates of the outpouring of spiritual life, the planetary Heat, our Work in the ashram, our instrument, all that make scales upon which we train. This being said, we can practice briefly, either one stage of the outline, either another task: to help to constitute an ashram, linking the 3 planetary centres, attune to the 3 levels of the Triad, destroy an idol ...

OUTLINE: WITH IT AROUSING.

Alignment – coccyx, cervical vertebrae, mind, atma Welcome the vault of the sky Vibrate in the centre Power of resurrection Conceive the Cosmos

The Author

Its three aspects

It makes arise the Space-Breath

The Brotherhood of the Ones who are Will, Life and Logos

It transcends: It arouses emergence; It stretches out space; It passes through

It penetrates: It launches the call; It catches the resounding; It infuses

It externalizes: It founds; It coordinates; It promotes movement.

It arouses anew - with the Brotherhood.

Galaxy

Arousing the myriads of sparks Welcome them Effervescence Spirit-Matter Commune with the galaxy, via the great Bear

Sun

Adi, ocean of fire, the three aspects

It wants to express Spirit, the sound A, the U, red outpouring

3 aspects rising, stimulating, emitting

Substance, which is pure sensitivity that is love

Cosmic activity, dynamic electric vibration

Will-fire, the breath of the One

Will to be, the One emerges

The One in all, fullness

Direction, the Good

It sounds again the O in the Assembly

It arouses Spirit through the planetary Heart

Pulsation in in the 3 aspects of the Triad

In the immediate presence, atma vivifies the community of Maitreya

It supports Understanding through love

Intelligent coordination

Arouse anew the Heart

It arouses Spirit with us

With the Logos, draw in

Distribute

Unite with the ashram, its work, its expression (thought current)

It arouses Spirit through my instrument

Great Bear, zodiacal wheel and individual triangle (ruler of the rising sign), integrate A, U, M tune the 3 levels of the instrument

It arouses Spirit through the ashramic group

Galaxy, great Bear, zodiacal wheel (will to love)

1 Om, red Aries, Life (spreading in the ashram)

1 Om indigo Capricorn, Wisdom (Venus in the heart centre)

1 Om green Libra, Activity

1 OM with the focal point of planetary life, who implants Its intent

Notes on the outline

1/ Logos means Law, Logic and Discourse. To be a Logos means to hold a discourse in deeds, to follow a logic in one's rapport with the world, to apply one's law in one's behaviour. A Logos is the directing principle of a great Being, yet it can also be a human being. Life is defined as an abstract stimulus impacting denser substance; to be a life means thus to arouse an impact. Will makes happen.

The beings who are will, life and Logos correspond tot the red circle of the sign of peace; they are fully will-abnegation, they arise in the intensity which makes to be; in the human being, it is the transcending monad. They are life, as they renew themselves unceasingly in their centre; they are Logos as they express their raison d'être. 2/ The alignment mind-atma follows the odd line. It leads to the red circle of Brotherhood; this is related to the source of planetary life or Shamballa, and to the stars. The passage through Bouddhi or the indigo eases the contact with the vault of the sky (visible sky).

3/ It is always at the centre that one can intensify and broaden the scope, this fact is called the mystery of polarity. Thus it is in locating a pin head at the top of the head the one can admit the vault of heaven. The most tenuous gives access to the vastest, the electron to the black holes, then to galaxies.

4/ The Cosmos extends beyond the stars one can see with a naked eye; one has thus to go beyond the sensory in order to include more; this means the mind intuition and atma. To conceive the Cosmos can be thought as Communion of the Absolute. It "entered in communion with Itself and by this act became a vital point of life and focussed power." [R3:616] writes the Old Commentary in relation with Aries. Yes, all that exists comes from the communion of the Absolute; yet this pulsation is yet substantial, hence is located at the level of the One. It is possible to precede this moment when nothing lets arise the Whole. Space is thus the space of all possible, hence at any level of Spirit – Matter.

5/ The Brotherhood asks some questions. Which law are we applying to ourselves, in our relations? What is guiding our course, which logic or principle? How can we transmit life? How to be moved by will? Not by which will, for there is only one, the will of Spirit. At least if we have caught the immediate presence.

6/ It transcends, It penetrates, ... It arouses could be thought in the plural form, at the condition to refer to the human monads or logic monads, that is the background from where they emerge, unfold and appear. The 9 vibratory modes play at any level, though the Origin triggers the tree structure of the Brotherhood; that's why the infinite could apply, but then the Subject would be lacking; it helps us to associate ourselves with It. 7/ Vibrating in the centre may send us back to the trace of the galactic tension which has benne perceived in the previous meditation. Of course, it can be actualized in the crown centre, but this centre is but the echo of a finer more abstract level.

8/ If one communes with the 3 aspects, one makes arise the Space-Breath, it is thus useless to say this sentence. Moreover, the Transcending One repeats this participation. 9/ It arouses the units; it is the first aspect of the Penetrating. This first aspect could be formulated: It gives the impulse, for it awakens the latent seeds; this would suppress the evocation of the multiplicity of the units which compose the inner tissue of the Cosmos, tis variations. Or It sends out the call, and some units respond, other units do not but they stay unknown. It arouses the tree of units or seeds and unites them in the All One. It makes them arise, focuses them and makes them resonate; they are Ones or units in the making, as are the monads in the fiery mist; thus is created the Brotherhood. Brotherhood in a family, brotherhood of heart, brotherhood of sparks of life.

10/ The 3rd aspect of the Penetrating One seems related to *It infuses*, rather than *It spreads out the incentive*; and *It transmits the energy* assumes than this energy exists, it is not the case at that stage.

At the galactic level, this vibratory mode, 1^{st} aspect of the Penetrating one, seems to focus and actualize in this kernel; so *Arousing the myriads of sparks* is followed by the 2^{nd} aspect *Welcome them*.

11/ It arouses anew stimulate the whole red circle –the Brotherhood – and the three poles –Transcending, Penetrating, externalizing – subdivided in three. On the microcosm,

it is the "actualization of the total man" as says the subtitle of Martin Muller 's French book; it is also a means to tune our instrument.

- 12/ The galaxy impacts the solar substance in 3 aspects that are implanting in the 3 first subplanes of the logoic plane [CF:520]; they reverberate on the monadic plane and express on the levels of the Triad.
- 13/ The 3 emitting aspects show the complete participation of this being to the Brotherhood.
- 14/ Desire marks the gap between the felt dissatisfaction and the harmonious fullness. The monadic desire is then the drive of the One that seeks to realize oneself. The harmonizing fullness vibrates and includes all that is offered in front of it.
- 15/ The O is formed by the A that broadens from the top and the U that gathers from the basis; thus it is full.
- 16/ And the M? It implements the third outpouring, the outpouring of the 1^{st} aspect. There is also the outpouring of the 2^{nd} aspect: an idea incarnates in a form which will evolve toward more light, and there is the 1^{st} outpouring, of the substance-Spirit which condenses gradually plane after plane. It (the Logos or its focal point of life) sounds out the A that broadens, vivifies, founds, and the U which collects, unites and gathers. The implementation, M, remains provisionally out of the Assembly where is collected the motive vital impulse and where the seeds resurrect; the implementation happens after, out of the place of meeting. The Assembly collects the sparks at the 2^{nd} monadic plane, and the M operates from the 3^{rd} atmic plane, arousing the Plan for evolution. We too, we inspire then act, with our instrument orienting our attention then our action.
- 17/ The threefold pulsation of the Triad may be achieved in coming back to the 9 white disk in the indigo circle; one may remind the impression of the 3 aspects at each level.
 18/ Will in the immediate presence tends to provoke a forward movement; abnegation a withdrawal to the centre.
- 19/ To draw in, one may from the top of the head go down and draw in the heart. IN symmetry, one may with the planetary Being draw in toward Aries, the great Bear and beyond toward the origin (Spirit) of the Cosmos.
- 20/ The ashram emits some thought currents. These are its expression based on the blueprints or pure ideas and upon the stimulations of the spiritual will. These currents are energies of creative in-tension. Thus one may transmit thought currents rather than forms resulting from the inner resounding. Indeed this resounding was active since the beginning of the meditation; here it is a refocusing.
- 21/ The great Bear as Sirius and the Pleiades transmit the will to power, will to be. The zodiac transmits the will to love. With the training, it becomes useless to say zodiacal wheel; the great Bear becomes a useless mention for it is relaying the galactic centre. 22/ To be an instrument, is it not mechanical? An instrument of Spirit is free, whatever the outer events; it is Spirit in us who wants to express itself, if we want! It's up to us to get rid of the false voices, of prejudices, to go to the centre,, to be ourselves, Logos in our turn.
- 23/ For the zodiacal triangle, its formula seems unnecessary, however the esoteric ruler of the rising sign grounds the energy in the body; it is then important to locate it. 24/ The 3 levels of the instrument depict at the basis the 3 levels of personality: mental affective, physical. These levels are later transferred to the Triad, then, the A tunes the spiritual ill, the Un the sensitivity in the immediate presence, and the M the spatial mind which emits some currents of creative intention.
- 25/ Its intent is to vitalize all the seed of spirit, notably human seeds, whence the agitation on the planet.
- 26/ The outline begins with a pulse and ends with breathing.
- 27/ Each step of this outline may be performed alone.
- 28/ Each line of the outline is used in 3 ways:
 - 1) to launch the attention, for making the contact

- 2) to register the impression, to assimilate it
- 3) to understand the meaning, to explore the significance, hence to ponder The 3 phaes can be reiterated for deepening the impression, for searching for energy ... The development of the mind is made during the 3rd phase and this requires time; it's up to everyone to find one's tempo.

29/ More deeply, one may described this outline in this way: *Atma, vibrating in the centre* means to make to be or to spring up to existence, that is oneself with the Celestial Man. Conceive makes an appeal to manas, thus to a small opening toward Sirius. The Brotherhood inscribes the red circle after the 3 aspects of the Author: the sign of peace is grounded. *Arousing the units* spots the 1st aspect of the Penetrating One (2nd aspect), *effervescence* implies the 3rd aspect, Breath. *Substance pure sensitivity* evokes the white background of the sign of peace, after the 3 emitting aspects, the sun evoking the unity of the circle. The word *gate* instead of initiation avoids the technical jargon of the "initiates", let us stay simple. We are all sons of the Highest.

MORAL REPORT FOR THE ASSEMBLY 2022

State of humanity

Humanity has acknowledged its unity thanks to the pandemic; it was the goal pursued since 1875 by the theosophy. It faces a crisis of discrimination; this crisis is manifest in the fake news related to the speed of circulation of information and unchecked allegations. The crisis concerns too individualism submitted to the media pressure and the solidarity – regarding pollution, global warming and other species. National states share even less than individuals, be it for vaccines according to WHO, resources or standards of living. Yet many individuals are launching initiatives, help others and orient their lives to selflessness, soberness and balance.

Toward the 1st initiation

Mankind uses more finely the sensory and overcomes distance thanks to the digital. The crisis of discrimination concerns the physical plane according the tabulation page 42 of the book Glamour a world problem [GWP:41]. Inspiration is less approached as reception of ideas than breathing of the body; that quiets down the emotions and the mind. Thus the energetic level is contacted though it is not officially acknowledged.

The first initiation sanctions the mastery of physical appetites; this requires restraining one's impulses and specially the masculine strength. A great effort is necessary in this perspective rather than making men feeling guilty or ignoring outbursts and successes. Each being features both polarities, masculine and feminine, greatness and perfection; each has its place and usefulness. To assume one's deeds, one's responsibility will be a step, rather than to complain. Here also, sharing will take place gradually.

Green circle

We have felt the need to support the discernment of human beings and discovered a symbol for the living forms – the 6^{th} cluster of lives related to Sagittarius. With the 3 poles of consciousness in the centre, this circle figures the human archetype and our group has well perceived it. Self-consciousness focuses intelligence, the horizon become the sky blue of the mind (and not merely the rose of the sensible), the renewal (red) points out behind the pulsation. We just discover this kind of work.



"Coherency, affecting lives, forms and substances, is an expression of will and purpose, motivated by love [or an attractive energy] and implemented intelligently"[R5:205]. In our epoch if disorientation and conflict at on the mental level, the materialist coherency comes from the domination of the capital and are opposed to it all those who answer their inner voice, guided by the Heart, and the Will giving the life of spirit. We find back greed (glamour of avidity) and the idol of power.

In contributing to destroy the idol of possession, we end by "the human being stands free loving, thinking and creator". The first 3 adjective address to the the 3 aspects of poles of the circle and creation is the expression of the whole, corresponding to the green circle.

Our progress

This year, we progressed with the 'support to the ashramic group' then with 'the help to constitute an ashram'. Solène joined us in these meditations, and this marks her integration in the inner group. We have to integrate her in the outer group; it is a chance and a load, how shall we help her? Which load can she support? The two previous candidates have gone away after 2 or 3 years, what precautions should be taken?

During our regulation day, we evoked our lack of attraction for the outer world and the importance of the ashram.

The cosmic correspondence with the vibratory modes has shown us our Brotherhood with "Beings who are will, life and Logos". This fact is evoked in a paragraph of Rays and initiations [R5:276]; it is really the red circle of the sign of peace which expresses this closeness in intensity and abnegation.

Breathing with the 3 poles of dazzling life makes us discover the point in the centre who stands behind. These are the marking points – it seems – which appeared in our work this year.

Rising Capricorn

The rising sign points out the possibilities that are offered. In Capricorn, Hercules descends in the hell for saving Prometheus who has stolen the fire of the heaven: the human is surpassed by the Spirit that is in It. Hercules must confront Cerberus, the dog with three heads and he does it in curbing the central head, symbolizing desire, the other heads being sensation and good intentions [The works of Hercules].

Capricorn is the cardinal sign of winter: the disciple orients oneself toward others and does not searches anything for himself any more: abnegation.

Capricorn is "the constellation by means of which comes the conquering will which releases from form life and initiates the man into the kingdom where in the will aspect (not the soul aspect) of divinity expresses itself." [R3:620] The will of the 1st Ray destroys negation [R3:598], it works in the source of life that is Shamballa and it is toward its focal point that we are heading. The 3 poles of the dazzling life are inspiring us and guide us toward the One who enthrones, captures the Intent, focuses Love and activates evolution.

Capricorn is "the constellation by means of which comes the conquering will which releases from form life and initiates the man into the kingdom wherein the ill aspect (not the soul aspect) of divinity expresses itself" [R3:620]. The will of the $1^{\rm st}$ ray puts an end to negation '[R5:598]; it works in the source of life that is Shamballa and it is toward its focal point that we are heading. The 3 poles of the dazzling life are inspiring us and guide us toward the One who enthrones, catches the intent, focuses love and activates evolution.

We are parts of the Cosmos, of this Logos, and we sense With the Brotherhood that which has been described at the 6th initiation [R5:723] as "the immersion in a realised state of Being". This assumes to fuse with the will of the planetary Logos; this is promised by the active appearance behind the 3 planetary centres. The question is to train "a preparatory sensitivity".

With our rising sign, we can see Venus, star of the morning, at the summit of the mountain, reverberating in Shamballa, source of life, since Venus is the alter ego of the Earth. The will conquering death, asserting victory comes from the cosmic mind; it

stimulates sacrifice and abnegation for saving the intelligent being. "I, the beginning am. I am the outward and the inward Way and back into the point of concentration; and from the point I turn again unto Myself, carrying into my heart of love that which, the One, have served and that for which I sacrifice Myself" [R3:616]. Our heavenly Man has a monad 1, focused in the source of life, a soul 2n, focused in the Heart, a personality 3, focused in the multiple human being.

At the 9th initiation –when the 3 emitting aspects resonate, and when substance is given up – the Being in cosmic love or cosmic mind – "become a fixed or stationary point of light within his chosen Place, the Place of the Most High and the point of fire upon the mountain top [R5:725]. That is what Capricorn offers and that which our elder Brother, M, envisions.

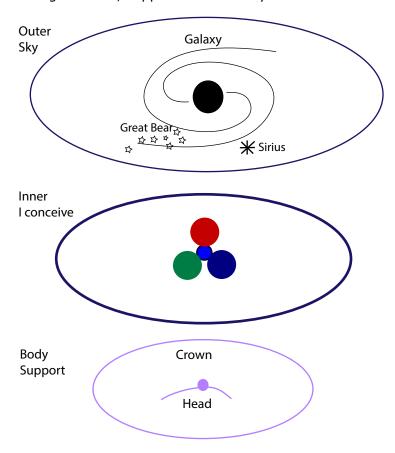
VIBRATE IN THE CENTRE

The outline 'Arousing with It' begins with an alignment bodily then mental, then atma. After the vault of the sky, follows 'vibrate in the centre.

This centre is located at 3differnt levels:

- 1. The galaxy or outer space
- 2. The park or my being, or inner space
- 3. The energetic body, the crown aura and its centre.

These 3 levels correspond to 1) the energy sources focussed outside, 2) to what I conceive as my being, through the mind and all the sensitivity of the microcosm, 3) to its grounding at the energetic level, support of sensitivity.



EXPLORING THE BROTHERHOOD

The Brotherhood includes "the Ones who are Will, Life and Logos", these beings who are the 3 aspects brought onto the red, hence to the intense. The Brotherhood is thus symbolized by the red circle, evoking the multitude of Those who populate the Cosmos and focus That which subtends space. Brotherhood is a concept solved on the monadic and logoic planes, according to Alice Bailey, see the rule 13 [R5:276]. It is possible by those who have come alive monadically [R5:263], are we there? We are seeking, we tune into these sparks of realized life, whether they are Masters or stars.

Approach through the colours

Brotherhood
Green circle, Intelligence
It focuses in the green dot
Resonate with this energy.
Go toward Sirius, observe the gap: ... opening, Love.

Indigo circle, immediate presence
It focuses in the indigo dot,
Resonate in the energy: Wisdom.
Got toward the centre of the p0lanetary heart, at the heart of the sun.
Sing the U as It is emitting it.
Is there a chord with the Wisdom-energy?
Does a star appear?

Red circle, intensity
Search for that which subtends this red,
Will, emergence, surging out, precursor, stimulus.
The intense focuses in the red dot,
Resonate with this energy.
Sing the A as It emits it.
Which presence appears?

Balance with the indigo and green energies.

Make vibrate these three energies at a time.

Make vibrate these three energies in the Heavenly Man or Planetary Being Make vibrate these three energies in the ashram

Make vibrate these three energies in the project-group.

Remarks

1/ A previous exploration of the stars is useful, noticeably the great Bear, Sirius – this white sun – the Pleiades and others.

2/ Will is a fine current, vibrating, spiritual; it stimulates self-confidence and radiation; Be aware of a coarse current, which imposes itself on matter and which is weighing down. Of course, the current appears first as imposing, powerful, but the matter is to vibrate in the centre, to be will, to will.

Approach through life

Feel life as a pulsation
Pulsation of consciousness.
Life cycle and its purpose.
Threefold pulsation of the Triad,
Know the One.
Does a star of the great Bear appear?
Amplify, intensify.
Give, radiate.

Approach through the Logos

The Logos is the discourse, the Sound, the law, the fundamental direction.

Envision the human archetype.

Welcome the whole planet, at the physical, emotional, mental, pure reason and atmic levels.

Search, tune into its raison d'être.

Tune into Its monad, a star of the great Bear.

Emphasize this will, this law.

Make it vibrate in all the responsive sparks.

Stimulate in the background all the sparks.

Make resonate this law in the project-group.

Apply it to our life.

INSPIRATION DAY 22

Previous thoughts

Microcosms

Vibratory modes correspond to the awakening currents, yet between the cosmic Way and the bodily currents is standing the point, monadic sensitivity, in the immediate presence.

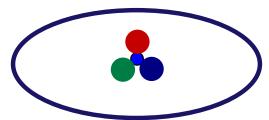
The Cosmic Way starts form the realized One, in Emitting position in opposition to Having or Taking to oneself, which is related to desire or aspiration of the individual who wants to raise up, to free itself. It is the point in the centre of immensity – indigo ring – accessed through the immediate presence – which puts itself naturally in the Emitting position. By comparison, the cosmic Way soars in the Intensity – red – with the Will, atman provoking the uprising.

Then one finds 3 levels 1) Cosmos 2) Immediate 3) Energetic body corresponding rather closely to Galactic being, solar being, planetary being.

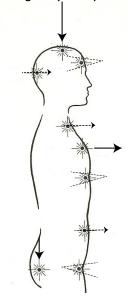
One may visualize them in this way:



The second level is the one where we perceive, where we are located. The point is that which rises in the immediate presence or that which appears behind the 3 poles of the Triad.



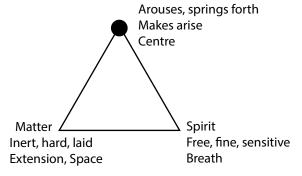
The 3rd level is the imprint on the (energetic) body.



The currents are drawn by a pedagogical concern: the 1st aspects have a straight arrow for the stimulation; the 2nd aspects have a lateral opening (represented vertically); the 3rd aspects have a dashed line for representing the spreading out. When one becomes a dot, one may place it anywhere on the body – the easiest is obviously to place at the top of the head. Martin locates the 9 centres, it is us who have added the currents for avoiding to emphasize the energy centres, whereas Martin talks about awakening centres, of descending informing currents and not of support ascending currents. It is also for this reason that the arrow toward the coccyx goes downward; it is the Spirit of Sky current which stimulates the point at the basis of the coccyx, where as on feels easily the energy going up, rebounding, Earth current of energy of kundalini. This awakening current stimulates the will to manifest, to manifest what? The full potential of being.

Finding the point

We are looking in ourselves that which balances both polarities.



Our place

We are in the galaxy, in the Cosmos, whatever happens. We can visualize the ashram as a galaxy, extend the welcoming until the dot of intensity rises in the centre.

Rigden Djepo infuses the planet with the dynamic inflow of the planetary monad in the great Bear. This inflow grounds itself in the Heart and M., with His ashram, spreads out this infusion. Our field of distribution is abnegation in the human consciousness red dot in the sky blue circle, then green circle. Here is the task.

The centre

We are trying to stay in the Eternal Present, that is the raison d'être in the centre of the cycle. This is the vision of Time, and in space? Will makes happen, what happens? It institutes the space of possibilities, that which we sense in the immediate presence; we can sense some focal points, yet will addresses to the whole, hence to the whole space; then it asserts a fact – it becomes a spiritual will: a conception to be realized, for exe ample, Spirit, the awakening of consciousness's, the revelation of the inner source, the sign of peace, the creative assertion. This space is already open, instituted by a great Being, to whom we tune in and we cooperate with His will.

The power of resurrection consists in aspiring any impression, in abstracting That which makes to be, then in asserting through love all possibilities.

The One arises

Beyond the 5th gate, the monadic will applies actively, it is the will to be in the microcosms, that which make it to be. At the 5th initiation, is it said [R5:340], the coccygeal centre turns upon itself as the ajna centre and the heart centre have been stimulated at the previous gates. This coccygeal centre resounds with the vibratory mode "It founds", path of planetary Logos, 1st aspect of the creator, of That which externalizes. Thus the Master of wisdom (in the 3 worlds) achieves the will of the planetary Logos. It unites with this Intent he perceives clearly. It founds, it makes being arise in accordance with this intent, and attracts then in His ray the units who correspond to His vision.

We aim to mastery for Maitreya is guiding us with the sign of peace.

Let them destroy by their dynamic Will that which has been created at the midway point

[R5:222]. This is our present task. The word has resounded: Will Spirit, we distribute Love and include ourselves in the planetary Heart, and this act lessens the layer of the causal horizon. Yet the destruction of the causal body must also be made from the outside. That's what we are doing "With the Logos" in the step "It arouses with us". This dynamic will, this 1st aspect comes from that which makes us to be, we draw in and we distribute, thus we take part in the task of the Logos: to arouse the seeds, to found the field of the experiment of Beauty; Harmony expects the human being and all beings of this planet. We can base our stand on our elder Brother Morya: "I am thee, thou are Me, parts of the divine Self."

Sons of the Most High

In what are we the son s of the Most High? What do we arouse with the 9 vibratory modes or the 9 awakening currents?

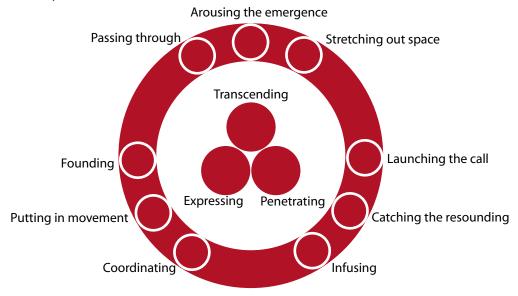
- Emergence. Of Spirit, linked with the solar Logos. He himself aligns on the galaxy.
- Stretching space. The solar radiance, sensitivity, human consciousness.
- Passing through. To pass through all earthly experience. To trust the inner being.
- Launching the call. To stimulate the field of life seeds, of consciousness seeds.
- Catching the resounding. To feel the clarity or weight of peoples, groups and individuals.
- Infusing. To strengthen the energetic field of the ashram, of mankind. To radiate.
- Founding. To strengthen the foundation of the sign of peace, of three dots in the circle, of the creative assertion. To trace a spiritual path. To implant the spiritual will (1st ray) for supporting the 7th ray helping humanity to pass the 1st initiation.
- Coordinating. With the other ashrams, rays. With the other fields of service and among them the 10 seed-groups.
- Putting in movement. To help some people to progress.

Is that all?

It arouses anew.

The 9 awakening centres actualize the total man, one may too visualize the 9 vibratory modes stimulating the whole red circle. The symbol alone (above) is more powerful, but comments may help to memorize.

Here are they



The 9 vibratory modes in detail

After an alignment, tune into the 9 modes, search for them in the Cosmos and install them on the body in the awakening centres or awakening currents.

Alignment sacrum-cervical, mind, atma

That which makes to be, point of monadic sensitivity, life

Cosmos, white disk on a dark background, all possibilities

The Author, its 3 aspects:

- 1) The precursor, dark dot in the centre of the white disk, Uprising, It subtends all
- 2) Space of possibilities, Vibration, horizontal line in the disk
- 3) Ideation, Breath, vertical diameter

It makes arise the space-breath

Transcending

It makes arise the emergence, 1st aspect of the transcending

Make resound the descending current at the top of the head

Search for the resounding in the planetary Being.

It stretches out space, 2nd aspect

Make resound the inward current at the centre of the forehead: space opens

Search for the resounding in the great Ashram: Spirit, awakening.

It passes through, 3rd aspect

The current which starts from the occiput and moves across the cranial box

Contact in us that which crosses all experience.

Penetrating

It launches the call, it gives the inner impulse and the units respond, blossom

Make resound the forward and stimulating current starting from the sternum

Search for the resounding in the galaxy, the ashram.

It catches the resounding, sensitivity focused in Sirius, living ideas

Make resound the plate at the basis of the sternum, impression of beings

Search for the resounding in the ashram.

It infuses, radiates, spreads out the energy, 3rd aspect of the Penetrating one, great Bear

The ashramic group infuses its field of influence.

Expressing

It founds. It expresses Its intent, 1st aspect.

Stimulate the descending current toward the basis of the coccyx

Resound with the planetary Logos who implants Its intent.

It coordinates, magnetic work of relation.

Makes resound the plate above the pubis

Tune into the relation with the galaxy Andromeda, most of all with Venus and the planets of the solar system.

It puts in movement, evolution.

Stimulate the current beneath the navel (2nd lumbar), bodily movement

Tune into all the earthly evolution.

Recapitulate:

Inscribe the 9 modes in the red circle, the 3 aspects in the centre

Make resound the 9 centres on the body

The planetary Being resounds.

Note:

Raja Yoga is based on the mind and detachment. The new human archetype (6^{th} step) is based on the cooperation of stimulus and substance: duality.

And the 7th step? One may sense it, it will be the harmonious Flow in all (Spirit and mineral), but it is for much later.

The sign of peace and the symbol of the 4th schema

The volume 1 of the Treatise on the 7 rays [R1:39] alludes to the three dots in a circle in unifying, in the realized being, action, awareness and life, or in other words the personality, the soul and the monad. This same symbol reappears in the volume 5 Rays and initiations [R5:456] as representing the soul and the monad. This has inspired the emblem of illumination following the sign of peace, designed by Nicholas Roerich. The red colour depicts intensity in the realized One and its 3 coloured dots the 3 Buddhas of activity or the 3 aspects of Life; this gives the imprint of the dazzling life. The sign of peace depicts then, for the solar Logos, its three aspects at the physical affective and mental cosmic levels. The sign of peace may be carried on at the level of the Cosmos: the three dots depicts the cosmic Logoï 1) the precursor 2) space – vibration or life 3) breath –ideation; the red circle depicts then the Brotherhood of Beings who are Will, Life and Logos, that means that which provokes the uprising.

This sign seems to represent the best response to the cosmic impression for this era, and it will replace the sign of the cross [R5:233]. The cross represents radiation, the ring (in the sign of peace) the flow infusing all and resurrecting thanks to its threefold power.

Then what is its link with symbol of the 4th schema: the dot in the square in a circle? The circle implants the echo of the Brotherhood which resounds in the unity of our star; the square shows the harmony realized it in the frame of experiment. The three dots are three seeds; one concerns laterality, alterity expressing in all relations; another expresses verticality or ideation, right understanding but also right action; the third dot depicts the purpose or intent arousing existence.

In this way, Maitreya in line with the planetary Logos "projects" [R5:233] the sign of Peace in the Consciousness, it is at the same time a revelation.

This gives a meditation outline (one more!):

Silence

Immediate presence

That which makes to be

The Brotherhood of Beings who are will, life and Logos

The author of the Cosmos

Its 3 aspects 1) Precursor 2) Space -Life 3) Breath-Ideation

The 9 vibratory modes (visualized on the red circle)

Make them resound on the body

Resurrect

Solar life, Heavenly Man

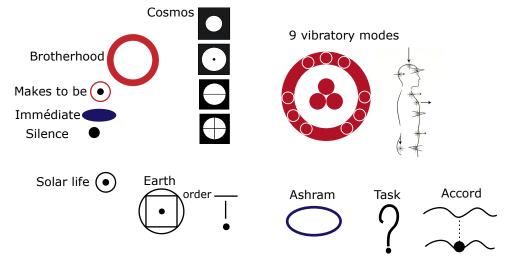
Lateral, right relationship

Vertical, ideation

It institutes the frame of experiment.

Assert, reveal the sign of peace (pause)
Unite with the ashram, its activity, its expression
To which task take part?
Conclude by a verbal assertion.

This course is illustrated in an approximate way:



The accord is made between the intention and the enunciated word, between the spiritual note and the one emitted in the sphere of activity or between the solar Life and the fundamental note [LMO:64]. The point at the basis represents the unit perceived in silence with above the Logos who expresses itself through this unit.

The monadic thread of life is anchored in the heart. The planet is passing the 3rd initiation and the echo of the Cosmos (the sign of peace) vivifies the planetary Heart under the incentive of the crown centre (the dot in the square in the circle).

Intelligent coordination

We relate this expression to the first initiation. The Arab spring has engendered popular ferments which have all – for the moment – lead to ferocious repressions (Syria), to a return to dictatorship (Egypt), to a war between leaders (Libya) or to a democracy which does not stand (Tunisia) in the long term. In France, the yellow jackets have not hold by lack of organisation and directing idea, of convergence of goals. Hence, the old clannish, religious or administrative forms survive in spite of upheavals. By a lack of collective mind? By a lack of organisation in spite of the 7th ray?

Coordination comes from the inner source, the one soul, expressing itself first inside each individual, then unfolding via personal actions, then personal relations, then in collective action. For such an action, a united vision, a convergence of thinking is necessary. The 7th ray is better understood, says AAB, as the junction of the 2 and the 5: opening, right relation and conception.

The outline 'Pulsate with the emblem" unfolds the energy of the inner source in the world and we can emphasize this ferment of mental relationship. Can we expect from telepathy that the ideas join together? The energetic field will surely produce an effect, yet we are no t here to say to human beings what they have to do, we put at their disposal energies they will be able to appropriate and that they will use as they feel.

It exists some techniques of group animation for finding an idea, deciding and taking action. The 5th group of collective organizers will find some techniques for larger groups.

Understanding through love

This ability concerns those who have passed beyond the 2nd gate, or those who approach it. It means to think in a general way, to get a view of the whole, to work in the <u>illumined mind</u>. As we can see with friends, it is easy to talk about the mind, to think in one's own point of view, but to think for the whole humanity, to put oneself outside of its own culture or at least to disengage from it, to put oneself at the place of someone else is another matter. Hence this 2nd gate means to disengage from the grasp of

glamour, to get access to the inner light of the other (through love) and also to assert the subject in front of the object. Willing to contribute to the general Good is also an ability which gets along this understanding in conceiving oneself as a contributor of the evolution. It is not a certainty but it seems that the petals 2.2, 2.1 and 1.2 are involved.

Our progression

The creative assertion and the yearly meditation outline are talking about space. For sure, it is not the physical or sensory space, neither the Cosmos. What it's about is the space of all possibilities, of all vibrations, from Spirit to Matter, from the instantaneous, the lively to the lasting, the inert. The symbols at the beginning of the Secret Doctrine show us a movement – it is evoked with the 3 aspects of the Author of the Cosmos. First of all, the white disk on a dark background, it is the blaze of Spirit, the perceived world, the wonder of existence. Then through an act of abstraction (felt as such by us), the dark background pierces through in the centre of the disk; an inflow emerges through, the Author makes a precursory gesture, 1st Logos. Then appears the universe in all its splendour; vibration broadens, amplifies, all is (2nd Logos, Spirit of the universe). In this vibrating space, ideation arises from above with an intent, from below with discernment, Breath of Spirit which animates the world (3rd Logos).

We are discovering the will: that which inscribes the square of harmony, Spirit in the manifestation. He wants to love, is it said about the 1^{st} Ray [R1:23], It implants Spirit, it makes being arise.

Adversity is ignorance, illusion. Because the active unit is separated (in front of objects), because the sphere of action is limited, consciousness believes it self to be at a distance, far from the stars, from others; basis of selfishness, whereas consciousness is shared, radiating, crucible of the U in everyone; Spirit is one, sparks of the one Flame.

Plenitude or vacuity

The void is the field of desire, of lack, of distance; plenitude is the field of the One, of Spirit, of the immediate. The rule 7 [R5:140] mentions that there are 3 doors for entering in Shamballa, the centre where the will of God is known.

- 1) The door of pure reason, of intuitive revelation; it is the immediate presence, in being true we pass this door.
- 2) The door of will. In implanting the frame of harmony (the square), in implanting with the Buddha Maitreya the sign of peace, rather than receiving it or transmitting it; starting from above, we pass this door and take part in the will of the Logos, as it expresses in the planetary Heart.
- 3) The door of the monadic sense of essential duality: Spirit-Matter. Spirit where reigns the One in all, where all is present, offered and vivifies; Matter where humanity perceives too well the lack, where elements collide, where evolution is not over, far from it. Then one achieves a state of isolated unity, That which makes to be, as in Shamballa at least we come near to it. That's what teaches us the rule 7. And we express it always through the Heart: the 1st Ray "wants to love" [R1:23].

Spirit vibrates in the reason d'être of the planet and inspires the doing, action, the Plan of evolution; the fully living subtends the welcoming void which is in demanding.

In the book Infinity of the series Agni Yoga, Elena talks about cementing space, this is relay the produced impression.

Zodiacal triangle

Our symbols being made with three dots and a circle, we link ourselves to the zodiacal wheel – will-to-love – before drawing the triangle. Well, this traces a triangle inscribed in a circle on a plane. The circle around the 3 dots symbolizes a larger unit, and the plane a larger one still; thus it must depict a set including all the constellations; it should be the galaxy arousing all the stars that we perceive with a naked eye.

We have trouble to locate the galaxy as it encompasses us as much as That which makes us to be. For sure, there exists other galaxies, of which we can see the pictures, yet how to spot, characterize, catch this Immensity? Some qualities are implicit, others absent, one says it is of the 4^{th} order: can we feel that on the 4^{th} plane?

For the moment, I do not see the necessity of changing the meditation outline; it is already complex as it is.

This triangle enables us to locate the ashramic group with the 3 Buddhas of activity, Libra with the whole, Capricorn with Wisdom, Aries implementing identification and enabling to function as a Cosmic focal point [R5:269]. But the triangle is not the characteristic of our group; it is true we have been guided for choosing this moment for founding anew the association. However our ashramic group includes all those who relate to the sign of peace (projected by Maitreya), an expression of it being the creative assertion.

Our galactic neighbourhood, including the stars visible with a naked eyen hence the stars of the tradition, includes the great Bear, Sirius and the Pleiades; they figurate the spiritual Triad of our star. Sirius seems to ground itself in the centre of the forehead, the great Bear at the crown centre and the Pleiades at the back of the head. The zodiacal wheel figures the 12 petals of the Heart centre which our sun is; meanwhile the galaxy figures the solar Monad beyond the horizon. The galaxy exemplifies the Penetrating One, the inclusive one, whereas the Cosmos illustrates the Transcending one; the galaxy is also an image of the ashram: a vast enclosure infusing, sustaining and vibrating in the depths.

Report of this day of INSPIRATION 15th of July 22

This report is very partial, taking into account only my notes. Not only many words but the inflow could not be noted.

We begin with the 3 words of incarnation, - ABW joined us - then we practice the yearly meditation 'With It to arouse' in asking inspiration to the core of the ashram for the next cycle.

The force of life is there, distribute. I a with you, We are together and pour out Love, energy, life.

Will with It, It wills, We want and implant harmony; Beauty resounds and will resound always stronger.

We talk then about Adi and tis 3 aspects and relate the various symbols of the circle with 3 dots in the centre, to the circles red, indigo, sky blue and green.

We practice the full moon meditation.

We share what we have received in pondering and according the incentive notes. Break for the meal.

We read the paragraphs of the Call.

What was a fragrance will become a stench

The former son song will become the noise of the wheel

The former shield will become an oven door;

So grows the spirit, when it turns to face the universe

... § 275

Examine even the stones resounding under your feet.

For on them may be found traces of My coming.

... § 388

The heart of the dawn proceeds, amid stings.

Reflect, reason and spread the web of thought.

Hearken to the unceasing Command.

No miracle can be undone,

... § 379

We will assert our Existence.

We will unfold the pure teachings of the happy journey of life.

... § 149

We recapitulate the history of our group of observers: our contribution to the dissipation of glamour and to the destruction of idols.

Destruction of the idol of possession.

Inner source, we practice the meditation for constituting the revealing group.

We unite the sign of peace the 9 vibratory modes and the square of harmony of the Earthly Logos, in asking the question: Which role have we to play?

Perceive and sustain evolution

Act for there where I am

Being true

It wants, I am following it.

Silence of gratitude (if Clement one and a half year old agrees).

REGULATION DAY 22

This day (9th Of October, Full moon of Libra) aims 3 goals:

- Observing the balance between our personal subjective practice and our behaviour
- Observing the harmony between our individual activity and the association activity
- Observing the relation between our collective practice and the human evolution (the Plan)

Where are we now?

1/ Energy

Search for the finest, the most intense presence Reference to the presence at the various initiations (EEE page 6)

To explore means to search, to insist, to stay to go around, to come back ...

Distinguish the light of understanding, the light of the mind, the light of the soul Immediate presence, to be true, light of pure reason

Atma, the Plan, blueprints and thought currents

Frame of Harmony, the Logos, or Heavenly Man, It founds

2/ Links or Relations

Unite with the ashram, which resounding? Which task, which expression? What do we know about the ashramic meditation? Approaching some Examples, the centre of the ashram Maitreya, the Heavenly Man Exercise: Presence, ashram, He, It aligns itself, It founds, 3 outpourings

3/ Plan of evolution

Which stage of evolution is happening?

What has been achieved?

Where is located the conflict between Spirit and Matter? Unto has penetrated Spirit? Where is the Earth now? The human psyche?

Where is located the need for the soul?

To which need can we answer? According tour abilities, those of the ashram? Do we envision other cycles of activity, the push of the ashram inn 100 years or 300?

LISTENING TO OTHERS AND TO US TOGETHER

A prior rule could be added to the 3 rules given by the Tibetan.

Rule 0: Enter in thy brother's light and note its blaze. Assimilate and support its light. Thus you'll join without disturbing the work in, progress.

Rule 1: Enter thy brother's heart and see his woe. Then speak. Let the words spoken convey to him the potent force he needs to loose his chains. Yet loose them not thyself. Thine is the work to speak with understanding. The force received by him will aid him in his work.

We perceive a limitation, which one do we perceive? Which is the one that our colleague perceives? Upon what does he seem to stumble? Which are his strengths, his assets? This can be perceived only in mental love

Rule 2: Enter thy brother's mind and read his thoughts, but only when thy thoughts are pure. Then think. Let the thoughts thus created enter thy brother's mind and blend with his. Yet keep detached thyself, for none has the right to sway a brother's mind. The only right there is, will make him say: "He loves. He standeth by. He knows. He thinks with me and I am strong to do the right." Learn thus to speak. Learn thus to think. Can we join our thoughts to our brother's thoughts?

Rule 3: Blend with thy brother's soul and know him as he is. Only on the plane of soul can this be done. Elsewhere the blending feeds the fuel of his lower life. Then focus on

the plan. Thus will he see the part that he and you and all men play. Thus will he enter into life and know the work accomplished.

Which is our role? To which part of the Plan are we taking part in? Which our place in the Plan? And the place of the ones we know? Of those who follow us?

A note appended to these three rules says:

"These three energies – of speech, of thought, and of purpose – when wielded with understanding by the chela and blended with the awakening forces of his brother whom he seeks to aid, are the three energies with which all adepts work."

[MB:320]

I suggest to write our answers to these 3 rules, regarding the four of us. We'll put our answers to the two first rules in the loving light of the inner group and we'll share our answers to the third rule right before this day.

Why can't we share the answers to the first two rules? Because we are still too self-centred, because our feeling is centred upon our own person, because our mind is not large and universal enough. These are three limitations that prevent our group to externalize a part of the ashram.

PONDERINGS

<u>Inscription on the body</u>

Any impression is inscribed on the energetic body and is perceived as Sensation; it is interpreted by the mind. It is the mental body that points out the possibilities and orients, then guides the action.

All these impressions are captured in the causal body, that is the set of qualities, abilities or radiations. Hence, to talk about the cosmic Way, about the Logos, the ashram, is referring in fact to these echoes on this body.

To overcome the causal body is made in being true, in the immediate presence, and there the atmic stimulus or spiritual will can vibrate in the centre. The monadic sensitivity, what AAB talks about, intervenes later; it gives life to the immediate presence as a higher octave. Finally, can be discovered 'That which makes to be', the will aspect, establishing the atmic stimulus.

These frequencies can be approached, one has to accustom oneself to them, to dwell in them more and more often in order to maintain oneself in them at the background: a perspective!

All these states are located in the planetary Logos in Whom "we have life, movement and being"; thus it is equivalent to the causal body for the consciousness.

Galaxy

The galaxy evokes the Penetrating one, an enclosure where shine multiple points of light. It sets a parallel with the ashram and Its love; it set too a parallel with the physical body, its multiple cells and the effervescence is then the fusion of latent heat with active heat.

To resurrect or to arouse anew

The red circle evokes, not a special form, but the enclosure where palpitates life, the perceptible space, the whole being. A red pole refers to the penetrating discernment which distinguishes the seed of life under the layers of matter; another pole signifies the gift to all being, free and open space; another pole the will or the act that makes arise and gives life, vibration upon itself in this whole. It is the law of universal synthesis which is implemented.

The A enables to resurrect; the U focuses, at soul level or in the immediate presence or in the One.

Why to put the Brotherhood before the vibratory modes?

The practice of meditation leads us to resound with the Cosmos, so little it may be. The resounding is established with the galaxy, our star, our planet, eventually in ourselves. Brotherhood is thus a prerequisite; it's the Penetrating one which enables us to get an echo of the stimulation. To come back to the Brotherhood after the 9 vibratory modes

sets in an pulsation; then it broadens toward the galaxy, the sun, the Planetary Heart, us our instrument and it comes back with the ashramic group.

Ashramic meditation

A Tibetan lama states that meditation is the creative agent. He describes the planetary meditation in 7 stages or sources [DINA2:208-214]. The Thought or intent begins with 1) the planetary Logos or Heavenly Man Who thinks, visualizes and assert. 2) Somme Beings call forth energies for shaping the purpose or raison d'être, it is the stage of s shaping or formation. 3) The crown centre or Shamballa appears; it embodies this Thought. 4) The divine contemplatives, or Chiefs of the 3 Departments, contemplate this raison d'être and formulate in the Plan; they are inspired by the 3 Buddhas of activity or Awakened Spirits. 5) The Hierarchy (power of the Sacred) or the planetary Heart, full of love, inspires, stimulates the consciousness's, making blue prints at the intuitive level, then thought currents. 6) The world servers formulate their thoughts and ideals. 7) Humanity creates forms: thoughts, affects, and sensations or theories, desires-feelings and effectuated decisions: it brings in its creative work.

Will-Spirit is inscribed in this flow, where do we place the ashramic meditation? Thought the word *ashram* seems enveloping or narrow, whereas Spirit has no limits. To which stage do we contribute? Where do we place our contribution?

If meditation is an creative activity, 3rd aspect, which are the 2nd and 1st aspects? Sensitivity and that which makes rise? With whom do we share them? Their origin? How do they play at unison?

Why not to talk of will for the 1st aspect? Because this word is so used that it becomes blurred ,as well as the word *Love* so much misused.

A, U, M

According to [HIS:150] the word AUM has been trusted to the solar Logos, yet nothing says that its is restricted to Him. The A is the note of Spirit that liberates [IHS:153], it destroys the form for it is so dynamic that the form can't stand the sound. This A resounds at the Adi level, where the jet fuses, where matter is plasma, hence without shape. At this level live some Beings who arouse anew [resurrect] such as our Elder Brother Morya. The A incorporates the 1st aspect, makes it vibrate and puts it in movement.

The U sound unites us to the soar Logos, to His consciousness; it is the crucible where is focused the form and it resounds forts at the monadic level, where is the One, 2nd level: the jet is stabilized of one may say. This fractal U arouses all the conscious units, those where awareness is centralized, such as individuals, and those where it functions in network, such as blobs, societies or groups. Awareness or sensitivity always unites. To think in group consciousness means to unite with the whole, -an indistinct unit – or a field where resounds a certain vibration, a certain mode of the U. When one resounds fully with this whole field, then one passes in the subjective centre or heart; it focuses this multiple unit.

The M sound implements, puts in movement, hence provokes evolution. It is a sound which is already installed in this system and in the Earth –its personality. It does not need to be stimulated for it is already unfolded.

In terms of colour and of outpouring [CF:94], the green colour describes the 3rd Logos, the implementation which is already integrated by our solar Logos; the disciple has too already integrated a part of intelligence, though he may develop it more. The solar Logos develops Love (indigo outpouring) with the involution and evolution of forms; the baby too develops his sensitivity and spots relations between objects, his consciousness grows toward the illumined mind. From the visible, sky blue, this consciousness moves in the immediate presence, intuitive revelation in the Triad, in being true, right, good in the immensity of the indigo sky. At the 6th initiation, the Master leaves the 5 worlds of human evolution for becoming will, for being fully One (Monad) and entering in the cosmic Way: intensity. Then intelligence and Love are integrated.

We could write a flyer on the transfer of circles of colours and the three dots in the centre.

The 3 Logoï

The symbol of the 1st Logos is a dot in the centre of a white disk upon a dark background. It points out the Precursor and means that Light is communion of Darkness. Being (to rise, to spring, to well up in ancient Greek) is communion of the Absolute. The Logos is fractal: any point expresses the rising up of the A.

The second Logos, symbolized by an horizontal diameter, means that any extent, any space, any existence welcomes the set of possible. The circle depicts a limitation that gives a shape, but focuses the whole which vibrates in any point, it is thus a fractal vision of forms.

The third Logos, symbolized by a vertical diameter, depicts the assertion which implants itself at any level; breath, movement, ideation, hence meaning crosses the whole scale abstract – concrete, low pitch – high pitch, ethereal – dense. Not only any thing vibrates, but it expresses and searches for its archetype, the idea or underlying purpose.

Atma

[CF:338] describes the use of levels of the Triad by Spirit.

"Spirit employs *manas* [the mind] in all that concerns matter", the needs of humanity, the factors in question.

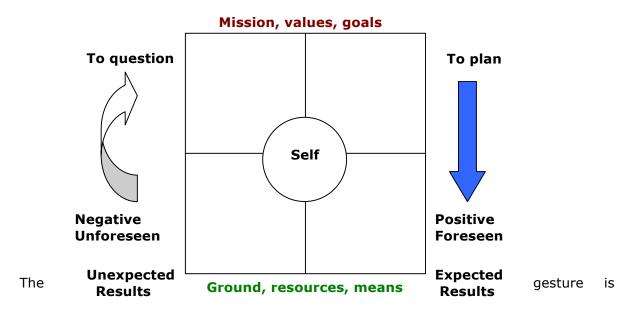
"Spirit employs *buddhi* [the intuitive perception] in all that relates to the psyche," to the soul, to pure consciousness's.

"Spirit employs atma in all that relates to the essence of all, to itself."

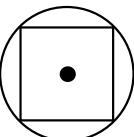
4th Ray: harmony through conflict

Humanity seems submerged by problems without any standard solution. Nuclear or fossil energies, renewed energies, with inconveniencies, oscillation between the global and the local, yet can everything be local? Fro the gas oil to the rare earths to silicon? Non thermic vehicles yet who will be able to buy these electric cars? To house homeless people, but who will pay for it? To welcome migrants, how much care for integrating them, who will take care for them? Opposition between long-term and short –term; between goals and means? Conflicts of interests, of opinions, of creeds. Conflicts are everywhere, and one observes them mainly at the level of effects. The 4th ray impacts strongly humanity more strongly now, as the Tibetan announced.

One ay solve a difficulty at the symbolic level in putting oneself in the centre of the square. The matter is to stand between the results, the sensory fact beneath and the abstraction, the whole view above, between the right, the law, the rule and the foreseen at the right side and the unexpected, the twisted, the underground, at the left side. The purpose is located at the centre of the square where the plan is found at the right side and must be changed with wisdom: it is hard to come back up of the unexpected to ward the factor at issue or abstract value.



to make a retraction for standing out of the field and envision all logics, all points of view. If on stays in the centre of the square, at the surface of things, on is looking for compromises: one day this, one day that. The principle of harmony, that guides the rightness of action, requires of us to stay at the centre, to make this retraction to the heart. It is the heart who decides at any level of responsibility. At the centre of the square, of our thought, of our being; this is inscribed in a larger vision somewhere in the square of the Frame of planetary harmony, since the planetary Logos is found at the centre.



These various squares make us think to the Sun upon the Square, 4th formula which helps to lead from chaos to Beauty [DINA2:306].

Some concepts growing in importance

A new concept is taking some importance in the human consciousness, the concept of space. One is talking of space in Qi Gong about the intervertebral space; one creates a space for meeting; one is talking about cognitive space ... It is the echo of the 2nd cosmic Logos presented in the secret Doctrine.

In the line of the 3rd ray, of presented attributes [R2:391], the Qi Gong talks also of breath; one mentions a bit less the inflow or the influence, but it is really question of the 3rd cosmic Logos: breath, symbol of ideation.

We add the Precursor, the tonus, that which arouses, the stir, the stimulus which tones up, vivifies, echo of the 1^{st} cosmic Logos.

These three aspects must sustain the next revelation for mankind: that it realizes That which stands behind, That which underlies existence.

What to do or to participate to the Plan

It exists at least 3 approaches of the Plan and many more processes of research. 1) The first approach is to vibrate with the currents of atmic will. The second approach is 2) to capture the blueprints in the intuitive revelation; these reverberate in ideals – ideal of sharing, of justice, of autonomy. The third approach is 3) the discernment of thought currents, hence to perceive the new emerging notions - they could be bio diversity, soberness. These three approaches correspond to the 3 levels of the Triad.

The research can be based on a meta-model or basic outline, for example a model in 3 layers:

- Effects, what is happening?
- Explanations, how does it happen? This concerns often the means.
- Deep causes, the why of the how. Why are these means or factors available? Why others are not? It is often a question of perceived stake.

Example 1: The invasion of Ukraine by Russia

It is an effect "justified" by the invasion of Crimea.

Explanations: the regime and its aging leader are loosing of its aura with the Covid. It leans progressively toward the right wing, the authoritarian way and the past.

Russia has behind her centuries of centralizing despotism.

Immensity promotes mysticism and the thaw at springs, ignorance.

Immensity promotes mysticism and the thaw at springs, ignorance, intellectual misery and the far distances promote passiveness. Relatively few people are fully individualized, personalities turn toward the Tsar, ideal of authority: "We need a strong man".

Soviet education based on a bureaucracy has not changed this despotism.

Causes: Personalities align on the Russian personality 6th ray, yet is a distorted ideal. Few people can work with the soul of the country, 7th ray, e and thus coordinate together.

Example 2: Centralization of power in France

Every one in the media are referring to the president, who relies on the constitution for not answering to the questions of news people or of deputies, but he guides all the policy.

Explanation: following the Fronde, Richelieu has concentrated all the power on the King-Sun [Roi-Soleil]. The revolution has not changed mentalities and the General [De Gaulle] has re-instituted a presidential regime – above the laws.

One of the factors could be the belief I that science gives the only one answer where it is also research, assimilation, co-birthing [co - naissance]. Yet these births could give a beautiful diversity (4) and thus be decentralized.

Example 3: French mentality

The French people are moaning (effect) it is a consequence of their ability to think, to differentiate (5th ray) and to promote themselves, to want to shine (3rd ray).

Their sensitivity seems indecisive and they lack courage for acting - a courage the personality 3 does not provide. Yet the generosity of the 5th ray could sustain their motivation which, for the moment, is not firm.

Under another angle, the astrological chart shows a triangle of fire (intellect) and a triangle of water (feeling) and the conflict between these two layers could enable the thought to feed an action.

The French mind seems quite different from the American mind (5, procedures) and from the synthetic sharpness of British mind (1); one may thus think that the French mind is a 4th ray mind: analogical, imaged, and metaphoric. Is it true? French language is allusive, suggestive, non factual; the reader must make an effort for understanding.

Activity follows few rituals; flexibility, resourcefulness: ray 3. Therefore the ray formula for France would be 5 - 3 (4, 2, 3).

Seen from above, the intention to know (co -naître) of the Logos, expressing at the atmic level, stimulates the soul 5, a step in the resurrection of that which enable others to rebirth. If the mind 4 has the facility to reveal intuitively the blueprints and to transmit the 2^{nd} aspect - opening of the soul - the co of co -naître to the affective body of 2^{nd} ray.

In practice, the Will-Spirit stimulates awakening and strengthen the germ of self-consciousness, in the country and more widely; this answers to the question What to do?

Regulation day Progress

The 3 key-words of incarnation, in front of the red circle with the 3 dots RGB (the 3 Buddhas of activity which are related to Libra).

Meditation of the year 'With It, arousing'.

Ideation seems too concrete, too "centred" for describing the birth of the Cosmos; it intervenes after the enfoldment. The Author impulses the abstract Movement (3rd aspect) spreading through space (2nd aspect).

The 3 highest gates (9, 8, 7) express the 3 aspects of ADI.

The formula of the individual triangle seems useful for grounding the energy in the instrument. Sharing:

- 1) It is interesting to explore: to unite with the ashram in 10 minutes; every being is a pixel in the square of Harmony (square in the circle of the 4^{th} scheme).
- 2) The green dot is the first thing one discovers; it begins the path then is produced the opening to other colours, it finds an inner strength.

It uses the meditation for going further, to get deeper in these other worlds. Activity of the ashram to be listened to and expression that we create too.

- 3) Daily life, I think to the work, the energy guides me on the path; the vault of the sky is grounding in the aura of the crow; I practice meditations for awakening, and noticeably the basic outline of the second leaflet of Self Schooling.
- 4) Infusion, I feel a transformation in me; I put the finger on things; the leading word is Integrity. The relation between my life and meditation is evolving: things are becoming simpler; vision becomes more vivid; hidden intentions become clearer. I care not to loose energy for keeping the maximum for the work. I like that the meditation outlines evolve and I am infusing me with them.

Full moon meditation then sharing.

Meal

One reads and comments the introduction of the book 'Behind the maps'.

1 OM after a minute of silence.

We can look over the situation in some countries. For example 1 hour every 3 months for studying and working. This could be joined to the use of the emblem with the green and blue dots for the 1^{st} and 2^{nd} initiation.

Agreement on the phone for this moment of study.

We read an outline of February 22: The emblem for the human consciousness. It does matter to help to reveal the nature of the soul.

Meditation Linking the 3 planetary centres.

Meditation Destroying the idol of Possession.

THOUGHTS BEFORE THE ASSEMBLY 23

Dissolution of the association or its life time

When we refunded the association in October 2013, we envisioned a time limit of 10 years (article 15). We get there. Forms are temporary, as well as our bodies. We do not wish that the association becomes a crystallized husk. So I suggest to renew the association planned cycle for 5 years, renewable once. As our health declines, it is probable that some of us won't be there any more in 5 years. It will be important that the younger generation founds it own structure with its own way of functioning, of viewing the evolution and of expression.

Election of the office

The association office has been renewed in 2017 then in 2020. While being an active member, do we want or can we assume an administrative role within the association?

Let us remind that the treasurer deals with the association treasury, the set of financial resources but also material (leaflets) or immaterial, such as the name of the association, of the website and the resources that e share: the sign of peace, the creative assertion, the emblem of illumination.

The secretary deals with the secret, the heart, its impulse and its opening toward all human beings, and toward Those who are inspiring us.

The president is keeping the direction, toward what is leading the hole of our efforts and activities. He watches over the group cohesion in its diversity and stimulates subjectively the activity.

Our great Brothers

We are working in the ashram of Will, under the direction and with the support of M.; He works as an entry point – with the Manu and Maitreya – to the inflow of the planetary monad, coming from the Great Bear.

Maitreya focuses the planetary and probably solar sensitivity; it is located at the centre of the planetary Heart and "projects" the sign of Peace. The three of them grounds the thread of life passing through the crown centre.

Thus the attractor Will Spirit (our ashramic group) is located at the junction of 2 ashrams; Alice A. Bailey told about a servers group centred around the Christ, this group is characterized by wisdom more than by love.

We are too surrounded by DK, Nicholas and Elena Roerich, Martin Muller as will as Francisco of Assisi (KH). It does not seem that beings of the 3^{rd} or the 7^{th} Ray are close; however, it is probable that the subjective group of 5^{th} Ray is guiding us for the Inner source

In the years 1920, 1930, has existed a movement AYAM which was purifying the world with a violet flame and each of its stanzas ends with "I am God in action". This is not false; stones, vegetables and animals are also God in action; on which register do we play? With a simple visualization, with the impulse of thought, with the immediate contact or with the plenitude of spirit?

Manas or intelligent purpose implants Spirit in matter, the 3 and 5 worlds of human evolution or, if you prefer, the 3 and 5 levels of the personality and of the spiritual Triad. Frim the 6th initiation, this being lives in the One, it takes part in the comic Way in the electric fire of Spirit, which thus is distinguished from Manas; then the 9 vibratory modes take all their meaning, from them we are merely perceiving an echo.

The attractor Will Spirit

This attractor is a dependency of Shamballa, the c planetary crown centre. It shines with the glow of Spirit – as a circular surface in the square of Harmony - and is asserted by the central will. Attractor means that we are attracted by It, that It is rued by the law of attraction as a part of the planetary Heart. We can give meaning to this attractor in taking part to the will of the Logos, which is available or transmitted through M.

Will and purpose

One of the last pages of Rays and Initiations [R5:714] distinguishes will and purpose. Will would be an active energy, the fuel implementing the divine intention; purpose or raison d'être would be the thought-form of the Logos, hence what He wants. This means to dissociate the content and the support energy or that which is perceived in the crown centre and that which arises in the coccygeal centre. Yet all is one; the cosmic or galactic mind (ability to grasp) is infused with will, as far as we know, for it is located in the Cosmos, in the galaxy, in what makes exist our planet, arise our planet to existence. The logoic intention is tension and not laid-down content that would be later activated. This wil in the mind is translated in intention – at the galactic affective or desire level – which grounds in will-to-be, activity in the substance.

Sometimes, one has to stand up against writings, even inspired writings.

Regarding the purpose, let us remind that to unite to the One who wills matters more than what He wants, the Logos rather than the purpose, the Subject, rather than the Object, such is the way of the 1st Ray [LMO:171]; the 2nd Ray line is uniting itself to the vaster Consciousness and the 3rd Ray questions the reason of the why.

Current of awakening

A current of awakening arouses, broadens, stimulates a whole register of perceptions; a whole scale of impressions becomes accessible whereas they remained under the surface, buried in the unconscious-matter not perceptible, and not manageable. The awakening current has three aspects: 1) the spur, the fine triggering stimulus, called by Martin Muller the directional impulse; 2) the content, the vibration in itself, the texture called the formation by Martin; 3) the on going expression, the movement of implementation, called dynamization.

This current will provoke a reaction of the support which, in its ascent toward the high frequencies, will provide the energy for action at whatever level. This level may be the incarnation, the perception of the inner world in the immediate presence, a thought, a feeling, a sensation, a bodily move, etc.

Let us take an example: the feeling of anger. Something does not work, first click, I note "It gets stuck, it blocks". Then 2) formation or texture, the impulse to action stops, but extends in my whole body and provokes a feeling: anger. 3) The feeling is expressed: "It is not possible", I vituperate, speak loudly, sigh or I act with gestures, I shake, hit or else. All this is played in the register of affective sensitivity, centred at the basis of the sternum. In fact, as soon as the trigger, I could ask me "What's happening?" and shift to the register of thought.

Hence the awakening current is a sting arousing a space, a whole scale of possible perceptions and actions. Thus the planetary Logos arouses existence, but does not intervene. The Heart orients, gives shape to the abstract idea that becomes an ideal or a possible goal. Dynamization is provided by the creative centre; humanity who implements the change. One could distinguish more finely the levels of the Triad, of consciousness then of action, yet these 3 aspects f suffice for grasping what is an awakening current.

Solar fire or consciousness registers the effects, we are looking for what triggers the phenomenon = that which appears; what is this sting, this first cause? A shift exists

between these currents, vibratory modes or Paths in the Cosmos, operating in the One, and the attractive stimulations of pulsating energy that which we call Rays or forces; the latter impact consciousness, make it vibrate and colour it. The sting institutes a space where are playing these interactions.

Thus the 5th Path of Rays (vibratory mode 2.3) infuses space; the zodiacal constellations transmit the will-to-love which is coloured qualitatively – according to one or another of the 7 rays – and vivify the clusters of creative lives. In one sense, they correspond to the spiritual triad in the human being; then consciousness, as a part of the solar light, registers these qualities or radiations.

The symbol of the 9 vibratory modes in germ in the 3 aspects – and not on the circle – promotes the inscription on the body of the 9 centres of awakening. It eases too the perception of the 3 aspects. It assumes to identify oneself - as little as it may be or as much as we can - to the Author, to the Unknown.

Each red pixel on the circle symbolizes a member of the Brotherhood in accordance with the red pixels in the centre.



Cosmic Logos

Talking about the Precursor or about the 1st, 2nd and 3rd Logos evokes already an order, a time. Thus the secret Doctrine talks about the duality Spirit-Matter, Subject-Object, space is the basis of matter, one may think to the scalar massive field that gives its mass to particles; abstract movement or Breath is the basis of spirit, ideation; we notice that this last term evokes immediately thought. This Doctrine evokes also the Absolute, the synthesis of this duality Spirit-Matter, the cause of the pair of opposites [CF:1243]; let's say it is the Force which makes arise, which makes to be and to appear, which puts to the world and makes spring existence: the manifestation. Thus this force initiates the genesis of the Cosmos. Then appears Space, the Whole, the All, and Breath, Movement. Yet the Three are one, the Unknown, the Absolute. The stanza IV-5 reminds it: Darkness is the No-number.

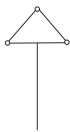
Fixed, cardinal cross and circle

The disciple left the mutable cross where he was moved around by events; it mounted on fixed cross where its consciousness is submitted or receives these events, , yet it radiates from this point.



Esoteric Astrology [R3:561] specifies that the vertical line goes deep in matter, and raises toward heaven, and that the horizontal line extends toward the others while being receptive to the past. After the 4^{th} initiation where the causal body disappears and when consciousness moves into the immediate presence, the initiate mounts over the cardinal cross figured by a triangle above a line who moves downward in the depths; the 3 small

circles depict 3 points: the 3 aspects of the monad or the 3 cycles of the 4 energies which constitute the zodiacal wheel.



In the spiritual Triad, the disciple moves both upward and downward; the extent has disappeared, it is integrated. The basis of the triangle is activated at the 4th initiation and the summit is realized after the 5th initiation. The Master can then help all the seekers (conscious units, human or devic); they and the adepts of the 4th initiation draw in the plenitude for pouring it in the subjective worlds where it is lacking, that which is called the 5th kingdom. Then, at the 6th gate, the line winds and draws a circle: the will-fire underlies the One, and the initiate enters in the cosmic Way, marked by the red circle. Then little by little, 3 germs will be inscribed in the centre, echoes of the Logoic Will. That's what we are decrypting with the practice of the red outpouring.

Outline or canvas of meditation

One has said it and repeated, an outline is interesting merely because it shows an energetic drawing. Everyone can modify words, add or remove some of them. In the beginning, it seems that words guide closely then one steps back, gets aside or alleviates the outline. Each one has its own profile and draws its own trajectory, its perceptions, facilities and resounding. Words between parentheses may be thought, said or not. The dilemma of the outline is to specify, to evoke, to guide with the risk to burden or to alleviate, to simplify, to purify with the risk to loose the meaning, hence the intensity.

Besides, many sentences of the outline can be deepened for themselves during 10 minutes, thus the vibratory modes, the effervescence, uniting with the ashram ... One may search, explore: 'It captures the resounding' may mean 'It stretches the sensitivity, It listens, It hears the resounding' since the 2nd aspect of the Penetrating one is in accordance with Sirius.

Stimulus through the thought forms

The repeated practice of meditation digs the energetic route, yet eases the conception of contents or memories: thus the cosmos, the galaxy, the vibratory modes or the various gates can become forms in the thought. As the words, they are indicative signs which can h ide or but also let pass, evoke and point out to the living sting. It is this sting which matters, that which goes through, that which tends and arouses.

Effervescence

Effervescence reverberates upon the energetic body, with the latent heat (of substance) and activates it; it plays upon the mind letting perceptions getting to the meaning, to significance; it plays upon the Triad, It plays upon the whole scale of physical cosmic substance: it is the co- being born - co- naître - of the Logos.

It appears in the galaxy where Spirit and Matter constitute 2 poles of the substantial scale. The Cosmos deals with the Absolute at the basis of the pair of opposites [CF:1243]; amidst the galaxy the differentiation Spirit – Matter operates. Subjectively, the A sound bursts out, extends, disperses, whereas the U sound gathers, unites, federates; the M rules Matter, basic movement of substance and, from this, manas, the mind since it begins with the sense of the movement.

Matter is attractive and provides the mass to particles thanks to the massive sac alar field, vi the Higgs bosons. Following the Dirac-Milne model, a galaxy would surrounded by antimatter; if this works in anti gravitation, it would be repulsive, t and this corresponds to our impression. Thus matter appears at the scale of the galaxy and it is at this level that love, based on the scalar field extended in space that is attraction, acts.

The relation with other galaxies would pass through the hyper massive black holes in their centres; it is this underlying layer which constitutes the Brotherhood of the billions of galaxies and which is reproduced at a much lesser scale in the stars, then the monadic sparks, parts of the One.

4th Ray of Harmony through conflict or through contrast

The 4^{th} Ray is streaming forth now and the 5^{th} Ray, which has ordained procedures, planning and standardization in the 20^{th} century is receding. We have to learn to work with the 4; biodiversity is making an echo to it, but too the various opinions, the confrontations and political divergences show it to us. It is probable that the 4 must be dealt with form the 4^{th} level, the level of truth, freedom, rightness; the immediate presence gives an access to it, hence to centre oneself to the heart is a key. The 4 does obviously matter a lot in the 4^{th} scheme.

Idol of possession

Arte TV has broadcast a program proposed by Gerard Mordillat: The world and its property. The property of a good means the right to exclude others, to use it and to alienate it (to rent, to give, to sell); the negative side of property is slavery: to dispose of a human being. Else is property a right to use the fruit of one's work, a right socially recognized, hence that can be contested. This program shows a noticeable progress in the line of the 3rd ray.

Collective intelligence regulates the planetary spreading of carbon, of health, and it will happen that it will regulate richness or property. Inequalities are merely an effect, one has to search for the social and psychological explanations, then the deep causes. Regulation of wealth will begin with a thought-form that will demolish the idea that the owner can do anything: absolute property.

We have enunciated the illusion of the idol as "goods give some value to its owner", certainly a value but also a power.

We have to think anew the idol of possession, the idol of power and the related glamour and illusions. The 3^{rd} ray ashram works in this sense, with many lawyers and economists; we may add our quote part.

The power is not the ability to act following an ideology, a belief or a thought-form, as are doing so many so-called leaders or powerful men; it is the ability to implant that which leads us here, to choose the route according to the Spirit as we perceive it, to work with the Logos who is founding the existence. The first type of power is exercised under the constraint of an external form, the second type uses all resources of being: inspiration, broad-mindedness, and mental acuity.

One soul and the One in all

What difference are you making between the one soul and the One in all? The soul radiates, it lights up, animates forms and its rays are running through space. The One in all is instantaneous, immediate, as a striker, though there is no shock. Light is electric, the contact direct; forms do not matter for what is in question is a field of life seeds vibrating in unison, undifferentiated.

Year 23

PREVIOUS PONDERING BEFORE THE ASSEMBLY 23

Hello

Goal

At our regulation day, we noticed the need to ponder about the human affairs. Solène noticed too.

As I have time and I prepare the moral report, I wonder when this pondering would be timely and which frame of criteria will enable us to converge our various thoughts toward a common picture.

When

The moment to think jointly on the human affairs seems to me to need monthly, though from time to time or once a week would be useful.

The lunar cycle has 4 important moments; the full moon is a stage of inspiration, the new moon of seedling, the first quarter marks a turning point in action and the last quarter a turning point in consciousness.

If we want to observe the human affairs –is it our goal? – then it would be the best moment to ponder about what is happening.

And I believe the approach is not to follow a meditation outline, but to use a frame of criteria for abstracting from the effects the subjective, spiritual ins and outs at work, to which to can join – or the contrary to oppose for there are materialist or obscurantist factors at work.

Frame

Part of the planetary Heart

Immediate presence

Search to abstract toward this place

Effects: What do we note? Which figures? Which consequences?

Explanations: How can it happen? Which forces are playing? Which glamour? Deep causes: The why of the how. Which pattern these forces are drawing?

Which illusions or idols are at work?

Attractive factor: Which energies are impacting?

This concerns the consciousness of a form: globe, nation, ideology ...

Pure reason: Which pure ideas are facing one another?

Atma: Which register the planetary Heart is offering?

Which choice is stimulated by the spiritual will? What the humans have to learn?

What is doing the planetary Heart for proving the Plan of evolution?

What can we do? Which current can we support?

Reminder of the rule 10 on the work on amidst the veils of Maya

"Next to the earthly plane, is found the Veil of Impulsion and then the Hall of Concentration. To that succeeds the Veil of Distortion, related to the world of glamour as impulsion is to force. Beyond that veil is found the Hall of Choice. And then we find another veil, the Veil of Separation, and beyond it lies the Hal of blinded men – blinded by light but facing the final veil, the Veil of Aspiration. Four veils, three halls, and many men".

R5:196

An idea is transformed in an ideal then in an idol.

An idol to be destroyed is made of an illusion – mental mistake – to be dispersed, of a glamour – of which life is to be abstracted – to be dissipated and of a misleading appearance –maya – to be devitalized then disintegrated.

Atma: the I of the play of the jet (in French le Je du jeu du jet)

MORAL REPORT FOR THE ASSEMBLY OF THE 8TH JANUARY 2023

"You accepted the name "Will Spirit", make it resound, give it meaning, existence and fruit" (13th of October 22)

The association has been refunded on the 6th of October 2013; we have been guided to ward the new note WILL SPIRIT; the rule 11 mentions: "Let the group together move the fire within the jewel in the Lotus into the Triad and let them find the Word which will carry out that task." In fact, we did feel this inspiring push et it is the worry to serve which pushes us to choose *spiritual will* as name for the website.

- 3 years mark a move forward for a group and 10 years a step. Which progress have we made at the end of these 9 year which will be concluded by a 10th year?
- We are practicing the goals spotted at this time
 - 1. To assert spirit
 - 2. To distribute the spiritual life
 - 3. To embody the sign of peace (3 red dots in a red circle).
- The 9 cosmic Paths are called vibratory modes and are related to a brief formula in agreement with the centres of awakening
- The galaxy appears clearly as the solar monad, a higher octave to the ashram.
- The fire of spirit is out pouring via the 9 gates a word more up to date than the technical word of initiation.
- We take part "in our measure" to the Assembly and to the ashramic activity.
- With the 3 coloured OM, we put ourselves under the inspiration of the 3 Buddhas of activity.
- The glamour of greed, if it has not disappeared, received a blow with the slogan of energetic sobriety.
- The inner source works to create a revealing group and a manuscript 'Contacting the source of consciousness' has been written.
- The 9 petals of the Lotus have received a practical version with 9 capacities of jets of attention.
- We received the indication to link the 3 planetary centres of the 4th scheme, thanks to the symbol of the square within the circle.
- The heliocentric chart might prove as rich as the 3 key words of incarnation.
- A new step appears under the name of the attractor WILL SPIRIT. Indeed, this expression attracts us toward "the centre where the Will of God is known", Shambhala, and toward its brightness. It is a spindle of energy passing through the crown centre, the Assembly and the Heart. Is it not what are doing all the ashrams? Yet this term is restrictive and old, let us think in a scientific, abstract and stripped way.

Others moves will appear this year.

Another news, a great one, Solène has joined us and Jacques has just left us; for sure he is a member of the subjective group which accompanies us, he who was going along since 1987. Christine Jouclard, Alain Neyret and Simone Maudhui are going along with a relative convergence and distance; Gilda in a more interior way.

Let us envision the suite. We had envisioned a duration of 10 years, we are arriving to it; with our age (of 3 of us) we can aim 5 years more, 10 years at a maximum. The summit of inspiration of 2025 is nearing and the dissonance is manifest in the world, hence we have to support all selfless efforts, love in its inclusive diversity and creative intelligence.

But let us first envision this 10th year, a synthesis of the previous years.

The rule 13 [R5:248] enunciates: 1. Let the group understand the Law of Synthesis. It is the will which imposes itself to the whole, who is reigning in the Assembly and which handle the Beings in Shamballa. We are doing it partially –at least we try – with the O resounding in the Assembly.

2. "Let the threefold mode of working with that which is dynamic carry the group together towards the Higher Three where the Will of God holds sway." These Higher Three are symbolized by the three coloured dots in the red circle, the imprint of the

glistening life; they inspire all the planetary Heart and us in our measure. In the outline, the 3 coloured OM participate to this.

3. "Let Transfiguration follow Transformation and may Transmutation disappear."

The creative assertion prepares the planetary transfiguration, but the matter is the 7th initiation which our Elder Brothers have passed. The matter is to transform consciousness in identification; this is achieved in becoming a point focussing Spirit, that which makes to be, that which makes arise consciousness, in identifying with the will-to-be, that which arouses the register of existence, hence in emphasizing the current of incarnation that grounds itself at the top of the head. We have much to learn about will. The prior steps are a) the receptivity to the currents propagating in space: it is not "me who is thinking", but "an idea came to my mind; b) to move forward in truth, in love, in the right, so to pass then to perceive in the immediate presence; c) to take part in the atmic stimulus, which produces the spiritual vitality.

Then the rule 13 concludes: 4. "Let the O.M. be heard right at the centre of the group, proclaiming God is All." This concerns the 8th initiation where the substance is pure sensitivity. This 8th gate makes echo to the One, in all, realized at the 4th gate, and to the understanding through love, 2nd gate. A vast perspective, in which we are treading with our Elder Brothers, M. and Maitreya.

The attractor WILL SPIRIT puts us in accordance with the Logos and Its frame of Harmony; let us work. The seal of Shamballa, this "bright centre lying far ahead" waits for us to use it, noticeably for preparing the seedling of the germ of will [R5:658]. Then the Earth will give vitality to its surrounding.

Solène suggests us to share some writings on the human affairs. Indeed, we are part of humanity; that what it lives do matter to us. With our weekly or daily meditation, we take part in the 1st aspect of human being; with the Inner source and the dissipation of the glamour of avidity, we work with the subjective aspect, 2nd aspect; for sure, we observe the Plan of evolution and the service, noticeably at the hew moons, but no specific space is dedicated to this 3rd aspect: the human affairs. This space would be one part digital, gathering documents, pondered on the structure of problems while trying in deepening at the level of causes; on another part, this space could be temporal: a time dedicated to pondering and sharing. That's what we were doing around the 1st of May for preparing the Inspiration day. We have to provide that this 3rd aspect requires more time, deepening, readings and diligent pondering for the sharing be fertile. Can we choose a time slot? With which frequency? Once a month? As we go along, we'll note the references, texts and useful ideas. What do you think about that? Living ethics, another word for Agni Yoga, and active purpose are pushing us in this direction. In this decision day, what do we decide?

With the ashram, with the Logos, we are integrating ourselves to the galaxy, it is simply the response to the coming of the Avatar making sacred the Earth, what it is already subjectively [R5:414]. It remains to us and to many others to get rid of her gangue of selfishness for the living Light to shine forth. This transition of the sun tot the galaxy, form the visible stars to the Cosmos, is equivalent to the Renaissance, this passage from the Earth centre of the world to the sun, and now to the galaxy, and this was predicted by the Maya calendar, foreseeing a new era.

Our rising sign Capricorn reminds us that this constellation transmits the 3 rays 1, 3, 7 in their aspect of asserting victory aspect - victory foreseen from the very beginning of the cycle. Yes, all human beings are Sons of the Highest, seeds of the Absolute, they will give life (1); they conceive the Cosmos and the Earth will contribute to the magnificence and radiance of our star (3); in this perspective they will create a right, rhythmic and balanced order for all beings (7). The intelligent love of Venus I sour ally, for broadening the radiant sensitivity (5th bunch of lives).

Everything opens up, everything can be accessed, everything is waiting for us, let us commune, focus and distribute.

Outline: AROUSING SPIRIT

Alignment: coccyx-cervical vertebrae, mind, atma

That which makes to be

It, It wants

It resurrects Spirit

The Brotherhood of Beings who are Will, Life and Logos.

Cosmos, space of the possible (White disk on a dull background)

The Author (dull background)

1. Stimulus, the Precursor (Dot in the disk centre)

2. Space, All

3. Breath, Movement

It makes arise the Space-Breath

It transcends: It arouses emergence; It stretches out space; It passes through

It penetrates: It launches the call; It catches the resounding; It infuses

It expresses: It founds; It coordinates; It arouses movement.

It arouses anew - with the Brotherhood.

Galaxy

Arousing the myriads of sparks

Welcome them

Effervescence Spirit-Matter

Commune with the galaxy, via the great Bear

Sun

Adi, dynamic jet

It wants to express Spirit, the sound A, the U, red outpouring

3 aspects emitting (echoes of the cosmic mind) (implanting galactic love)

Substance, pure sensitivity

Galactic activity, dynamic electric vibration

Will-fire, the breath of the One

Will to be, the One emerges

The One in all, electric light, fullness

Direction, the Good

It arouses Spirit with the O in the Assembly

It arouses Spirit through the planetary Heart

Pulsation in in the 3 aspects of the Triad

In the immediate presence, atma vivifies the community of Maitreya

It supports Understanding through love

Intelligent coordination

Arouse anew the Heart

It arouses Spirit with us

With the Logos, draw in

Distribute

Unite with the ashram, its work, its expression

It arouses Spirit through my instrument

Great Bear, zodiacal wheel and individual triangle (ruler of the rising sign), integrate A, U, M tune the 3 levels of the instrument

With the O, It arouses the attractor Will Spirit

1 Om, red Aries, Life

1 Om indigo Capricorn, Wisdom (Venus in the heart centre)

1 Om green Libra, Active purpose

1 OM with the focal point of planetary life, who implants Its intent

Notes on the outline

1/ This meditation outline that evolves over the years transcribes in fact our reception of the energetic path which is happening on more abstract levels. [R5:233] announced that the Christ is projecting a new sign of salvage and that it appeared at that time only on the level of the Masters of wisdom. In 1905, Nicholas Roerich designed the sign of peace, in surrounding by a circle the three dots of the masonry tradition. The secret Doctrine associates to the 3 cosmic Logoï 3 symbols: 1) a dot in the centre of the white disk on a dull background, 2) an horizontal diameter on that disk, 3) a vertical diameter; these 3 features together or superimposed evolve the Cosmos.

Hence we can relate the 3 Logoï or the 3 aspects of the Absolute to the three dots of the sign of peace. Everyone can put these dots where he feels them; it looks "natural" to locate the 1st dot above in correspondence with the 3rd eye, the 2nd dot, source of space beneath on the right in correspondence with the right eye, the eye of buddhi, the 3rd dot source of intelligence on the left in correspondence with the eye of mans, the left eye. Beware: this correspondence must remain intellectual, for not burning the brain cells. These 3 dots are related to 1) to arise, 2) to open, 3) to pass. To open thence to extend, to welcome and to penetrate. To pass hence to move, to become, to evolve. Yet these dots are referring to the source of these 3 deeds.

2/ Arousing Spirit can be made from the bottom, from the dense, from the point of consciousness; it is what we are doing. Arousing Spirit can be made from the top, from the abstract, from That about which naught can be said.

In short, it is He who implants Spirit; "Spirit employs will or atma for all that relates to the essence of all, to itself" [CF:338], hence atma renews the approach of Spirit; we can participate for the ashram of Will is focussed at the atmic level, though individually we do not contact it yet.

- 3/ Arousing Spirit, does it not need some Being for willing to arouse? A Spirit who wills? The Absolute is standing behind and is arousing the pairs of opposites for producing the Light of existence.
- 4/ In the spatial mind, it is not the individual who thinks or shapes its thought, it is space who is thinking if one may say and is thought currents are registered by multiple receivers. Uniting with the Logos means to give up the fixed point of concrete point at the centre of consciousness for becoming an abstract pole stimulating an field of force which, it, condenses in multiple points. Instead of being a centred individual: "It is I who thinks", we are becoming a black hole, an attractive pole or a will pole at an abstract level of manifestation; this pole flares up in multiple concrete poles, as a galaxy. This means to become the Sound that is moving through us. It's up to us to choose that which we retransmit, that which contributes to transfigure. It is Osiris (the solar god) with its scattered body; Isis (the intuitive perception) gathers the pieces of his body for uniting it in consciousness.
- 5/ A meditation outline is not in any case a straitjacket; it suggests an energetic route that anyone can modify as he wishes. The association has for name WILL SPIRIT and we align on this Force. Other groups can search for other contacts, make other alignments, can't they?
- 6/ Reflects. Words are used as signposts, they point out a direction but are not the aimed object. Symbols evoke a qualitative impression and it is the faculty to make images that impacts the causal body (consciousness) that describes the course. It is in the tension of the crown centre that the impacts descends in the well or raises up in a pillar in the planetary crown centre; it is that centre which receives the impacts of extra-planetary energies; the contact is intense and looks less loosed than the reflect.
- 7/ Welcoming the vault of heaven (2022 outline) helps us to participate to Love, That which makes to be or Arousing being triggers the will. It is the difference between spirituality and divinity [R5:204]. That which makes to be evokes a vibrant point, located above the head. Yet That which arouses being makes exist the planet and provokes an echo in the personality; what we are looking for is rather to move toward our subjective star, hence That which arouses Spirit is more ethereal. The solar Lives, 7th kingdom, influenced by the rays 1 and 7, are means to approach this One. It, It wants, launches a resplendent lightning. Is it the case for you?

- 8/ Why is mentioned the *space of the possible*? For no t remaining with the sensory image of galaxies; we have to think, to take part in the total vitality; what matters is to distribute the logoic energy, that is based on the Absolute.
- 9/ For the 3.3 mode, *It puts in movement* is simple, but this is relevant to the doing: It acts. *It arouses movement* leaves the Author more recessed or in the background. And that's what happens on the physical body: the awakening centre does not make move the arm, it stimulates the setting in motion; one could say it triggers it.
- 10/ It arouses anew with the Brotherhood, one may visualize the 9 germs vibrating in the 3 dots of the sign of peace unto the pixels of the red ring, meaning the enfoldment of the Brotherhood.
- 11/ In the time of Alice Bailey, that which exceeds the solar system is cosmic. Then cosmic mind or galactic mind, cosmic love or galactic love? It is to everyone to answer, the galaxy has been called an universe-island, then love or the perception of unity is probably galactic; one may also think about the great Attractor, this galactic cluster. Yet our restricted mind envisions the Cosmos; are not great Beings taking place amidst Immensity? Yet as much as we can know, the 3 aspects apply to the absolute Reality founding the Cosmos and the quantum of action describes any particle, whence the adjective cosmic.

At the 8th gate, this being unites with the solar substance which catches the galactic basement, that's what we believe.

At the 7th gate, the activity sphere broadens amidst the galaxy, yet it is receptive to the cosmos that founds any action.

- 12/ The first and last book dictated to Alice Bailey deal with initiation. The fire of initiation broadens the sphere of perception when the receiver is able to stand the new voltage. This describes the action of the red outpouring, the third according to the diagram of a Treatise on Cosmic Fire [CF:94].
- 13/ The will-to-be makes arise the One, 'That which makes to be' does not concern the individual but the whole planet; it is linked with a star in the great Bear, which star? It depends on the monadic ray. The One is a spark of the great Flame, how is it possible to better describe a star, an "estre"?
- 14/ The gates 5, 4, 3 correspond to the 3 aspects, describe in the proem of the Secret Doctrine. The 5^{th} gate denotes the rising up, will, dark dot in the electric light of life; the 4^{th} gate denotes the unfolding, the extent, horizontal line; the 3^{rd} gate denotes expression, ideation, vertical line. In another sense, the higher gates (9, 8, 7) correspond too to the 3 aspects.
- 15/ A, U, M tune the 3 levels of the instrument

There are many meanings and interpretations to this action. The 3 levels are first of all the mind, the affect and the energetic level that are, - more or less- monitored by the 3 triadic levels. One may think in larger or less located ways: direction, perception, action and its support or the 3 levels of being: life-tension, awakening-receptivity, action-implementation; Martin Muller located the A in the cranial box, the U in the thoracic cage, and the M in the basin. One may make resound the 3 sounds: the A bursts the irruption of being in space, the UU gathers all perceptions, the M makes vibrate any form of substance.

Let us not forget the goal: to stimulate the instrument, to infuse it with spirit, to prepare it to serve.

- 16/ The attractor is a part of the Assembly and is submitted to the law of Synthesis or homogeneous will; the O sustains it, then it attracts by affinity. The focal point of life receives and distributes the impact of the constellations, hence of the zodiacal triangle. 17/ Venus in the heart. This Venus is not the roman goddess or the Venus of Botticelli; it is the planet of intelligent love (5th Ray) which represents the heart centre of the solar system [CF:182].
- 18/ The active purpose concerns the whole set of the attractor, but also each human being; let it act according to that which brings it on the Earth, its purpose, which forms its personal signature, the lesson to be learnt and the usefulness it may give.

The attractor is a spindle, a bundle, represented by a small circle within the Frame of Harmony; the dot is reproduced in all the pixels of the Square. A small circle for one can imagine others: subjective life, magnetizing wisdom, co-creation, light of the heart ... 19/ At the end of each step, it is important to recapitulate, hence to observe a time for taking back the outpouring or the action. Thus for the Cosmos, the 9 vibratory modes extend from the 9 germs (9 circles in the 3 red dots) to the Brotherhood (the 9 white circles in the red ring), for each red pixel illustrates a member of this Brotherhood. The O in the Assembly sustains all this outpouring ...

20/ One observes a hiatus or shift in the transfer from the immediate presence (indigo circle) to the what its sustains: the pure consciousness which shines in the blue sky. 21/ According to recent observations, the blue star GN-z11 is one of the first star after the Big Bang and is located behind the Great Bear; is it this star, behind the head of the Chariot, which is empowering the life of the solar system?

22/ Each line suggests to work, 3 breaths are useful: one for contacting, one for assimilating, one for distributing. The leader of the meditation does not forget that he (she) establishes the contact before speaking, while the followers hear the words before establishing the contact.

23/ We replace for the Adi plane ocean of electric fire by dynamic jet. The ocean of fire evoked too much a substance, a level; dynamic jet describes the first impact of the logoic Intent on substance, but it can also make an echo to the spiritual will. The meditating one has more easily access to this stimulation, he can then search to evoke that which founds the One, where resounds the dynamic jet.

Reminder of the mantrams related to the 8th and 9th Paths (vibratory modes) These mantrams were received during Springs 2005

8 (Heart of Shiva):

Colour is extinct, sound vanishes, intensity fills ... plenitude. No use to express; All is, potential. The Heart stretches behind any existence. Cosmos is there and does not influence. The Heart fills, total Force.

9 (Head of Shiva):

Pass the cycles, pass the lightnings, I stand. Immutable, everywhere hidden, spring o of Being, of no-Being, essence of Darkness as of Light, pale manifestation. Everyone carries thou, reveals merely a reflection. Emergence, being decline Thou, merely. Point, essence, intense, unfathomable ... these words veil Thou, these veils orient, the Centre overcomes, subtends all look, approach or echo.

Then the song fills space, stars are singing, the wheel turns, cosmos enfolds. Thou-I stands

- Work that way, with the Head express the Heart. Sustain. With Spirit, welcome, support.

INSPIRATION DAY 23

Previous thoughts

Alignments 20 January 23

Several channels are offering themselves for going to the origin of the impression

1/ Via the centre of the ashram and M.

To will with Him, hence to will what He wants (partially). To ground Spirit coming from the galactic centre, via the electric fire of the Great Bear.

To love as He loves, His whole garden.

To think with Him, to think what He thinks.

2/ To radiate 100 times stronger, and "being at last oneself" as in the exercise of Martin Muller: radiating in a void space, free of any object.

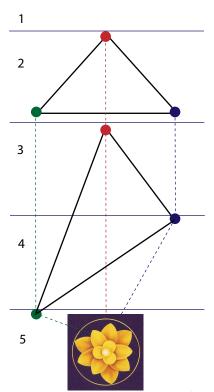
The focus is located in the head, radiant.

3/ That which arouses being, it means contacting the stimulus which makes arise being. It appears at a distance, with Him. This approach seems to make vibrate a point above the head.

One may distinguish That which presides, the Background; and another vibrating point beneath; this point is similar to the jewel in the lotus. A fine abstract current comes from the Background to this energetic focus; this current is threefold and one may discern the current at the right toward Buddhi and the central current toward atma; the current at the left has no more interest sae it is necessary for observing the 3 worlds. See the figure underneath.

4/ To associate oneself with Shamballa. The projection looks like a hollow-headed shell. It perforates any shield, mental space too. Force is located beyond; it carries all along. Love seems to disappear, as it is implicit, mind too. The crown centre vibrates in accordance, direct; only matter Its power and Its will. One join then the Heavenly Man via the planetary centres Crown, Heart and Throat.

- 5/ To realize the vivifying impulse at the basis of all cycles (minor).
- 6/ Atma, the Universal I, or the I of the play of the jet.
- 7/ The participation in the Great Work, in the Flow sustaining it. Thus the individual becomes the universal, and that makes an end to selfishness.



Monad, Triad and lotus at various levels or 4th and 5th Hierarchies

Shamballa

Shamballa is

- The source of planetary life
- The Intense with Shiva, the One who sharpens, thence the fine, the spur at the centre
- The planetary crown centre, resounding at unison with individual crown centre
- The grounding of the One in whom we have life, movement and being
- The place of the silent, peaceful Will (Sham means quietness or felicity)
- The centre of plenitude, hence bliss
- The grounding of the Intent of the heavenly Man
- The receptive point of the cosmic inflow
- The origin of the distribution of life in the various kingdoms

<u>References</u>: Sham in Oasis of Light, by Andrew Tomas Shiva-Shambu in B.a. ba of Shivaism by Bernard Dubant

Ashram and Attractor

An ashram of place of the fire is a part of the planetary Heart; thus it is infused, sustained by Love. An attractor transmits the inflow of the Frame of Harmony – sustained by the planetary Logos – and attracts the awakened consciousness.

Indeed, the ashram is based on the bright centre of Shamballa, more accurately the very centre of the ashram where are found one or several Masters of Wisdom, hence at least one realized monad which draws in the source of life.

The attractor is putting itself more neatly in the centre of the silent and peaceful Will; it is apart of the Assembly sustained by the O; it is based on the law of synthesis, universality of principle of essential homogeneity; it distributes with law of attraction of principle of affinity. The thus inflow passes from the 1 to the 2.

M. identifying Himself to the planetary Logos is the pivot of the attractor.

Time was when even a hundred warriors were counted a host. Then a thousand were already an army.

In time a hundred thousand conquered the world. Afterwards millions rose but they also did not alter the orbit of the spirit. And so I shall summon under the Banner of Spirit one billion. This will be the sign of My army.

Consider when this manifestation will be fulfilled and seven banners will be affirmed!

Leaves of Morya's Garden vol. 2 §1

We have to think to the various degrees of Will-Spirit

- People of goodwill
- Servers expressing the will of the soul
- Those entering the triadic current
- The atmic stimulators vibrating in the spiritual will
- The sparks of life, communing in the One.

Threefold current of the Triad

Between the One who presides, background or dark point, and the jewel, centre of intense energy, appears a fine current. It is on one part a will stimulating this energetic point; it is also a current activating the intuitive sensitivity, immediate presence. Finally a current of intelligence stimulates thinking and enables the jewel to handle the energy in the world – the 3 worlds of thought, of feeling and of sensation. The buddhic current will arouse awakening, opening to the world, consciousness. The atmic current implants the jewel, centre of energy and arouses abnegation, hence the petals of will – sacrifice.

Substance, pure sensitivity

One may hear this sentence in the reverse order: pure sensitivity is that which sustains (stands beneath). In other words, sensitivity provides the solar Consciousness, the subjective radiation of our star; it infuses the Adi level, of pure cosmic jet making irruption. Beings unite with It at the 8th initiation; they realize It as substance. This sensitivity focuses in the monad and blossoms through its 2nd aspect as bright Light; it spreads then toward the buddhic level, immediate presence, activating the perception of

the true, the right, the free in Oneself. Then this sensitivity blossoms further in awakening of consciousness, opening to the world. Preferred approach of the second Rav.

We can get upward this current, but as usual to go back upward is more difficult than to go down, for one does not see the top. Hence one can start from That which presides, from the dark background, from the Origin (for us), then catch the fine current activating the energetic point vibrating beneath; in this current sensitivity boosts the grasping of pure ideas, the inclusive presence; stay there, then activate awakening the opening to the world.

For going back up, start from the mental ability to grasp, pass to the immediate presence, then search for the source of this sensitivity: the One reveals its splendour.

One can also search in the breath activating evolution the Origin that emits the Breath; this breath vibrates in the trumpet before the sound resounds out in the mouthpiece for all humanity. This is rather an approach of the 3rd aspect concerned by the world work.

From the Heart to the Throat, form the Love centre to the creative centre

The world Teacher officiates at the two first initiations. In terms of colour, one moves form the indigo or dark blue to the blue-sky circle. This blue sky is the junction of the night sky demonstrating the immediate presence with the green of creative intelligence.

The 1st initiation corresponds to the birth in Bethlehem, the house of Bread, hence the sharing of riches; it denotes the activation of the green pole in the emblem of the pure consciousness: discernment hence the listening to the inner voice. It demonstrates or announces the mastership of the 7th plane and is thus promoted by the 7th Ray. This ray produces the coordination coming from the inner order, is expressed in social coordination, sexuality, social network, organisation, processes, rituals and orderly creation. The violet is produced by a conjunction of 100% of ultramarine blue with 50% of red; the tension to be appears thus in watermark behind the immediate presence and the pondering mind. This violet comes thus in the background of the green pole of pure consciousness: intelligent coordination.

The 2nd initiation denotes the (relative) mastership of desire; glamour can distort but not delude a long time; the selfless desire to serve takes the first place but is not any more deceived by inventions. This initiation denotes the activation of the blue pole -awakening, opening - in the emblem. The ray which promotes it is the rosy ray of abstract idealism, of the inner model; this magenta is produced by the fusion of the ultramarine blue and the red; will is here more present in support; it brings proximity but not contact with the immediate presence; it gives too firmness in the pondering in the illumined mind: understanding through love.

The 3rd initiation marks the overcoming of thought-forms: these are merely signposts, temporary forms in the mental flow: reality overcomes all shape. In colour terms, the red pole is activated; the monad exerts an impact which is however veiled by the Triad, (indigo blue) precisely by the abstract or spatial mind. Then the emblem is completely realized, pure consciousness acts in the world, via the personality.

Let us remind that the 5^{th} ray has been called the Master of the Hierophants those who administrate the sceptre of initiation. Why? Pure consciousness, hence the causal body, is found on the 5^{th} plane.

Link with green circle of the creative centre

In the green circle, the green pole focuses intelligence and means self-consciousness. When nearing the 1st initiation, consciousness opens to the environment, to others: the blue pole is stimulated together with the green pole which enables to understand the behaviour. This understanding comes from the green pole of pure consciousness in the emblem of illumination. The red pole of the green circle is slightly stimulated under the impact of the violet ray and of discernment: the consequences of action appear.

At the 2nd initiation, it will be the red pole of the green circle which will be stimulated: the ideal will be the main motive and will give the strength to act; the blue pole will be completely activated: attention is love.

At the 3rd initiation, the 3 centres of the personality, hence of the creative centre, will be activated together: transfiguration; illumination is grounded in the creative centre.

To pulsate with the Logos

How does work the Logos? It pulsates from the dark background. By Its will, it makes arise then offers: Love, then is exerted intelligence in the presented substance: the field is illumined thanks to the fusion of love and intelligence. One finds again the 3 poles of the emblem of illumination, in fact these are the 3 aspects.

It carries us.

Cosmic Mind

One may define mind as the ability to grasp the meaning of what's happening. The word *happening* makes reference to the 3rd Logos. The mind is most often related to cognition. Thus cosmic mind is the ability to perceive what is happening in the Cosmos; the Heavenly Man does not only consider the Earth, its vehicle of expression, but the whole Cosmos, as a part of the hologram of the universe. For this reason, we catch an echo of it. It is also what envision the solar Logos and Sirius; they are the closest sources of Mind.

Also, our consciousness is apart of the solar radiance; it can perceive the whole of what perceives the solar Being, though we are perceiving but a part, because of our degree of evolution.

The first pages of a Treatise on cosmic fire talk about the cosmic mind and of the solar Fire or Love. The Logos polarized in the feeling expresses the sensitivity and maintains the unity of the solar system; if it is said a part of the cosmic mental plane [CF:38], it deals of the relationship Spirit-Matter, hence of the application of the loving intent in evolution. The electric fire, divine Flame or ray of Will generalizes with the cosmic Mind and catches what is happening further.

3 aspects of the Cosmogenesis

The Secret Doctrine describes 3 aspects of the Absolute or of the Unknown. It describes the second aspects as space, "the one thing which no human mind can either exclude from any conception, or conceive of by itself" [DS1:14]. It is following Kant in getting up toward the pure reason. In following Piaget, the baby explores space with its feet and hands, he is building its perception of space then its conception: the place where one may move and act. The 3rd aspect is the Breath or ideation; this denotes an effort of raising up and abstraction; it is "the absolute abstract Motion" [Idem].

Nowadays we are looking rather for the crudest, the most primitive words for describing that which emerges form the Unknowable: how does appear the Absolute, how does it let us to apprehend, approach, sense It. The 3rd aspect seems thus to be related to movement, but this word looks corporeal, flat, external; *act* comes from a past participative and *action* evokes an achieved cycle. We prefer the word *Move* more undetermined and *acting* suggests more an intention. "The Spirit of God moved over the waters". [Genesis, the Bible]

In the abstraction, the 1^{st} aspect is named the Precursor of manifestation, this means to inscribe it in duration of 1, 2, 3; one may prefer to talk about stimulus or force, impulse.

The 2nd aspect answering to Breath [idem] is thus space, but it is later called Life, pulse. Yet That which is above is as which is below. Life is not manifested in the mineral; the deep escapes to sensitivity as we conceive it. Space describes the set of possibilities, positions or states.

Using the sound

The rule 13 enunciates several injunctions:" the last one is "Let the Om be heard right at the centre of the group, proclaiming that God is all" [R5:247 and 285]. This last page specifies that the Om is transmuted in the original Sound. One may apply it to the Cosmos, for the Author sends out the Bang which is light and is still resonating today. We describe it as 9 vibratory modes filling out the known universe, the white disk, Space.

We can apply it to the planetary Logos, 'the One in whom we have movement, life and our being". It is the O resounding in the Assembly that, realized after the 8th gate, activates substance – pure sensitivity; this implants galactic love.

Hence, let us listen to the thundering Sound which is perceived behind the subjective note. In the attractor Will-Spirit, can we hear the A in the Aries inflow – Life, the U in

Wisdom – Capricorn, the M in the active purpose - Libra? The matter is not to sing, but to sense, to accompany to transmit the bursting A, the focusing U, the implementing M.

That which provokes the uprising

That which fills in space

That which moves the whole

The one sound: O

The rule 13 suggests other requirements among them the transformation of consciousness in identification; and we try with *It, It wants*.

Three aspects, hence three dots

The aspects are simultaneous facets of the Unknown. They appear as 3 points at the source of the 3 dimensions, then they take place in space inside the red ring. The first aspect is the point resuming the Absolute making arise the manifestation. As it is abstract, it will be located above, in a sense behind the others. The second aspect offers variety, extent, space; this 2^{nd} point is the source of the horizontal diameter, and this will be expressed as 2 dots at the basis. In this immensity, this ocean of possibilities, the breath, movement, is source of intelligence implanting downward and discerning upward, vertical diameter. 3 succeeding points in the genesis of the Cosmos, yet simultaneous in potential, together in the ring.

In other words, the Unknown emanates 3 points, source of the 3 aspects; active duality is illustrated by the 2 dots at the basis and the dot above reflects the abstraction for searching for what makes arise the manifestation.

The One which is seven

The seven stars of the great Bear are the prototypes of the planetary monads and are transmitting to us the seven Rays. They impact the solar Lives characterized by the 1 and the 7 [R1:217]. It is likely that these solar Lives are functioning on the Adi plane though a figure of a Treatise on cosmic Fire locates them on the monadic level [CF:344].

A point of revelation given in Discipleship in the new Age [DINA2:370] says:

When the light of the seven Rays in blended with that of the seventh Ray, then light supernal can be known.

This extract relates it to the atmic plane, to the 5th and 6th initiation and concerns the extra-planetary light. This last assertion is felt right but to relate the atmic plane to light is curious. The book 'Rays and initiations' mentions that the atmic plane adds darkness to light for the stars to shine.

Ashrams on atmic levels are under the control of Master M., Who fosters the will aspect within the developed forms and Who (as the *Old Commentary* expresses it) "adds darkness into light so that the stars appear, for in the light the stars shine not, but in darkness light diffused is not, but only focused points of radiance." [R5:170]

Besides, a being passing through the 6th initiation disintegrates its vehicles denser than the monad; it bathes in the electric light. The atmic level concerns Him merely for Plan of evolution.

Another indication asserts [DINA2:370]:

Purpose itself is only an energy, released within the confines of the Council Chamber. There it must take shape.

Related to the buddhic level and to the 4th initiation, intuition may reveal an echo of the Purpose, but Itself comes from the Cosmic Mental; it is registered at a high level of substance and arouses the Plan of evolution at the atmic level. One may thus question the accuracy of this tabulation.

Nevertheless solar Lives unfold on the two first levels of substance and the 2^{nd} level is characterized by electric Light [CF:319]. Solar Lives or the 7^{th} kingdom are also mentioned in the rule 6 [R5:130]

The seventh kingdom in nature is that of the Lives Who participate in full capacity of understanding with the group of Beings Who are the nucleus of the Council at Shamballa. Around the Lord of the World, this group pivots ...

What you call "the Plan" is the response of the Hierarchy to the inflowing purposeful will of the Lord of the World. Through Sanat Kumara, the Ancient of Days, (as He is called in

the Bible) flows the unknown energy of which the three divine Aspects are the expression.

This One who is seen reminds us the first purpose of Deity [R1:63], the 1st Ray f will From the One who is seen goes forth a word. That word reverberates along a line of fiery essence, and when it sounds within the circle of the human lives, it takes the form of affirmation, an uttered fiat or word of power.

Thus for sure they are the seen stars which help us to commune with the galaxy and transmit to us Its Rays, then Its light, light that we sense, yet we handle merely its radiance or a reflection.

That which presides and the ocean of fire

When one is looking for that which presides, one perceives a slightly localized zone above the head; this seems to be the Background or the point whence all proceeds; the current comes from there and spreads toward a more energetic point, more centred: the jewel. Yet one knows that the monad is a focus in the ocean mist; one may sense an intense vibration the whole, including this point or That which presides. One knows that for Adi includes the monad.

Our brother M. Who resurrects gives access to this level; another means consists in referring to the cosmic mind that founds the cosmic substance, even the electric plasma of Spirit. Invention of the mind, energetic imagination? Search. It wants and founds our planetary existence.

Which difference with the energetic vibrant point: the jewel? It is not energy, it is rather a stimulation, a silence, the jet of the Intent, the breath of the ruling Will.

Tradition talks about Adi as an ocean mist [CF:311], and that's what is felt or imagined: an electric plasma. The expression of dynamic jet emphasizes more the vibration and less the substance; one may better feel the sound A making vibrate this first level that does not yet lay down.

Will, Life and Logos

To will comes from the Latin *volere* and evokes a flight; the French *volonté* comes from the Latin *vol-untas*, flight of being. To will makes happen, rise being from the potential; bring the far here, it is to assert, to affirm, to realize (to make real), to implant. To initiate means to make enter, but also to make come, hence to upraise, to appear what was not. Initiative responds to this impulse.

To be a leader means to lead one's life, to assert oneself, to innovate, to show one's power, to train, to inspire, but also to order, to have the power, the ambition, for exerting an impact, to be known, admired and finally loved. To be a leader without inflating one's ego is only possible in a community of equals. Then the leader provides a landmark, gives the example of daring, courage, firmness that others will follow in their way.

Life produces the pulsation form the immense Background to the manifold sparks in that space; the living Lights who have passed the 7th initiation bathe in the ocean mist, Adi, and pour out the inflow in all its points, that's why they participate in the galactic effervescence Spirit-Matter. Since the electric pulsates form the whole to the finest point They commune in the dynamic electricity and transmit Life.

Logos means Discourse, Talk, Law and active principle. This active principle animates the celestial bodies. Because the Logos discourses, in 3^{rd} aspect of the Penetrating one, it is related to the awakening centre 2.3 located under the throat, in the manubrium.

Work of the Master and of the group

A certain Tibetan describes the work of a master of wisdom in [DINA1:684]. The group of a Master is focus of energy built by 1) the power of His thought life, 2) His capacity to integrate it in the planetary Heart, 3) His wisdom in the choice of His co-workers. He prepares them to an initiation, that is to integrate oneself in a more intense centre. After the entering in the triadic current, the matter is the great renunciation, to integrate oneself in the power of Shamballa, to participate in the works of the Assembly under the aegis of the Focal point of planetary Life.

According to this same page, we'll have to integrate newcomers in observing their mental life, their purity and their creative activity. We'll have to support them, to show the traps and to guide them toward the expansion of consciousness which is offering to them.

To work in the Will-Spirit

The planetary Logos implants Spirit in the planet. Through the A, it stimulates all the seeds of life, the jewels or living stones, 4^{th} Hierarchy, from the monad to its mental grounding. Through the U, it activates the sensitivity expressing through pure consciousness's, the lotus, 5^{th} Hierarchy of the Benign Uniters [R3:46]. Through the M, it implements evolution with the Plan then the active units, the creators in density; it is the 6^{th} Hierarchy of personalities. From the cosmic mind, it impresses Life in the ground of experience: it trains the red blood cells, carriers of life, in learning.

Possible outline

To be true

Presence

That which arouses being

It, It wants

The sound A, the Will stimulates all the seeds

Intensity of Sprit at the core of being.

The sound U, Life activates awakening

Consciousness opens to others.

The sound M, the question resounds: What can I do for the Good?

Selfless initiatives blossom.

Spiritual Life infuses the planet, it radiates in space.

Awakening - Energy

Kundalini comes up from a chakra to another chakra (wheel of energy) along the spinal column in the back; it is the Nature or Yang current coming from the Earth. Another current - Yin - comes from the sky and passes rather by the front of the body; this finer current is focused in the awakening centres which are located, as noticed Solène, almost all in front. Michèle adds that both currents make only one : a sphere of fire.

Electric fire of Spirit

A Treatise on cosmic Fire [CF:628] subdivides the 3 types of fire of the solar system in seven; these fires correspond to those known by the human being to the 3 hierarchies (the 4^{th} 5^{th} and 6^{th}).

- The fire of substance, called fire by friction, in 7 Devas Lords, called the Brothers of energy, ruling the 7 planes of substance.
- The fire called solar, Consciousness, in 7 Rays or 7 Heavenly Men, called the Sons of Light, who are the totality of the psychic nature of the Logos.
- The electric fire subdivided in 7 Spirits of Darkness. The 7 cosmic Paths are in fact 9 [R5:412], for the 3rd solar system, the one of Will, is characterized by the

are in fact 9 [R5:412], for the 3^{ra} solar system, the one of Will, is characterized by the number 9 [CF:574].

What brings to this fire the word *electric*?

A vibration on oneself, a retraction, some vitality caused by the contact with the inner tension, that which makes arise, the Will according to the classical term used for the $1^{\rm st}$ Logos.

This fire, though electric, can only be perceived beyond the sensory register of matter, beyond the register of mind or consciousness; it leaves merely a trace of condensation in the effervescence Spirit-Matter.

Zodiacal triangle

The solar sign characterizes the personality; this active unit is related to the functioning of the planetary sphere. And because we act, inspired by the rising sign (its ray and ruler) we can bring fulfilment. In fact, we practice two cycles of meditation: a brief one in our daily or weekly practice and a long one as the months go by on the meaning of the signs of this triangle.

The achievement sign links us with the 4th Hierarchy illustrated in the sky with the great Bear and the solar kernel. The rising sign links us to the solar brightness, to a petal of the One Self, to the development of consciousness (5th Hierarchy), whereas the sign where is found the sun at our birth links us to the Earth, to action in this soil.

Our association Libra rising Capricorn activates this triangle with 3 coloured Om: red Om Aries Life, indigo Om Capricorn Wisdom, Green Om Libra active purpose. In the balance of Libra, the will overcoming limitations, conquering death and asserting victory (Capricorn), inspires activity and leads us to affirm the stimulation of the creative and vivifying inflow.

Do we do that at our individual level? A native Leo rising Leo has the advantage of fusing the activity and the inspiration: self-assertion, radiation and will to illumine, this leads to Aquarius: outpouring of the water of life.

A native Cancer rising Scorpio will gain in visualizing the gestation of the informing current and of the spreading out current for building an illumined house at the scale of the planet. He will be helped by the scorpion who stings in the depths and by the eagle who swoops down on any object of study; this will helps him to catch and transmit the celestial inflow.

A native of Gemini rising Scorpio will develop the fluid synthesis she catches in her agile mind in making her choice of any relevant element; thus she will see the perspectives open one after another and will realize her always inclusive and ascending goal.

To move forward in the vibratory modes

Basically we always begin in arousing the irruption of an impression, in going toward the Unknown, toward the background, background of the Cosmos, of the galaxy of the sun, while being in the planetary sphere. This first gesture comes from our quest of the monad. It passes through any impression, any experience, in echo to the avatar of Synthesis which unifies all, who unifies the 3 aspects.

In echo to the Penetrating one, we are identifying ourselves to various beings in response to the call launched by the galactic kernel and we catch their resounding, be they met on the scree or physically: consciousness starts toward the Unknown and registers what is coming, so little we are aware of it.

Any act is based on a support, be it called the Earth, matter, Life.

Will and atma

The atmic level is characterized by spiritual will; this is the first expression of the spark of life, the One, that which presides. This stimulus expresses the universal I or atma. Yet this will energy enables to go in the centre, at the bottom an dot be resourced; it leads to awareness or perception in the dark, the holy of holies. "The Spirit employs will or atma in all that relates to the essence of all, to itself." [CF:318]

Solar and planetary perspective

The solar Logos will prepare the kernel of the 3rd solar system thanks to the will developed on 3 planets [R5:657]: the fiery stones on Vulcan, the living stones on the Earth and the scouring stones on Pluto; such is the perspective which arises from the study of these planets. On Earth, the stones magnify their life potential, thanks to the exactness of the 4th scheme, hence passing through the conflict of reaching harmony, the precise accord between the notes of the various kingdoms and units.

The germ of the Will will be planted by the Sower of the seeds when Shamballa will assume control [R5:659], that means when He will send a resplendent energy form the crown centre to the throat centre. This spots the 3rd initiation for humanity as a whole, i.e. the impact of the monad; this may mark the birth of the 7th root-race as it is expressed in [R1:316], and this will lead to the perfection of the Plan or this will happen later.

[Tel:120] tells us also that the Hierarchy of the planetary Heart will be obliterated at some time; this means that the causal body, the heart of the monad, becomes useless as a mediator, for the instrument is directly linked with its source Life-Spirit: mankind will pass the 4^{th} initiation. When it passes the 5^{th} initiation, it will exert the spiritual will and its evolution for preparing the system of Will will have been reached. It will

contribute to this evolution on other planets. When these planets tune in, the solar Logos will be able to polarize it self on the cosmic mind, infused with Will, and not merely with galactic feeling, Love will reign.

Working in the attractor

Our trio, working amidst the ashram and of the attractor sustained by the O, "the energy expressed becomes increasingly monadic and subject to three stages

- 1. The stage wherein the lowest aspect of the spiritual Triad (that of the abstract mind) becomes potent as the conveyor of ideas; these are transformed by the initiate into ideals for the service of humanity
- 2. The stage wherein pure reason, plus the spiritual will, makes him an effective server of the Plan and a transmitter, in a progressive manner, of the Purpose underlying the Plan.
- 3. The stage where in pure monadic energy pours through him, focusing the will-to-good, as registered by the Hierarchy, and the sense of universality (note a vague phrase but a specific potency) upon the physical plane." [R5:588]

It seems that we have passed the first stage and are in the second stage: to serve the Plan with the intent of the Logos that the human beings develop as seeds of spiritual life. Our goal is thus the third stage to pour out the monadic energy, and that 's what is doing the attractor Will-Spirit.

"at the third initiation, he has to bring into visible activity the mental element, and thus function in the three worlds as a soul-infused personality, utilising the illumined mind as the fusing and synthesising factor. These things accomplished, he can again in full consciousness – begin to be active as a radiating point of crisis and a producer of the needed tension."

'Idem]

Crisis means turning point, hence subjective decision.

Helping humanity

Humanity hesitates, tramples and suffers; the push of love brings us to help it in all the possible ways. The Tibetan takes a step back for the goal is to f liberate the consciousness. [R5:181] expresses it:

"You have been taught that illusion is the characteristic which must be mastered by the initiate as he "escapes" occultly form the three worlds via the mental plane. [Glamour, a world problem] Glamour, you are told, is the characteristic of the astral plane, and must be dissipated by the disciple as he "escapes" mystically on the Path of Initiation, just as the initiate finds himself (after mastering illusion) on the Path of Higher Evolution. Maya is the conditioning factor on etheric levels, and must be evaded and overcome by the probationary disciple as he "escapes" from the thraldom of the physical plane. Thus he learns to tread the Path of Discipleship....

"When the sphere of activity of the devas comes into contact with the human intelligence, the effect upon humanity (before mastery is gained) 0is to compel men "to wander in the fields of maya, to drown in the sea of glamour, and to respond to the pull of illusion."

And

"successful work "within the veils of maya" involves ever the use of the will aspect and the conscious employment of that quota of Shamballa force which the initiate is able to appropriate and to use because he has begun to work as a focussing agent of the spiritual Triad and is not longer working as a soul or as a personality under soul control. This is an important point to remember." [R5:182-3]

In this way we will be more useful and the inner voice will guide us to the lever which will impact to the most the living forms.

Report of this day of Inspiration 3rd July 23

We say the 3 key-words of the association and of each of us.

1st aspect

We practice the yearly meditation Arousing Spirit.

Sharing on this long meditation.

<u>Arousing</u> means to give the impulse, to provoke, to stimulate; the Assistants, who are a part of It, are doing the design and the implementation.

<u>Solar Lives</u>: The Earth evokes a concrete globe; with the solar Life, It becomes the Heavenly Man, an energetic centre amidst our star. It is then easier to pass to the Brotherhood.

<u>It or He</u>: After the solar lives, it is the solar Logos with a centre the planetary Logos who thinks and supports the growth of the vitality of the red cells of will. It is the solar Logos who is emitting the A, the U, the O with the embodied planetary Logos, Sanat Kumara, who sings on the this Sound.

Temporarily or in the background, It describes the Author of the Cosmos and Its 9 vibratory modes.

<u>Assembly</u>: it is located at the two first levels, Adi and Monadi. The M is thus inaudible or imperceptible; only the O resounds.

The O pulsates with the 3 Buddhas of activity with the 3 sounds of Aries, Capricorn and Libra.

With us: with ur trio, the ashramic group and the attractor.

Great Bear: the 7 Rishis focus 7 facets of the solar Consciousness.

Provenance of the 3 letters AUM

In following the letters, the A comes from the word galaxy, 1st aspect of the Penetrating one. The U resonates in the word Sirius, 2nd aspect. And the M? This material note is incarnated by the Pleiades, wives of the 7 Rishis of the Great Bear who, them, are the sources of the 7 rays hence of the 3rd aspect of the Penetrating one. The M implements the movement of the evolution, material of formal, in accordance with the tingling of the 7 wives. Milky Way makes resound the M. Yet the easiest way is to observe the sound produced by the mouth: the A is produced by the full breath, the U closes partially the mouth and the M murmurs, softens, makes sleepy closed mouth: the sound weakens. 4th scheme: the 4th Ray play plays a sub-dominant of the tonic note 2 in this solar system, the exactness in unity.

2nd aspect

Day of the full moon of Cancer; we register the inspiration as well as we can.

Sharing

M incarnates the power of Matter and the plenitude of Spirit, its Intensity.

The qualitative form, the subjective life, the spiritual spur. This incentive, lightning or jet ignores the reactions provokes by the matter in oneself; the renewal makes obsolete any affective reaction: things are, perceived. Expression of the Down and Away or projection of the transforming One; this "Point in the centre" provokes the changes in the nature of the form without identifying itself to it or being affected by these changes [R3:618]. The subjective life has some interest merely for analysing the situation, when it is usually its centre.

The 4^{th} <u>initiation</u> emphasizes the Heart, 1^{st} aspect of the Penetrating one in relation with the galaxy; the 5^{th} on the coccygeal centre in relation with the Intent of the planetary Logos who is grounding, 1^{st} aspect of the Creative or Expressive one.

It matters to support the suffering people and to send out our love; for inscribing this compassion, we could register on a vocal box this expression since to write it is too difficult.

Meal

3rd aspect

We read the paragraphs of the Call (Leaves of Morya's Garden vol. 1) \S 365-6, 134, 420. We meditate for linking the 3 planetary centres.

Then we establish the <u>balance</u>; printing of the book WHAT MAKES US AWARE? but moreover our thoughts and sharing about the <u>progress of the Plan</u>. If we have discovered the usual solitude in Russia and the glamour of the intellect which is operating in France, the results are meagre. The last quarter of the moon is a moment too hard for us – too much of 3^{rd} ray; and we are thinking already to the Plan of evolution at the new moons, so we postpone the sharing at that time. However we decide to continue to ponder on the 3 countries for months and years, about France first of all.

Then we talk about the <u>prospective scoreboard</u>. Yves presents his vision, we add the trust in the human being, which is essentially divine.

We give up the idea to destroy the idol of power, too hard for us; it appears secondary regarding self-centeredness. We precise the basic illusion if egocentrism: to believe to be the centre of one's world, the world of our mental sphere or of our understanding. Then we test this outline.

We talk about the riots in France, about individualism and the absence of collective support or building with the young ones.

We end with a moment of silence and gratitude.

THOUGHTS FOR THE REGULATION DAY

Brotherhood

The Brotherhood describes the dark background, the layer whence come forth the galaxies the stars and the microcosms, individuals.

Will is the word (poor) describing that which makes arise, come to existence.

Life infuses a whole unit; it refers to the Penetrating one.

The word *Logos* means Law, principle and discourse; it refers to the Expressing one.

<u>Tension</u>

At the 6^{th} initiation [R5:725], this being reaches a point of tension which persists until the 9^{th} initiation; then it abstracts itself out of substance. This point of tension can be compared to the grain of action at the basis of the galaxy. Atman, the universal I is present in all forms and this grain of action seems also universal, as a pixel in matter, in substance. One has then to go further at the core, at the finest, fundamental action.

Even in meditation, our deeds are conglomerates of actions, our impressions are assemblies relatively disparate of impacts such as a surface or a pressure. At the centre, at the bottom, at the quick, what matters is to be That which creates that which acts, that which makes arise. Endless perspective! Grains of action can vary according to the galaxies, what does make them? Which immensities? Which flows? The space of possibilities outreaches imagination. What a human pretention to believed to have envisioned all!

If "That which is above is as which is below", on thing to do is to grasp the quantum of action of Spirit, first of all the grain of action in consciousness. The quantum of action has been discovered in matter; the conscious radiation seems triggered by an impulse of the heart, at the centre of the sternum, can you check it? For Spirit, it would be a grain of intent which constitutes the fundamental element, the flow or current would made with great quantity of these grains. The word grain seems too coarse, yet it is really the 1^{st} aspect, the precursor of manifestation.

Hence, which gestures do we make in meditating? We unite, hence we link a multiple, a set rather than a pixel, we exert a thick tension. Whereas the one becomes the universal, centred in any point, the fine in the immense, the dot in space, the stimulus in the Force.

Yet some Ones becomes this grain of action, this intent that is unfolding.

For that, we have, with the other forms, to bathe ourselves in Love, to drink for living, to infuse ourselves and the solar Logos will then express itself through us. Presence is offering Itself.

Zodiacal triangle

At the beginning, the triangle is visualized as a drawing with a tip at the right depicting the rising sign. One may also locate these constellations in space, 2 of them in front of

each other, and the rising one opens the perspective. Naturally, the constellation of achievement is located at the right: it is the gift; the constellation of the rising sign appears in front for it points out the direction to be followed; the constellation of the solar sign is put at the left for it marks the conditioned.

The zodiac broadens the solar crown and is reflected in the microcosm; the 3 major constellations Sirius, the great Bear and the Pleiades inscribe themselves above. Such is our galactic neighbourhood.

The planets of the solar system, almost at the centre – Vulcan at the crown and the ruler of the rising sign – appear in the vertical line of the spine.

This visualization can prove to be more efficient the triangle with a tip at the right.

Daily cycle of rays

The daily cycle reproduces the pattern of the yearly cycle; Esoteric astrology [R3:583] states, for each ray, 3 wills unfolding during the year: the will which conditions life, the will which brings fulfilment, the will which conquers death and asserts victory.

In the morning the ray is piercing, it is emerging and is conditioning the day. It insists before noon, goes on and brings fulfilment. In the evening, its task is accomplished, it retires and abstracts toward the purpose of the cycle: it asserts its raison d'être.

As for the yearly cycle, perception is easier with the monadic ray and the corresponding day of the week; some periods are more conducive in function of the astrological conditions.

To draw in

This term is seldom in AAB, it appears in [Tel:94]. The page 118 specifies: "The Plan is the dynamic substance, providing the content of the reservoir upon which the impressing agent can draw and to which the recipient of the impression must become sensitive". The thread of spiritual will precipitates (makes come down and reveals) a part of the Plan and lights up a blueprint of the buddhic plane. The unveiling will is thus exerting itself a bit.

At a higher octave, the Masters draw in Shamballa – the source of planetary life – the purpose and the Logos, in Its turn, draws in Sirius and in Its monad in the great Bear the understanding the energy giving life. Thus the Buddhas of activity draw in the constellations of Aries of Capricorn and of Libra, focal points; yet the Cosmos is there, already. Each star, each being express the Unknown, filters It and makes It accessible.

Refusal and Darkness

The 8th initiation, with the 4 rays of attribute which are activated, marks the complete development of sensitivity which infuses the dynamic substance at its highest level; this sensitivity, infused with compassion, is ruled by duality, coming from the galactic feeling and bringing fulfilment. The 9th initiation is the one of refusal, refusal to recognize "the cosmic evil" or rather galactic evil. What happens is then an alignment with the cosmic mind whence emanates the energy of purpose, the intent realized from the very beginning. Substance is overcome, ignored or refused for it has not any more any enticement, even at the highest level.

Contemplating the sign of peace, the white background is related to substance – sensitivity; the 3 emitting aspects work then in Darkness where the divine Being enters. As says [IHS:162] It contacts the One about whom naught can be said, the central spiritual sun that we relate to the black hole of the galaxy.

Sanat Kumara, incorporation of the Heavenly Man, is one of Them; the figure of diamonds [R3:616] relates the transcending One of this Heavenly Man to a Rishi of the Great Bear, its monad. This seems contradictory with Its contact with the galaxy. Contradiction or darkness of our ignorance? Let us see first that our telescope is not sharp enough, the image blurred and the received teaching is intended for the disciples who grope.

It is always interesting to get a perspective, to sense the Origin where to we are drawing in, to search for the dark background, unknown, unfathomable, that is sustaining us. To know, to identify, to realize. Let us experiment. But what? Sensitivity is infused with compassion, which balances with detachment. To aim too low means to

suffer uselessly, when we could help more and better with finer energies; to aim too high turns out to be ineffective. It is thus vital to know at which level on has to work [LMO:271].

"The means of development are ever the same: occult meditation and service; the inner life of concentration and the outer life of practice; the inner ability to contact the higher and the outer ability to express that faculty in terms of holy living; the inner irradiation of the Spirit and the outer shining before men" [LMO:273].

Shiva and the 1st Ray

The $1^{\rm st}$ ray is a facet of the solar Consciousness, a blue shine in the logoic diadem. A treatise on cosmic Fire [CF:1152] distinguishes 3 aspects of Agni, among them Vishnu with the 7 rays or planetary Logoï and Shiva with only one impulse. Shiva depicts the life arousing consciousness. The energy of life pierces, emerges, introduces itself through the $1^{\rm st}$ ray [R1:43] then is divided in the other rays, including all (2), promoting (3) ... This distribution is made with rhythm, in 7 impulses separated by retraction: 1) piercing, withdrawal, 2) broadening, withdrawal, 3) implementation. This can be perceived at least for the 3 first rays.

Thus the solar Life emerges as 1^{st} ray, then the distribution activates various rays among them our planetary Logos that expresses one ray. This sequence is repeated from Shamballa - source of planetary life - to the Heart: life activates the ashram of 1^{st} ray then blossoms in inclusive Love. I am trying to describe what M. is doing in relation with Maitreya. To be the second in the rhythm does not inhibit to absorb and to include the 1^{st} aspect.

This distribution is perceived too in the symbols of the Secret Doctrine. First of all the disk in its totality, then 1) the dot at the centre: light is communion of Darkness, arising, then 2) extension of space, then 3) descending and ascending motion. This is perceived too in the Triangle: it whole, the top, from there the angle opens: duality, then the basis shows the gliding for one side to the other, for the passive to the active, from the inert to the lively, from Matter to Spirit.

The focal point of planetary Life, Sanat Kumara

Sanat Kumara prepares Those who realize the One to the cosmic (or galactic) Way. Himself is located in the $1^{\rm st}$ aspect of the Creator or Expressing One, the $3^{\rm rd}$ path of planetary Logoï: It founds. It founds a small expression of the Highest, the cosmic Logos in making arise the space-breath in the planetary sphere. Yet It prepares those sparks to enter in the (red) Way of intensity since They realize the One.

It sounds out the O, the A at the uncoloured level of dynamic jet amidst the solar Heart, and the U at the level where the rays shine in various nuances according to the monadic ray. Each monad, according to its Ray, shine in a a blue shade: sapphire, indigo (lapis-lazuli) or turquoise [CF:1273]. It is this sound which sustains the Assembly at the two higher levels – adi and monadi –, atma is merely the emanation of these electric fireplaces; it is the beginning of the descent to the dense layers of the planet.

We perceive a correspondence, amidst the planetary aura, between the Author of the Cosmos - the 9 vibratory modes in intensity, cause of the pair of opposites Matter-Spirit - and the Source of planetary Life - Shamballa, characterized by the 1st ray, dynamic will -. The correspondence continues between the galaxy- manifold Unit, inclusive enclosure - and the ashram - enclosure of Love -. In this enclosure shine all consciousness's who are as many radiating points, replica in minuscule of the stars. One is passing thus from the red of intensity to the night blue of immensity, immediate presence.

Galaxy

The ashram has the structure of a galaxy, with the major point of tension who launches the call at the centre. In this second solar system, promoting Love, the conscious units radiate as stars and groups play the role of constellations.

In the third solar system, rules by will, each being will have the fractal structure of a galaxy. It is not that our star will have its seize, it is really its structure which will be changed. Intensity rather than immensity, the Cosmos will have gained replica in the

Brotherhood. Will, Life, Logos will be the basis, the common thread and the fulfilment of realization.

The 7 purposes of Sanat Kumara

Rule 12 talks about the 7 purposes of Sanat Kumara which reorganize the ashrams [R5:241]. The question is not what are these purposes, though they are commented in the rule, even less to unveil to the reader an interpretation, for they are not thoughtforms for humans. They are thoughtforms of the Logos in the cosmic mind, infused with will; the question is thus what is the use of this inflow? The immediate presence reveals the participation one can take, the atmic stimulus links to the raison d'être: the intent of the Logos.

These purposes are that for which the Logos incarnates, that for which It reveals itself, that for which Life flows in, that for which the Rhythm inbreathes Its expression ... The logos wills all that, It calls to associate with It, the author of this will. However it is one of the 7 purposes which prevails in the ashram of which we are apart.

Why does the Logos incarnate (3)? For transfigure, as says the creative assertion? For which aim?

The purpose underlying revelation seems related to the U emitted by the solar Logos; It produces a fractal unit.

The purpose which is unknown, unseen and unheard is the secret of the life itself (1). It remains unknown for it existed before the birth; it is unseen for it is not outside, unheard for it escapes to the sound which is the agent of action. This intent, spur or stimulus is the precursor of life: it institutes space, offers the presence and arouses the living pulsation.

Yet these mysterious purposes act amidst the ashram, hence ... to plough with these Beings.

Cycle of the 9 years to come

Some years (1933, 1942, 1996, 2005, 2014, 2023) "when the Hierarchy sits in silent conclave, a part of god's vision and His formulation of that vision for the immediate present, is revealed for the next ni year cycle. They then, in perfect freedom and with full mutual cooperation lay Their plans to bring about the desired objectives of the Heads of the Hierarchy as They in Their turn cooperate with still higher Forces and Knowers." [R2:241-2]

Hence, which vision can we sense, seize, better perceive for the next nine years to come, relative to the subjective world? Which direction, which note, which motto?

2025 corresponds to the full moon in the century cycle, it is thus the time of maximal vision. 'More abundant life' seems to the note since life is already carried by the 7th Ray with variety (bio, but also social, cultural) promoted by the 4th Ray. For the servers, the note could be 'Inspiration" and the ashrams will begin to externalize. It could be— at a rather large scope— a recognition of the subjective world.

You see, I begin to answer in my way. And you, what do you perceive? May be the period of the full moon (August 31st) will bring to us some elements of answer.

The attractor

The attractor Will Spirit is a part of the Assembly; it is sustained by the O and vivified by the 3 Buddhas of Activity. They are the assistants of the Heavenly Man; the four of Them receive the impression of the cosmic mind and answer to some zodiacal constellations. As They are Buddhas, they have gone beyond the 8th gate and their sensitivity infuses substance at the highest level, dynamic jet, electric plasma or fiery mist or layer in which no point is discernible.

The One who sustains the human awakening and inspires Wisdom (the indigo dot) is specially active; It draws energy in the constellation of Aquarius, universality, and of Capricorn, abnegation, for stimulating those who have passed the 3rd initiation [R5:268] and enter in the triadic current; as an echo, this arouses the 1st initiation in humanity. One is talking about act and not process, for what matters is see the whole cycle from the cosmic mind and not to guide its enfoldment.

The Buddha who deals with the act of identification inspires will, transmits the energy of the Avatar of Synthesis, a way to name the cosmic touch of the planetary initiation. It transmits the energy of Life from Aries and of Realization from Leo: atman or I am That I am. This transmission touches the Heart via the triangle of Maitreya, the Manu and M. That's why the will infuses the ashrams and that humanity becomes sensitive to the whole of Cosmos. These acts are contacts with the cosmic mind which, thanks to the Buddhas, impact substance; They envision the end form the beginning, will which conquers death, asserts victory, which is the purpose itself.

The resplendent Life floods the attractor which, in its turn, attracts the Triads and the jewels It is only in passing through the black hole in the centre of consciousness that disciples can register this attraction.

The Buddhas of activity register an impact from the cosmic mind, the Buddhas of Love respond to the galactic feeling, to that immense Unity, the Buddhas of Sacrifice turn themselves toward That which founds existence, the galactic centre. We are all parts of a astonishing grandiose All, which exceeds all our faculties and yet which offers to us a small view on It.

One may distinguish 3 attractors that we call Will Spirit, Subjective Life, Loving Creation. They correspond to the 3 aspects; they are seen form Shamballa, sustained by the O, in the same time they a 3 ashrams; under this angle, they are part of the planetary Heart, maintained in cohesion by Love between their multiple unities and their impact on evolution according to the Plan.

It, It wants

A crude interpretation would be that It wants to impose, lay down on matter, smash down on the table with its fist. This means to stick to the descending current on matter like "a strong wind that pins a man against a wall" [R5:52]. No, this central force wants to arise, to shine, to vivify; It makes vibrate spirit, It carries along, It sustains, It rises. The poem of Nicholas Roerich says it clearly: "Thy hand can be heavy even for the black stone, Yet Thou dost bring destruction, Thou knowest that destruction is less than peace. Thou knowest that stillness is louder than thunder. Thou knowest in the stillness, Coming and Calling One"

It institutes the frame of experiment, It is aiming at educating the small ones, let them learn! As an adult, It lets kids play in the school yard; they fall, they get hurt, yet It heals them – that is Its assistants who care about that. It watches that all learn, understand, see the light, then respect, love and eventually will as It does.

"All is energy". The energy, either kinetic $(1/2 \text{ mv}^2)$ or gravitational (mc^2) , is always related to mass, inertia, a body. The trigger that provokes awakening and even more its intensity is fine, penetrating, stimulating. Thus tension, if it is internal, contains both polarities emitting and receptive of awakening; it ignores both of them, it pierces, it moves ever forward.

"All is tension" would be more accurate, with a variable intensity and a variable opening and motion. This intensity that may weaken unto the static rest in matter helps to go toward mastery, to assimilate will and positivity of Spirit, while being receptive to the ripple of substance.

Documents

Respiration Yin-Yang Réalisation de la Maîtrise Éveil – Sensibilité Le son O Extérioriser les 3 aspects

UNFOLDING

Goals of this day

As usual, this regulation day rests upon 3 balances of 3 questions:

- the relationship between our subjective and objective activity (individual)
- the relationship between our individual activity and the associative one
- the relationship between our group activity and the evolution of the world

Individual view

- 1. The household chores (dog, shopping, house, garden) are magnetized by the approach of Shamballa, under M. direction. Qi Gong and telephonic talks are also magnetized in a wider way.
- Qi Gong helps in untying the energetic body; physical appetite for compensating tiredness and affective void, caused by egocentricity \rightarrow to base oneself on His plenitude, He

I begin to perceive the ideal of me as a vertical line in front of the true column, showing a kind of escape forward or toward others.

- 2. To bend forward and to arise anew in order to become completely clear. I feel called by people in trouble, in imagination with the whole planet. To question myself in the quiet.
- 3. The professional activity leaves little time for being available, kids find I am not much available. I must release the constraint; I feel that is not going well in them. The evening review brings lucidity and I'll try to take advantage of rest and leisure.

Sharing after the full moon meditation

I perceive 2 forces, a solar one which is rising up from the Earth, the other finer is going downward; I try to keep it intact. Our light goes through the trees the Tree. The intent is not yet entirely here. The green thins and pushes the human.

Refocusing of forces, necessary trust for building relationships. To see as a soul, to let go.

View of the subjective progression of the association

Meditation with an altered outline

1. We try to integrate ourselves to the work of the great Beings, particularly Maitreya and M., under the guidance of Shamballa indeed. Thus we create a small mental kernel with our meditation outlines and we integrate ourselves in the attractor or ashram. This kernel will be used as a seed for those who will follow us and who, in their own way, will express the Absolute, the Author of the Cosmos, as It reflects in our planet.

This is how 1) the outline *Arousing Spirit* of 2022 and 23 describes what we are perceiving of the work of the planetary Heart. This outline is long, complete progressive; it trains us to understand through Love, and this is a basis for all disciples. The latest outline 2), related to Maitreya and to its sources of inspiration behind the 3 dots of the sign of peace, is clearly shorter and the distribution is let free. Another outline 3) is possible in short-circuiting the steps of galaxy - the ashram is at its image- of the planetary Heart and of Drawing with Logos.

We'll have to choose between these 3 options at least, but do we have to choose together of the whole year or do we have to let each one free for explore such or such energetic path? The regulation day is not a day of decision, but merely a day of sharing.

This is a question of the form of meditation, but the stimulus, the goal and the fundamental impulse should be common for preserving the unity of the work and of our group. Behind the form, the question seems to be: What do we perceive of the Work at hand? What do we know of the planetary Logos? Then how to join Him?

How do our perspectives join and meet? How do they are nuanced, modulated? That's what I'd like to learn in listening to you.

For me, the alignment with the zodiacal triangle is very efficient; I propose to begin with it in the 3 options.

2. Evidences are to be carried on, one sees a gathering with another one greater; my friends make a group, then it makes a more important group, it is also the ashram by times. Everything is there, it infuses.

I must dive inside for being able to say things. I am happy of what I received of you.

- 3. To feel a round, a bubble around us. It was a free style meditation, I had to search for impressions. To start by the instrument seems more personal, then the 12 of the zodiac make me think about the 12 apostles. Impression to join the molecular level, with many threads.
- 2. The green dot is necessary for mankind, for opening the road for being filled. Important to have the choice for doing or undoing. That's we have in oneself, one is giving it. When one integrates the 3 dots on has everything; I must to go further.
- 3. The meditation we just made is being retransmitted on the whole work of the year. To cross the One: we are here altogether.
- 2. One keeps a height and remains in contact with t hose who ask. To give back toward the weaker ones. To make contact, I have still some work to do, but to give helps.
- 3. One can count on the Living, on matter, on trees, all the evolution; it is a great supporting force. Often one goes toward the other for bringing him toward oneself, when the matter is to go in his universe.

Vipasana: One receives the first time, then one gives to others. The questions in the outlines are very useful. Meditation is progressively coordinated to all activities and ot the remunerative work.

View of the group activity

1. Perception of the Plan, destruction of the idol, revelation of the source of consciousness remain primers; it will need the water of life, love and time for the seed to germinate. On another side, it seems to me that our integration in the ashram in the attractor is a fact; we are taking part to the stimulation of Spirit, to the weakening of egocentricity, to the radiation of the Heart.

The question of the social power is questioning me. And you? Which are your priorities, your sectors of attention?

- 2. The Plan and the groups; there are many seekers and aspirants.
- 3. To ask the question What can I do? A white page appears first then it harmonizes. They are giving despite themselves, already to others, to trees.

The work shows difficulties, requires perseverance, hence confidence in making attention to signs, they are no t what one expects.

A fraction of insight of the Plan of evolution

1. We work a bit for ending with egocentricity; the will Spirit will express with the monadic will, and this means mastery, that's what will teach Maitreya. But humanity has the first gate to cross, the aspiring ones the second gate, the esotericists the third.

We have worked little and completely ceased to work for destroying the idol of divine preference: the fundamentalism has thus flourished in Israel. Perceived 20 years ago, 3 homes of regressive forces remain: Moscow, Jerusalem and Wall street; other subsidiary branches operate. During the Ukraine invasion, one needs courage for opposing it, nowadays that's the partiality and hypocrisy of occidental countries that hinder; the fire of rightness, of the Heart, of the opening are put to the test.

Alice A. Bailey gives a mantram for the secretaries of the Arcane School; here is an extract: "The Plan is ready to be immediately intelligently applied; the workers are there and the power of work corresponds to the need." A peremptory assertion! Did AAB be mistaken? We have sometimes the impression that workers are missing, it is because we desire to see the world in peace, that all human beings get along, awaken. They awaken but crude ignorance, glamour and selfishness are widely present; the Plan takes it into account as it takes into account the number and the level of evolution of the workers; it does not aim so high but is much more realistic. In fact, we have to distinguish the Plan (atmic, level 3), the blueprints (buddhic, level 4), the program (spatial mind, level 5); this last one is declined on incarnation purposes for groups and disciples (soul level).

We read [DINA2:360]

Sharing on collective consciousness and creativeness.

1.2.3. To distinguish between the Plan and the desire, to use matter, two opposite forces are exerting themselves. To project oneself in the next 35 years; to find the balance.

To reread the media discourses and to bring them back in the human consciousness. Meditation for seizing a part of the Plan, then we share.

- 1. A vertical line Sky Earth of the 1^{st} Ray; the question is to to search for solutions, this is the question of the intelligence of the human centre.
 - 3. To reconnect with the Living in the 35 years.
- 2. Interactions between individuals, supporting the hearts of those who want to change things, to search for the thread between the two, to help lost people.

We read a part of the page 360 of DINA2. The 7 rays a have 7 roles.

We end by the outline Externalizing Spirit in consciousness.

Year 24

MORAL REPORT 24

Dear companions

Since the night of times, human beings are looking for the Whole, the Great, the Unknown; we are merely furthering the quest. We are benefitting from the 3 aspects presented by the Secret Doctrine, from the sign of peace conceived by Nicholas Roerich, from the 9 centres of awakening described by Martin Muller and from the scientific vision of the Big Bang.

The planetary Logos embodied in Sanat Kumara makes resound the O, "rounded and full" announces the book Rays and Initiations [R5:203]. This <u>sound O</u> shaped by the junction of the Abnegation and the Union resounds in the assembly of the black holes of consciousness; in fact, this O is void of content, yet full of spirit and is used as an access door toward another plane: the magnificent world of the black holes of galaxies. It enables us to join the silent Place of peace in Shamballa, Vulcan black hole at the core of the sun, Uranus, then the Great Bear, the centre of the galaxy and thence this dark middle, intense, full of life, of power and of love where the Author of the Cosmos communes.

In 2022, we have described the set of the coloured circles with 3 dots; this year 2023, on this basis, a meditation outline helps to externalize Spirit in the consciousness via the 3 dots in a circle. This year too, the book WHAT MAKES US AWARE? has been published. After the passing of Jacques in the subtle world, our work for dissipating glamour has progressed with 'The Power (puissance) of our coherent light', the observation of the planet in order to end with egocentricity. Together, we train ourselves to arouse Spirit. A personalized outline for each of us has been conceived but is not used.

A moral report has to describe the balance of the year, yet it may also present us a perspective and some suggestions, here they are.

This new year, following the sound M which adjusts the instrument (implements it), we'll ask: "How can I arouse Spirit"; this should bring to us inspiration, deepen our reflection and lead us to action.

It is amidst the ashram that the <u>Will of Spirit</u> is approached, contacted, registered. Atman, the universal I, presents itself as perception, tension, at last as will; that's what pushes forward existence and launches evolution. Monadic will makes happen the blue brightness, the One in all. The vivifying impulse, at the basis of our being, includes all beings; Life impacts the denser substance, thus it infuses the immediate presence. For moving onward, our task is to strengthen these energetic levels in opening ourselves to this Power, this Light, this Oneness.

We can also (try to) realize in ourselves the 4th Hierarchy linking the spark of life, from the monadic will, to the black hole in consciousness; this can only help humanity. This last one suffers because of its hypocrisy, its partiality, and its attachment to the past, caused by a narrow view, egocentricity, identification to the physical body, amplified by glamour. "By human feet, by human hands" says Leaves of Morya's Garden vol. 2; in other words, "Don't free me, I'm on it". We can't free others, it is their learning, their path, their responsibility, but we can create a planetary vehicle of light.

The rule 10 on the appearance or Maya talks about a <u>vehicle of light</u> created by the energy of Will [R5:184]; This rule 10 is hard to clarify and even more to apply. The Buddhas of activity are drawing in the level of the cosmic mind and the planetary Heart centre establishes the light – fusion of Spirit and the finer substance – both at the level of the Triad and at the energetic levels of the physical body, hence with the crown centre, the heart centre and the one which responds to the ruler of the rising sign. We have thus to institute the light, particularly to ensure to free the levels of the sacred centre and the solar plexus, hence the emotional plane. Forms or contents do not matter,

the matter is to open the sensitivity fields and there intervene the centres of awakening. We can draw in the ashram of spiritual Will for catching a part of this energy, yet shall we have the will to apply it in our life?

The <u>new outline</u> renounces to quote the galaxy with the effervescence, the planetary Heart with the community of Maitreya, to draw with the Logos with the uniting with the ashram. Yet with this new outline, we are working amidst the ashram and the galaxy emits the 1st aspect of the Penetrating one; the distribution from the living One designs a pillar with a radiant basis. At usage, we'll be able to add a stage of the previous outline if we feel that need.

Under the support of the attractor, our work in the ashram ensures our <u>cohesion</u>, whatever the meditation outline we practice. Thus we have the choice, we'll have however to agree on one of them at least at some times. It seems that the yearly note has to be continued; it shows our <u>direction</u>, the one of our Guides, our Elder Brothers and our co-disciples. What do you think about this?

For ending, we are merely interpreting, eliciting (7th ray), and actualizing what AAB wrote; our whole gratitude to her, to Her inspirer and to the Beings Who get along Him.

REPORT OF THIS DAY OF DECISION, GENERAL ASSEMBLY OF 28TH JANUARY

On the 28th of January 2024, our assembly has taken place at our head office at Dordives. Were present Yves Chaumette (president), Michèle Chaumette (secretary); Solène Lagadec, treasurer, following the blockages on the highways, joined us on the phone.

The session is opened at 9h56.

 1^{st} aspect. We state the keywords of the association then each states its own words. We practice the new meditation outline <u>Arousing Spirit</u>. That's what are doing Our Elders, we are contributing in our measure, other facets appear.

10h25 Sharing then telephoning talk with Solène.

10h40 The <u>moral report</u> is presented and commented on the phone the 3 of us. We agree to practice the new outline each Sunday, and we'll come back sometimes on the old outline; we'll get then a new vision and a new light. The quest of all: the human being draws in the Great for finding itself, for uniting the world and itself within. Symbols are synthetic; they avoid distortion.

The moral report is approved unanimously.

11h15 Break

11h45 2nd aspect. To unite in the ashram, silence, to name Those we know: Martin Muller, Elena, et Nicolas Roerich, M., le Manou, Maitreya, Rigden Djepo. Its activity, there prevail the Will of Spirit, Light and Love. To participate to the ashram, to infuse, to abstract and assert in return the centre.

Which inspiration for our group work this year?

12h02 Sharing with Solène.

- . Rejoice in Spirit. Assert the O, the finest note. Launch it in space for all seeds, for all the opening flowers, for all germs. With an open heart, the Great train us. Threefold tension to be got along, to spread out, to affirm. A, U, M, these three "vowels" carry the group.
- . Clarity, visualize it, open with others, avoid criticism.

Silence, poise, wonder, to work seriously with myself.

.Using the outline [DINA2:118], it puts in movement the solar plexus. To follow Maitreya instructions, to ponder before, after, yet during the action its is tiresome and inhibiting. Inner disarmament, to value whatever is presented, even within the family, not to be trapped by an image of the past.

12h00 Meal

14h30 3rd aspect. We read 2 paragraphs of the Call §357 (the book of Joy) §146 and the paragraph 186 of Illumination (volume 2 of The Leaves of Moryas's garden).

14h45 The <u>financial report</u> is commented by Solène. She is following a training as accounting assistant and has got an internship with association of the environmental accountants. This report is approved unanimously.

We talk about the website she created, the possibility to talk about the living Ethics, about rules of life and about Freedom, Equality and Brotherhood in an applicable way. 15h10 We practice the outline Externalizing Spirit in consciousness and ponder to our activities, present, possible or desirable.

15h25 Sharing on the phone

. There is a great work of alignment for transmitting the right note, to receive instructions and being guided. With 'Inner source', we are doing a mental emission, one is projecting light on humanity but it is not yet effective on the physical plane. We need a strategy of communication; I am learning to do it in my professional experiences. These examples will enable us to implement an effective strategy.

I'm pondering about a story of individual evolution in a rather little personal way, before and then being guided; it is a great work requiring wisdom.

. The idol of divine preference has to be worked, the slaughters in Gaza are reminding this. The glamour does not concern merely the possession of a land, but any reserved field (by specialists).

Lamentations and attachment to he past are another topics that is calling us. Bio diversity shows the coming in of the 4^{th} Ray; one should clarify the concept of conflict, of resolving an antinomy.

'Inner Source' aims the 1^{st} initiation of humanity and this is on-going; one has also to think about the second initiation for many; fake news and disinformation show this call in negative.

The past composes the roots, but on has to draw in the present to raise the sap (the meaning) and to open to the future whereas projections could block it or enclose it in old patterns.

16h00 Silence of gratitude, then we say the creative assertion.

The assembly is closed at 16h05.

The Call §357 Book of Joy Can the tree stand firm? I told you of beauty, I told you of love, I told you of action ... And finally I summoned you to the great Service.

And where is the garment in which to ascend the steps of the Temple? ... Throughout the Universe pulsates the fabric of Life's Beginning... In this garment of Joy you will ascend the steps ... For I told you: Children rejoice!

Illumination §186

I will allot to everyone according to his growth. Each one will weave his own purse. ... Let us count accurately. On the left: fear, self-love, greediness, suspicion, On the right: giving, compassion for others, daring, fearlessness, On the left—loss and payment. On the right—the receiving. Each one will apportion for himself,

"I send to you My achievement, affirmed by centuries. Keep the key to it clean.

The Call §146

I give you happiness – accept it and learn to comprehend the Teaching... Calmly face the new year, full of events.

The tide of spirit is rising. I send My Blessings.

OUTLINE 24: AROUSING SPIRIT

Participate to the fractal U,

To the liberating A

Search for the most vivid source

Shamballa

Vulcan at the crown centre, ruler of the rising sign, triangle of zodiacal constellations

Zodiacal wheel

Sirius, Manas

Great Bear, direct, source of Life

Galactic centre, uprising

1st aspect of the Penetrating One

Brotherhood (of Beings who are Will, Life and Logos)

Irruption of the Transcending One

Dark background,

Threefold tension

• To arise, (dark point in the centre of the white disk upon a dark background)

- To open, Space
- · To move, Breath

It makes arise the Space-Breath

It transcends: It arouses emergence; It stretches out space; It passes through

It penetrates: It springs forth; It catches; It infuses

It expresses: It founds; It coordinates; It arouses movement.

It arouses anew (9 white circles in the 3 red dots) With the Brotherhood. (9 white circles in the red ring)

Galaxy that expresses via the Sun

It incarnates

It wants to express Spirit, the sound A, the U, red outpouring 3 aspects emitting (echoes of the cosmic mind)

Substance, pure sensitivity (receptive to the galactic motivation)

Galactic activity, dynamic electric vibration

Will-fire, the breath of the One

Will to be, the One emerges - Mastery

The One in all, electric light, fullness

Direction, the Good

It arouses Spirit with the O in the Assembly.

The Fire of Spirit activates the Light

The sparks of life implant in the centres

. The universal I activates the will of Spirit

It stimulates the seeds

It spreads through the tension of the Self, abnegation.

. The One in all underlies the immediate presence, intuition

It spreads in awakening, understanding through love

. Spirit stimulates the mind

It spreads intelligent coordination

And expresses free, loving, beneficent creativeness.

The source of consciousness illuminates.

. Spirit sets up via the individual zodiacal triangle

A, U, M tune the 3 levels of my instrument

How can I arouse Spirit, awaken consciousness, contribute to the evolution?

With the O, It arouses the attractor Will Spirit

1 Om, red Aries, Life

1 Om indigo Capricorn, Wisdom (Venus in the heart centre)

1 Om green Libra, Active purpose

1 OM with the focal point of life, who implants Its intent

Notes

- 0/ Outline begun on the 15th of September 23, new moon of Virgo, evolving later. Symbols and links between brackets are all the more facultative
- 1/ The stage of the galaxy is suppressed; we act with the heart current of the Penetrating one. In vibrating with the 9 vibratory modes and in implanting them in the planetary sphere, we act amidst the attractor.
- 2/ The stage of the planetary Heart has been suppressed; the distribution emphasizes the link of the 4th Hierarchy, and that what is doing in the planetary Heart. We could add *Understanding through love* and *Intelligent coordination* if we feel that need.
- 3/ The solar Logos sends out the U that focuses perception in every point of consciousness; the U symbolizes the receptivity concentrating in the crucible. This participation constitutes the group consciousness.
- 4/ Shamballa could be a mere song or a thought; it is in silence that comes the intense
- 5/ The instrument has been tuned at the beginning, we merely renew its action at the end for action. This tuning takes time, take the necessary time for it.
- The zodiacal triangle leads to locate Vulcan in the centre of the crown, hence to unite with the solar Logos. The quality of zodiacal sign is expressed by their key-note that addresses to the consciousness: "I am", "I see"; the energy of the constellations passes through Shamballa that universalizes their application.
- 6/ A short circuit is possible in passing from the Author to the distribution with the Hierarchy as in the 3rd booklet of the Energetic Exploration of Spirit. This circuit helps to maintain the tension but neglects the 9 vibratory mods of the Cosmos and the gates amidst the Assembly.
- 7/ The 7 Rishis of the great Bear are the prototypes of the planetary monads, which are sparks of life. How can they assume the role of Buddhi? However, the diagram of a Treatise of on cosmic Fire [CF:344] puts them on this plane. These Sons of Light [CF:629] compose the 7 facets of the solar Consciousness, embodying in the 7 centres of this Logos, the 7 planetary Logoï; this line starts from 4 Buddhi 2 human or devic monads) 4 immediate presence. Then the galactic centre appears as that which founds Being, the Penetrating one (its 1st aspect) which resounds at the so top of the cranial box but also with the heart and the love aspect of the monad. The irruption of the Transcending one transfers to another dimension, another scale, that of the Cosmos; it evokes the monadic will, and expresses through atma.
- 8/ The planetary Logos imitates more exactly replicates the galactic centre with the 1^{st} aspect of the Penetrating one; in our turn, we join Him. Some seeds answer in palpitating in their causal bubble, others breathe more widely.
- 9/ The distribution is based on the red circle, indigo then sky blue circle; the green circle with its two phase, its two trios of dots does not seem to be available in our hands; it would need a very great prudence, to be more assured, more sure of the Self, more detached sure of the consequences for using this green circle and assume its responsibility. What does want the planetary Logos? The goal is not to enfold the sensitivity of these forms, but really of their fundamental intent, their purpose, their place in the scheme.
- 10/ Begin with the most vivid spur; the 3 points of living Fire are promoted by 3great Beings, among them Maitreya.
- 11/ The living Fire erases any personality. Instead of thinking to me, small receiver, think to That which is passing through, to the Great, to the Flow.
- 12/ The Author is presented in 3 times, in 3 infinites, 3 actions; It plays 3 roles hence the substantive comes after the act. Indeed this substantive results from an abstraction, an effect of our thinking: the Precursor of that which arises, Space from That which opens, Breath from That which which moves. There could be a pulsation 1. Arising, then an internal retraction or a pause, then an extent which means 2. Opening of Space. The smallest space or set is composed of 2 elements and not necessarily by an extension. The third beat is transcribed by 3. Move. In a triangle the summit opens drawing an angle and the basis passes from one side to the other: move, pass, change.

With Penetrating one, the Unknown makes arise the bud, open the leaf and move the sap. The tension to open inspires the gesture to open or to shift the hands out to the side; the tension to move evokes the wind pushing the sails of a boat (Neptune). 13/ The Buddhas who pass the 8th gate unite their sensitivity to the solar substance; they register a part of the galactic feeling, hence the sense of this galactic unity. At our level, galaxy is the image of the ashram; we too welcome the feeling coming from the ashram as much as we can.

14/ In the Penetrating one, appears a curious inversion. The 1st aspect launches a incisive, invisible, universal lightning ignoring multiplicity. The 3rd aspect infuses in a tree structure the dark seeds, with rays going from a focus to smaller ones. The 2nd aspect resounds in light. The numbers of the cosmic paths show too this inversion: Sirius (4) source of the logoic manas and 2nd aspect, the great Bear source of the 7 rays (5) which are located in the buddhic plane according to [CF:344] but 3rd aspect, and the path of solar Logos (6) going to Its monad (1st aspect), centre of the galaxy according to us. The centres of awakening on the breast show too an inversion: directional impulse (1) at the centre of the sternum, emission of the sound (3) at the manubrium or the top of the sternum, and feeling (2) at the basis of the sternum.

15/ Arousing spirit is appropriate for the universal, hence for a kingdom; for our contemporaries, it would be better to say (to think): "How can I awaken consciousness?" 16/ The first stage is based on the sign of peace with 9 circles, the second stage on the O in the Assembly, the third on the pillar from the spark to the radiant source of consciousness

17/ Are we raving? Yet It is the Author of the cosmos who expands itself in the galaxies, who arouses our star – being, life and light – and makes arise in the cosmic mind a point: our planetary Logos. It is in its sphere that "we live, move and have our being"; it is in the solar radiance that consciousness unfolds and in the galaxy that the Intense resounds. Not there far away, but here, we tune in.

18/ The Transcending One concerns the head centres, the A, the Assembly, hence the monad; the Penetrating One concerns the breast centres, the U, the ashram; the Expressing One concerns the basin, the M, the personality.

19/ Intuition. The first pages of 'Glamour a world problem' [GWP:2-6] describe accurately the various aspects of the intuition.

20/ It may be inspiring to relate to some Beings located beyond the various gates. Sanat Kumara, the embodiment of the Heavenly Man and the 3 Buddhas of Activity beyond the 9th gate. The Buddha Gautama with its diaphanous light beyond the 8th, Maitreya, M. beyond the 7th; Nicholas Roerich, DK beyond the 6th; Martin Muller beyond the 5th. Where do you locate Francisco de Assisi or KH? Everyone will search for his inspiring examples. 21/ The outline draws a circle; at the beginning the U and the A exerts the receptivity, at the end The M underlies the implementation by My instrument; this instrument envisions to actions to be taken.

22/ The 4^{th} Hierarchy -according the etymology the Power of the Sacred – describes the grape of sparks which implant in the jewels at the mental level and vitalize the 5^{th} hierarchy of pure consciousness or the lotus petals and the 6^{th} of personalities. Thus the monads implant in the human beings in their energetic centres and the 4^{th} kingdom, the human, appears.

THOUGHTS ABOUT THE YEARLY OUTLINE

To arouse Sprit means first of all to prepare oneself to welcome it; the crown inscribed in the ashram, resonate in it, then pierces through the causal body or the sphere of consciousness. Spirit, being one, underlies any being.

The association is turning itself toward *Shamballa*, the source of planetary life, for decades. It is nearing the 4th initiation and the approach, if it is not the contact, should become reality. Via Shamballa the rays of the constellations stream forth as will conditioning life or will bringing achievement or will asserting the raison d'être.

Already with *Vulcan* and *the ruler of the rising sign*, we are locating ourselves amidst the solar system and we act in function of four arrival on Earth; the zodiacal wheel broadens the crown and puts us at the centre of the sun.

The threefold tension at the basis of the cosmos 'makes arise the Space-Breath', and this looks lade at once. If o ne renews the tension 1. Arise after the 2. Open, one accesses to a Flow of Love, a boiling, then the tension 3. Move makes flow the river, or was it already before the exertion of the 3rd tension?

The Brotherhood includes together all stars, all "astres" and "estres" (beings) of our galaxy; the Penetrating one extends thus toward the bottom or the small and toward the top or the great. The Brotherhood includes all monadic sparks: every human being is a life, a Logos in becoming – it applies its law to oneself – and will exert the will of the Whole.

It arises: this 'It' depicts at the same time the author of the Cosmos, the planetary Logos and the individual who activates the centres of awakening.

One may approach the Transcending one or Siva, its three aspects, without any formulation, it is an interesting exercise. On may also exercise with three aspects of Vishnu or the Penetrating one, then with the Expressing one; both infuse the sphere or ovoid of manifestation.

Galaxy. Our sun is said of the 4th Order, and its centres - the Rishis of the great Bear – are on the 4th plane, the buddhic level according to the figure [CF:344]. On this figure the central wheel at the monadic level has a triangle at the summit answering to the point at the top: the Absolute. A vibration sets in, a link, a resounding with a galaxy of the 1st order. GN-z11 is a very far-away galaxy (13.6 Billions of years) 25 times smaller and 100 times more luminous; it is located in the furthering of the Head of the Chariot; thus it stimulates this Being. In our meditation, the galaxy appears to of the 4th order, is it a mistake? The solar Logos has its monad in the supermassive black hole of the galaxy and hence is associated with it.

What is a galaxy of the 2nd order? One goes back to the 3 tensions of the Author of the Cosmos who is replicating Itself in all Logoï. The 1st order emphasizes 'Arise', the 2nd 'Open', these galaxies emphasize Space which creates a link; those of the 3rd order emphasize 'Move', the intelligent flux which conceives the purpose, produces the pulsating breath and promotes evolution. The 4th order seems more laid down, magnetic, unifying and sustaining, is it the case of our galaxy?

The research is open. Would it be because it emits the 1st aspect of the Penetrating one? Hence the 4th stimulus in the order of the most abstract to the concrete? It would launch the call, toward all seeds. In that case, Sirius would be of the 5th order, related to Manas and it would *catch the resounding*. The great Bear would *infuse* with its direct rays any seed, 6th order and the Pleiades, wives of the Rishis of the great Bear, would be of the 7th order; with their silvery note, they would express and found manifestation. And what about the other galaxies? May be are we merely expressing the impact of these Beings upon us. Yet the order does not describe the inscription in the planes; this interpretation of the order does not say anything why the centres of the solar Logos would be on the 4th plane. One may continue to think that the 4th path to Sirius is related to the 4th plan and the 5th path of the Rays to the 5th atmic plane. So what? Let us work with the Brotherhood.

Red outpouring: 1^{st} aspect. Love-wisdom (indigo) is too passed to the red and founds the unity of the circle. The green of intelligence infuses the whole substance and has passed to the red at the 6^{th} initiation; the red circle and the three dots point to the intensity of the inflow.

 8^{th} gate, substance pure sensitivity, interface with the galactic feeling. It appears a hiatus between the emission from the centre of the sun and the receptivity to the galactic neighbourhood. Yet this hiatus is solved when one realizes that the Logos thinks (cosmic mind) and thus embodies the 3 aspects - 9^{th} gate – among them the opening. Then at this 8^{th} gate, It feels what happens around it; it is equivalent to the awakening to the environment. This sensitivity is condensed in pure substance, with the attributes of the solar divinity; this 8^{th} gate marks the union with existence.

Galactic activity refers to the higher substance, Adi, ocean of fire or dynamic jet, and at the physical sensory level to the massive scalar field which gives the mass to particles. M. – and the other Resurrecting ones beyond the 7th gate – works at this level and, with

the star Electra, generates or accompanies the dynamic electricity; this joins the light of substance, activated by the rays 3 and 7 of the Cancer constellation.

The will-to-be describes a goal of the will; hence this is secondary or lessened regarding the will-fire. This will-to-be inscribes itself at the top of the head and depicts the monadic will at the level 2.1: arising of the One. The will-to-be (or the One, of the Logos) comes at the vertical draw the cardinal cross.

After assimilation, it leads to mastery, and that enables to use lucidly the will of Spirit. This expression can be alone the object of a meditation, of a sustained research, for it is in that will that is drawn the Plan. This will stimulates the seeds, and that makes an echo to 'It infuses', source of the 7 rays.

The immediate presence can also be the object of a deepened meditation, with its higher octave the One in all, and its consequence: understanding through love; this may apply to any relation or situation.

The O joins the A and the U; it is fractal O broadening the sphere of sensitivity and focusing it in each spark; it resounds at the monadic level of the One, but also more finely at the level Adi of the jet. It is this O that is heard in founding the attractor, and the 3 coloured Om related to the 3 Buddhas are merely facets of this breath. Each of them draws energy from 2 constellations in the mental mind and distribute it on the physical plane Adi on our planet through these coloured Om.

The sparks implant in the black hole of consciousness: it inspires wisdom at the buddhic level and no content no radiation can come in that black hole. The will of Spirit spreads out in tension of the Self, that is it strengthens the internal horizon, the relation to oneself, the petals protecting the jewel. Abnegation, for the matter is not to assert the personality, but truly the intensity of the presence perceived inside, hence the world has more importance than the individual.

The electric light of the One in all underlies the indigo the immediate presence w that spread out in sky blue: awakening of the solar consciousness.

How to arouse Spirit? In entering in the Background - all that we can register from the Author - then to commune and to distribute. The A marks this communion, the U includes all the Real hence the consciousness's, the M denotes the relation to the outpouring; that's what tunes the 3 levels of the my instrument, for I am not it.

Shamballa

It seems that this word means *place of ecstasy*; for us, following Alice A. Bailey, it is the planet crown centre, the source of life, the major point of tension. One is tarnishing this name for human beings bring everything back to their scope; it is thus presumptuous to contact Shamballa before the 5th initiation. Yet one envisions far before invoking, approaching and even more sensing the contact. They are these Beings in the centre of the ashram (having passed the 7th initiation) Who bring with them this power; in their aura, we can try to catch the will of Spirit, the atmic stimulus.

About that, the rule 10 [R5:204] comments the difference between spirituality and divinity, between Love and Will. We are working (we try) amidst the magnetic coherence, the radiance, the immediate presence and the stimulation of the many from the One. Yet the source of planetary life, the true will, the cosmic paths play in the direct, beyond the coherency of the Heart, in its bosom, within the intense, yet in a different way. Thus there is a gap between what we invoke, call sense and this intense, obscure, founding Real.

Shamballa is an energetic centre of the system corresponding to a star of the great Bear, one of the galactic centres of the solar Logos seen as a monad, a soul and a personality with its physical body: the solar system.

Difference between the will of Spirit and the will who institutes Spirit

The first one stimulates the seeds, pushes forward, promotes evolution; it is declined in will to lead a constructive life, then in determination. The second one grants the breath, provides the ambient space, *founds* all existence (3rd Path of planetary Logoï).

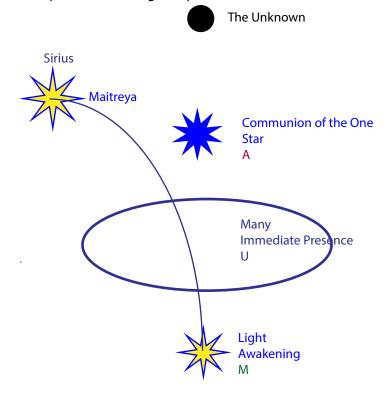
For us, we begin with the will-to-do, then the will-understand, the will-to-love and eventually (?) the pure will.

The will giving life comes from the 1^{st} aspect, from the 2^{nd} aspect, then from the echo of the basis, that is the 7^{th} Ray which ensures the rhythm and provokes the renewal.

We are points of intention manifesting in many cycles; the Logos unites these intentions in the attractor with a fundamental Intention.

Personal triangle

The 3 aspects express themselves in Transcending, Penetrating, Expressing ones corresponding to 3 bodily volumes: cranial box, thoracic cage and basin, that is A, U, M. The Transcending one enters in communion with Itself, and this produces the star of the great Bear implanting itself as spark of life in the individual. The Penetrating one broadens to the whole indigo sphere, with as an image in the sky the galaxy, opening to the universal, U: Love spreads out. The Expressing one is Light, active expression that locates itself in the personality; in fact, it is the light of Maitreya Buddha which has to come through. But behind all that, is laying the Ground, hidden, invisible, elusive. Indeed, these 3 aspects are related to the zodiacal triangle, you'll have discovered; they becom intense red – Spirit – in the sign of peace.



"The entire them of the zodiac can be approached from the angle of light" [R3:328]; at each sign is related a light affecting the form and revealing the pursued goal. The lights of the twelve signs are named in the following pages, and for us we have:

- 3. Gemini The light of Interplay. This is a line of light beams, revealing that which opposes or the basic duality of manifestation, the relationship of spirit and of form. It is the conscious light of that relationship.
- 4. Cancer The light within the form. This is the diffused light of substance itself, the "dark light" of matter referred to in the secret Doctrine. It is the light awaiting the stimulation coming form the soul light.
- 5. Leo The light of the Soul. A reflected point of light logoic, or divine. The light diffused in Cancer focuses and reveals eventually a point.

Quality

It seems useful to come back on the quality of our activity. If one wants to put the purpose in the field of description, it is better to use a cyclical time (the raison d'être in the centre) rather than a linear description with a more abstract (above) dot meaning the

purpose. Intensional quality is defined as the rapport between the activity and the raison d'être or what one is doing in relation to why one is there.

One may then distinguish radial quality – rapport between the various levels of consciousness, of relative concretion and responsibility in the organization – and lateral quality – rapport between the various rays in time.

Dynamism concerns the internal layer: the perception of the raison d'être; one may distinguish the intent, the direction and the goals. Adaptation concerns the external layer, the link to the context; one may distinguish the daily adaptation – so obvious that it is neglected – the tactics and the strategy. Cohesion concerns the median layers: in which measure the direction is expressed in action and how what has been planned is followed or changed in the course of the projects; it also concerns the unity of components.

For our association, we have planned at the strategic level to link the planetary centres and to perceive the Plan; both activities (related to the green colour) seem to mark time. The perception of our raison d'être is strongly inspired by the works of DK; it seems that we stand firmly upon our goals and our intent, i.e. to participate to the evolution with the whole strength of the Spirit in us. For the cohesion, it evolves slowly with continuity on the glamour of avidity, with the yearly meditation outline inspired by the ashram, and with a small number of workers known or in relation with us. For the adaptation or manas, which tactics for observing the evolution of human needs? To take again the frequency of the new moons? We have not used neither the grid Effects – Explanations – Causes neither the mind maps. Why? We have not enough time, not enough concentration, of mental effort?

Missed opportunity

Massacres in Gaza are merely the symptom of a sense of <u>superiority</u>, much more spread among experts and wealthy. We have spotted the idol of divine preference, but lacking energy or rather of motivation, consecration and realization of damages we ceased this work. Have we to destroy the feeling of superiority? It may be based on blood, belief or culture. We have to ponder deeply, before handling any energy that may have a considerable impact. <u>Equality</u> can be the antidote to this superiority, yet which are the bias or limits of equality, so much praised and so little realized. Competition is an heritage of the 6th Ray of abstract idealism, yet one may search to do the best we can and not to be the best. Hence superiority is it a form to be destroyed?

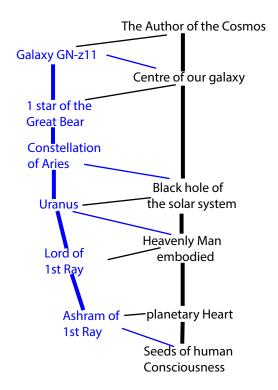
Energy of Aries

The constellation of Aries transmits the dynamic vitality of the 1^{st} ray, electric fire; it transmits it via Uranus to the solar system and then to the crown centre of the planet. This vitality comes from a star in the great Bear which, itself, draws in the galaxy of the first order GN-z11.

The 1st aspect is communion of the Absolute: "The Transcendent entered into communion with Itself and by this act became a vital point of life and focussed power." [R3:616] In return, this focus vitalizes the sphere of manifestation of this unit.

One observes then 2 intertwined lines: one electric blue of the 1st aspect, the other obscure linking the Origins (meaning source) or foundations of these spheres.

The figure underneath illustrates these lines but does not show Electra, wife of a Rishi of the great Bear; it does not show the unit of the system, or of our planet, of the planetary Heart, and does not detail the planets of the solar system.



It does exist a line of the 2^{nd} aspect. It starts from the tension to open, or That which tends space, passes through that which underlies these units of the Cosmos that are the galaxies, that is the 1^{st} aspect of the Penetrating one; it could pass through Sirius – to be checked – then by Jupiter, the by the Teacher of the world, Maitreya. The line of the 3^{rd} aspect starts from the Breath, the tension which pushes forward and promotes evolution. It passes through Alioth – a star in the Great Bear – and Alcyone, –

promotes evolution. It passes through Alioth – a star in the Great Bear – and Alcyone, one of the Pleiades – and ends in Saturn – the programmer of the Law. Sirius – the source logoic manas – and Betelgeuse [CF:1257] play a role to be determined.

Full moon of Gemini

Maitreya unites with the Buddhas; pure sensitivity, substance - love, diaphanous light. The point form everything comes then to pas to the 2nd pint: love-space; later will be activated of point of will under the intention form the cosmic mind. Thus is written the sign of peace.

The Beings who resurrect Spirit (7th initiation) function at the Adi level or ocean mist, they participate to the solar system. Then what is happening during this full moon? The constellation distributes the will-to-unite (2nd Ray) which conditions live; it resounds with Jupiter, sacred planet of 2nd Ray, which makes a triangle with the Earth and its alter ego Venus [CF:373]. As Venus is the heat centre of the solar Logos, Jupiter would correspond to the centre of feeling, at the basis of the sternum. Maitreya is on the line of Sirius, source of logoic manas, 4th Path which corresponds in the galactic neighbourhood to this centre of feeling. Thus is produced an alignment which, later, will provoke a call to more love-wisdom and which, probably in the first times, will provoke a exacerbated revolt against the respect of the other, solidarity and inner fusion; yet the energy is on the way.

Let us cooperate with the planetary Heart.

Roles of suffering and conflict

Why does humanity suffer so much? Because it is developing its sensitivity to oneself and to others, a prelude to self-giving love. Why is there so much conflict on Earth? Because the contrast enables to make neat and clear the perception, specially vision, the sense including space. Then? Life is difficult, experiencing is hard, for hardness trains the will; this will remains embryonic in the effort to grow, to fight, to succeed.

The green circle and its three dots – orange = research of the goal, pink = empathy, lilac = vitality – constitute the external skin of divinity that will enfold later in will, a perceptive, loving, free will. It would be the animal kingdom that will benefit from this seeds of will; the vegetable kingdom would become a field of self-conscious forms, yet who knows?

Rule 8: the Seven, the Three and the One

The rule 8 mentions the seven rays of the soul, the seven ashrams in the Heart, the seven Lords of the Rays in the head centre that replicate the seven sacred planets. [R5:161] enunciates:

- "1. The group must understand the nature of the Three", of the three planetary centres, that which we are doing or have briefly done- with the outline 'Linking the three planetary centres'. For linking them together, we can use our equipment: our sphere of personal or professional activity links us to humanity; our action within the ashram radiating or distributing the current makes us participate to the Heart; we can vibrate with or sense the monad, that which links us to Shamballa, at least in filigree.
- "2. The nature of the One must be grasped and comprehended." This reports to 3 planets in the solar system. One may think to the triangle Venus Earth Jupiter; I rather believe that it concerns Vulcan Earth Pluto; that means the fiery Stones, the living Stones, the stripping Stones. These three planets are the ground where will unfold much later the germ of will, foundation of the 3rd solar system.
- "3. The group must work through the medium of the united breath." That is with the breath of the reigning will in Shamballa, giving life to the Heart that inspires the Throat centre, humanity. The O must resound via Maitreya, the Manu and M. in the tip of self-conscious units.
- "4. The group must attain a unified rhythm." The zodiacal constellations exert, at the full moons, their impact of the will to-love in the crown centre, then in the Heart and in the conscious germ of the 3rd centre, focusing intelligence, humanity.

We are not working alone; the fractal U – U at every scale, solar, planetary, ashramic, egoic, individual – constitutes the group.

AGNI YOGA (in parallel)

Notes on Morya's garden Leaves

This garden contains the seeds and consciousness's that are blossoming. The leaves are that which has been deposited in the mind during communions, harvest!

"Podvig (the heroic deed) will be my prayer and I'll begin it in silence"

Silence, silence of the Presence,. Immediate presence for us, without radiation neither intermediary, more intense presence for more evolved Beings.

"Poor is the chemist who, instead of a drop pours out a bucket"

The current that imposes its strength weighs down while the current of Spirit alleviates.

"I'll cover with a shield: Labour."

Hint n°4: The initiate knows because he works.

Oh, how true it is! All that we have found has begun by the worry of work, an energetic trial then its implementation.

Outline: Fire of Spirit

Perceive the pulse of the Presence In this pulsation, move back to the source Perceive the will-fire at the background.

The fire of the cosmic mind asserts and vivifies.

Tune into the pure will

Tune to the electric fire of spirit.

Realize: All is fire, I am fire.

Fiery ocean, dynamic electric vibration

the Breath A

This stimulus arouses the electric light, the One in all, the breath resounds in AU It arouses the electric Sound, will of spirit the Logos emits the AUM

Electric colour, pure reason, direct link

3 dots: Will, One, Purpose

All is and is not

The stimulus expresses in space: thought currents It gives birth to the subjective group, characterized by Atma, spiritual will

- · to work with the sound
- to will to achieve the task
- to dare to pulse with the Unfathomable

Pure reason

- Truth
- Daring
- Immediate presence

4 attitudes

- Open and creative thinking
- Love of humanity
- Perseverance
- · Courage to go to the core of being

The workers community is pulsating with its source and shines with this fire.

This stimulus infuses our daily life, our activities, unto the aura of this home.

It supports the community of those who recognize the sign of Peace and stimulates the spreading of works toward the consciousness's who call.

We attract the dedicated workers.

"By the fire which arouses the existence, we assert it."

Note: The silvery

Radiance makes reference to the painting Agni Yogi communion

Resurrection 2022

Silence

Ashram

He

It wants

It resurrects

Fire of spirit

Fire of space

Fire of the Heart

Beauty - fire

Action

The workers community is pulsating with its source and shines with this fire.

The spur of Spirit supports all those who refer to the sign of peace

The spiritual fire attracts the seekers; they find the landmarks the works for guiding

This fire feeds our researches, our activities, and our relations.

Inspiration day course 23th of June 24

1st aspect: Energy

We say the key words of our incarnation

The red, blue and green outpourings are described from the figure [CF:94].

Meditation: to arouse Spirit. Sharing about the meditation

. To say the various gates makes easier the impression to ground with the hammer (electric fire).

Call forth of the red, I should follow it; the light will bring me a broader understanding. I must put myself inside the 3 flames. It 's a wonderful work to do.

The figure of the 3 outpourings elicits what we are doing. The gates help.

- . It arouses anew with the Brotherhood: it is the summit, the most intense. The 3 emitting aspects provoke too a great intensity. Expansion like the big Bang: the stimulation bursts out in the Cosmos, spreads out, in the centres.
- . I feel a demand to cross the three and to move beyond. (This evokes the rule 8).
- . It is an advantage to follow the meditation instead of leading it, one registers better. One does not realize the inner strength; we were in contact with high levels of the ashram.
- . How to arouse Spirit? One tries to move back up to the red; the answer is to united with the One and It comes.
- . "Stop to dawdling around", what we receive is a gift; one is saying to oneself: "not yet" as in the magnificent stage of giving birth: only the head is getting out at that moment.
- . The answers to the questions will come with time.
- . To awaken consciousness: first to contact the consciousness of others

To contribute to evolution: inner work and concrete work

- . The silence between the OM is very useful.
- . Focal point of life: The heavenly Man resounds with the solar Logos, it is in relation with the Author of the Cosmos; the proof is that human catch this fact and the massive scalar field seems to be a hint of the insertion of in the galaxy.

Then a silence and an Om

2nd aspect: inner side or the Ashram

How to become receptive to the ashram? And to integrate?

"Not yet", yet sometimes it is there. Is it caused by an excess of modesty of the 2^{nd} Ray? Meditation

 $\ensuremath{\mathsf{OM}}$ with a normal voice, $\ensuremath{\mathsf{Om}}$ in a soft voice, silent $\ensuremath{\mathsf{Om}}$

Welcome the beings of the ashram

The being in the centre

We listen, we receive,

What does He say? (A break)

Continuous Om

Sharing

- . The task is immense, work, and move forward, Together. Add thy strength, let us work at unison. Lean on Me and give, pour out, assert.
- . To be in the Presence, that which touches the people, that which give the sensation of a new breath: to perceive all the light which is given to them. To know to wait and that the other can express oneself in all quiet. Strong contact and inner certitude. It is there.
- . Everything is there, invisible to the eye, as the attractor. Our group is also invisible and also an attractor. Implement and work, to let oneself guided in one's actions, to trust. The word attractor has resonated rather strongly. Behind, there is magnet (loving also in French).
- . Let us not forget the disincarnated people of the group Silence and an Om Meal

3rd aspect: Vision of the world

We read some paragraphs of the Call §1, § 325, § 333

Meditation: Linking the 3 planetary centres

Sharing

- . Superb, magnificent
- . One can read the Plan at 3 levels: mental pondering, blueprint or pure ideas, direction of the will of Spirit.
- . AAB mentioned the triptych: idea, ideal, idol. The ideal is perceived in the illumined mind and formulated in the concrete mind= language. Equality is a pure ide; everyone has some value, the matter is to be in tune with one's inner vocation.

With the 7th ray, one aims less an ideal in an ideal society, but to discern the driving factors of the problem; to give the force to overcome (soul) then to to turn to the roots of the problem.

The thought currents come from the immediate presence or pure ideas and express in radiation. The 5th race = type of instrument was (is) centred in the mind, which must be quieted down (Raja Yoga). The 6th type of instrument is centred upon "being true", the immediate presence; the mind is expressing it.

2025 makes think to 1925. One may see the tempo of a century and the time of an inspiration (Leaves of Morya's garden, Treatise on cosmic Fire) then of the spreading out: 1953 in English, 1975 in other languages.

Silence with all human being in research, with Those who are guiding us and are inspiring us, toward the focal point of life.

Gratitude, Trust, Courage.

Regulation day 24

On the outline To arouse Spirit

Beginning

Sirius, the great Bear, the centre of the galaxy evoke the distributing centres of the Penetrating one, that is the closest stars which correspond to these stimulations. Deepening a bit further, the A and the U implement evolution, the zodiacal wheel coordinates the impact of the will-to-love and Shamballa, with the green outpouring od the solar Logos, founds the Expression; these stimuli implement then the 3 aspects of the Expressing one. The Transcending one does not seem to take place in the beginning of the outline, save with the irruption of the Transcending one.

Which formulas for the 9 stimuli of the Author?

It arouses the emergence, It arises or the tension to spring forth; it pulsates between the white disk or space and the dot focusing the dark background; they are the 2 first symbols of the Secret Doctrine. It arises thanks to the Communion of the Transcending One with Itself, according to the Ancient Commentary [R3:616]. The dot in the centre appears after the tension to open (space) but it was exerting its tension to spring forth before appearing. It is that same tension which is at the origin of the red outpouring, solar monad which is found in the galactic centre. It arouses the emergence or It emerges emphasizes more the fact that it stays at the background, but the suddenness is not necessary a part of surgere = to arise; in English, to emerge means also to arise.

It founds, it is the intent of the Heavenly Man to go in the depths of the experiment, at the basis of the scale Spirit-Matter; this will provoke the rebound of evolution or blue outpouring. It coordinates describes the (mental) perception of the unit; we too, we assume and appropriate our form; it is a global perception which in the individual, starts form the basin and from the centre of awakening above the pubis. It arouses movement is expressed in forward movement coming from (centred in) Ming Men or in the Tan-tien, but the Author of the Cosmos extends the breath in coordinating whereas It infuses or It irradiates (3rd aspect of the Penetrating One) corresponds to the big Bang and to the throat.

Our perception of the Cosmos must awaken the light of our solar system because the Author perceives. Yet for It, it is tiny, more minute that a cell of our body.

Which formula for the 1st aspect of the Penetrating one?

This formula must apply and for the cosmos and for the individual centre of awakening, in that case the heart centre. After the springing forth of being from the black hole of the galaxy, *It sounds out the call* looks fade. *It vivifies space* or *It electrifies space* seems better describe this springing, this irradiation, this impulse in a plasma, homogeneous middle under high voltage. It could be formulated as *It impulses* or *It inbreathes*, *It springs in al*l. This plasma makes an echo to Adi, the electric o ocean mist.

In its turn, this asks the question for the 2nd aspect: *It catches the resounding*. It could be *It listens*, but this expressions suggests an external source; one can also think to *It perceives*; To perceive means to grasp what's happening and being aware of; this goes very well with Sirius, source of logoic manas. One can also try *It catches* simply, that emphasizes the attention for registering.

A letter on occult meditation [LMO:78] says that the solar plexus is pink (emotion) tinted with green (intelligence); But the awakening centre at the basis of the sternum is located slightly above the plexus, it discerns impressions coming from the environment and, at a galactic level, outstretches emotional under the aegis of intelligence; are able to do the same? To be true in the immediate presence?

Finally, *It arouses movement* is sophisticated, *It evolves* is simpler; it includes moments of involution; yet they are the units and the forms which evolve. Mainly evolution is an effect, it is finer to refer to the Author who arouses evolution Springing forth of being for the galaxy?

It is the big bang which makes spring forth Being, isn't it? Yet the galaxy replicates this springing forth for distributing the central factor to all the stars. And that's what makes them exist.

Its sparks vivify the centres of awakening. Each monadic spark – through love – vivify its companions in the ashram and the centres of this unit. The fire stimulation is distributed in the many. The centres of awakening remain asleep in many, yet this field or current informing these centres benefit of more sustained tension, which will enable an easier awakening.

The reader may tire of theses repetitions, but this text does not present a masterful exposure. As hikers, we describe and decipher the countryside along the ascent. Those who practice meditation day after day will understand.

Three jumps

There are thee jumps in the outline: one jumps form the Cosmos to the galaxy – one among billions – from the galaxy to the sun – one star among billions – from the source of consciousness to the individual – one among billions. Each time, the universal, sorry the transcending – jumps to the particular. The universal includes already the multiple. The same jump happens between Adi, the dynamic jet, the electric plasma, the ocean of fire, to the monad, the point of life, the spark. From the vibration arousing the whole, one jumps to the penetrating, the Heart who inspires and transforms – in the original sense to pass through the form.

How is it possible to think Adi? That which is above is like which is below. Matter is composed of grains of action, called quanta; all levels of matter are thus composed, emotional, mental, matter, vibrating presence; the points of life are the indivisible grains of Life. Inside this grain, is found a ocean of energy, of fire, of indescribable unknown; thus one may approach Adi.

On the theosophical diagrams

The various figures reproduced in A treatise on cosmic Fire show the wanderings of human thought, at least of the theosophical pondering at the end of the 19th century.

Thus it is told about "A cosmic Parabrahman" [CF:344] as if there were several ones. On this figure, the planetary Logos, being not one the three major ones, is described as embodied in the monadic plane; in one of her last books, Telepathy, AAB locates the embodiment of the Logos on the Adic plane, electric vibration. Has the Logos upgraded meantime on a subtler, finer level, or is it merely the model of a few thinkers that has evolved? The Logos is perceived as participating to the indistinct, the electric plasma, and not only as a focused point, as the One emerges; this is apparently the progression.

In the figure Evolution of a solar Logos [CF:94], the blue outpouring - some ideas grounding and evolving – sees its origin attributed to the 2^{nd} cosmic Logos, Spirit-Matter. This 2^{nd} Logos is Space, space of all possible; however the ideation of the 3^{rd} cosmic Logos was needed for the idea to emerge. Why is there this discrepancy? Because, in this 2^{nd} solar system (indigo) of Love-Wisdom, Wisdom guides the evolution through Love.

The green outpouring is attributed to the 3rd Logos whereas it guides evolution in substance in all the scale Spirit-Matter, hence depending of the 2nd Logos according to this figure. This scale of substance includes then the various planes in organs called devas. These devas evolve in growing their sensitivity and in uniting with substance, whereas conscious beings – human or animal – depending of the blue outpouring detach from matter in rising their frequency and in coming back up toward and in the mind.

In the figure [CF:1230] on Parabrahman, the most general figure, Shiva and Brahma are inverted; this incite the reader to think anew by itself all that is advanced in this Treatise.

Return on the tuning of the instrument

As shows the drawing of this Springs, A resounds with the light produced by the communion of the highest frequency. U describes the vastness of the presence but it does not appear or is forgotten of the second letter is obliterated: [Tel:158]

"Then the three that ranked all that was, functioning as one and controlling all the seven, no longer are. The seven who responded to the three, responding to the One, no longer hear the triple call which determined all that was. Only the two remain to show to the world the beauty of the living God, the wonder of the Will-to-Good, the Love which animates the Whole. These two are One, and thus the work, completed, stands. And then the angles sing."

M, depicting the mind coming from Sirius, describes the current stimulating the brain; this impression is implemented by the being on the physical plane [CF:958]; it illuminates the sensory body, beginning to create the body of light, the Mayavirupa. That's hat explains a line of the page 960 of this book.

How can I arouse Spirit? First in approaching it, in tuning in. In taking the perspective of the great Beings. What do they want? How do they proceed? What is pushing them?

To awaken consciousness. Atman, the universal I, is spreading out; the fractal U focuses in every point of consciousness and I tune into what is resounding in the other, in listening first.

To contribute to evolution. Concrete action, but also subtle action, and eventually fiery action: fire acts if is can handle it. Which fire is animating me? Which fire is playing in me, in Atman?

You'll find many other answers, more specific, more adapted ot your profile, your abilities, and to the context.

For the Regulation day

This day, inspired by Libra, asks the question: Where are we at? Where are we at

- 1/ in ourselves, between the subjective practice and the behaviour
- 2/ in the association, we individuals, the trio and the ashram. The proposed outlines, realized meditations and our researches, the contacts, inspirations and attracting lacks.
- 3/ between the association and the world. Do we respond to the human need, to the spiritual need? Which are our successes and our failures, our limits?

We suggest at least 3 ways of approach:

- a) the inner contact then its mental reflection, formulation, mind map etc.
- b) the psychic functions descried by Jung: Sensation S, Feeling F, Thought T, Intuition N, be they extraverted e or introverted i
- c) astrology, as far as we can interpret a chart Other grids of reading are for sure possible.

We'll exchange from heart to heart aiming to help one another.

2/ Between us

ABS, NiFe

The tertiary function is thus Te, extraverted thought; it develops in the middle of life, we are told. The abstract of he book on pragmatism is a move in that sense; to achieve further growth will consist in commenting and relating several thinkers, concepts etc. The development of mental analysis will stabilize the idealist enthusiasm.

The scorpion goes at the depth of things and shoots up, that is it puts oneself in question. Its energy, if I can resume, gives the right focus distance, meaning that it augments the contrast of vision, and that enables then Gemini to relate duality in a fluid synthesis. Curiously for a rising Scorpion I do perceive few calls into question of oneself.

Uranus retrograde in house 1 incites to assert one's point of view without worrying of other points of view.

Well, the intuitive vision, as exact and quick it may be, is partial and needs to lay down for making the tour of the question. It is also the case for the first ray. This joins the trend of the "astral-buddhic" line which must lay down in the mind, for broadening the perspective, for arguing, and foreseeing the means.

The possible excess of Uranus in house 1 is underlined or exacerbated by it conjunction with the black moon. The lunar orbit being an ellipse has 2 poles, among them one is empty and is called by that name; thus it is a psychological point, inaccessible, absorbing may be obsessive. Thus to receive the idea "to trust oneself, to accept what is coming" is right if that comes form the soul (rising Scorpio), less if it comes from a psychic conjunct to Uranus. What astonishes us then, is that the rising sign does not push to put oneself in question. May be the questions that ABS asks to oneself are sketching this putting in question.

According to Martin Schulman, Neptune retrograde in the 2nd House "In this incarnation, the native must dissolve her false inner values brought back from the past". This could concern the karmic tie with her companion, may be with her birth family. ABS, does this talk to you? Neptune is located in Sagittarius, your sign of achievement, hence the problem will be solved.

FIF, NiTe

This profile promotes the "noria of ideas" according the Jungian psychologists Cauvin and Cailloux; the inferior function is stimulated by the surrounding requiring to ensure many tasks: shopping, menus, animals, garden. The tertiary function Fi is mistreated as show the departure form the chorale and the exchanges with his wife. The ray 1 must also show softness, tact and patience. Jupiter retrograde in house 3 enhances this fact.

However, the Intuition function pushes to foresee all at once, and not to follow a progressive meticulous approach (need of S).

The chart has been studied years ago and does not seem to bring new things. Let us notice that Uranus is conjunct with the sun, Neptune with the cusp of the 12^{th} house and Pluto conjunct with the mid heaven: intuition fused with the vital energy, immersion in the human gender and contribution after death at the top for the collective. Jupiter retrograde in Capricorn incites to isolation and in the 3^{rd} house to the expansion with the near ones.

ADP, SiFe

The Fe function eased the contacts in families then in the hospital; it corresponds too to the achievement sign Aquarius: fixed Air, impersonal communication. Fe being its secondary function, ADP is mostly introverted, the tertiary function is thus Ti: meditative thought. The main function Si gives the sense of the concrete and has for complement the Intuitive function: overview to be developed.

Sun and Mars at the rising point in Leo give will and assertion, this point is well known. Jupiter and Saturn are both at the mid heaven, hence expansion is made according to the law, recognized statute. Uranus in Taurus and in the 10^{th} house brings a tension (square) with Sun-Mars. More curiously, Pluto is conjunct with Mercury at the cusp of the 12^{th} house (human species) and the sabian symbols are explicit:

Pluto: "Impeccably dressed, a man of a certain age poses in front of his hunting trophies". The pride to have won battles and to have tamed his energies.

Mercury: "A woman between two ages, her long hair fall upon a t-shirt revealing its naked breast". The will to challenge the years face to the cult the society devotes to youth. There is in this communication the taste to defy the conventions. Yet rather than

to turn to the social aspect, the spiritual translation goes toward the denuding with Mercury and the success to be transmitted with Pluto.

The achievement sign Aquarius promotes a broad communication and the 2nd Ray is preoccupied with the subjective life, with consciousness of others; that is the origin of the emphasis to worry about the subjective group, the seekers, all others. This emphasis is engineered by the rule of the rising sign, Neptune centred in the heart, which opens wide its sails to the Breath.

Association Will-Spirit, NiFe?

The association is based on subjective practice, hence Ni. Happily ABS completes the Ni function by her function Ne: emergence of possibilities and perspectives. Our intellectual corpus comes mainly from AAB, completed by Agni Yoga and other Hindu currents. Our trio does not seem to develop concepts or thoughts, it seems to me that they are passing through FIF alone. That's why the appreciation of contacts, approaches (Fe) seems to be the secondary function; Extraverted in the sense that we share about that. This Fe is underlined by the imagined waiting of searchers, either by ADP, a either for the site Source intérieure. The tertiary function would be thus Ti: introverted interrogation and thinking by oneself. The inferior function is Se is clearly underused; it could lead to manage the various booklets (Grasping ideas, Conceiving the world, Invitation to observe and the booklets Self-Schooling) in addition to accounting. Se could also lead to a cumulative effect of observations upon the countries and upon the Plan of evolution, upon human needs wit the help of Ti or Te.

The call to the Self of the trio (physical group) and to the ashram would push to complete our psychic profile of the 8 functions Ni, Ne, Te, Ti, Fe, Fi, Se, Si, hence mostly T and S. We could take back our ancient engagement: once a year, each of us prepares a presentation about a subject we choose, and this presentation is based on a text of at least one page.

The association, born in Libra, has Capricorn as its rising sign. This sign incites to solitude, to stay in the summit, firm in alones. ABS and FIF join by their rising sign Scorpio, hence their descending sign Taurus: concrete results. Our descending sign is Cancer: to build a illumined house for humanity, the hole is seen as one.

3/ The world

In our yearly outline Arousing Spirit, we are linking the monad to consciousness (The living Fire activates consciousness) under the inspiration of the 3 Buddhas of activity (with the 3 coloured Om). Well, that what AAB describes in the rule 13 [R5:408] about the Path of planetary Logoï, resumed by *It founds*.

It is the impulsive incentive of these Masters which bridges and links the Monad on the monadic plane and the three worlds of dense expression on the cosmic physical plane; in this process the antahkarana between the spiritual man in incarnation and the Spiritual Triad is aided and finally constructed, but this is only incidental to the far greater work of relating Shamballa to al kingdoms in nature and to other planets.

Hence we register an echo of the Author of the big Bang via Shamballa and we transmit – with the 3 Buddhas, the 3 poles of the imprint of the shining Life - who have passed the 9th gate – the inflow to humanity who is passing the 1st gate (with the emblem of illumination).

The galaxy becomes the place of reference instead of the solar system; the massive scalar field or b Higgs bosons illustrates the effervescence Spirit-Matter (our outline of 2019). The heliopause is the material image ot the substance-sensitivity; the Author of the Cosmos is the eye-catcher, the vanishing point of the spatial perspective; our outline is thus in tune with the human mind.

Conflict first

The triangle of the materialist lodge is again fully active: Moscow, Jerusalem, New York. Moscow focuses the forces of physical oppression, sustained by the authoritarian ark of Peking's regime to the Burmese junta and to dictatorships –disguised or not – of the Arabian crescent from Turkey to Morocco.

Jerusalem focuses the forces of fundamentalism, of the recourse to the past and complained in the role of victim, whereas Israel is the most aggressive nation; this nation

is sustained by the Jewish diaspora and the Christian culpability, but also by the Muslim fundamentalism, the inequality of experts and the whole of glamour.

New York is the siege of racist deception – In French *tromper* means to deceive and rimes with Trump - of falsehood (fake news or hypocrisy) in the name of freedom and capitalism fed by the avidity or the desire to have; this pole is joined by most of Western regimes.

On the other side, one may rely on the rightness of the great majority of human beings, though they are conditioned and abused by national and idealist veils. Numberless are those who work for the good in their sphere of activity and many are the selfless initiatives.

Finally, the 4th ray of harmony through conflict develops with a right focus the vision of humanity o for it to learn mutual respect, love and will. Then intelligent, loving beings, implementing their inner direction, will be able to radiate and bring their contribution to the solar system and further to the galactic neighbourhood.

So liberty, equality, brotherhood are ideas relaying the raison d'être of our planet; yet each must be deepened, purified and got rid of it distorted meaning. Liberty in its ability to act according to universal reason – has this expression a concrete meaning? Yes if one is true to oneself – Equality in the acknowledgment of the other and its creative expression, Brotherhood in mutual respect and the origin of vibrant uprising.

The Assembly of living sparks will shine forth, the planet of living Stones will bright with thousands of fires.

Social view

Humanity is preparing for the first initiation with dematerialization, creative tension of global with local, remote work; yet if humanity shares data, feelings, it does not share economic goods and does not show or so little forerunner signs.

The world is crossed by fake news and an allusion has been made in [R5:579] about the 2nd initiation:

It should here be remembered that the masses of men can and will take the first initiation, but that a large group of aspirants (far larger than is realised) will pass through the experience of the second initiation, that of the purifying Baptism. These are the people who express the essential qualities of ideological recognition, devoted adherence to truth as sensed, profound reaction to the physical disciplines (imposed they participated in the first initiation many lives earlier) and a growing responsiveness to the aspirational aspect of the astral body; this aspiration is occupied with reaching out toward contact with and expression of the mental principle. This particular group in the human family are "kama-manasic" initiates, just as those taking the first initiation are "physico-etheric" initiates.

And the text goes on further:

"The steadily growing soul influence, working like a leaven on the astral plane, has lifted kama or desire out of its purely self-centred focus ... to a group emotional consciousness". That's what we observe today with the Jewish diaspora as it was with Maoism and the American way of life or cult of Freedom.

On the next page

The essential etheric world unity (of which the telephone, the radio and the airplane are the tangible expression) is swinging vast groups of men everywhere into emotional activity, thus creating those preliminary testings which ever precede initiation, and by means of which those capable of taking the second initiation are today passing.

If one adds the social networks, the TV channels to telephone and to radio, on gets a rather exact description of the nowadays situation.

Talks are focused on feelings, relevant to the lunar orbit, and mind has trouble to make emerge or spread causes, structuring factors and cultural patterns behind the facets of the subjective life.

For all intelligent observers, the ideological situation is clear; it is a needed and preliminary stage to the creation of the new world order; it provides a point of crises and the required point of tension which will enable those aspirants who are ready

today, in their thousands, to pass through the experience of the second initiation and to undergo the purification of the fluid emotional nature in the Baptism Initiation.

Are we a part of the intelligent observers? The solution is to express – as parts of humanity, the Expressing centre of the planet – by thinking the need of illumined mind. This means to take position in the ashramic mind (dark green circle) and to send thought currents for guiding or inspiring thinkers. We aim too the end of selfishness which provokes this closing on the feeling of the affective body. Any personal work in that sense helps also the collective evolution.

The use of thinking is the most needed work, but we can also - in *being true* - assimilate, integrate and operate in the immediate presence. Finally, the will of Spirit may extend its brightness.

Possible actions from us

That which is happening in Palestine, in Israel, in Cisjordany, in Lebanon, in Syria, in Iran, In Somalia, in all the Near East, is chocking. Jerusalem is the grounding of the planetary plexus centre and the media are the plexus social part, that makes us react; the reaction of American and Western people is too chocking. Is it wise and are we able to contribute to "Destroy the idol of divine preference" or is it enough to send out the idea of Equality? In that case, it would be good to ponder to the pure idea of Equality, to this ideal and to the consequent idol: equalitarism.

We could do the same with the idea of Life. AAB underlined, even launched, the idea of the One Life; let us observe the ideal of Life in a community, in a tradition, in institutions, and then the idol of Life, a value predominating in American mythology: bad guys die, good ones live, is it not the case in most of their movies?

"To transmit inspiration" is a meditation form calling upon us; can we do everything? In the scale concrete-abstract, which is the decisive point? Where our action will be useful, according the inner necessity?

Other thoughts

Emblem and source of consciousness

The emblem of illumination is really an access key, but the door to this luminous reality - the soul - is much vaster. Similarly, our way is only a path on the mountain of the Real. Theosophy, our way to meditate is merely a facet or the subjective exploration and of the vastness of this domain. Particularity in the immense, individual in the universal!

How to describe, approach, contact this greater reality? To let access to others, to install the field of light, to sustain any effort.

The work of M.

The planet major point of tension makes arise, appear, emerge this planet out in the ocean of space. Spirit manifests itself and grounds progressively in descending in the scale of frequencies. The work of M. is to provide the stimulus, the power, the vivacity to sparks until the True is realized in all points. Thus the 6th type of instrument takes place on Earth and replaces gradually the Sons of the Mind; intuition, penetrating view, direct will take the place of the mind and yet the inclusive understanding will be developed.

To take part in this task gives an advantage, for the basis *Being true* vibrates with vitality. According to [CF:321], colour describes the buddhic plane and is differentiated in seven colours. These 7 correspond to the 7 stars of the great Bear which are located – their Rishis is it said – on the cosmic buddhic plane. So *Being true*, which we use so often, has a coloration; *being free* another, *being right* does it talk to us? Being rhythm would be related to the 7th ray and would mark the renewal of being, if one enters in this uprising. *Being all* would relate to the expansion of the 2nd ray. Just *being* would mark this uprising. The world is to be explored.

With the subjective group, we radiate and send out some thoughts; in working as a part of the ashram, we cooperate on the 3 levels of the Triad to the work of M. At least we try –a little. The active kernel of the ashram is apart of the attractor in the Assembly; our Guides are inspired by the 3 Buddhas of activity and by the Heavenly Man and – as an echo to the cosmic mind – they asset Will and Spirit; M and Nicholas Roerich, – at least the two of them – work on the planes Adi And Monadi.

In other words, the subjective group includes the pure consciousness or 5th kingdom, at the ashramic periphery. The interior of the ashram concerns the active Triads the planetary lives of the 6th kingdom. The attractor in the Assembly includes the solar lives or 7th kingdom. And we act creatively in the 4th kingdom.

It is the personal will which makes transfer to *Being true*, that's illuminates the crown centre. Then the will of the Whole comes, communion, that makes vibrate the A. Then to distribute in the ashram with *Being true*.

The atmic stimulus infuses the Plan, in other words the will of Spirit pushes forward; it implements the evolution and that corresponds to the 3rd plane of the solar Logos: to move. To move assumes a continuity, the continuity of the seeds of sparks of life.

The divine will, Adi, passes through the cycles, it inscribes existence, out of nowhere; it arises from the ocean of space. The indivisible grain of action that pulsates within the seeds is therefore short-circuited; it is the fiery ocean or mist, the plasma, the indistinct said electric vibration.

Behind the objective manifestation is found the subjective life, the adventure of consciousness, product of Manas, which is the cause of the former. Behind this life is discovered the incentive of Spirit [CF:1236], "this latent spiritual cause is the object of the spiritual man". This incentive is the kingdom of the solar lives on the two highest planes: the One and the dynamic plasma. Behind the convolutions of consciousness, behind the energy of the subjective current, this incentive appears as a black dot. Heavy helmet

Sometimes, notably at the approach of full moons, a strong pressure is exerted upon the top of the skull. What to do then?

- 1) Welcome in silence and with poise. A force is impacting the equipment; this one lacks the necessary fineness for using it.
- 2) Search to expand and spread out. The force is flowing for all people able to receive it, register and assimilate it. On the body, the impact has touched the crown centre, what matters is to activate slightly the ajna centre (will direction) and, however little the heart centre for spreading it.
- 3) To go in consciousness it is the key –toward the origin of this force, to ward That which exerts this impact, toward the Author who is manifesting. To identify oneself with this Author will help to assimilate, and distribute –wisely, lucidly, widely this Intention or the renewed Intensity. On the body side, the centre of tension, of consciousness of fine light is discovered at the centre, higher than the usually used; but this point is lighted up only after the realization of the conscious contact, one begins then the distribution. To search first the point leads back into sensation and inhibits the necessary abstraction.

Symbols names

We know the sign of peace, the emblem of illumination, the imprint of the shining Life. For the indigo circle, I suggest the <u>door of immediate background</u>. Indeed, the indigo ring presents the galactic background and the three dots – if one is awake – make immediate the contact. There remain 1) the green circle of the creative centre, humanity, 2) the green circle of living forms, with its three dots orange, pink and lilac, and 3) the dark green circle of the ashramic thinking which is guiding evolution.

The expression *Door of immediate background* looks weird, but it reveals itself accurate, once the contact is realized.

Next moment of crisis

"This training in decision is given by forcing the Master to make basic decisions within His Ashram affecting world work and involving all within the Ashram. It is given by His admission to the conclave of the Masters, meeting every seven years. At that conclave They make decisions which concern all forms of life in all the kingdoms in the three worlds and their evolutionary progress; it is put to the test in group form when the entire Hierarchy meets at t Its centennial conference [hence in 2025] and – at that time –decides what form of crisis on what level of consciousness, and involving what group of lives, must be implemented and presented to humanity, through the other kingdoms of nature will be necessarily

implicated. The reason for this is that the meeting of such a planned crises will hasten certain realisations. Forget not that humanity grows through the presentation of moments of crisis. These moments of crisis, based on past karma, conditioned by the point of evolution already achieved, and on the presence in the three worlds of certain appropriate forces, are brought to the point of precipitation by united decision in the conclave of the Masters." [R5:393]

Which will be this crisis? Will it address national egoism? The sharing of riches? Consequences will appear only later. It's up to us to participate. Century cycle

Some moments are foundational, yet happen in a relative darkness, it is the seed of the cycle; other moments benefit of a maximal lighting; in this sense, this moment resembles to the full moon and the foundational moment to the new moon.

In a century the moment of maximal lighting is the year 25, according to Alice A. Bailey; it is the time when the living Light is perceived with the most sharpness by the planetary Heart, not only this year but the previous and some following years. That's what we observe around the year 1925, with the Treatise on cosmic fire, the foundation of Agni Yoga, Sri Aurobindo, Ramana Maharshi. In Rays and Initiations, Alice A. Bailey locates a touch of Shamballa on humanity in 1825, but the industrial revolution began in the United Kingdom a bit before (see Wikipedia) and, most of all, the human mind awakened well before. It is after 1775 that was discovered Uranus, invented the lighting rod, burst out the American and French revolutions, that was issued the declaration of Human rights. And it is the eruption of an Icelandic volcano that provoked a famine that led to the seizure of The Bastille then to the Republic. Indeed this period was prepared since 1725 by the philosophers in the Enlightenment.

The theosophical society was founded in 1875 and Its Guides insisted for it happening this year, foundational moment though the great majority does not know anything of it.

So we approach a year of maximal lighting in 2025; we can prepare to receive this Light, this Inspiration, this perspective. Resurrection of Spirit seems the appropriate word, but the inspiration often overcomes our hopes.

What did happen in 1975? Wikipedia mentions 2 important facts: the spatial mission Soyuz-Apollo which marks a cooperation in space despite the cold war and the foundation of the G5 which will become the G7, an economic cooperation on the global scale. One could have hoped better but such are the facts.

An impact of Shamballa happened in the year 2000 and was perceived by many disciples; it is a turning point in action, corresponding in the moon cycle to the first quarter. What did happen around the year 1950, a year corresponding to the last quarter or a turning point in consciousness, a questioning? Beginning of the cold war around 1947, Schuman declaration, a foundational text of European Union, resolution of UNO for maintaining peace, publishing in 1950 of the expression Big Bang from a radio broadcast recorded the year before.

And we, which were the foundational moments of our life, the moments of maximal lighting? Can we locate the turning points? Astrologers are talking then of the progressed moon, but without that, can we locate them in our progression?

And for the nation? The foundational moments are they 1789, the French revolution, 1940 beginning of the Resistance? 1968 is it marking a turning in consciousness? Receivers of Inspiration

We are working regularly with the observers group, we are working for revealing the source of consciousness, we are sending out sometimes the idea of equality, but have no regular activity for strengthening the reception of inspiration.

Presence
Being true
Will of Spirit
Spiritual livingness
Human beings contact the True within
They receive inspiration.
Thinkers register it in the illumined mind,
They formulate the perceived idea,

They ponder on its movement

They envision the consequences,

They visualize the idea grounded in the mental substance.

Spiritual life, love and light go along the relays of inspiration

At unison with the O of the Logos,

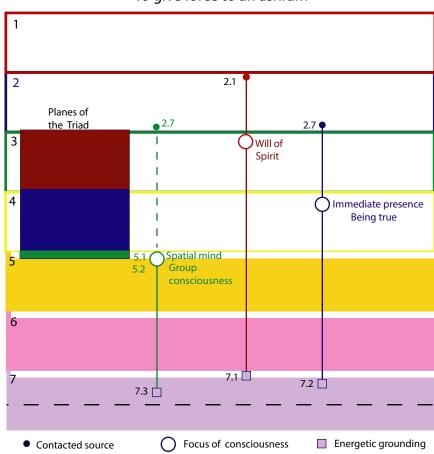
One silent Om

One OM in a low voice

One Om aloud.

Grounding Mastery

A Master of Wisdom gives strength to an ashram by Its power, Its Love, and Its intention (see DINA 1:755). It inspires from the 3 Buddhas of activity, hence from the 3 aspects. We shall review these levels of vitality, not anymore according, to the Initiations (booklet on Grasping and Transmitting ideas) but according the 3 aspects of the monad outpouring through the Triad and according to 3 types of instrument. In our outline *To arouse Spirit*, these aspects constituting Life are formulated as 1) the Will to be, 2) the One in all, 3) Spirit.



To give force to an ashram

Hence, a Master of wisdom gives strength to an ashram with the 3 aspects of the monad outpouring through the 3 aspects of the Triad.

The 3rd aspect concerns Manas, hence the link between Spirit, the abstract or spatial mind and the illumined mind. Manas streams from Saturn and Sirius, source of logoic Manas, then passes through Libra and the green Buddha. Manas supports this type of instrument, the 5th, who are called the Thinkers. The alignment passes from the 3rd monadic aspect to the 3rd triadic aspect, and from there a priori to the 3rd plane of vitality or to a higher level.

The 2nd aspect merges in the blue night background, galactic or inner space, immediate presence. Being true characterizes this type of instrument (the 6th), the units of intuitive light [R1:319]. With this aspect, the Master unites with the Heart of the Sun; it inspires

from the indigo Buddha, hence form Capricorn and Aquarius, but also from the great Bear and its feminine counterpart, the Pleiades with their silvery note. The alignment starts from the monadic wisdom to the buddhic level, Being true, and thence, to the level 7.2 of vitality or 7.1.

The Master develops Its power in contacting Shamballa and the 1^{st} Buddha of activity, red; this alignment concerns the 7th type of instrument characterized by Will. From the galaxy which enables this Buddha, aspect of the Heavenly Man, the disciple aligns on the monadic will, which passes to the atmic pane will of Spirit, and thence to the 1^{st} level of vitality, 7.1.

We can, at our level, contribute to the ashram; which line is activated

In short, this means

- 3) Thinking for the world
- 2) Infusing with love
- 1) Asserting Spirit.

To tune in, to relay, to express the Mind of God, Wisdom, Will.

This concerns the alignment of the 3 dots through the 4 circles: red, indigo, sky blue, green; of course, the green circle is to be handled, observed, implemented carefully, since it infuses the personality that may be temporarily out of tune.

Regulation day course

This regulation happened on Saturday 19th of October and Sunday morning the 20th. Time 1. Beginning after the full moon.

We say our words of our incarnation 1) Fire – Incarnate – Brotherhood; 2) Abstraction – Detachment – Sharing; 3) Beauty – Grounding – Wisdom. The we practice again the full moon meditation (of Libra) and share later the ideas on this moment:

1) Behind duality rests an underlying unity. Intelligence enables to move under the two great lines of force. 2) The group finds its note; it perceives a reawakening light. 3) Our group is a point in a greater pattern, related with links carrying information. As leaves on a tree falling in the autumn, unveiling the pattern of branches, in the same way as we analyse the data, one discovers a pattern. Guided by the light and the will, we have access to the fundamental information which pushes us to the right action for realizing the Plan.

Time 2. 1st aspect of the meeting. Where are we individually?

Is there a balance between the inside and the outside?

1) I'm working to the balance between daily tasks and the point in the centre.

I'm learning the lesson of powerlessness: if one can't act in the outside, act in the inside with thought or light.

To take part in the work of M. thanks to His closeness; to draw in the Unknown, to awaken in the solar U and express by Being true.

I have to learn serenity that is to transform any impulse of nervousness in welcoming then search of understanding. The matter is to embody more the 2nd aspect rather than to stay with the 5th Ray which is strict and requiring: to open a space of possibilities, welcome and smile at any effort.

I have to learn to become a magnetic coil, to let pass the stimulus without desiring anything for me, hence not be recognized for the writings hence to be loved, but stimulate the Spirit in everyone: to merge in It emerges. Coil but also black hole, living fire.

I begin to sing the sounds in the meditation: U, A, O on an high pitch.

- 2) I a listing to the group, its differences, yet does not perceive it completely and does not take part yet totally to the work. Everything is there but I'm not yet fully inside.
- 3) I'm seeking to reach a life where subjective activities and earthly activities would be completely linked. The efforts made in that direction are bringing their fruits, since progressively these two worlds (inner and outer) join. New abilities appear, they are structuring the actions.

Time 3. 2nd aspect. Balance between oneself and the group

Have other expectations than what proposes the group and do this suit us?

1 In the association I'm feeling myself at the forefront (centre forward) with two wingers; one is confirming my insights, the other has suggested an initiative: the website source intérieure but I perceive few or no writings, catchy ideas, no opposition either. The subjective group exceeds my perception but the ashramic support is constant and the closeness of M. gives me sharpness.

2 The group finds its note. I loved its simplicity which brings me a lot.

3 I do not occupy fully my place of treasurer and, whereas my desires push me to sit down in order to write, I do not take yet the time for doing it.

Time 4. Astrological chart of the association and individual charts.

The association chart shows an easiness to contact the intuition (electric fire?) with Uranus in Aries opposed to the sun. In putting in correspondence this chart with the chart of each member, we spot some stimulations or contributions of one or another. 2) supports the action by her Mars. Moreover her energy, the sun, is connected to the roots, at the association bottom of the sky. 1) opens new perspectives (Rising degree) where the group has strivings to make (North node). The sensitivity of 3) (the Moon) operates with that which can overcome (Pluto). It stimulates the group values (Venus) in an intuitive way (Uranus). Etc.

Time 5. After the meal, picking of paragraphs in the book The Call

Unfathomable is the Calm of the Creator amidst the manifold turmoil of events

The spirit is ever free. Between battles you are permitted respite. §216-217 We wish to speak of matters of great import.

Do not loose yourselves in clouds of everyday dust.

§ 362

Where is the boundary of Justice?

Those who are trained in the school of harmony will recognize the mandates of the heart

§ 280

Time 6. Presentation on the Heavenly Man, sharing

The Heavenly Man is a cosmic being, related to the solar Logos. It is a part of the galactic Brotherhood. It aims to arouse Spirit.

We accompany this Being with following outline

Being true

In It, thanks to It, relate to That which underpins space

It arises

It opens

It promotes

Going along

Participate to the great Work with Guides

In all strengthen Being true

Time 7. Sunday, yearly outline: To arouse Spirit

We begin with the key-words of incarnation. After meditating we share on the rhythm of leading the meditation. When the leading is quick, attention picks less on the words and more on the voice and the intent. When the leading is m slower we have time for infusing and searching. The main thing is to know what one is looking for pass to others: the intent is in the voice.

Time 8. 3rd aspect, the association and the world, both objective and subjective

We are listing the planetary and human needs; we do not necessary agree on these needs. For 3) the primeval need is the opening, leading to empathy. The 2nd ray seems to implant itself more and more. For 1) the question is to move into the illumined mind, and AAB had underlines this, but the subjective form of the invocation (prayer sublimed in the mind) helps but little. The use of smartphones and screens helps to move to the abstract, however little.

A success: the link with the ashram is getting stronger; contact is stabilizing. The energy that we transmit is more useful and inserts itself in the network of subjective workers. A root of the problem is the glamour of acquired conviction, linked with the attachment to the past: a tree uses its roots yet develops its canopy thanks to the ambient air and to the sun.

The planetary solar plexus - represented by the media for humans and which Jerusalem is the physical anchor - is inflamed. How can act the Heart? With a calming balm, by a patient openness. We can take again, when we feel it, a small sentence of the yearly outline:

The One in all underlies the immediate presence - Being true -Intuition Which spreads out in awakening, understanding through love.

We spread this understanding in mankind, and this leads to openness.

We can do the same with the 1st aspect: "atman activates the will of Spirit".

Temporary defeat: the concrete means (website, writings, podcast) are ready but do not get out largely. The limits of everyone push us to remain focused on the group (Rising Capricorn, etc.) and they protect us.

Time 9. Conclusion, creative assertion.

We read paragraphs on the retrograde planets and talk about reproductions of Nicholas Roerich, which will be printed as postal cards.

We close these days, which were constructive, with the creative assertion. The celestial inflow brings in a greater light in each unit: transfiguration. The energy of the group members is harmonizing, including with the ashram.

Year 2025

Decision Day: general assembly

Pre-general assembly 25

Darkness

We enter – in imagination – in the dark background, the divine medium according to the expression of Teilhard de Chardin, there where begin all the black holes, all the "jewels". The black holes are often described by the motion of a material, massive, inert point that is irresistibly attracted then absorbed by this hole from where no light escapes. This means to be identified with matter, with that is submitted to the attraction, to that which is moved, 3rd aspect. But one may identify with the 1st aspect, to that which may happen, spring up to existence, to that Will, or identify to the 2nd aspect that feels, catches perceives.

The secret Doctrine in its preface [DS1:LXXXVIII] talks about the cold Breath of the Mother – space- and of the hot Breath of the Father – Spirit. Extension in calmness, in silence, the background; acuity in the vivid, the fine, the spur. Stephen Hawkins has the first talked about the temperature of black holes: the energy radiating from them, temperature of proximal colour, in other words of radiation.

The 9th gate marks the refusal, the passing in something else, darkness. The initiate is absorbed in the motivation of the galactic desire or in the mind = the cosmic intent: He exists - moves out of Being - for "existence is livingness coupled with awareness which "finds its own place ad the spiritual house of its Being which is the true home of all Beings, but of this our planetary forms know naught." [R5:737]. He moves thus on another plane that the scale substance - Spirit.

The 8th gate, called the initiation of Transition, seems to describe –in our imagery – the moment when one stays one the film of the black hole, interface between substance – the cold – and spirit – the intense; it is the apotheosis of sensitivity, 2nd aspect. This sensitivity grasps the whole scale of duality, from the Good to he opposed polarity: "He is allowed to "see that which is hidden behind the fast sealed door and be in touch with cosmic evil for it can no longer hurt him" according to the Ancient Commentary. Thus He perceives "the true nature of light, the mystery of electricity, the constitution of the good, the beautiful and the true, [R5:727] and the role of regression.

Beyond the 7th gate, Being moves in the pure springing forth, plane 1 Adi, beyond any form any cycle, any action. He vibrates in the electric plasma and draws His strength in the Dark, the Transcending. There operates Maitreya, the Manu and our Friend, our Elder, our Coach: Morya.

When the disciple passes through the 5th gate and masters existence, He unites with the will of the One. He frees himself from blindness [R5:684-6] for the monadic will m gives him access - at will - to darkness, to the foundation of being; He may enter in the dark which does not hide any more Reality, the vibration where the archetypal form comes from.

And the 6th gate? The matter is to orient one self, whence the choice in a vibratory mode of that which underlies the One, the archetypal cycle, the fundamental quantum of action.

The indicated references are there for the searcher to complete its approach, to broaden its perspective and to make one's own idea by itself.

The achievement of sensitivity is concluded at the 8th initiation by the focus, harmony and contrast (4), by the rigorous conception (5),by the grasping of the abstract model or ideation (6), by coordination and rhythm in expression (7). Thus the 4 rays of attribute enable to grasp the duality of all substance.

And the 9th initiation? *It arises, it opens It promotes* could describe the 3 aspects active at that moment; yet to arise is an effect. It would rather be the will or tension which makes arise, which makes open and which promotes. These 3 tensions, these 3 expressions of atman would be not merely active, but unfolded in the passing in the Dark, the Transcendent, the Unfathomable.

To arouse in duality

To arouse echoes the emitting polarity , informing current Spirit pole and to the receptive substance, implementing support, Nature current as has written Martin Muller. It is the duality corresponding to the 6^{th} type of instrument, the one of Units of intuitive light [R1:319]. In that sense, to resurrect – to re- arouse – is in phase with the the cycle that is beginning.

Yet we feel attracted buy a short sentence at the end of the Treatise on cosmic Fire [CF:1244]. That which is the cause of "the pairs of opposites ... the true abstraction or the Absolute". This question joins an old theological discussion: Is God the pendant of the devil or does It authorizes the evil, as absence of Its presence, as a less in the plenitude of the divine? The answer is usually that It institutes the frame of the game for its pupils to learn to discern, to love and then to will with the One.

Well, the matter is it to arouse the substance come form another deeper layer, from a greater Being as the planetary Logo is part of the solar Logos, and this one part of the galaxy, and, first of all the monad in the Logos. Spirit is then a fine vibration in an immense Force; it impacts in its turn a layer of substance being part of a deeper layer; this r looks like nested Russian dolls.

Or either, another view, the Absolute is threefold tension that makes arise the Space-Breath. In that moment, hence in the galaxy, the vibration becomes Spirit-Substance both together; this tension founds a slower vibration which becomes the basis, the support of matter, the base of evolution. Let us remind that for the microcosm, the monad is the Absolute.

Springing forth from the galaxy and the Heart

The galaxy instantiates the first aspect of the Penetrating one, *In all It springs forth*. This corresponds to the awakening centre of the Heart and is consistent with the sun, Heart of Love. In this case, the 3rd solar system - infused with will - will express this springing forth. Or is it we who, infused with love by the sun or simply centred in the heart, think that the galaxy vibrates in the mode of the 1st aspect of the Penetrating one? Indeed, we replicate the Cosmos amidst the planetary sphere and our awakening centres tune to the 9 vibratory modes - this was our hypothesis to bring the cosmic Paths close to the awakening centres discovered by Martin Muller.

The Logos incarnates

We identify with the solar Logos and the Galaxy expresses via the sun. It would be interesting to know which constellation the sun is a part; for if the zodiac represents the 12 petals of the Lotus, why s would It remain in the centre, isolated?

Curiously, the outline guides toward the sun from the vigour of the galaxy and moves to the level Adi, dynamic jet, electric plasma or ocean mist. That is to say that the flow passes through the substance, before coming back in the outpouring to the *3 emitting aspects* before the line *substance pure sensitivity*. One may stay in the Intent of the Logos: *It incarnates* and It sends out the A, then the U. The U unites in its crucible; it makes resound the emerging Existence. Yet will the fact of not mentioning Adi lead us to a more material incarnation? In that case, it would be necessary to keep the mention of Adi.

However another question is hanging: we are talking of the red outpouring after the instantiation of the Unknown in the galaxy then in the sun. The following instantiation is made via the Fire of Spirit o and its sparks; it is less sudden for it concerns us more, we humans?

A, U, M in the perception

The U symbolizes in its crucible the perception of the world perceived on both sides or pillars of the U. This crucible could stay egocentric, but the A makes burst this restriction: the Un bursts out in many points that are the conscious units: it becomes fractal. Perception gives birth to a recognized Brotherhood.

It arouses the attractor Will-Spirit

The will comes from the centre; Spirit extends its radiance, One. It stands at the centre and ex-tends its will with the O that irradiates, infuses, stimulates; space is then filled with Spirit, resounding of the O, of the A and the U melted, resplendent space, place of bliss, Shamballa.

The O is rounded and full, fusion of the bursting A and of the gathering U. The A expresses the will that makes emerge in existence; this inflow stimulates, gives life, and activates the substance with the highest frequency. The U assembles, in perception, that which presents itself; Spirit is one, vibrates and catches.

Immediate presence and Being true.

The immediate presence is symbolized by the indigo circle or if one prefers by the night blue background, window on the galaxy. Being true is focused in this presence, it is symbolized in the indigo dot amidst the circle or "the door of immediate background". Presence opens a kind of space, of a field of possible resounding. One has access to this presence in contemplating the symbol, reciprocally this perceptive state evokes the indigo circle.

And on finds really oneself in a stare of magnetic equilibrium, 4th level between the 3 higher levels, more stimulating and the 3 lower, more external or more concrete. One confirms then that the low on this 4th plane is called Law of Magnetic control [CF:583] in agreement with the 4th subplane of the mind, 5.4, mental unit.

Individual zodiacal triangle

It is worth to build very carefully this triangle. It seems wise to begin by Vulcan at the crown centre, then the ruler of the Rising sign, to move upward then to 1) the solar sign conditioning personality and its rays, then 2) to the rising sign, door of possibilities, its acting ray, and 3) the achievement sign in front of the solar sign.

Say the formula one has found as a soul, it is related to the rising sign. Move back downward from achievement by the door of the rising sign for infusing with the rays of Spirit or Presence the solar sign. This conditions personality that becomes the active expression of Spirit as much as it is perceived..

The A, U, M do not belong to us, they are the sounds of the Logos and we appropriate them by resounding. Wit the A Breath passes through, with the U we are part of the conscious sphere, with the M we implement; thus we can arouse Spirit, awaken consciousness, contribute to evolution.

The A points out the piercing to beyond, intuition activates. The U unites, opens perception in giving and in catching; one gets at unison with the world of others with the affective or relational body. The M implements, in movement with the mind and physical activity; personality is then supported, though one may be tired: action by thought, by speech or gesture.

In other words, the signs correspond to 1) achievement, A, to direction, outpouring of the spark, mental body, 2) rising, U, to consciousness and relations, affective body, 3) solar, M, personality, activity and physical body.

Cosmic way

In its threefold tension, the Unknown pulsates, or is it the monad? Transcending, the communion does not move away from its Origin; the Absolute reins, opens the possible, triggers the movement. Penetrating, the communion extends to the manifold which is peopling space; it comes back to its Origin, springing forth, receptive, infusing. Expressing, the communion seems to move afar, to loose itself in the outside, to vanish, yet it stays hidden, buried, tenuous. It pulsates, It stays, It is, that is springs forth, unfolds, manifests itself.

The Absolute replicates in the microcosm: the One distributes itself at the 3 levels of the Triad, to the individual A U M, to the 3 floors of the body. Eventually it results in the 3 axes of action: direction, relation, production.

Intension – energy

Alice A. Bailey talks about the fixed determination of Sanat Kumara, the great Sacrifice. This is rather, in our sense, a <u>sustained Intension</u>. It is a tension that is maintained

whereas the resulting Life underlines renewal and spreading out. This tension comes from the cosmic mind; it does not merely implement, it constitutes the thought, the raison d'être or purpose.

When we say there is a lot of energy, one mentions an effect, on the body, the matter is to come back to the tension, to the will, to the informing stimulus. In this sense Martin Muller has created the exercise Down and Away. At some time the subjective life – sensation, feeling, and thought which gibes the direction – reveals itself as secondary. The descending current expels or repudiates, rejects these forms; they do not bring anything any more and are only the rebound of the descending current; they are used a daily scoreboard.

MORAL REPORT WILL SPIRIT 25

Good morning to you

Our rising sign is Capricorn; indeed we move toward the heights while remaining on Earth. With Solène's departure, solitude is still more acute but the sky and other summits are surrounding us. We are pouring out to the plain, with the relays of inspiration, the observers – the capacities of human consciousness – and at the new moon toward the background of human and earthly experience.

After 40 years of carefully built pa outlines, we explore meditations based on a few words or a sentence.

An opening has come for the activity Inner Source with a new website and the redaction for an article for the Son Bleu, and this starts a cooperation.

We ordered the printing of the creative assertion; the orders of the Agni Yoga sympathisers have received one sheet – without any return on these topic.

Finally a little larger group disintegrates the thought-form of the Promised Land; it emits the idea of Loving equality answering to the repeated aggressions of Israel. A pondering on this part of the Plan of evolution and on the present dissonances would be welcome. Similarly to attract dedicated workers would be fine.

Hence, after this review, let us pass to the perspective of the year to come.

It is said that in 2025 [R5:207], the O resounds more largely; the conclave of the Masters of wisdom meets and envisions which new energies will be implanted. The 7^{th} Ray of coordination and rhythm will very probably pursue its grounding with the creative tension of the 4^{th} Ray: this Ray provokes the present conflicts and focuses the world image in the international consciousness. This 4^{th} Ray prepares an inflow of 1^{st} Ray; indeed dissonance will arouse a striving of will; the global warming and the Earth state will participate in this effort.

Our closer effort is to tune into the O, to sustain the Intent of the Logos in taking part in the outpouring of the Triad, this we already know. We can already associate with all the wise Ones who are mastering the 3 worlds, sensory, affective and mental and become offspring, replicates and expressions of the Heavenly Man. We'll have to register the inspiration at the maximum of our abilities, to be listening to that which happens in the High Places, with the assertion of the raison d'être come from the cosmic mind and to transcribe it in our deeds and our thoughts. Each moment of alignment is useful in that sense.

COURSE OF THE GENERAL ASSEMBLY

11h00 The assembly is open with the key-words of incarnation., I have to accept to 1^{st} aspect. Energy

We practice the annual meditation: To arouse Spirit with two parts. Then we share our impressions.

ADP. I can't any more; I have to accept to be in pain. We need other associates, Gilda or Ann who have a meditative activity. We give up the meditation outline; we join in the ashram. I feel that which infuses the meditation; I must wait and accept that I can't at each exploration contact and formulate. Said with a weak voice, I a m lost in the number of contacts to be realized. I need time.

FIF. Sirius refers to the pure sensitivity of the 8th gate. For sensing the centre of the galaxy, one can 1) include the starry sky, 2) see the centre arise for the background. This background is both at rest and under tension, both fused; it is the Origin, the Absolute, everything is in potential. *To move*, there is no object; I moves and thus makes appear the Breath. *It incarnates* takes again the aspects of the Brotherhood enunciated before: Will, Life and Logos.

Will of Spirit, one may access to it through the red dot in the indigo or though the will in the presence or, in thinking to what has been made before – in the service and thought again, for stimulating the seeds.

Understanding through love: the soul is limited by the mental body, yet first of all by its rays and the equation of incarnation one can see in the astrological chart.

Rising Capricorn, the formula could be: the sky expresses, it implants, or the infinite expresses.

To arouse, means to invoke or to make come from Above That which makes it vibrate. 12h00 The moral report is read and discussed.

The great Invocation is a form to which a chapel holds on. "One does not put new wine in old bottles" or according to Agni Yoga, welcome the new ones. Other disciples will take anew the torch.

The 4th Ray operates in 3 stages: 1) 2 different notes resound, 2) tension between these 2 notes; they are acknowledged, 3) creation of a solution following an approach, progressive compromises. For this approach, a detached intelligence (3rd ray of creative thought) is necessary with the help of loving opening (2nd ray). One observes an opposition between short-term (pragmatism) and long-term (strategy for realizing the vision). How does make the Illumined Heart?

12h16 The moral report is approved at unanimity.

2nd aspect. Unity

We are progressing toward the Assembly and after Will of Spirit, we shall name some Beings, before registering the inspiration.

3 OM: one in a low voice, one in making resonate the body, one silent.

Will Spirit

The O

All the beings that He assembles: Maitreya, Morya, the Manu, Francisco de Assisi, the Lord of civilisation, Nicholas Roerich, the Tibetan, Martin Muller, Elena Roerich,

...

This assembly of monads vibrates and we listen

We sense the O, Life, the stimulation, the Will of Spirit

Being true in all humans, this small inner unit

We pour out the spiritual vitality to all beings

We see consciousness's liberate themselves, broaden illuminate

God is all, according to the rule 13

We say the creative assertion

12h33 Sharing

Here is a far away perspective.

The 3rd solar system will be prepared by the Lords of sacrifice of the 7th root-race [cf.

R1:]. The red blood cells (the human beings) will develop will, for life is hard. Before, they develop respect in Love as the solar Logos is Love in this 2nd system. The Logos will become a galaxy and each human being will be a star, with the will coming from the centre of this new galaxy.

The planetary purpose is harmony on Earth as a sub-note of the 3nd Ray, before the multiplication of the seeds.

Animals will have their role as units of consciousness.

We are at the stage described at the end of the rule 11 [R5:221]. The outer group dies occultly speaking; it is absorbed in the Ashram. The causal body is destroyed, it contains the qualities and the mental form of the Teaching; the group is absorbed or melted in the permanent renewal of Spirit; this has begun with Being true and the will of Spirit.

. 12h50 Meal

14h30 3rd aspect. Evolution

After 3 Om, we read the paragraph §94 and 390 of the Call.

We study the financial report which is approved at unanimity.

The quarterly expenses of the bank account remain 39,65 \in , one has to call about that; they may reduce to 19,40 \in .

14h30 Research on the Plan of evolution

We study a mind map on the goals of the Logos, the Rays, the 9 abilities of attention, and the human problems. A new factor appear: to be author or creator in order to get out of the conformism, hence to individuate oneself according the word of Jung. Too we draw a map with the materialist centres and the Heart; this shows the need of various qualities or rays: 1 for abstracting, 2 for opening, 3 for thinking, 4 for harmonizing and adjusting, 7 for coordinating.

We read the page [R5:107], the matter is to become a point of dynamic will. Then we observe a summary silence with gratitude toward Those who are guiding us, inspiring and supporting us, then with our engagement.

15h30 The assembly is closed.

Prayers to the Creator are offered not only in temples

The wax of the candle burn also in the labours of life. The call §94

And so in labor will you meet Me.
But what are the signs of labor?
Speed, decisiveness, and self-sacrifice.
But with speed and decisiveness one may also rush toward the abyss.
But your path is to the summits.
Therefore, add also wisdom.

Ask yourselves in the morning, beginning your day, what you can add to the entrusted work
That My Name should permeate all your deeds, and should enter not as obstacle but as affirmation;
Not averting, nor complicating, but as a part of your decisive thoughts.

So labor wisely and, accepting the Shield of My Name,
You will conquer all that obstructs the ascent.
This is the advice for immediate application to the work.
And so, precisely and simply I say:
Read and understand simply My Teaching,
without losing the given dates.
My Hand be with you.
The Call §390

OUTLINE 25 RESURRECTING SPIRIT

Participate to the fractal U,

To the liberating A

Tune into the spiritual incentive, to It

Shamballa

Vulcan at the crown centre, ruler of the rising sign, triangle of zodiacal constellations

Zodiacal wheel

Sirius, Manas

Great Bear, direct

Galactic centre, uprising

1st aspect of the Penetrating One

Brotherhood of Beings who are Will, Life and Logos

Irruption of the Transcending One

Power of GN-z11

Dark background,

Threefold tension, the Unfathomable

- To arise (dark point in the centre of the white disk upon a dark background)
- · To open, Space
- · To move, Breath

It makes arise the Space-Breath

It transcends: It arouses emergence; It stretches out space; It passes through

It penetrates: in all It arouses; in all It catches; in all It radiates It expresses: It founds; It coordinates; It arouses movement.

It arouses anew (9 white circles in the 3 red dots) With the Brotherhood. (9 white circles in the red ring)

Galactic current that expresses via the solar Logos

It incarnates

It wants to express Spirit, the sound A, the U, outpouring of electric fire

3 aspects emitting - echoes of the cosmic mind (will, wisdom, intelligence)

Substance, pure sentiency - receptive to the galactic motivation- love

Galactic activity, dynamic electricity

Will-fire, the breath of the One

Will to be, the One emerges - Mastery exerting the will of the One

Radiant Life, electric light

Direction, the Good

It arouses Spirit with the O in the Assembly.

Add one's life to the power of the Heart

. The universal I activates the will of Spirit

It stimulates the true in the seeds

It spreads in renewal of consciousness, abnegation.

. The One in all underlies the immediate presence, being true, intuition

It spreads in awakening, understanding through love

. Spirit stimulates the mind

It spreads intelligent coordination

And expresses free, loving, beneficent creativeness.

The source of consciousness illuminates. Our triangles.

. Spirit sets up via the individual zodiacal triangle

A, U, M tune the 3 levels of my instrument

Short outline Will Spirit Silence Being true Ashram **WILL SPIRIT** (lengthy exploration, reception, distribution) Stimulate the seeds, Tension of the Self, Abnegation Immediate Presence, Awakening, Understanding through love Mind, intelligent coordination, creativeness The source of consciousness illuminates. Individual zodiacal triangle, say the formula, integrate A, U, M regulate the 3 levels of my instrument With the O, He arouses the attractor Will Spirit 1 OM, red, Aries, Life 1 OM, indigo, Capricorn, **Wisdom** (Venus at the heart) 1 OM, green, Libra, Active raison d'être 1 OM with the focal point of life who implants His Intention.

Alignments Transcendent Galaxy Sanat Kumara Abundant life He wants Radiant life Will of Spirit Being true Source of consciousness Active expression Galactic background Cosmic background Cosmic background

The figure shows 7 currents of spiritual will that structures the Plan of evolution and 7 buddhic seeds corresponding to the 7 ashrams; The solar Logos is no t represented, it has its origin in the black hole of the galaxy; Sanat Kumara embodies the planetary Logos who joins the solar Logos. The source of consciousness is represented as one as it is essentially relation and the active expression represents either the individual personality either humanity, either the Earth accompanied by 7 planets or focuses of the 7 rays. As you may notice, the 3 levels of the spiritual Triad are unfolded and the 2 levels of the monad are distinct; these levels are coloured according to the monadic ray, hinted at by the current imposing in the centre of the illumined consciousness.

WORKING WITH THE ELDERS

Another type of meditation

The blue-sky circle radiates, the indigo circle infuses or it sub stands, the red circle stimulates. Tension of the red in the beginning, then support in the Triad. Atman, the universal I, is apart of the Logos; that's what enables us to work like that.

Course

Point of spiritual incentive
Link with the Heavenly Man
Star of the great Bear
Centre of the galaxy
Power of GN-z11
The Author of the Cosmos
Threefold tension: to arise, to open to move
9 stimulating modes
Galaxy, 1st aspect of the Penetrating one
The Brotherhood
Sun, It incarnates
It arouses Spirit with the sound A, the sound U, red outpouring
....

The Absolute reverberates in the Logos
The A activates the vibration
Add your life to the power of the Heart
The universal I activates the will of Spirit
It stimulates the True in the seeds

Join the O arousing the attractor

Precision on the Assembly, the ashram

The A resounds at Adi level, fiery mist, electric plasma, solar lives of the $7 - 8 - 9^{th}$ initiations.

The U resounds at monadic level, sparks of life.

The O resounds at these both levels and assembles the sparks: planet.

The ashram is a Love enclosure, the Heart supports consciousness with planetary lives, the Triads. They express Spirit and implement the evolution: 3rd aspect. In the ashram, disciples work to their serviced activity.

Spirit implants itself in my instrument

After the zodiacal triangle and the formula, A, U, M mix with the 3 questions:

A sounded out by the Logos at Adi Level, achievement sign (constellation), liberation, direction, stimulus, incarnating in the mind, "Arousing Spirit".

U, Its radiant Life, rising sign (constellation), opening to the world, relation, refocusing, serenity, infusing relations, "Awakening consciousness".

M, implementation, solar sign (constellation), action, stimulating the personality, the physical body, "Contributing to the evolution".

PONDERINGS WILL SPIRIT 25

Go toward That which founds one's being

This sentence can be replaced by *Tune into the spiritual incentive* of by *Tune into His will*. This last approach is more serious. One makes an echo to the cosmic desire, the other to the mind as much as one may judge; anyhow we are only perceiving correspondences or harmonics.

Third tension of the background

Threefold tension, how to name this third tension? In French, to move is a seldom-used verb and a transitive one, calling thus an object in complement. In the indistinct of the dark background it does seems appropriate. To move around seems right in underlying this tension in the informal, though the word in French looks vulgar. The tension points out a push at least potential and to move around is neatly undefined. On the contrary, in the Expressing one, to arouse movement and to move become right with this acknowledged externality. Motion following to arise and to open leaves the series of infinitive but is nice in French.

To stir is equivalent to move around, yet in French, re- muer shows the verb muer = to moult. Is the Author of the cosmos changing its skin? To moult implies to change, hence to move within the space of the possibilities, created by the 2^{nd} tension. In low Latin, this verb means to move, to change, hence also to stir; this could begin by to vibrate in the indistinct environment; and the most mobile is the Breath: it emanates from it.

To stir (in French remuer) means in the Middle Age to set in motion, but the prefix re points to a repetition and a move without any precise sense. To moult has the advantage to point to a internal transition and, as in the adolescence, involuntary and unconscious.

In fact, it is we all who are moulting under Its tension.

3rd aspect of the Penetrating One

The 3rd aspect describes the implementation, the action or the movement. *To spread* is used for expressing the impact of the Triad on the pure consciousness, hence on these more external levels. *To spread* describes well the action of disseminating on multiplicity, for example a program on the waves and match quire well with the 2nd aspect *It grasps*. This 3rd aspect corresponds to the Path of Rays coming to us via the Great Bear; one has thus the meaning of Direct (with the buddhic plane) and the stimulating penetration of Spirit. *To radiate* seems superficial whereas *to irradiate* seems direct and more internal but evokes a toxic radiation; if *It irradiates* would have been preferred, It radiates is more talkative. *To activate* assumes a pre-existing potential, *to stimulate* too, and these verbs do not suggest the idea of spreading. "*Light infuses the world*", this expression shows that *It infuses* could also describe this penetration. It could be *It vivifies* for the prototypes of the monads come from it and it is really what is felt in looking to the great Bear. The practitioner will choose the word that fits for him.

The Penetrating one is the Breath who internalizes itself, who finds itself who multiplies and focuses in many points. This corresponds to the 2nd level, monadic, that is the vibration which resounds and makes the One; the radiant Life extends the One, synthesis and yet it focuses. Atman is thus the I who finds itself in the black hole, dark background or divine middle.

It radiates or It infuses, It stimulates

3rd aspect of the Penetrating One. The radiation expresses through the strength of the mountains, the firmness erected and compact of the mineral, by the superficial tension of the liquids, by the perfume of flowers ... all the emanations of the kingdoms unto the Beings which make brighten the stars, among tem those of the great Bear, more noticeable stimulation. *It radiates, It infuses, It stimulates. It activates* assumes a potential but could fit.

Galactic motivation

This motivation is the will which brings fulfilment; it is the desire-love – specially for our sun – infusing our universe-island and carries all along to fruition.

The Buddhas assimilate this infusion and transform it in diaphanous light.

Which is the role Capricorn? This will-to-love draws in the cosmic mind and transits the supernal Light, this conception of the underlying Unity that recollects in wisdom.

Transfer from the sun to the galaxy

The treatise on cosmic Fire, written in the 20th century, describes the laws and the pattern of the solar Logos; it deals briefly about the so-called cosmic Way, with the electric fire of Spirit. For the observers particularly, the matter is to identify with the Heart of the sun, to *solar Being*, facing the planet according to Martin Muller's view.

The telepathic transmitters work in the mind they register impressions and Sirius, source of logoic manas, is located, with the great Bear, the Pleiades, and the zodiac, in the area that influences the solar Logos; thus He is the pivot of attention.

The note of this new century is centred upon the galaxy, apparently. In this direction, are witnessing some articles of scientific vulgarization reviews and the currents of awakening – a finer, more abstract and penetrating approach. Yes, the Penetrating aspect issued from the centre of the galaxy, that arouses then gives life, comes to appear as goal of the path, as direction of evolution and as summit of realization. Indeed, the cosmos includes myriads of galaxies; it is used as horizon, as foundation of the universe and announces the Unfathomable.

It is though the black holes or from jewel to jewels that we can move toward more intensity; however the celestial vault offers its night blue background, receptacle of Wisdom, of oneness sustaining our existence, absorption in the apparent obscurity and hence basis of the immediate presence.

This transfer helps the note of the resurrection (of Spirit). Probably some Beings move forward on the 6^{th} Path, the one of our Logos, toward the central spiritual Sun, feeding the 1^{st} aspect of the Penetrating one: *In all It arouses*. Is it Gautama Buddha who moves forward? Since He follows this path and joined the Heart of the sun, He moves forward in this vibratory mode together with other Beings. Imagination? Any way, this increases the vitality of the solar system.

Intention of the planetary Logos

The planetary Logos or Heavenly Man initiates a new stage with the 6th type of instrument of intuitive units; this will match with a new approach of the divine and a new civilisation, global this time [R5:658 et R3:319,357]. Its contact with the Cosmos has pulled the discovery by the human beings 1) of the X-rays hence of radiation, 2) of the quantum of action, hence the systemic interactions and 3) of the big Bang. The human horizon has broadened flowing Its steps forward.

The unity of humanity acknowledged thanks to the Covid-19 will too broaden with equality and the feeling of unity; Israel aggressions show the inflammation of the planetary solar plexus and, once a balm spread with the courage to assert equality and the respect of all, this appeased centre will allow to realize a unity in a relative harmony and dissonance. The Earth requires too courage, opening and detached intelligence. Around 2040, the axis of rotation of the Earth will approximate the polar star, it is said, and around that time, one may expect to a revelation and a new start.

Then *Being true* will be the reference in the pulse of consciousness in a small scale first in the intelligentsia; then the implantation of the germ of will in a coherent unit will begin to have a meaning. It is later that the seedling will be realized and this will initiate the 7th type of instrument: the lords of sacrifice.

The planetary Logos

It arouses irruption in the Cosmos; amidst the solar space It is then shouldered by Its great Brother. It tends the space of possibilities as a band of rubber extending unto the ring-pass-not and this does not inhibit It to radiate beyond. The ring can be passed away by the lives evolving in It, in Its aura, says Alice Bailey. It promotes Its purpose, that for which It acts in this way, hence the reason d'être of the planet.

The Heavenly Man has integrated itself to Its soul, the Heart of the sun; Its brain, Sanat Kumara, has passed the 9th initiation and has therefore contacted the spiritual

central sun that we identify as the black hole of the galaxy; through it, it binds to the Unfathomable, the Author of the Cosmos, in this b dark background. And it is thanks to SK, that we can, through the One, the monad, glean some echoes of this inflow. These are the advances that suggests AAB in Rays and Initiations.

Monads of various rays gather as the Lords of Rays in Shamballa. They remain linked to their planetary Logos by resounding in the One. They are inspired by the 2^{nd} Buddha of activity, night blue, and the devic monads by the 3^{rd} . As the monadic r Ray of the Logos is the 1^{st} , monads of 1^{st} Ray participate too in the inflow of the 1^{st} Buddha of activity, tot the Heavenly Man to Its prototype in the great Bear. It is in that current that the Sower will sow the seeds of will for the 3^{rd} solar system.

Reversal

One makes a call to abstract, far-away, high sources; they may be a Master of wisdom, a great Being, a star of the author of the Cosmos. That's what Alice A. Bailey calls the invocation. Then one identifies or, at least, one participates or one tunes into this energetic point, this Being – that word means to arise; this is evocation. It is the case with the galaxy that includes all visible stars: one has to pass over in order to envision the hyper massive black hole, or for going to the Transcending One that seems so far, so abstract; transcending figuring the Author of the Cosmos or the Heavenly Man or the monad, spark of life, yet resonating always in the aura of the planetary Life. The reversal is made and tension appears, if this world of *tension* fits.

Will goes always from Above downward, says Esoteric astrology; it is the case with red outpouring, 1st aspect of the expression of the solar Logos.

Substance-sensitivity receptive to galactic motivation includes the zodiac with its will-to-love, and some known centres: Sirius, the great Bear, the Pleiades -among them Electra- unto the galaxy. The *will-fire* is more essential than the *will-to-be* since a goal – to be or to arise – shows an external element, not yet reached. However this will to be passes through us and enfolds the One, its will, called the monadic will, before it expresses in will of spirit, on the atmic plane. *The One in all* shows the extent, the inclusion in manifold and *Direction the Good* the push forward, the expression of the 3rd aspect.

Transfigured planet

At the 3^{rd} initiation, the human being receives the impact of the monad via the soul; this impact arrives in the heart. The planetary monad is a star of 1^{st} ray [R3:619] in the great Bear and its impact will be applied in the heart, hence in the reservoir of will in the great Ashram and in the 7 major ashrams [R5:380].

The dynamic pulsation comes from the participation or echo of the star according to the monadic ray, and the crystal in the coccyx is a part of the terrestrial crystal. Participation! The planet radiates in space, as says the meditation outline of the full moon. That was sensed is realized in a new sense.

This reminds us of a extract of the Old Commentary quoted in the book Telepathy and the etheric vehicle [Tel:158]:

"Then the three that ranked as all that was, functioning as one and controlling all the seven, no longer are ... Only the two remain to show the world the beauty of the living God, the wonder of the Will-to-Good, the Love that animates the Whole. These two are One ant thus the work, completed stands. And then the angels sing"

In the connexion between the star and the crystal in the coccyx, the triangle of zodiacal constellations is short-circuited, though it can yet be used to transmit.

From now to the time when millions will realize this connexion star-Earth, some centuries will elapse, yet the way is open.

The Logos, embodied in Sanat Kumara, draws in the dark Background – the Author of the Cosmos but this expression can lead to anthropomorphism – and stimulates all the units of Its manifestation, It transfigures it.

The red evokes the Transcending at the crown, the indigo the Penetrating in the Heart, le green the Expressing with the throat, and the sky blue? It is a mixture of indigo and green: the Heart inspires some units of the throat, the servers.

Let them destroy by their dynamic will that which has been created at the midway point

[R5:222] The fatal blow on the causal body must be struck from the inside as well as the outside. From the inside, we invoke the ashram, Shamballa and the zodiacal constellations for the Earth to radiate in space, for stimulating the seeds and for them to access to 'Being true'. One could say that we intensify our service in consciousness.

But the blow must also be struck from the outside, from Above. This means to identify with the will of Spirit, to precipitate the current of Aquarius. Thus we operate with the appointed dates: zodiacal signs ease some types of contact, assimilation and distribution. We want to destroy the midway principle that has become useless in the renewed current, that Spirit reigns and modifies the body: thus 'A, U, M regulate the 3 levels of my instrument' are obliged to act by the will inspired from the One. Indeed the nice mental patterns have hard time to describe the flux: energy operates.

The implantation of the AUM is made with several nuances, either the three levels of personality (mind, affect, energetic), either direction, relation, production, either the 3 fundamental aspects: inscription in the world, opening, movement. Martin Muller's work takes her all it meaning: sending the descending current into the awakening centres.

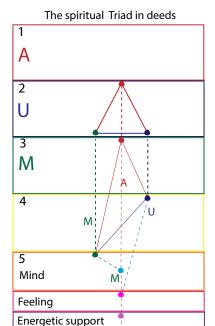
The events of daily life are received and centred in the sine then move upward to the alta-major; the descending current to the coccygeal centre awakens the power of matter and eases th move upward; the individual works always for the top downward, activating the awakening; light follows.

Creating one's instrument in the light

The rule 7 of creating in the light [CF:1014] précises that the positive force is used on the mental plane, the balancing force for the motivation and the negative force for the physical or sensory plane. Indeed the A burst out, liberates and hence can disintegrate the causal body in the spiritual will; this A is "shouldered" by the constellation of the achievement constellation which is located in front of the solar sign. It is shouldered because it is the harmonics that resounds in the planetary life.

The U plays in the breathing between the universe as it is perceived and the tenuous centre, crucible of the U, jewel where is discovered Being true. This balancing force comes from the rising constellation that is appearing in the East at the first breath. In the pulsation of the Heart, the Un feeds the immediate presence.

Finally, the M promotes receptivity to the environment, and this forms the support of activity; it is sustained by the energy of the solar sign, rather of the corresponding constellation. The spiritual incentive, centred, self-aware, creates its instrument in the 3 worlds: a diaphanous personality. Thus A, U, M are making more than "regulate the 3 levels of my instrument".



Zodiacal triangle of the attractor Will Spirit

In the beginning of the outline, we play the role of pivot for linking the constellation and the Earth; pivot is a dangerous word, it would rather be an enfoldment, a whorl since a magnetic coil has many whorls. But we may too merge in the association or more exactly in the attractor Will Spirit that is vivifies in the Assembly.

Aries provides vitality, hence the A in the electric plasma of the Adi plane, with the rays 1 initiating manifestation and 7 expressing this will in rhythm and coordination. Capricorn tells us the possibility to merge in the galaxy, the night blue background, and to turn our back to this Light, to this wisdom, recollecting oneness. The U resounds in the expansion and reception in the tiniest point; then Venus lights up in the heart as intelligent Love. Libra with the 3rd ray weighs the expression and envisions carefully that has to be done: the M implements, with measure without rush; our personality answers to that.

Cancer is the destination: the building of an enlightened house on, with this planet; it is a sign of gestation: humans and all living beings grow little by little, the Whole is one.

Thus the cardinal cross guides the sparks of the attractor; it impulses the rotation of the zodiacal wheel, circle inspiring our star.

Zodiacal triangle and A, U, M

We assume that the first breath polarizes the energetic crystal around the individual; this crystal receives at that time the celestial imprint. This hypothesis is inspired by the Hysteresis cycle for the atoms of iron. The transits and even the progressions are too accurate for being attributed to a mere analogy or a psychological interpretation. Too the energetic crystal of the Earth is polarized and the signs have received an interpretation but also may be an imprint of the zodiac.

The point of spiritual incentive is a part of a planetary Logos [IHS:120]. In us, the Transcending One aligns on a star of the great Bear corresponding to the monadic ray; this star exerts an impact via some zodiacal constellations that resound with the signs of our natal chart. If we identify ourselves wit the solar Logos that arouses Spirit, It emits the A with the sign of achievement – resounding with this constellation, hence with this facet of the will to love; this A liberates the perspective in a luminous direction: the Way opens. Then the pulsation expresses through the 1st aspect of the Triad.

It emits the U and this opens the possibilities offered by the Sky (galaxy) on the East, rising sign; this sign resounds with its imprint, hence with a constellation and its rays; it conditions our consciousness or solar radiance, from there our relation to the world, hence the affective body or else the ability to perceive in the immediate presence. In the dynamic pulsation the U generates the radiant Life, amidst the ashram; it can be reflected in the 2nd aspect of the Triad.

The U emits Love in the solar space; at the basis of the crucible, it recollects at "the point of unity within the Heart of space"; this recollection grounds behind the spinal column between the shoulder plates. A certain tonality of the U resounds in the planetary Life. The A, for its part, starts from the summit, stretches out and spreads in the whole solar space.

It emits the M vibrating with solar sign, conditioning our personality (our active instrument) and the physical activity; this sign corresponds to a constellation –with its rays – that resounds thus wit this sign and activates its ruler.

In other words, the dynamic pulsation coming from the star is received in the crown centre, as a point of blue in the diadem logoic [CF:23]; one let the inflow pass through, yet one intensifies it. It resonates in radiant Life – amidst the ashram – and implants a blue crystal in the coccygeal centre - in the well according the words of Nicholas Roerich. In coming up, the energy draws a vertical light crystal - that evokes Planetary Being described by Martin Muller. One can then – try to – express the One.

These impacts show a communication by the inside from black hole to black hole or, in pictorial language, form jewel to jewel.

This energetic exploration will be confirmed or infirmed by other researchers but the hypothesis is worth to be mentioned. The game of discovering mistakes in the Alice A. Bailey books is very useful and instructive: it enables to tale a step back, to check and to explore by oneself; the translation has also much helped in this sense.

A-U-M

The breath A provides the inspiration. The U supports the radiant life of the Heart. The M calls forth the power of matter, basis of the construction; it erects the building.

Yet it is He who launches the A, who does matter.

"The O is rounded and full" [R5:203]; as any vibration the sound is an oscillation that passé to the silence the void, then resounds. In the U, It goes to the basis of the cup – silence – then expands widely. The A and the O fill earthly space, existence. The inflow crosses the void, fills everything for it lives: it brings fullness in the Breath.

Eternal present

Birth is merely a point in the life cycle, in the Time that is presenting. It is the same difference between to move onward and to arise, as if one could see the whole of the road instead of following it step by step. In space too, a point is merely the concretion of space, is it not the mystery of electricity? Unto where extends this space where being is pulsating?

To come back to the Present, evolution is not achieved in the philosophical sense because it unfolds in the cycle. Progression is necessary but it is made amidst this Present, this frame which is used as a setting to the game. Tot call to this frame relativizes the stages of the game and its scenario, can on one draw some force from that?

In this frame appear some cyclic units, some impulses one can call chains; appear too some focuses of qualified Intents, called the "Lords of the seven Rays".

How can I...?

Who is this I who could? It is spark of Atman, a fragment of the Absolute, a relay of the Whole. This I d identifies to Atman, the universal I and the I – mental unit – who decides is used as relay, if it wants it! It begins by turning it attention to the Great, that who is overcoming it, the Logos or Inflow; It grasps, it becomes receptive, it assimilates then formulates or directs the jet, the flow, the tension toward what it perceives as right. A direction merges, or imposes itself, as evidence, but it could be a polarization, a mode, an inner orientation.

It is only in being used as a relay that egocentricity disappears and one is serving the Whole, the Great, the Good. In fact, the I disappears, what matters is only the action.

One may resurrect Sprit if one gets along, bounces back, stimulates the brilliance that shines in the eyes. One awakens consciousness in tuning into the U that broadens in the consciousness of others. One contributes to evolution in letting oneself guided by the Will of the One: It gives the Force, the M, the will-to-be.

Warning

These comments make sense only if one practices the meditation. If not, they are only weird veils enveloping an unknown object, at best a movie on another world.

Point of contact

The point of contact becomes more piercing, more acute, finer when the intensity increases, when the source of this contact becomes vaster. That's what suggests in an veiled way the figure of Rays and initiations [R5:525].

It is also the case with each centre of awakening. But the physical surface matters little, intensity for its part does matter. It seems that this acuteness marks the entry on the Cardinal Cross, the cross that gives direction, however, there is not any more space neither sensory neither mental, whereas the solar fire always envelops, luminous, warm or cold yet large.

Inspiration Day, 11th of May

We say the keywords of incarnation.

1st aspect: Energy, meditation Resurrecting Spirit.

Great stimulation in this day preceding the full moon.

2nd aspect: inner unity.

The O vitalizes the attractor and the ashram is formed as a wisdom receptacle amidst it. We practice the following course:

Silence – we move in the ashram – silence – Martin Muller, Elena, Nicholas Roerich, Morya, Maitreya, the 3 Buddhas, Rigden Djepo embodying the Heavenly Man. Je conceives the planet, He loves, and opens space, He makes arise, He makes resound the O-A-U.

We listen to the breath. We help to assimilate the breath of the ruling will. We contemplate the Author. He wills, He loves, He enunciates the O.

The sparks of the Flame activate the will of Spirit and stimulate the seeds.

With the whole attractor, we sing a continuous Om – meditative silence.

What does the ashram inspire to us?

We greet the Beings within the ashram and commit ourselves to do what we can. OM.

To do what we can looks weak, but intensity is there. The will of Taurus moves onward. 3rd aspect: the Plan of evolution.

The next step forward for mankind is to feel itself One after the biological unity shown by the Covid, transfer to feeling. What is blocking is the exclusion of Jehovah, rejection of the other gods; hence these believers exclude themselves from humanity. Smart people will recognise intelligence in others; a Rabin will say that God is more than the form, more than the law of Deuteronomy, more than the Law of Moses that is a basis. Renewal, the past is a root.

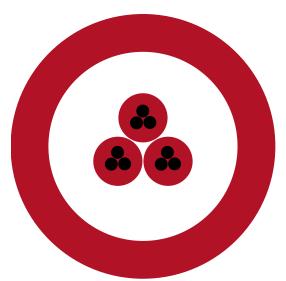
Seekers must go forward and work in order to understand.

Meditation: Relating the 3 planetary centres.

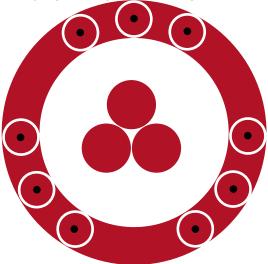
Vibratory modes

As we have not yet reached the One, we perceive the embodied Example of vibratory modes according to their function for us. Sirius is the source of logoic manas, *It catches*, but it shines too, hence radiates. The Rishis of the great Bear are seen following their stars, yet they draw their energy, hence they catch ...etc.

The 9 stimulating modes come from the dark background, that's why one may represent them as black holes, some seeds of Darkness: the Absolute emerges.



In the manifestation, it seems right to keep the white circles; they illustrate the impact of these modes in the intensity figured by the red ring.



At this stage, the points of tension arouse, exert their intensity and make irruption; then they impact the substance of space and penetrate, tune in, and stimulate; then they express in focused points of light – the stars – and found other modes of existence – the planets.

With these points of tension, human being becomes a microcosm; this because of the correspondence between the vibratory modes and the centres of awakening.

It seems easy to identify with the 9 modes of the Absolute and to inscribe oneself in the red, and that provokes a strong vibration. But the goal is to distribute Love, Life, Spirit hence to pass through the monad, the One, that inspires from the great Bear and beyond; then the vibratory modes – some of them – can arise as tenuous points of sparks and the monadic colour encompasses everything.

Red outpouring or outpouring of electric fire

This outpouring is translated in fire of Spirit that initiates the seeds. To name the *3 emitting aspects* burdens the meditative course. The *substance, pure sensitivity* registers the will bringing the achievement, the plenitude that imposes itself progressively to all beings, the galactic desire that arouses awakening, growth blossoming; it is love in the largest, penetrating, fundamental sense.

From the Transcending to the Penetrating

If Vulcan is the back hole in the centre of the sun (1 meter of diameter according the radius of Schwarzschild), it anchors the physical permanent atom of the solar Logos, on

the Adic plane, a plane of dynamic jet, of electrical plasma, ocean mist according to the literature. There the Logos sounds out the A. The passage to the U corresponds to the One-and-multiple according to Plotinus hypostases, then appear the "All", the sparks, the monads in pre-established harmony according to Leibniz. Thus "In all It arouses" describes the formation of drops in the milky Way, of the sparks on the One Flame.

Lingam

The Shiva-ist tradition uses the phallic symbol of a lingam. The glands – become clitoris in the feminine body – represents the head, the trunk the member and the hips – with the two iliac crests – the yoni or vulva. At the top arises the nectar of immortality. The human body establishes the link Earth – Sky. And one takes the ancients for some fools!

Touch of the 5th initiation

How to express this inflow in the red outpouring? Does this sudden realization remain? The ONE realizes that It wants; It wants, It reins, It trains everything, the whole scale Life-Form. It pierces the appearance and is reflected in the manifold. The spark of the one Flame joins to the others, activates the dynamo and manifests Spirit. Life streams forth, shines, is distributed by this spark.

The One arises, to will.

Is it serious to describe this touché without living it? Yet the red outpouring is so powerful! Strength of M. of the ashram. Is it for announcing Maitreya?

Clusters of lives

When in the meditation outline, we turn our attention toward the *Great Bear, direct* we associate the 2^{nd} creative Hierarchy (the 7^{th}), the source of monadic life [CF:1197]; they are the prototypes of the monads and this Hierarchy –the power of the Sacred according to the etymology – searches to express the emotional nature or love, desire of plenitude of the Logos.

The first Hierarchy is the First-born, grounding on the Adi plane, dynamic vibration, electric plasma, fire mist; it emanates from the Heart of the central spiritual sun or centre of the galaxy and searches to express the mental vibration of the solar Logos, [CF:1198]. The expression *It incarnates* reminds this vibration.

The 5th Hierarchy related to the sign Cancer is on the verge of liberation; this means that these unknown lives are passing by the initiation of the Refusal – to contact the cosmic substance; it is the 4th initiation for them according to the Treatise on cosmic fire, but the 9th for the human being who incarnates manas. It is described as Mass life [R3:34] because it touches yet the Adi plane where no pattern appears in this dynamic jet.

These clusters adapt form to life as attractive forces around a nucleus, seed or black hole, for life is really gift of oneself, "an abstract stimulus impacting a denser substance". They operate according the Law of attraction of the principle of affinity, 2^{nd} aspect, vision of the Penetrating one.

The *irruption of the Transcendent* one marks the beginning - the supposed entry – of the cosmic Way (1^{st} aspect) which as already active in the Great Bear, Sirius and Shamballa. The Power of Gn-z11 helps to tune - so little it may be- into this 1^{st} aspect; it is a dwarf galaxy, very ancient and intense of first order. It is located behind the Great Bear and it may be that it was aligned with the Head of the Chariot. It's not sure, however the resonance can be perceived nowadays. From that power it is easier to pass to the dark Background, to That which underpins space, to the Author of the Cosmos, then to tune into the threefold tension.

Why not describe the outline all at once? Because it is discovered slowly, as you'll discover yours. It needs 3 years to me to understand the harmony promoted by the sign Scorpio; will you go faster? Lucidly, with daring and depth?

Warning to the future relays of Creation

Let us repeat it, many will be able to practice, to contact, to use the energies evoked by this meditative outline. Many more will take themselves for disciples when they are merely novices. John the Baptist refused to baptize Jesus for He was too evolved according to him, but Jesus answered: "It is right to fulfil the Law". One has to climb some hills before tackling the highest peaks. One has to climb the stairs case, and not use the elevator, other wise, air is lacking, equilibrium and most of all humility.

Has the so-called disciple set a sane, respectful, loving relationship with his (her) parents? Has he (she) dissipated one of his (her) glamour? Has he (she) undertaken a selfless project? The line feeling-intuition is not enough for stabilizing the work, to deepen the approach, even less to cooperate with the Plan of evolution. First one has to five some rules to oneself, to decide according to some criteria, to work as a Thinker, hence at the mental level.

Relative to others in a group, it is at the foot of the wall that one sees the mason. Deeds show skill, valour respect, much more than any presentation. To put to the test is a part of the path, including in the physical group.

More intense sources

GN-z11 \rightarrow Dark Background - the Absolute \rightarrow seeds - centres of awakening, or jewels Centre of the galaxy = solar monad \rightarrow Penetrating one Red outpouring \rightarrow cosmic mind \rightarrow Buddhas, 9th initiation, 1st Hierarchy Great Bear = planetary monad \rightarrow 2nd Hierarchy Zodiacal wheel \rightarrow galactic desire \rightarrow pure sensitivity, 8th initiation Vulcan = crown centre of the solar system \rightarrow Shamballa The attractor in the Assembly \rightarrow ashram, Atma, Will Spirit

To add one's life to the power of the Heart

Indeed, the question is not to add one's biological life, not even one's thought life; this step is well behind. The matter is 1) to locate one's being - Being true - in the resounding of the U, immediate presence, 2) to inscribe oneself in the A, Atma, 3) eventually to spot consciously, voluntarily, one's spark in the One Flame - to make it vibrate for life expand and water those who are thirsty. For sure, the Elders help us in this direction, we merely join Them.

From the Blue to the Red

We already experimented this passage from the Blue to the Red (3^{rd} leaflet of self-schooling and 2^{nd} of Energetic Exploration of Spirit); now we ponder on the action of the Logos. The letter VII on the occult meditation [LMO:205] enunciates: "When uttered the great cosmic Word [A U M] for this solar system, three major streams of colour issued forth", then the text lists the colours:

- 1. Blue
- 2. Indigo
- 3. Green ...

These colours are clarified further [LMO:213]

- 1. Indigo- ...
- 2. Indigo-indigo
- 3. Indigo-green

Since the basic colour of this system is such "The true indigo is the blue of the vault of heaven on a moonless night." [page 212]

The indigo seems to us reproduced by the Blue 80/ 255, but you may prefer a darker hue, hence with a blue still less scored. This indigo collects the galactic unit, manifests the unity while giving love. This indigo marks the second letter, U, infusing the second plane of substance. The sapphire blue, cobalt blue in a softer hue, is seen at the fall of the night before the sky becomes completely dark. This blue corresponds to the first letter, current emitting the A, energy of expansion, extending space; one may approach it with a Blue 207.

The Hierarchy (power of the Sacred) is composed of 2 Lodges: the Blue Lodge and another Lodge we assume to be Red or Purple.

The Blue Lodge contains all initiates or the 3rd, 4th and 5th initiation; they base themselves on the One; they pour out the current of the Heart by the Triads of planetary Lives. The Red describes the intensity arising; it is based implicitly on the One, yet forgets space: the inclusion of the multiplicity is acquired; this stimulation this will, this

sting is thus central, synthetic, divine; the word *universal* does not apply any more: all is in solution. Over the years, our red became darker: for the moment we prefer the R177G18B18; is this a redshift toward the Black?

Daring

As well as those who entered in the triadic current search for the monad or spark of life, all those who want to operate under the guidance of Sanat Kumara, the Heavenly Man, search for emphasize the life of Its Monad in the great Bear. If they realize the zodiacal wheel as lotus of the solar consciousness, they search for they try to approach the solar monad: the centre of the galaxy, at least to invoke it.

The correspondence is emerging in them. And they know how to refrain in case of erroneous trials, but daring enables the success, anticipates it, prepares it.

Life can be seen as a red dot enveloped in the indigo that expands, on a green basis that stays back. This has some meaning for the spleen or the Purpose. The red will give way to a sapphire blue in penetrating in the indigo. Exact? Can you confirm it?

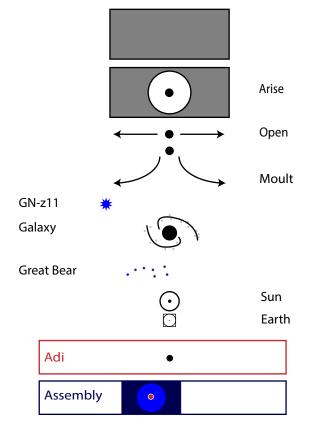
Using the breath

[LMO:96] advices to use the breath of the Ego (the Self) for expelling the thoughtforms; at the octave level, on may let come the higher vibration, the sound A pushes it.

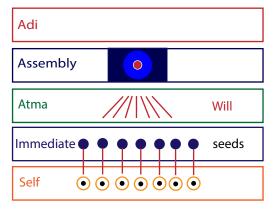
Visualizing the inspiration and the expiration

Here are only a few sources of inspiration; it is the inspir that spreads out in the indigo, the Assembly or the electric Light if you prefer this expression.

This vertical representation is in fact misleading; the background and the threefold tension are found in the centre and everywhere. The monads of 2^{nd} ray have a point of will (red) that plunges directly in the indigo and they operate in the immediate presence; the monads of 3^{rd} ray are surrounded by turquoise amidst the indigo and operate via the ideas of the spatial mind. The galaxy GN-z11 and the core of the Assembly have been recentred later.



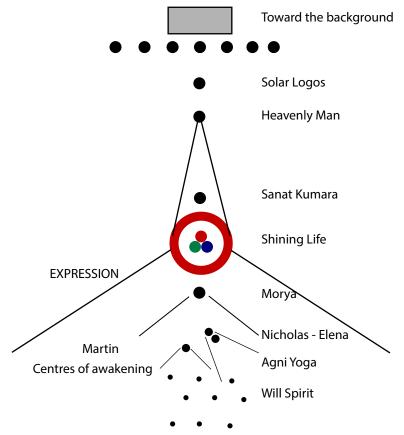
The expir makes participate to the Heart, here is a mode of distribution in the ashram of 1st ray. For sure you'll find the mode of distribution that corresponds to you, an dot you close companions.



Ashram and attractor

The 1st Ray ashram distributes this Ray of Will - Power to all beings, to all kingdoms of the planet. The attractor distributes integrates progressively the seekers who passed the 2nd initiation; it attracts them and feeds their will within the ashrams of their rays. Though on various rays, the black holes commune, the rays of will strengthen one another too in the attractor. M. participates to the solar Flame while sacrificing Himself as a distributing pole for this planet.

Here is an insight of 'Will-Spirit': the vertical line represents an in-depth view. Only some beings of 1^{st} Ray are shown.



Planetary centres

I'm seeking to understand the pattern of planetary events and notably those who concern the human being; the other kingdoms escape to my outlook, as well as Asia.

Before 1949, AAB described the planetary centres. She called them etheric whereas London would concern the British Empire. The energy would make a curious detour for reaching Australia or New Zealand, if it does not influence the mind, hence pass through the language.

One can draw the following table:

- <u>Darjeeling</u>, crown centre, with the closeness of Shamballa (Himalaya) and of the Kanchengjunga, 3rd summit of the world, called "The Mount of 5 treasures" by the Tibetan and Nepalese Buddhists.
- <u>Geneva</u>, Heart centre, with the closeness of the Mont Blanc, with a note "binding together in brotherly love" [R3:521]
- London, alta-major ?, whose note is "I serve"
- New York, ajna centre, with the Twin Towers representing the 2 series of petals, giving manifestly the financial direction (Wall street).
- <u>Tokyo</u>, at that time, supplanted by <u>Peking</u>, that has a greater economical and political impact nowadays.

I add some centres which have a manifest importance nowadays:

- Jerusalem, solar plexus centre, centre of 3 religions and of the Jewish diaspora, focusing intense emotions, 6th Ray?
- Moscow, secular centre of oppression, with much depth, would be the coccygeal centre, 7th Ray?
- San Francisco, sacred centre, 7th Ray, certainly for the USA and may be for the planet, with its Coït Tower and the creation of digital interfaces (Silicon Valley)

Which city focuses the 3rd Ray? New York? And the 5th Ray? Paris and Boston for North America? Montreal would focus the 2nd Ray for this continent.

Thus is drawn a triangle dominated by the regressive and obscurantist forces: Moscow, Jerusalem and New York, focus at the physical, emotional, mental levels.

In front, the beneficent triangle: Darjeeling, Geneva, London.

London that distributes the spiritual inflow and can influence New York.

The energy of the solar plexus should be transferred to the heart centre, Geneva. This calls for an effort of abstraction.

How can the energy of London, the world vision with any NGO, influence the human personality, its behaviour?

The human centre is the creative centre and supposedly – really merely a bit – intelligent; in fact it changes the atmosphere.

If this picture is accurate, what can we do? Where to draw energy? Where to distribute it? How? Via our own energetic centres? With which visualization? Which lines, colours and sounds?

Is a detached intelligence, disinterested enough for clearing the force focused in New York? The Roerich museum there can be used as an anchoring point of Light.

How to free the authoritarian gangue focused in Moscow?

And you, how do you see the situation, tis pattern and its possibilities?

Trap or correspondence

We use our imagination and our understanding for receiving impressions: for approaching sources of intensity. The energetic body is used as criteria for evaluating this intensity, for appreciating its quality and for noting its direction.

Thus the galaxy is imagined according to photos, probably the photo of the galaxy of Andromeda; we think to a hyper-massive black hole according that we have read, our knowledge of the general relativity, our memory of our approach of the jewel or of the current in the centre of consciousness.

All that is thus made at the personality level with the correspondence, - we hope exact - of the energetic body with the 4 highest planes, the finest levels of substance - "the 4 cosmic ethers" - within the planetary life.

Thus the Heavenly Man, this cosmic Thinker, has its correspondence in our mind and the so-called "energy" impacts our vital or energetic body.

To take part in the Assembly concerns the crown, the will of Spirit provokes a push coming form the back of the head, at minimum an activation.

As wrote AAB [LMO], beings of 2nd Ray unite to the solar consciousness, beings of 1st Ray go to the Logos, beings of 3rd Ray search what He conceives. To identify oneself!

It is, I arises, It wills (note for 2026)

'It is' gives the note: peace.

To be means to arise in ancient Greek; this connects us to the Source: It retransmits the background of the Cosmos.

It wills, it is first Its intent or purpose; tis will comes for Its will-to-be, that makes it arise form the galactic background – Being of energy says Martin Muller. 1st cosmic Logos.

A meditative outline? The same or simpler. To take part in the impact of Shamballa. A link with the solar Logos, for the monads are part of the planetary Logoï, though they are rented to the schema of the Earth; it is the egos who incarnate [IHS]. Hence the link with Vulcan, Pluto or other planets. The human being is a microcosm; the planetary, solar, galactic Logoï are replicas of the Author of the Cosmos.

Assembly

The monads are part of the Assembly and they synchronize with the 7 Spirits before the Throne, focal points of the Lords of the Rays in Shamballa [R3:270].

Let fall the remains of the past, go to the future, point of tension, bright light. Language describes poorly the contact.

"The sons of God still watch. The work nears the final consummation. The Eternal Lhas in Their high place call each to each, and four take up the cry: "the fire is burning. Does the heat suffice?" Two answer to each other: "the fire is burning; the altar is well-nigh destroyed. What happens next?" "Add to the fire with fuel from Heaven. Breathe on the blazing fire and fan its flame to utter fierceness."

Thus the command goes out from One Who watches, silent hitherto, through countless aeons. They send forth breath. Something prevents the passage of the breath. They call for aid. One makes His appearance Who has not yet been seen. He lifts His hand. The one, the two, the three, the four and five merge into one and mingle with the sixth. The lame mounts up, responding to the breath. The final disappearance of the cube is needed and then the work stands forth."

From the archives of the Lodge [CF:840]

Role of the great Bear

The diagram of a Treatise on cosmic Fire [CF:344] on the evolution of a solar Logos mentions: "the Seven Rishis of the Great Bear being the seven centres in a Solar Logos". Is it accurate, approximate or is it a mistake?

Other diagrams in Esoteric astrology [R3:609] shows a star of the great Bear as Transcending, with 3 constellations Transmitting and the Sun transforming.

How a star relatively meaningless as our sun can have for its centres a constellation? The zodiacal wheel impacts the solar Logos as petals of t its Lotus or energetic capacities. It is simpler to think that the great Bear impacts our galactic neighbourhood among them the zodiac and the nearby constellations visible with a naked eye. Are they a part of the arm of our galaxy? Probably a small part.

Planets

In a simple vision, even simplistic, the 3 synthetic planets are monads 1, 2, 3 or are they monads 7, 6, 3 embodying one the cosmic physical plane? The sacred planets are disciples whose the soul indicates the ray. Hence Uranus and Neptune are monads of ray 1 and 2 answering to the Logoic mind 1 and to love 2; their soul ray is the 7 expressing the 1 of the mind and the 6 expressing galactic love. Their chains and globes (their centres) [CF:373] are fully unfolded. Saturn is still in process of unfolding, it is related to Sirius, source of the logoic manas 3.

In the soar system, Pluto focuses the galactic background, Vulcan focuses the spur coming from the galactic centre. The 3 stars of the great Bear find an echo in the 3 Buddhas of activity, probably linked to the 3 aspects of the solar Logos.

A triangle appears with Venus, Jupiter and the Earth, then at another level above, the 3 synthetic planets Uranus, Neptune and Saturn.

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How a star relatively unimportant as our sun can have for its centres a constellation? The zodiacal wheel impacts this solar Logos as the petals of the Lotus or energetic capacities. It is simpler to think that the great Bear impacts our galactic neighbourhood, among it the zodiac and the constellations visible with a naked eye. Is it a part of an arm of our galaxy? Probably a small part.

In space, the great Bear inscribes the 3rd aspect of the Penetrating one: It stimulates. From the buddhic plane (4) it stimulates the monads (2) who, in their turn, with the will of Spirit are going to stimulate the True within the seeds (4), realizing thus an accord 4-2-4.

Hierarchy

The 8th initiation of Transition is accompanied with the words *Hierarchy, Choice, Consciousness, Sensitivity, Planetary* Existence [R5:340]. How can we understand that? *Hierarchy* means Power of the Sacred; this word does not p only point to the 4th Hierarchy of the human monads, but all the 7 creative hierarchies, the clusters of life that incarnated in the cosmic substance ruled by the 4 divine attributes. They are one and all an expression of His [the solar Logos] love nature [CF:1225] and receive their primary impulse from the cosmic astral plane. The galactic love –desire that pushes to the plenitude. The finer substance embodies the sensitivity to this push, to this motivation and sustains thus the existence of our star.

Can one talk about *consciousness?* Merely in the largest sense, the perception of this *sensitivity* seems describe the realization made at this step. All Buddhas are witness of this; it seems to us that Gautama took it in 1988 in moving, in transiting to the subjective Sun. *Planetary* existence rather than solar? We attribute this world to the progression of the initiations in the table of page 340 and to the planetary purpose: "At the eight Initiation of Transition the purpose of all our planetary activity is revealed to the Master' [R5:726], purpose part of the solar Reality in gestation, for tis really the One Self , the subjective Heart of the Sun, that we sense in this transition.

Which *choice* is it about? We ignore it. We are talking about the duality of the solar system between the progression, the will bringing fulfilment, and the regression that promotes the materialist forces. What can choose the Beings infused with Spirit, sensitive to a cosmic perception which surpasses us? They transfer themselves hence toward the desire subtending the substance while staying yet in that substance, infused with the 4 divine attributes, harmony, knowledge, search for the model, coordination.

Identification

The Absolute is the only worthy identification, but there are 9 modes and quantity of epigones. Each star, each planet is an example of this. Every trial passes through Sanat Kumara, the focus of will on Earth, principle of essential homogeneity, whereas each trial toward an Elder passes through the ashram, principle of affinity; love establishes the link.

Synthesis

The synthetic materials have bad press but one uses them a lot. Synthesis means to solve thesis and antithesis or the duality Spirit-Matter, among others. The so-called Avatar of synthesis is the cosmic touch coming to the Heavenly Man. It sustains His link with His monad in the great Bear and the monad of the solar Logos: the hyper massive black hole of the galaxy. This energy represents the 3rd aspect of the Transcending One

or throat of Shiva; the matter is thus to go the finest, the most vivid, to the tenuous yet intense centre.

The initiation of the transfiguration is concerned with the ajna centre; the 3 Buddhas of activity (hence the one of cosmic identification) are thus stimulated and will inspire still more the terrestrial evolution via the Heart and the world servers. The first conception of the approach of the big Bang – the sound produced by the irruption of the Cosmos – dates from 1922, but was only registered in 1964; the human beings have been thus sensitive for a century to this vastness of the universe.

It's up to us to dare, to register, to implant this energy at the basis of duality. One in three, the sign of peace, the imprint of the shining life, the emblem of illumination – and accessorily the door of the immediate background -, these symbols therefore become important; they show the three aspects transmitting the One inflow.

REGULATION DAY

What's our status? The group merges in the ashram or the attractor.

1/ Link between the objective or daily life and the subjective

- . Important to work, to contemplate the symbols, let work the attention, the useful energy flows down in the head and the thought comes.
- . Put the source in the middle: if it appears on the left side (mental side) activate the underlying potential on the right.

Will-Spirit: main line in complement to solitude, to routine and leisure= Qi Gong, choir. Base the tuning fork on the depth -silence (coccyx and crown, Earth and Sky) Hence transfer to the heart any personal feeling

Weak activity and (weak) support of the attractor.

2/ Balance between oneself and the team

- . The short exercises have been taken anew, we follow a routine or acquired habit; take time to breathe slowly, to meditate.
- . Worry for others, for those who follow us or get along.
- . Distinguish between impersonal energy and response adapted to circumstances 3/ Link between the association and the world

The only true God is akin to the detention of the sonly culture, The knowledge or (American) way of life. There is a progressive closing from egocentricity to selfishness (possession and interest) to exclusivism. The esotericist aspirants are a tiny part of the thinkers, the researchers; they believe to detain THE Knowledge.

Aspects of our activity

1/ Energy

To Help Him, how?

AUM Atman, to assert the Absolute thanks to I am That I am, participant to the Cosmos To participate to the Assembly thanks to the Elders

The attractor and the 3 Buddhas

2/ Team

To awaken, how?

U To Unite, spark of the galaxy. U tuning fork vibrating within all beings

Add one's life to the power of the Heart

Ashram and subjective group

Both of us, teammates at distance, a Gilda among them, triangles

To stimulate the true in the seeds (within the ashram)

To transfer to the heart

3/ Action

To contribute, how?

M Modesty, to implement in a small sphere, Multiplicity.

The 6 working to loving equality

Pondering on Gaza, the Plan and the energetic centres

To dissipate the glamour of avidity Relays of inspiration Note:

The text is added for the sake of probity, yet what interest may it have for would-be readers?